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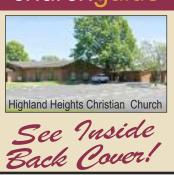
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# NEW RESIDENT churchguide



# Big Boy Steam Engine to make a Topeka stop



The famous Big Boy Steam Engine will be making a Topeka as part of its Heartland of America tour. The steam engine will stop in Topeka from 12:15-12:45 p.m. Oct. 17 at the Great Overland Station, 701 N. Kansas Ave.

Big Boy No. 4014 is the only locomotive of its type remaining in operation. Starting in 1941, 25 Big Boys were built for the Union Pacific and typically operated between Cheyenne, Wyoming, and Ogden, Utah.

Other stops on the tour include Osawatomie, Kan. (Oct. 15, 2:15-2:45pm);

■ Please see BIG BOY page 3



## By Clint Decker

"Love your neighbor" or "treat others as you want to be treated" are statements we often hear from churches, activist groups or politicians when trying to gain support on hot button issues like illegal immigration, racism or other social justice causes. One billboard put up by a church said, "Love trans people."

Where does this phrase come from? A newspaper article I read said this golden rule is found in all

major religions and is part of an ancient moral code. But is there an original source? The billboard had a Bible reference on it, Matthew 22:37-40 where Jesus said, "You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself."

This moral code comes from God and His Word. If one has a

genuine and fully committed love for God, it will be evidenced through loving others. Why? Because all people are created by God in His image, so if we say we are truly committed to Him, then we will love those whom He created.

But how does God want us to love others? There are two possible ways. God's way or mankind's way. Mankind's way is an immoral love. It is based upon emotions or feelings, is situational, has no bound-

■ Please see LOVE page 2

# Topeka Life Chain to rally October 6



Topeka Life Chain will rally on Sunday, October 6, 2024, at two locations in Topeka.

Pro-life protestors will rally at 21st & Wanamaker on the east side on Wanamaker & along 21st Street, as well as on the west side on Wanamaker, rom 2 – 3:30 PM.

Others will rally at 29th & California at the same time. The event is to be held rain or shine.

Organizers invite the pro-life community to come and 'Stand for Life!' They may also bring lawn chairs. This is a time to join with pro-lifers across the nation. Families and children are welcome.

Signs will be provided. For more information call 785-969-2706.

Other rally locations include Hwy 4 by

Please see LIFE CHAIN page 3

# Homeschooling brings some challenges but also rewards

By **Hannah Allen** 

Growing up as a homeschool kid can be fun and rewarding. Since parents are the usual teachers, the kids can complete their usual studies and spend extra time on their personal interests. Homeschoolers also frequently learn faster than public schoolers. However, there are some unique challenges to homeschooling, since it requires a par-

ent as the teacher or the accountability partner, and many families don't have that option. Homeschool co-ops and carpools are frequent among the local homeschool community, and the majority of homeschoolers know each other as a result.

In 2020, the Covid-19 pandemic hit, shutting down many organizations

■ Please see HOMESCHOOLING page 4



# What the unchurched think of the local church

Many Americans who don't attend church nevertheless have had connections to a local church in the past. More than six in 10 of those not actively attending today were regular churchgoers in their childhood, according to a new study from Church Answers Research.

The unchurched have an overall favorable view of churches, but this perception does not necessarily lead to local connections. Both churched and unchurched populations believe churches are generally good. However, the unchurched often struggle to connect with the congregations around them, with only 38 percent holding positive perceptions of local churches

in their communities.

A surprising revelation from the study is that non-attendees view the church as more relevant today than do many churchgoers. However, although eight in 10 churchgoers trust their churches, only three in ten of the unchurched feel the same. This dichotomy speaks volumes about the challenge facing local churches in building credibility with outsiders.

The unchurched believe churches are still relevant but not trustworthy. Despite trust issues, the unchurched are open to making friends through church, though they are often intimidated to visit. Over half of non-attendees believe churches would be good

places to make new friends, but many feel unwelcome or uncomfortable visiting alone.

Church rules are not a significant deterrent for the unchurched; confusion about what churches represent and how they operate keeps many unchurched individuals from attending. Both churched and unchurched respondents, more than 60 percent in both cases, agree that churches can be confusing for outsiders.

"We were astounded by the insights this revealed," said Sam Rainer, Ph.D., president of Church Answers. "It's easy to assume that those who don't attend are opposed to the church, but what we found was much more complex—and



hopeful. Many un-churched individuals see the value of the church but need a bridge of trust and personal connection to feel welcome."

Church Answers Research believes these findings will spark meaningful conversations among churches, Christian leaders and Christian organizations, especially those interested in outreach and evangelism. With practical steps for bridging the gap between the churched and unchurched, this research will help churches rethink their strategies, embrace change and, ultimately, connect with more people.

# City of Topeka Announces Upcoming Dance Hall Events at Hotel Topeka

The City of Topeka has announce a series of dance hall events taking place at Hotel Topeka this fall, starting with a Halloween costume party followed by two country-themed dance halls.

The Halloween costume party will feature a DJ, a costume contest, door prizes, and much more. Doors open to anyone 18 and older, with cash bar available for those 21 and up. Cos-

tumes are highly encouraged, and participants can look forward to winning exciting prizes.

Following the Halloween festivities, the weekend will continue with two

Rodeo after-parties on November 1 and 2. These events will bring live music, door prizes, and a lively atmosphere to Hotel Topeka, offering attendees the chance to kick up their boots

and enjoy two nights of dancing. These events are also 18 and up, with cash bar available for guests over 21.

For more information contact city-communications@topeka.org.

# Model Railroaders Train Show comes to West Ridge Mall

The 3rd Annual Topeka Model Railroaders Train Show is Saturday, October 5 from 9:00 AM - 5:00 PM and Sunday, October 1, 2023, from 9:00 AM – 3:00 PM at the West Ridge Mall.

Admission is \$8 ages 13 and up, and free to children age 12 and under with adult.

There will be 912train layouts (O – HO – N – Z scales), 60 vendor tables, clinics, railroad history, and railfanning.



# **LOVE**

continued from page 1

aries, no consistency and no foundation of right or wrong. It believes that whatever a person desires, they should not be refused. It only loves those who are acceptable to them, and those who will love them in return.

Then there is God's way, which is a moral love. It is founded upon truth, goodness, God's holiness, divine justice and all that is right and wise. It has standards. It sometimes denies a person what they want for their own good. It does not seek its own reward but the interests of others. The Bible says of this kind of love, "[It] is patient and kind; love does

not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things." (1 Corinthians 13:4-7)

And this type of love is not only for our family, friends, co-workers, but it is especially demonstrated toward those who are different from us and are hard to love. Difficulty in loving can come from people rejecting us, hurting us in some way or due to our differences. And there can be differences in race, personality, ethnicity, political views and religion.

And how are we to love? As we love ourselves. This communicates a self-sacrificing love for others, rather

than a self-seeking one. It is a love for others that is willing to risk it all; money, time, reputation, comfort, health and our very lives, for what will best honor God and truly help others

Jesus both taught and modeled this kind of love. He once said, "For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many." (Mark 10:45) And this He did. He died and rose again on the cross to show His perfect love for all humanity.

And when His entire nation, including His closest followers rejected Him, He did not respond with revenge, hate, anger, or reject them. No. Instead He prayed, "Father, forgive them, for they know not what they do." (Luke 23:34)



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# AI creates image of Christ from Shroud of Turin

The never-ending debate about the authenticity of the Shroud of Turin has take another twist. Scientists in Italy have announced new results regarding the age of what some believe to be the death covering of Jesus.

The news also comes as the the UK's DailyExpress newspaper used AI last week to create an image based on the images found on the Shroud.

The Institute of Crystallography used a dating process involving WAXS, or Wide-angle X-ray scattering. WAXS helped determine that the shroud appears to consistently date as a 2,000-year-old-plus

"The experimental results are compatible with the hypothesis that the Turin Shroud is a 2000-year-old relic, as supposed by Christian tradition," the institute said on its website. "We obtained one-dimensional integrated WAXS data profiles for the Turin Shroud sample, which were fully compatible with the analogous measurements obtained on a linen sample whose dating, according to historical records, is 55-74 AD, Siege of Masada Israel."

Dr. Liberato de Caro, leading scientist of the Heritage investigation, says that the wide-angle X-ray analysis proved that the Shroud of Turin matched a similar fabric sample from Masada, Israel dating between 55 to 74 CE. There were also tiny particles of pollen from the Middle East lodged in the linen fibers of the shroud, which seemingly ruled out the idea that the fabric came from Eu-

# **BIG BOY**

continued from page 1

and Kansas City, Mo., Union Station (Oct. 16, 9am-1pm);

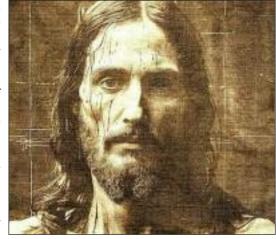
For questions about the route, check out the Steam Locomotive Tracking map, which has the planned route highlighted.

# **LIFE CHAIN**

continued from page 1

Country Harvest Mart (7312 K4 Hwy) in Meriden, (2-3:30) and 23rd and Iowa in Lawrence; Park at KU soccer field; signs available; Time: 12:30-2:00 PM

See www.LifeChain.org for locations across the US and Canada.



rope, Dr. de Caro added.

De Caro's team conducted their analysis using a small sample from the Shroud, which is currently housed at the Cathedral of St. John the Baptist in Turin, Italy.

The findings contradict the results of a dating test conducted on the shroud in 1988, which found that it dated back only to about 1350. During the 1988 dating, the shroud was analyzed by three separate labs. Those results bolstered serious doubts over its authenticity. The institute's new results indicate that "the Turin Shroud's fabric is much older than the seven centuries proposed by the 1988 radiocarbon dating."

As for the AI created image from the shroud, The Daily Express reports that it "used AI to reinterpret the enigmatic holy relic to reveal the 'true face of Jesus' used cutting-edge AI imager Midjournev to create a simulation of the face behind the shroud."

The newsoutlet reports "the images appear to show Christ with long flowing hair and a beard - much like many classical depictions of him. There appears to be cuts and grazes around his face and body, pointing to the fact he had just been killed."

Beyond the scientific world, the faithful worldwide have taken great interest in the Shroud of Turin as potential proof of the life, death and resurrection of Christ.

"I have had a long fascination for the Shroud of Turin," said Bishop Robert Barron, founder of the Word on Fire ministry. "It first came to my attention when I was 16, and I read everything I could about the Shroud — its history and provenance, arguments regarding its authenticity and the scientific research. As such, the recent news that the use of new technology had led to a different conclusion than a carbon dating test conducted in 1988. It seems that there is now new evidence that strengthens the hypothesis that the cloth of the Shroud is contemporary to the time of Christ."

The bishop clarified, "our faith in Christ's resurrection is in no way dependent on the Shroud, but its uncanny power to capture our attention and many other mysteries have strengthened the faith of many."

# C5 offers free presentation with BBQ lunch available

The October C5Alive POWER Luncheon will be held on the 10th in the event room at Harley Davidson. 21st & Topeka. Blvd

The featured speaker will be Ashley Massey-Lewis of Big Brothers / Big Sisters. She will talk about the organization and what they do.

Admission is free, and lunch can be ordered from Black Dog BBQ on site. the Luncheon Sponsor is Irene Haws and I-Design Graphic Services.

RSVPs and inquiries can be sent to info@C5Alive.org.

"POWER" luncheons are held on the second Thursday of each month and are open to the public. C5Alive is dedicated to creating Christian culture in the Capital City, by developing and uniting leaders in community businesses, non-profits and churches.

Upcoming luncheon dates are November 14 (at Blue Moose) and December 12 (Christmas Luncheon).

C5 also hosts other periodic events, including EASTERFEST, the annual Topeka Easter Parade and Fun Fair, held on N. Kansas Avenue and at Great Overland Station on the day be-

> C5 members may also sponsor luncheons and other events as a way to promote their organizations.

> C5 is currently holding a membership drive with special incentives for new mem-Lower-priced memberships for small and

home-based businesses are now available. Individuals without a business to promote may also join for \$20. A list of current members is available on the website.

For more information about C5Alive, go to www.C5Alive.org, www.facebook.com/C5Alive, or call 785-640-6399.

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For info: www.C5Alive.org or Facebook.com/C5Alive

# Parents need to be proactive to keep kids strong in their faith

Now that kids are back in school, Christian parents are concerned with reinforcing their faith in an increasingly secular culture. "How we value, protect and love children reveals the spiritual health of a nation," Pastor Jesse Bradley of Grace Community Church in Auburn, Wash., says.

Appearing on Fox News, he shared four insights to help parents and family caregivers pass along their faith to their kids today.

The greatest impact is from up close. "Doctrine is helpful, but living life together is far more significant," Bradley said. "Kids want more than just the truth; they want to feel loved." To convey this, he said, parents need to "listen well. Un-



derstand. God is the father of compassion and the God of all comfort. There is a ministry of presence and nearness

that gives a child a sense of security and connection."

You can't take your kids deeper in

faith than you choose to go. Children want to know what their parents believe and why they believe it. Given this, "share with them the reason for the hope you have. Following Jesus is not a blind faith — it's based on historical evidence and facts," he said. Children notice actions on Sunday mornings, "but they want to see what you are like when no one is watching," Bradley said. "How do you respond when you are frustrated? What about when money is tight? What is your reaction when someone mistreats you?"

Kids will hear what you say but imitate what you do. "They will detect a double life," he said. "If you encourage your children to trust and follow Jesus, then make sure that you really are doing

this, too. If you tell your kids to speak kind words, make sure you avoid gossip and slander. "If you tell your kids to have integrity, make sure you are honest with your business, taxes and neighbors. If you tell your kids to be generous, make sure you tip well at restaurants and give to people who can never pay you back."

If you can cultivate habits together, you can build a legacy for generations. "You can teach your kids how to read the Bible and have spiritual nourishment every day," Bradley said.

Finally, parents can do the following: Teach kids how to have an attitude of gratitude in every situation.

Teach kids how to bring hospitality to others instead of looking to be served.

Teach kids how to use their talents to bless others and glorify God.

# **HOMESCHOOLING**

continued from page 1

and events globally and moving a lot of them to virtual.

School classrooms were part of this development. Lessons were taken over Zoom or Skype while the student was at home, and because of the pandemic, many parents discovered that their children were being taught some beliefs and lessons that the parents did not approve of, without their knowledge or permission. They fought for changes in the school systems, and many turned to other options for their children's schooling. One result has been a doubling of the number of homeschoolers in the

United States, as more families chose that as their preferred form of schooling.

Homeschooling has been around for centuries. Back in the 1600-1800s, children who were taught at home usually had a private tutor or governess. The majority of those who weren't schooled at home and were of school age attended a public school, in which the school board consisted of local parents to whom the teachers answered. In the 1900s, socialism began to come into American schools from Germany and other countries with prestigious schools of high-end learning. Young American students would attend and learn the socialist beliefs and practices and consequently bring them back to American schools when they returned home. Parents grew uncomfortable with these beliefs being taught to their children, so many withdrew them and began teaching at home.

Homeschooling has been questioned for years. "Is it actually effective for teaching?" and "Are those who are homeschooled able to proceed to higher levels of education?" are two questions that I've encountered multiple times. New homeschool parents will frequently ask other questions similar to "Will my child be able to handle being around so many people when they've only ever been around me and their siblings? Will they be able to socialize and make friends? What about personal independence? Sports and clubs—can they join those as a homeschooler? Will they be able to learn about other cultures, ideas, or ways of life outside of ours? Homeschooling is usually online now, how does that work and will I be able to stay up to date while keeping my child safe? Will it affect my child's behavior if they're homeschooled, and is it worth the time?"

As a homeschool kid myself, some of these I can answer from personal experience. I was homeschooled through all twelve grades by my mom, and I have had no trouble interacting with other people, whether that's customers at my workplace or people I meet in stores while shopping. However, the difficulty with answering this question is that being able to socialize and make friends isn't exactly something you learn from public school or homeschool. It's something taught by example the majority of the time. Homeschoolers do have those examples, but don't be surprised if we interact better with other generations than with our own. Many of us aren't exposed to the same influences as others our age are, such as music, trends, and

fashion, so we're going to be different in how we talk and think.

The majority of the homeschoolers I have met have a sense of independence from their parents around the same age as public schoolers do and some have that even earlier. My brothers joined the local Topeka swim club team and the two still at home are both active on a Ken Berry League baseball team respectively. Local homeschool co-ops do provide sports teams and clubs, and the Kansas legislature passed a law in 2023 allowing homeschoolers to join high school sports teams with few requirements. Previously, the homeschooler had to enroll in the high school and attend classes held there. As a result of the new law, my younger brother was able to join the Washburn High School Boys Swim Team and swim for them during the 2023-2024 season.

As to whether homeschooling is worth the time, I believe that it is. Homeschoolers frequently complete their classes in three quarters of the time that public schoolers do, allowing for more free time to study and expand on their hobbies and learn about what they'd like to do or be as adults. We also don't have the same days off that public school students do for Parent-Teacher conferences or Snow Days, giving us even more time for personal interests and projects.

As for online learning, some families do use online classes, but many of them use curriculums instead. One popular homeschool curriculum is Abeka. Produced by Pensacola Christian College in Pensacola, Florida, this curriculum is for preschoolers all the way through senior year of high school. This is the curriculum that my mom used for all eight of her kids, and it's used nationwide in the LIS

In the end it really depends on the schedules for the teaching parent(s) whether or not homeschooling will be online or not. Some parents just don't have the time to sit down and walk their kids through a curriculum, and online schooling is helpful in that regard. There are multiple online homeschool programs that can be used, some produced by universities or colleges like Hillsdale or academies like True North Homeschool Academy, others by groups like HSLDA (The Homeschool Legal Defense Association), and some parents just like to use online programs like Khan Academy for classes. Parents are also able to choose what the student is taught and have full access to the information, ensuring online safety and transparency with the subject.

Being a homeschooler is much different from being in public school. Since it's usually going to be Mom teaching the classes, the level of respect for the teacher of the class is usually much higher than in public schools. Turning in projects and assignments on time is more imperative and tardiness will receive appropriate punishment. (i.e. privileges are revoked and the student is grounded until the assignment is turned in, etc.) The other homeschool kids that I have met are polite and courteous, displaying a maturity usually seen in one's early twenties.

Whether or not a family homeschools their children is the choice of the parents, but the majority of homeschool parents have no regrets about their choice to homeschool.

-Hannah Allen is an intern working for Metro Voice News. She is currently finishing her transition year between senior year and college via homeschooling.



# Election workers are vital to elections

Soon, 'VOTE HERE' signs will line the roadway outside many church or school buildings, bright red and blue. As cars pull in, a line of people (voters) can be seen inside, patiently waiting their turn to be issued a ballot to cast their vote.

Election workers are an essential part of every election. They are present to provide faster service for the voters and to ensure the integrity of the election process.

According to the Shawnee County

Election Office website, its mission is: To honestly, fairly and according to law, administer elections for all voters; and to accurately report the results in a timely manner. The Office utilizes approximately 1,000 election workers to make Election Day successful, according to Dave Evans, Shawnee County election manager.

With the November 5 Election fast approaching, there is still some time to apply to work the polls on Election Day.

First-time Election Workers must complete an application, which is available on the Election Office website. New election workers must also be U.S. citizens, reside in Shawnee County and complete training.

Training lasts 3 hours and is given through group meetings. The training is detailed, but simple and the teaching staff are thorough in what they cover. First-time Election Workers are also assigned to polling places with several other workers who have years of experience, giving them the opportunity to learn under minimal stress.

The work is relatively simple with several positions to be filled. The poll book workers check in the voters, letting them know that their vote is registered in the election office's database. The ballot checkers hand out the correct ballot to the voter for their precinct and district, making sure that they are given the full register of those running for office. The

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election worker at the voting machine is there to assist the voter in case any issues arise.

Students who would like to work at the polls on Election Day can request the day off from their school classes to work. There is a minimum age requirement of 16. Student poll workers can gain valuable civic experience and helpful insights into the electoral process, once they reach voting age themselves. There are currently around 60 students under 18 who will work the polls this election, according to Evans.

Polls will be open from 7 a.m. to 7 p.m. on Election Day, November 5. Election workers can work a full 14-hour day at a daily rate of \$125. Half-day workers can work from 6 a.m. to 1 p.m. or 1 p.m. to 8 p.m. at a rate of \$56. Training compensation pays \$8 per hour.

Other important dates to note: The deadline to register to vote is October 15 at 5 p.m. Advance mail ballots will be mailed October 16. Early voting begins on October 21.

The Shawnee County Election Office is located at 3420 S.W. Van Buren and is open from 8:00 a.m. to 5:00 p.m. Monday through Friday. The Office can be reached at (785) 251-5900.

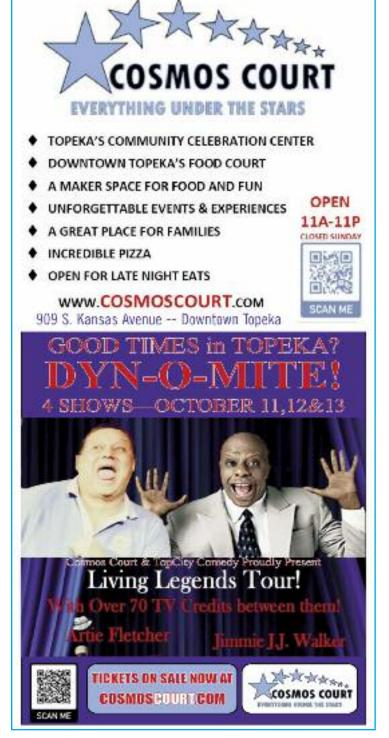
-Hannah Allen and Metro staff

# New party office opens downtown

The Shawnee County Republican Party opened an office September 6th at 114 SW 8th St (next to Celtic Fox) in downtown Topeka. The office provides a location for getting candidate information and yard signs from President to County Clerk and everything in between. The hours are 11:00 - 1:00 p.m. Monday – Friday; 4:30 to 6:00 p.m. Monday – Thursday; Wednesday 9 a.m. to 1:00 p.m.

SN Co GOP's yard signs "Freedom Trumps Socialism Every Time" are also available. Party officials stated the importance of knowing that America is a Constitutional Republic, and that our vote is our collective voice that is important to keep us as One Nation Under God.

The 9th Annual Shawnee County Republicans Eisenhower Dinner fundraiser celebrating the legacy of Kansas native Dwight D. Eisenhower is October 8th. Kansas Attorney General Kris Kobach is the keynote speaker, and special guest is former Attorney General Derek Schmidt. Doors open at 5:30 PM, with dinner at 6:00 at Topeka Country Club, 2700 SW Buchanan Street. Register for tickets at shawneecogop.org or contact Nancy Hedstrom-nlhedstrom@yahoo.com





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# WHEN YOU KNOW BETTER, DO BETTER

### Dear Dave,

I've made a lot of stupid money mistakes in the past. Even though I finally paid off six figures in debt a few years ago and am in control of my finances for the first time in my life, I'm having a hard time forgiving myself for all the dumb things I did. I have an emergency fund and other savings set aside, and I'm almost ready to buy a house. But it seems like there's still a cloud hanging over my head from all my bad decisions. How do I stop obsessing over my past financial mistakes?

Brea

### Dear Brea.

If you've had enough determination to pay off six figures' worth of debt and to build savings on top of that in the last few years, you're doing a phenomenal job! Most people would just make excuses or give up, but you educated your-

self, put your head down and stomped out all that debt. I'm very proud of you, hon. What you've done speaks volumes about your character and self-discipline. The late Maya Angelou once said, "Do the best you can until you know better. Then when you know better, do better." That's the key for you, I think. Doing dumb things doesn't always mean you're a dumb person. Sometimes, we just don't have the knowledge or guidance we need to do things the right way. But once you learned a few things and saw there was a better way — a smarter way - you jumped in and made incredible things happen. You cleaned up your finances, and you changed your entire future for the better. I think that's pretty cool. And you know what else? It makes you a pretty smart lady.

I think part of your struggle may be the fact that you've spent more time making the wrong decisions with money than you've spent making the right ones. That's understandable. But time will help heal that struggle. It'll distance you emotionally from the old you until you're confident in the new younot just in your actions, but in your heart and mind. I mean, think about it this way: If you violated trust with a friend, how would you rebuild it? First, it would take time. And second, it would take a series of trustworthy actions.

Let's say someone had a drinking problem for a long time, but they've been dry for three months. After three months, their spouse still might not trust them with the checkbook. I totally get that. It's a good start, but it's not like they haven't had a drink in three years. That's where time comes into play. The more time they demonstrate a solid pattern of not going back to the bottle, the more evidence they create for why others should trust them.

I think you've developed a pretty good track record of being smart with your money, Brea. So cut yourself some slack. If God is willing to forgive us for the really bad things we say and do, you need to be able to extend a little grace to yourself for the dumb things in your financial past.

—Dave

# This is Way Out of Line

### Dear Dave,

I'm trying hard to get control of my money and get out of debt, but I had a situation come up the other day, and I really don't know what to do. I'm one of four brothers, and our parents' fiftieth wedding anniversary is early next month. My two oldest brothers got together and made plans for a party without consulting the rest of us. They want everyone to chip in \$1,000 to help pay for things. I love my mom and dad, but the only savings I have is \$1,000 in my beginner emergency fund. Will you tell me how to address this situation? Ronald

### Dear Ronald,

I'm going to be blunt here. Since you weren't asked about any of this ahead of time, and had no say in anything, fair would be for you and your brother who weren't consulted to pay zero. Zilch.

Planning something that expensive without consulting everyone involved well ahead of time—and expecting them to lay out \$1,000 without warning—is way out of line. And don't let your older brothers lay a guilt trip on you, either. This has nothing to do with how much you love your parents, being greedy or anything like that. It has everything to do with consideration and communication, or in this case, a lack of these on their part.

If I were you, I'd let your oldest brothers know exactly what your financial situation is like right now. Explain what you're doing and why you're doing it, then let them know in a nice, but firm, tone you'll give them whatever you can scrape up, but you won't be chipping in anything close to \$1,000. And I'd tell them next time check with all their brothers way ahead of time.

—Dave

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But let justice roll down like waters, and rightousness like an everflowing stream. - Amos 5:24



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# How Might the 2024 Presidential Election Impact Markets? History May Offer Clues

**Bv Jim Hanna** 

The 2024 presidential election is quickly approaching, and investors may be wondering if and how the outcome will impact the stock market and



underlying investments. While every campaign cycle comes with its unique set of circumstances, we can turn to history as an indicator of how markets typically act in an election year. Here are a few trends investors should keep in mind.

Historic trends in election years. In general, market volatility trends higher early in an election year as candidates are being finalized and then again as the election nears, as investors react to the ebbs and flows of the news cycle and grapple with the unknown of what is to come. Following election day, as the winner becomes clear, market volatility levels tend to normalize1.

The impact of incumbency. The candidate pool for presidency can further impact markets and volatility trends. Typically, volatility has been higher in election cycles where there has not been an incumbent in the running. Stock market returns have also been more favorable in years when an incumbent has been on the ballot, than when two nonincumbents have faced off1. The 2024 election will be an interesting test of these trends, as it is the first rematch of presidential candidates since 1956, when sitting President Dwight D. Eisenhower defeated Adlai Stevenson for a second time2.

Policy changes. Historically, market returns tend to be stronger in the first two years of a returning president's term as investors have experience with the administration's policies. Returning administrations generally have more experience navigating political barriers and may be

better equipped to see policy through. How much any presidential administration can accomplish is limited by policymakers in Congress and local and state legislatures – and their political party make-up is a pivotal detail of election years. History has not been as kind to markets as the administration's second term passes its halfway point. During these last two years, there is limited time to implement policy, and investors and the American public may start looking ahead to the unknown policies of a new administration, becoming more sensitive to fiscal and policy uncertainty as the next election draws near1.

Bottom line: Stick to the fundamentals and invest for the long term. Political cycles can be intimidating to investors as they look to prepare for the uncertainty that comes with the election year and beyond. Regardless of the political backdrop, financial markets are principally driven by growth in the economy, corporate profits, and the direction of interest rates longer-term. Importantly, fluctuations in markets are normal, and it is usually beneficial to stick to the fundamentals. A diversified portfolio with a mix of different investments selected according to your goals and risk tolerance is key to avoiding potential overexposure to unnecessary investment risk. Diversification helps investors mitigate risks in their portfolios that may be caused by geopolitical circumstances, election volatility, or policy changes.

It is normal for emotions to run high as you anticipate the uncertainty that an election, or an administration's policies, may have on the economy or your portfolio. As an investor, it is understandable to consider the impact of an election on your investments, but remember it is only one short-term factor. Review your investment strategy and financial plan with a financial advisor who can help you stay attuned to your long-term goals.

1 – Ameriprise Financial: "Committee Perspectives: U.S. Election Guide" May 2024. Compiled by Ameriprise Global Asset Allocation Committee.

2 – Associated Press: "US has its first presidential rematch since 1956, and other facts about the Biden-Trump sequel" March 2024.

\*\*\*\*\*

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# Celebrate Adoption

# What to Expect When Adopting from Foster Care

Adoption from foster care is a complex, nuanced issue. Foster care is designed to be a temporary arrangement for children and teens when their parents or primary caregivers are in crisis. The ultimate goal of foster care is reunification with the family as soon as possible. However, there are some situations where reunification isn't pos-

Adoption from foster care can be joyful, meaningful and life-changing — but families should also expect complexities and challenges. From the emotional trauma a child experiences in both foster care and adoption to the realities of how adoption can occur, here's what you need to know if you're considering adoption from foster care in Kansas.

### Reunification is the Initial Goal When a Child is Placed in Foster Care

Reunification is the process of reintegrating a child with their biological family after time in foster care, and it's the initial goal in most foster care scenarios. While safe family reunification is something we celebrate, it's also important to acknowledge the emotional complexities that are inherent when a child is placed in foster care. As KVC Kansas Vice President Danielle Bartelli explains, "Children experience different levels of trauma throughout their time in foster care." While foster care exists to help children and families in difficult situations, there is always trauma when a child is separated from their parents, even if their home environment wasn't safe.

While some parents choose to grow their families through adoption from foster care, KVC Kansas doesn't offer a Foster to Adopt program. Because our focus is on reunification, any adoption will only occur after reunification has been deemed impossible and the process of termination of parental rights has taken place. Most often, families will become foster parents to care for children and teens in need before pursuing adop-

If you're interested in foster parenting and adopting a child or teen from foster care, keep reunification at the forefront of your mind. Your role as a foster parent is to not only support the child in your care, but also to support their biological family throughout the reunification process. This is a meaningful opportunity to expand the child's support network by supporting them and their family however needed!

### What Happens When Reunification is Not Possible

Unfortunately, reunification isn't always possible. This means a child or teen now needs a new option for their forever home. The next goal is most often adoption, but other permanency options exist for youth in foster care, such as:

- · SOUL Family is a new legal permanency option in Kansas where one or more adults carry the legal status of a familial relationship throughout a youth's lifetime. They offer support and resources beyond the youth's 18th birth-
- Permanent Custodianship offers financial assistance to children who have had both reunification and adoption ruled out while in DCF custody.
- · Independent Living is not a permanency option, but it can be an outcome when a child "ages out" of the foster care system. This can result in challenges like homelessness or returning to unsafe family situations, so it is never our goal for a child to find permanency in this

# The Emotional Journey of Adoption

While there's a lot of excitement and celebration in adoption, it's also a journey full of loss and trauma for everyone involved. As KVC Vice President Angela Hedrick explains, the emotional journey of adoption brings a mixed bag of joy and grief. In addition to her work at KVC, Angela brings personal experience as a foster parent who adopted children from foster care.

From both her own family's experience and the experiences of families at KVC, Angela knows how important it is to be supportive and open with children in your care no matter where you are in the fostering or adoption process.

"Sometimes there are hard or sad feel-



ings, but it feels more natural when communication is a constant part of our daily lives so we don't have to have an awkward build-up to a hard conversation. And we can make sure to help them navigate anything they're struggling

Children adopted as babies or at a very young age can still experience trauma, despite the common misconception that they won't. "That trauma always manifests," Danielle says. "It's going to come up, so start talking about it now. This shows children that they don't need to hide their feelings from you."

For more information, visit www.kansaskvc.org.

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# How to Know if Adoption or Foster Care is Right for You



Making the decision for either adoption or foster care is something that requires a lot of careful consideration. If you feel there's value in providing a home for a child, the strong emotional pull is a great start.

However, there's more to consider for yourself, your family, and the poten-

----- MetroVoiceNews.com -

Short Term vs Long Term

First, the difference in fostering and adoption placement length. On one hand, foster care is typically a shortterm placement with the goal of reunification with the child's biological family. On the other hand, adoption is when the child may become a part of your family legally.

### **Training Either Way**

Whether you choose to foster or adopt, simply giving a child a loving and safe home isn't enough. You'll need to go through specific training and education to be prepared to accept everything that comes with a child who has been removed from their biological family or who does not have a biological family. This child brings more than just their belongings when they come to live with you. They bring emotions, trauma, and sometimes health challenges that you may not know how to handle without the proper training.

Additionally, working with an agency and dedicated caseworker can help educate you on the trauma a child goes through when coming from an unstable environment and how it may have affected their brain development.

The child may be scared and/or scarred from their previous family situation and it's best to go into foster care and adoption with your eyes wide open and your mind and heart prepared to help meet the child where they are in their season of life.

## Learn Which Is Right for You: Adoption or Foster Care

It's a good idea to identify an accredited and reputable agency with experience to help guide you on whichever path you choose, foster care of adoption. To learn more www.kansas.tfifamily.org.

# **Meeting serious** Christians leads **Muslim to Christ**

Abdu Murray, as a Muslim in the Detroit area in the 1980s, had a favorite target – cultural Christians.

"Cultural Christians were abundant," he said in a recent interview. "They were low-hanging fruit for me, and I thought Islam was the truth and everyone should believe true things and not false things. I looked at Christianity as a system of belief that was wrongheaded, even though it might have been right-hearted."

Although cultural Christians had a shallow faith that couldn't stand up to his arguments, he later ran into more serious Christians.

"There were some Christians who did know what they were talking about and gave me some great answers to my objections," he said. "What I had to figure out was: 'Do I believe something because it's tradition, or do I believe it because it's true?"

Murray particularly took aim at the concept of the trinity, which he saw as diminishing the greatness of God, a key concept in the Muslim faith.

"Many people shy away from the trinity," he told CBN "But it was one of the things that made me convinced of Christianity. Muslims believe that God is the greatest being and also that God is loving. Without the trinity, God would need to bring humans into the world for him to be loving. With the trinity, the father loves the son and the son loves the Holy Spirit."









# Got an Opinion? Share it with the Metro Voice! go to facebook/MetroVoiceNews, or email Voice@cox.net

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# If Liberals Voted Their Values, America Would Be Saved

### **By Dennis Prager**

The greatest reason for the existential threat to America posed by the woke/the progressive/the Left is that liberals vote for them.

If liberals voted for their values, the Left-wing destruction of every American institution — the American Medical Association and medical profession generally; the universities, high school and elementary schools; and the military, among many others — could not happen.

This is the American tragedy in a nutshell: The Left votes its values. The Right votes its values. Liberals do not vote their values. Liberalism has almost nothing in common with leftism, yet virtually every liberal votes for the Left.

Liberals believe in racial integration. The Left believes in racial segregation (allblack dorms on college campuses, for ex-

Liberals believe in the ideal of colorblindness. The Left rejects the ideal of color-blindness. In fact, the Left claims the very term "color-blind" is racist.

The Left maintains that all whites are racist. No liberals do.

Liberals have always believed in America (without ignoring its flaws). The Left believes America is and has always been a fundamentally immoral country.

Liberals have always believed in free speech, which, by definition, includes "hate speech." The Left, on the other hand, does not believe in freedom of speech. There is no example in history from the French Revolution to the Russian Revolution to the contemporary American campus — of the Left not suppressing dissent.

Liberals have always been in the forefront of those supporting Israel. The Left is anti-Israel and supports Israel's ene-

Liberals have always supported capitalism, knowing that there is no other economic system that maintains liberty or lifts vast numbers of people from poverty. The Left believes capitalism is

Liberals regard the flag as a symbol of freedom. The Left regards the national flag as a symbol of racism and colonial-

The Left supports giving hormoneblocking drugs to pre-pubescent children who say they are the opposite sex; removing the healthy breasts of teenage girls and young women who say they are boys; and castrating boys who say they are girls. Very few liberals believe this.

The Left fights for the "right" of men who say they are women to compete in women's sports. No liberal does.

The list of liberal-leftist differences is almost as long as left-wing positions. So, the question is why? Why do liberals vote left, given that the average liberal has so much more in common with most conservative positions than with most left-



wing positions.

There are three primary reasons.

One is that the average liberal has no idea what the Left is doing to the country. Whenever I relate a left-wing action or position to liberal friends or relatives, they almost all say, "That's crazy," and thereby dismiss the action or position as that of a handful of weirdos. Most liberals have no idea what leftists are doing to deprive children of their sexual innocence: Ask any liberal in your life if they know what "Drag Queen Story Hour" is, or that professors have to take oaths committing themselves to Diversity, Equity, and Inclusion in order to obtain or retain employment. In fact, I suspect few liberals even know what "DEI" stands for. Liberals read only The New York Times or The Washington Post or some other major urban newspaper and they only watch CNN and listen to NPR. Therefore, liberals know almost nothing about the

The second reason is most liberals have chosen to believe that the Democratic Party is still the party of John F. Kennedy. They are fooling themselves. It is the party of Alexandria Ocasio-Cortez, Ilhan Omar, George Soros and teachers

The third reason is liberals have been brainwashed from their youth to believe that Republicans represent "the rich" and that "Right" is synonymous with "fascist." The opposite is true: it is the Democratic Party they reflexively vote for that represents the interests of the wealthy and that is stealthily and steadily imposing fascism — the merger of state and corporate

For these reasons, it is the nice liberal who is enabling the vile Left to destroy the country many liberals still love.

# **Campaign Platitudes**

## **By Kerby Anderson**

During this campaign season, will voters settle for generalities, or will they demand specifics? We will find out in seven weeks. Politicians are known for speaking with vague platitudes, but usually they are forced to give more specific answers when asked by voters or the media. Because this commentary is heard nationally, I will focus on the presidential candidates, though I could also use the state and local elections to illustrate my point as well.

Kamala Harris talks in generalities: "In our nation, I think the people are ready to turn the page ... one of my highest priorities is to do what we can to support and strengthen the middle class ... we need a new way forward." Every time she uses one of these catch phrases and filler words, I want to ask: How do you plan to do this?

There are some specifics like a proposed 28% tax on long-term capital and a tax on unrealized capital gains for taxpayers with a high net worth. But specifics are rarely mentioned. Instead, phrases about hope, optimism, and a way forward are used fre-

By contrast, you have speeches and interviews with Donald Trump where he proposes an extension of his previous tax rates and a targeted tax cut. He wants to establish a Government Efficiency Com-



mission. This time he proposes removing 10 regulations for every one regulation.

One of the biggest criticisms at the Democratic Convention was of Project 2025, which is full of specific recommendations. The Trump administration may not implement many of them, and you may not like some of them. But the 900page document is detailed and specific.

This election will determine if voters settled for generalities or demanded specifics. American voters deserve more than vague platitudes and campaign slogans.

# If Only We Would VOTE!

Culture Shield Network exists to inform, connect, and mobilize the Body of Christ to be the moral conscience of our culture. We have been connected to David Barton and George Barna since 2006. David is referred to as America's Christian Historian. (Wall-Builders.com) George Barna's research firm focuses on the intersection of faith and culture. These trusted men have created resources to improve our involvement in true history and factual surveys to help us be knowledgeable and equipped with truth about our history and what we can do to help make a difference.

A George Barna Survey was done August 2023. The good news is that 84% of Conservative Believers are registered to vote. However, only 22% of them VOTE. Shocking, isn't it? So, what are we going to do about it? It's up to us to help our fellow believers know what could happen if we just VOTE.

Most of us have seen what is happening in our public schools with low academic scores, the emphasis of indoctrination, anti-Christian values, revisionist history and a tendency toward Marxism. New curriculums such as Social Emotional Learning, (SEL) and Critical Race Theory (CRT), and the 1619 project which is totally based on lies, have become the focus of many classrooms. Many teachers coming out of colleges have been subjected to a woke culture and that agenda then carries with them into the classroom.

Believers need to be ready to step into the battle for the minds of our children. In many areas across Kansas, there are wonderful conservative candidates running for local school boards. They need our help to get elected. We can help stop the ridiculous indoctrination of our children if we will only get out and VOTE.

Won't you PLEASE HELP!

"The Lord will stretch forth Your strong scepter from Zion saying, 'Rule in the midst of Your enemies.' Your people will volunteer freely in the day of Your power..." Psalm 110:2-3

So, if we want our schools, our mayors, and our cities to be run by citizens that represent our values, we need to:

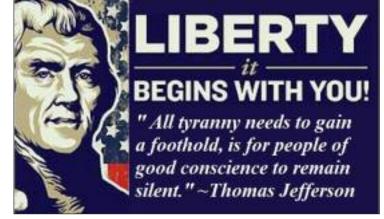
- Provide voter registration in our churches- Go to www.cultureshield.com to find the complete kit with downloads. Simply print the forms off. Registration in Kansas closes October 17th You'll also find important dates.
- Find courageous candidates that represent your values
- Campaign for those who are running with that in mind
  - Give money to these campaigns
  - Knock on doors to educate citizens
  - Work for ELECTION INTEGRITY
  - GET OUT THE VOTE!

# Be An Informed voter

The best way I've found outside of interviewing candidates myself, is to go to ivoterguide.com. It's a simple online informational issue guide you can download at www.ivoterguide.com

When you get to the website simply type in your address and your specific ballot will come up so you can see who is running in your area. Be sure to click "more" to get details about each candidate.

By doing voter registration in your



church, you offer believers an opportunity to not only register to vote but also help them update any changes that need to be made due to an address change or recent marriage. You also can introduce them to the possibility of an Advanced Ballot option for ease and convenience. Busy Moms, career responsibilities or simply not enough time in the day can make the option preferable for many voters.

If you already vote, thank you for helping Kansas become a positive statistic for voter turnout for this upcoming election. Please encourage your neighbors, family, and friends to do the same. Your vote can really make a difference for our children's futures.

"Silence in the face of evil is evil itself, God will not hold us guiltless, not to speak is to speak, not to act is to act." - Dietrich Bonhoeffer

# Respectfully submitted by, **Donna Lippoldt**

Exec. Director of Culture Shield Network & Culture Shield Action www.cultureshield.com donna@cultureshield.com

# When a Nation Rejects God



DECKER
President and
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with Great
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# **Speaking Truth**

After 95-year-old Theresa DeLucia passed away, the family met to review her will. It was revealed that she required her home to be put up for sale, and all her assets be distributed equally among her children. However, this meant that Joseph, one of her adult children who lived in the home, had to move out. The news so enraged him that he left the meeting in search of a gun then returned and shot each family member in cold blood, killing his two sisters, brother and a niece. Afterwards, realizing what he had done, he then turned the gun on himself. Absolutely horrific!

Such a tragedy like this is not isolated. We are seeing brutal murders and unthinkable abuse on a growing scale. In many urban and suburban cities rising crime is causing increased fear among citizens. The Bible speaks of times like this saying "...because of the increase of wickedness, the love of most will grow cold." (Matthew 24:12)

Why is this happening? What we are seeing unfold across our country is the tragic effect of the choices we have made as a nation. Our culture is changing. And all this is communicating a spiritual message and warning. If we listen to this message, we will understand and begin to reverse this dangerous course.

What is the message? Return to God. Why? Because without Him we cannot have a civil and just society.

Have you heard of the Golden Rule? Jesus coined it, "In everything, do to others what you would have them do to you." (Matt. 7:12) This is a rule for all people to live by. It is also an umbrella statement that encompasses a whole set of behaviors in how we are to engage with one another. It includes teachings from the Ten Commandments, Jesus' Sermon on the Mount and others from the Bible. They talk about things like children honoring their parents and parents

disciplining and instructing their children. Not lying, stealing or harming one another. And additional commands dealing with divorce and adultery. All these and more have an ethical foundation to them. It is not treating one another based on our personal feelings or emotions, nor is it about just giving someone what they want; feeding their own passions. It is loving one another in a just, wise and good way.

Where does this idea of treating people like this come from? God.

I quoted the Golden Rule from Jesus, which is based on the Great Commandment. It has two parts that work together, "'Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.'" (Matt. 22:37-39)

The two commands work together. One cannot genuinely love God without loving others, and one cannot effectively love others without loving God.

The foundation for treating others in a way that is good and right comes



from the character of God. That is who He is, so when someone loves Him with all their being, then they naturally display that in their treatment of others.

What does this mean? For a society to be civil and just, it requires the Lord God. Its laws, policies, leaders and overall values must reflect the character of God. Then when you have this permeating society, people will treat one another with honor and dignity. However, when we reject God and His ways, we will no longer love our neighbor. Instead, anarchy will persist as people will seek their own interests above others, and hearts will become hardened toward what is good and just

How can this be reversed? We must return to God. Look around and see how we have wandered. Let us admit this, then humble ourselves and come back to our Creator.

To change a nation, it starts with one. Be the one.

A prayer for you — Lord God, search us as a country. Let us see how we left you. Humble us, open our eyes and bring us to see our need to return to you. Bring a great move of your Spirit upon our land, O Lord. In Jesus'name. Amen.

-Clint Decker is President of Great Awakenings. Share your comment at cdecker@greatawakenings.org and follow his blog at clintdecker.blogspot.com.









Come and be a part of what God is doing at Family of God Church 1231 NW Eugene St. Sunday 10:30am & Wed. 7:00pm FOGchurch.com

# North Topeka to feature new art, Trunk or Treat, Big Boy

NOTO Arts Center will feature a special art exhibit in October, starting with a grand opening on First Friday October 4th. Through a special exhibit on loan from the Chicago Field Museum, "Celebration of Souls" delves into the origins of Dia De Los Muertos and its traditions. such as building ofrendas (altars) to honor deceased loved ones, creating elaborate sugar skulls, and decorating graves with marigolds. Visitors will learn about the symbolism behind these customs and how they are passed down through generations. Through artifacts, multimedia displays, and interactive elements, visitors can learn about the diverse beliefs and practices surrounding death and the afterlife and gain a deeper understanding of the universal human experience of mourning and remembrance.

Topeka's Hispanic and Latino Community will be featured inside Redbud Community Room. Topeka is home to a vibrant Hispanic and Latino community, with a rich cultural heritage that includes traditions from Mexico, Central America, and beyond. Join us inside the NOTO Arts Center Redbud Community Room as we highlight the diversity and creativity of this community, showcasing how they have incorporated Hispanic and Latino culture into everyday life. Visitors will have a chance to view ofrendas on display and contemporary artworks inspired by Dia De Los Muertos and the Hispanic and Latino culture, all created by local artists and community members.

See the full schedule for this special exhibition and companion presentations which runs October 4 - December 14, 2024, at www.explorenoto.org.

First Friday will also feature Velvet Blues Revue in Redbud Park from 6-9pm.

NOTO Businesses & Historic North Topeka East NIA presents **Trunk or Treat** in the NOTO Arts and Entertainment District on Oct. 26 from 3-5pm. Once again the Arts District will be full of fun for all ages. Bring your best costumes and Trunk or Treat with the NOTO businesses and more! Costumes encouraged but not required.

**Day of the Dead Festival** is upcoming in NOTO on Nov. 1.

Visit explorenoto.org for more information event listings.

First Friday Art Walk hours are 10 am to 9 pm. First Friday Art Walk & Market is the first Friday of every month. The North Topeka Arts District has become an attraction to Art Lovers and History Buffs alike with beautiful scenes of art and history. Entertainment can also be found on First Fridays, at various venues during the artwalk up and down N. Kansas Avenue, as well as streetside vendors. The restaurants, locally owned shops, art galleries antiques and studios have become a favorite art walk destination.

You can also visit 3rd Friday's NOTO Night Out! Many Merchants are also open longer hours on Second Saturdays.

For more event information visit explorenoto.org/.

More North Topeka events:

**AMANDA FISH** – Sep 29, 5-9pm, Compass Point. American blues singersongwriter and multi-instrumentalist.

FIRST FRIDAY FAMILY-FRIENDLY FREE FLICKS - Oct. 4, 6pm, Kansas Avenue United Methodist Church, 1029 N. Kansas Ave. Showing a football-themed movie called "23 Blast." Attendees are encouraged to bring snacks to share during the movie.

SINGLE MINGLE – Sep. 27, 6pm, Woodshed Event Ctr. Speed dating, games, music, drinks & food!

KID ENTREPRENEURS MARKET-PLACE – Oct. 4, 5pm, Rogue Event Ctr. 917 N. Kansas Ave. live Music, shopping, and selling. Open to all kid entrepreneurs, register in advance: 785-350-6802 or rogueeventstudio@gmail.com. Enjoy music by Kyler Carpenter and support young business owners. Mocktails, cocktails and snacks available

**BIG BOY STEAM ENGINE AR-RIVES** – Oct. 17, 12:15-12:45pm, Great Overland Station.

TRUNK OR TREAT – Oct. 26, 5-7pm, Iron Warriors Gym, 2037 NW Topeka Blvd. Ste A. Join Papa Murphy's Pizza, Title Max & CBD American Shaman for a spooky trunk-or-treat! The Burger Bus will be set up in the parking lot! The first 100 monsters receive a free Iron Warriors Tote bag!

SENIORS PITCH CLUB - Every Tuesday 1 pm at Garfield Community Center. First visit free then a dollar per visit for coffee and replacement cards





Farm & Home

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TRM MINISTRIES

TOPEKA RESCUE MISSION MINISTRIES

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Donate: Text TRMgive to 77977 Non-Cash Donations: 785.357.4285

Volunteer Services: 785.354.1744 ext. 393

TRMonline.org

Topeka, KS 66608 OR P.O. Box 8350 Topeka, KS 66608

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The Area's Most Complete Guide to the Family-Friendly Events You Want to See!

# endar

FREE LISTINGS! E-mail your events to: Voice@cox.net; mail to

Metro Voice, P.O. 5724, Topeka, KS 66605; fax to 785-235-3340 or enter online at metrovoicenews.com Get your event Highlighted in Blue in print, our online calendar and promoted in social media for only \$29!

# CONCERTS

KANSAS PRAIRIE PICKERS - Fourth Sun. ea. Month, 1pm, Auburn Community Center. Foot-stomping, hand-clapping tunes. Concessions available

GRAND OTTAWA OPRY - 2nd & 4th Saturday, 5:30PMpre-show, 6PM showtime, Ottawa Memorial Auditorium, 301 S Hickory, Ottawa. Tickets are \$15 and only at the door. Ph. 785-241-6762, email grandoopry@gmail.com. GrandOttawaOpry.com

PICKIN' ON THE PRAIRIE BLUEGRASS JAM, every Sunday 1-3:00, Potwin Drug Store, Old Prairie Town, 785-215-6997 for info.

AMANDA FISH — Sep 29, 5-9pm, Compass Point. American blues singer-songwriter and multi-instruTHE KRAMERS CONCERT - Oct. 25, 7pm, Wanamaker Woods Church, 3501 SW Wanamaker Road. Doors open at 6pm. Free-will offering. Contact 785-273-2248, office@wwnaz.org, wwnaz.org

WOOD VALLEY PICKERS - Oct. 26, 7:00pm, Classic Bean, Fairlawn Plaza. Folk & Country, Free admission. 785-271-5005

# SPECIAL CHURCH EVENTS

HARVESTER'S PROGRAM FOR SENIOR CITIZENS every second Sat., takes place at Christian Lord Ministries. 2421 SE California. Call 266-4979.

HOPE HOUSE FREE COMMUNITY CLOTHING BANK -Wed. 6-8pm and Sat. 12-3pm, Oakland Church of the Nazarene: 939 NE Oakland

HARVESTER FREE MOBILE FOOD DISTRIBUTION

2nd Saturday each month, 1:30-3pm, Oakland Church of the Nazarene: 939 NE Oakland

FIRST SATURDAY BREAKFAST BUFFET - 7:30 AM -10:00 AM, Shawnee Heights UMC, 6020 SE 44th

INSIDE OUT FELLOWSHIP CHURCH - Every Sunday 12pm service; Every Tuesday 7:30pm service. Location: 2409 NE Division St.. For info: 785-380-7031 or io@insideoutinc.net or www.insideoutinc.net

KIDS for JESUS! - Wednesday's 7 - 8pm, Lakeview Church of the Nazarene, 2835 SE Croco Rd. Bring your friends, family, neighbors, enemies! For info: 785-266-3247, FB: Topeka Lakeview Nazarene, Email: Lakenaz@aol.com

MID-WEEK PRAYER & BIBLE STUDY - Wednesday's, 7-8pm, Lakeview Nazarene, 2835 SE Croco Rd. You are invited! Contact info: (785)266-3247, FB: Topeka

LOL "LADIES OF LAKEVIEW" - Lakeview Church of the Nazarene, 2835 SE Croco Rd. Monthly Women's Ministry Events! (Cooking, Crafts, Outreach, Bible Study, Fellowship!) Call the church office for info: (785) 266-3247, Facebook: Topeka Lakeview Nazarene Fmail: LakeNaz@aol.com

ROOTED CHRISTIAN HOMESCHOOL CO-OP; Colossians 2:6-7. Monday's 12-4pm. Cooking class for 4th graders & older at noon. Call the Church Office for more information. Lakeview Church of the Nazarene, 2835 SE Croco Rd. Church: (785) 266-3247. Facebook: Topeka Lakeview Nazarene. LakeNaz@aol.com

FIRST FRIDAY FAMILY-FRIENDLY FREE FLICKS -Oct. 4, 6pm, Kansas Avenue United Methodist Church, 1029 N. Kansas Ave. Showing a footballthemed movie called "23 Blast." Attendees are en-

couraged to bring snacks to share during the movie. MARRIAGE DATE NIGHT - Oct. 4, 7-9pm, Fellowship into what makes relationships work. Mark Gungor,

Bible Church, 10th & Urish. Fun, laughter and insights pastor and comedian, will bring his wit and wisdom, with a sweet dessert served at intermission. For married couples and those seriously dating or engaged!

\$30 per couple

TOPEKA BURNING CAMPMEETING - Oct. 6-11. various locations. Family of God Church Oct. 6 at 10:30am & 6pm, and Oct. 7 at 7pm; Harvest Family Fellowship Oct. 8-9 at 7pm; New Hope Church Oct. 10-11 at 7pm. Revivalfirewm.com.

HEALING SERVICE - Oct. 12, 6pm, Kansas Avenue United Methodist Church, 1029 N. Kansas Ave. This special service will feature music, Scripture, prayer, the anointing of oil and the laying on of hands for anyone needing prayer.

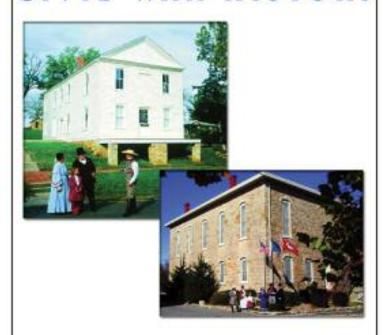
HARVEST FESTIVAL - Oct. 12, 11am-2pm, Highland Heights Christian Church. 29th & Tecumseh. Games, food, family fun

FREE MOVIE NIGHTS - October 12 & 26, 5pm, Oakland Church of the Nazarene, 939 NE Oakland Avenue. Adult and Child movie. Free snacks!

SECOND SUNDAY POTLUCK LUNCHEON AND 'THE CHOSEN' - Oct. 13, noon, Kansas Avenue United Methodist Church, 1029 N. Kansas Ave. Season 4 of "The Chosen" at 1pm. Episodes will then continue at 1 p.m. Sundays through Dec. 1.

# HISTORIC LECOMPTON TERRITORIAL CAPITAL OF KANSAS 1855-1861

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Lecompton Turnpike Exit 10 miles East of Topeka on U.S. 40 & 24



THIRD THURSDAY J.A.M. SESSION - Oct. 17, 5:30 to 7pm, Kansas Avenue United Methodist Church, 1029 N. Kansas Ave. A children-youth-and family event - a "lite dinner" from 5:30 to 6pm, followed by Biblebased children's and youth programs from 6 to 7pm, and an adult Bible study, also from 6 to 7pm. By the way, the J.A.M. stands for "Jesus and Me."

**MOONLIGHT PRAYER & WORSHIP** - Oct. 18, 6pm, Oakland Church of the Nazarene, 939 NE Oakland Avenue. Outdoor food, campfire and singing.

FREE MOVIE NIGHT — Oct. 26, 6pm, Highland Heights Christian Church. 29th & Tecumseh. Hot Dog cookout at 5 pm and movie at 6 PM. The movie will be "Facing the Giants" – After six consecutive losing seasons, high school football coach Grant Taylor believes things can't get any worse. He's wrong. Can he turn things around?

**REFORMATION POTLUCK** — Oct. 30, 5:15-7pm, Christ Lutheran, 3509 SW Burlingame.

Bring a dish to share. German foods are encouraged, but your favorite dish is always welcome. After dinner, enjoy time in fellowship, as well as inter-generational games and activities. (All ages welcome!)

**HARVEST DINNER** – Nov. 1, 4:30-6:30pm, Kansas

Avenue United Methodist Church, 1029 N. Kansas Ave. The cost for a meal is \$10 for adults and \$5 for children.

MetroVoiceNews.com -

## **FAMILY-FRIENDLY EVENTS**

SENIORS NUTRITIONAL LUNCH — Weekdays, except holidays, at noon at Auburn Civic Center, 1020 N. Washington Street. Minimal cost per person. Reservations/cancellations required 24 hours in advance by calling Meals on Wheels of Jefferson & Shawnee Co. at 295-3980. Each meal includes 1% milk & sugar-free items for diabetics. 215-0064.

MEDICARE MONDAYS — First Mon. ea. month, 1-3pm. Topeka/Sh. Co. Public Library, 1515 SW 10th. Jayhawk Area Agency on Aging offers Senior health insurance counseling. For info: 580-4545 or nhonl@tscol.org

**COUNTRY AND BALLROOM DANCING** - Thursdays 6-9pm. Croco Hall. Info: Edwina 379-9538, 478-4760.

**FIRST FRIDAY ART MARKET** – Downtown and NOTO arts district. Arts, antiques, fine crafts, flea market items, snacks, beverages, entertainment and more.

TOPEKA ACAPELLA UNLIMITED AUDITIONS —Topeka



**HARVESTERS MOBILE FOOD PANTRY**, 1st & 3rd Sat, 2-3pm, Shawnee Heights UMC parking lot.

FREE MOBILE FOOD DISTRIBUTION — 4th Tue. thru Nov., 9am, 1231 NW Eugene St. Randel Ministries, Inc., in partnership with Harvesters and Family of God Church will have its monthly food distribution. No ID or proof of income required, first come first served. Distributing fresh produce and other items to families in need. 785-234-1111. RandelMinistries.com

TOPEKA PUBLIC LIBRARY PLAY BUS — 9:30amnoon, Lakeview Nazarene Church, 2835 Croco. Every Tuesday, enjoy story time, play opportunities, books for check-out & take & make art. 785-266-3247.

**OPEN INDOOR COURT PICKLEBALL** — Sundays at 4pm, Berryton United Methodist Church (7010 SE Berryton Rd. All ages and abilities welcome.

**SENIORS PITCH CLUB** - Every Tuesday 1 pm at Garfield Community Center. First visit free then a dollar per visit for coffee and replacement cards ...

**BREAD BASKET FARMERS MARKET** — Every Saturday in the West Ridge Mall parking lot, south end.

**WOODSHED MARKET** — Sun. 10-3, 1901 N. Kansas

**DOWNTOWN TOPEKA FARMERS MARKET** - Saturday's thru Oct. 26, 7:30am-noon, 6th & Harrison. Fresh fruits,vegetables, herbs, arts & crafts, food trucks

FAMILY NIGHT AT COSMOS COURT — Tuesdays, 5pm, Cosmos Court, 909 S. Kansas Ave. Pizza, salads, hot dogs, nachos, soup and more! Get a 16" Pizza, 2 side salads, and 4 cups of ice cream for only \$30! Also table games, etc.

KANSAS CITY RENAISSANCE FESTIVAL — Sat. & Sun., Aug. 31 - Oct 13, 10am - 7pm PLUS Mondays, Sep. 2, 10am - 7pm and Oct. 14, 10am - 5pm. www.kcrenfest.com. FB @KansasCityRenFest 913-721-2110 (email voice@cox.net to see how to get free tickets from Metro Voice!)

**SINGLE MINGLE** – Sep. 27, 6pm, Woodshed Event Ctr. Speed dating, games, music, drinks & food!

INDIA MELA BOLLYWOOD MOVIE NIGHT — Sep. 27, 6:30-9:30pm, Evergy Plaza. Indian food, henna, jewelry. clothing. Movie at 70m. Free. bring lawn chairs.

GARY'S PUMPKIN PATCH & FALL FESTIVAL — Sept. 27-Oct 27, Fri. – Sat. – Sun., 5991 17th St. Grantville, KS. 8-Acre Corn Maize, Pig Races, Corn Pit, 2 Jumping Pillows, Giant Sildes, Animals, and more. Home Made Curly Fries, Hamburgers, Brats, Turkey Legs, Apple Cider Slushy and Fireworks Fridays at 9pm! garysberries.com, garysfarmfest.com; 785-246-0800

DO PORTUGAL CIRCUS — Sep. 27-Oct. 6, West Ridge Mall. 27th at 7:30pm; 28th at 2pm, 5pm & 8pm; 29th at 2 & 5pm; 30th, 3rd & 4th at 7:30pm; 5th at 2pm, 5pm & 8pm; 6th at 2 & 5pm. An amazing circus show for the whole family Under the big tent!

**FALL FEST** — Sep. 27-29, 141st & Jordan Rd., Carbondale. Festival & Street Dance on Main Street Saturday.

FALL FEST — Sep. 27-29, 5840 Croco Rd, Shively Farms Pumpkin Patch. Friday 4-7pm and Sat. & Sun. from 9-6pm. Slides, zip lines, corn pit, combine slide, corn maze and 30 different fun activities! Vendors, Poppin Squeeze both days, Carnival Cravings 11-5pm Sunday, Eddie BBQ 11:30 Saturday. \$5 per adult and \$8 per kid. Cash and Venmo only

**ANNUAL FALL FESTIVAL AND SWAP MEET** — Sep. 27, 8am, Meriden Antique & Threshers Assn., 8275 Hwy 4

**AARON DOUGLAS ART FAIR** — Sep. 28, 10am, Aaron Douglas Art Park, 12th & Lane.

FROSTY MAKE AND TAKE FIESTA AND CRAFT FAIR— Sep. 28, 10-3, Woodshed Event Ctr. Winter themed extravaganza where you can make your own special creation and take it home! Cash bar will be open!!

KANSAS BOOK FESTIVAL — Sep. 28, 9-4, Maybee Library, Washburn University. Hear 50+ authors discuss their fiction, nonfiction, poetry, and children's books, including winners of major U.S. writing awards. Purchase a signed copy. Browse at outdoor vendor booths. Donate a used or new book to improve libraries at Kansas jails. Grab a chili dog or tropical treat from the food trucks, then sit and lis-

ten to live music. Free. www.kansasbookfestival.com

RED CROSS BLOOD DRIVE — Oct. 4, 9-3, Christ Lutheran Church, 3509 SW Burlingame. To make your life-saving appointment call 800-RED-CROSS or visit www.redcrossblood.org (sponsor code: Topeka-CLC). Bring a photo ID, drink plenty of water and eat prior to your appointment. Save time at your appointment by completing RapidPass – pre-reading and questions – the DAY OF your appointment via the blood donor app or visit www.redcrossblood.org/rapidpass.

KID ENTREPRENEURS MARKETPLACE — Oct. 4, 5pm, Rogue Event Ctr. 917 N. Kansas Ave. live Music, shopping, and selling. Open to all kid entrepreneurs, register in advance: 785-350-6802 or rogueeventstudio@gmail.com. Enjoy music by Kyler Carpenter and support young business owners. Mocktails, cocktails and snacks available

**LECOMPTON TERRITORIAL DAYS** – Oct. 5, Lecompton, KS. 7am pancake feed, kids bike race, parade, touch a truck, chainsaw art, lawn mower race, inflatables, fashion show, cake walk, carnival games, ice cream social, talent show, street dance. Vendor Signup: bit.ly/LTD24Vendor

**BLESSING OF THE PETS** – Oct. 5, 9pm, St. David's Episcopal, 3916 SW 17th.

**TOPEKA OKTOBERFEST** — Oct. 5, 10-6, Downtown Topeka.

**TOPEKA MODEL RAILROADERS TRAIN SHOW** — Oct. 5, 9-5, West Ridge Mall. Over 12 Layouts (O, HO, N, and Z), over 60 vendor tables, clinics and a model contest. Children 12 and under free with paid adult

OCTOBERFEST — Oct. 5, 10-3, Prince of Peace church, 36925 SW Wanamaker. Vendors, food trucks, homemade German food, activities for kids, and free drawings for cash and prizes!

**OZTOBERFEST 2023** — Oct. 5, 10 am, Wamego

HAYDEN THEATER HAUNTED HOUSE — Oct. 5, 6-8pm, Black Box Theater, Hayden High School. Haunted House Experience, where fear lurks around every corner and paranoias come to life. Dare to navigate through eerie corridors shrouded in mystery, where spine-chilling surprises await at every turn. Encounter the spirits of the past as they whisper haunting tales, and feel your heart race with each unsettling moment

**LIFE CHAIN SUNDAY** – Oct. 6,  $2-3:30\,\mathrm{pm}$ ,  $21\mathrm{st}$  & Wanamaker and  $29\mathrm{th}$  & California. Rain or shine, Stand for Life! (or bring a lawn chair). Gather with pro-lifers across the nation. Families, children, welcome! Signs will be provided. For info: 785-969-2706

**COMBAT AIR MUSEUM CAR SHOW** – Oct. 6, 10am-2pm, Combat Air Museum at Forbes Field. Food trucks, raffle prizes.

KANSAS NOTIONS CLASSES — Oct. 8, 12, 15, 19, 22 & 26, 6pm, 2550 NE 31st St. Dr. Wichman will teach a class on how to make body butter. The events will educate and teach a hands-on approach for addressing your current or future health needs. This

class will be for a make and take your own body butter. \$30 per person, due at the time of class. All classes start at 6pm at the store. 785-207-1189, tracy@kansasnotions.com, www.KansasNotions.com

C5Alive "POWER" LUNCHEON — Oct. 10, 11:30-1, Harley Davidson Event Room, 21st & Topeka Blvd. Featured Speaker. Ashley Massey-Lewis of Big Brothers / Big Sisters. Free admission. Meals available from Black Dog BBQ on site. Please RSVP to info@C5Alive.org so we know how many to expect. Open to the public – bring a friend!

**SAVE THE DATE:** C5 POWER Luncheon, Nov. 14, 11:30-1, Celtic Fox. Irene Haws will discuss Lions Club activities in Topeka.

GOOD TIMES IN TOPEKA COMEDY SHOW — Oct. 11, 12 & 13. Cosmos Court, 909 S. Kansas Ave. Dyn-O-MITE Jimmie JJ Walker and Artie Fletcher: Living Legends Tour. Tickets at www.cosmoscourt.com

**THUNDER OVER THE HEARTLAND AIR SHOW** — Oct. 11-13, Forbes Field. USAF Thunderbirds as the head-liners! https://thunderovertheheartland.com/

HALLOWEEN COSTUME COLLECTION & GIVEAWAY & WELLNESS FAIR — Oct. 12, 9-11am, 455 SE Golf Park Blvd. SENT is gathering new and gently used Halloween costumes to ensure every child in our community can experience the joy of dressing up. Costumes will be available for children of all ages, ensuring no one is left out of the festivities. Also a Child Mental Wellness Fair offering resources, activities and information. 785-783-2435 Ext 300 or tricia@senttopeka.com. A free event.

FALL IN THE MALL FESTIVAL — Oct. 12, 10am-9pm, West Ridge Mall. Browse the pumpkins and pick your perfect one! Engage in festive games and craft stations, grab a bite to eat in the food court. Zombie Walk with Shockwave Fitness 19:30-11 AM; Wiener Dog Races with Petland | 1PM; Fashion Show | 2-4PM; Super Hero Cosplay | 4-7PM; Masquerade Ball | 9:30PM-12AM

FALL IN LOVE WITH OVERBROOK FALL FESTIVAL — Oxt. 12, 10-3, Overbrook KS. Farmers market, crafters, artists, food trucks, BBQ, touch a truck, pumpkin patch and more.

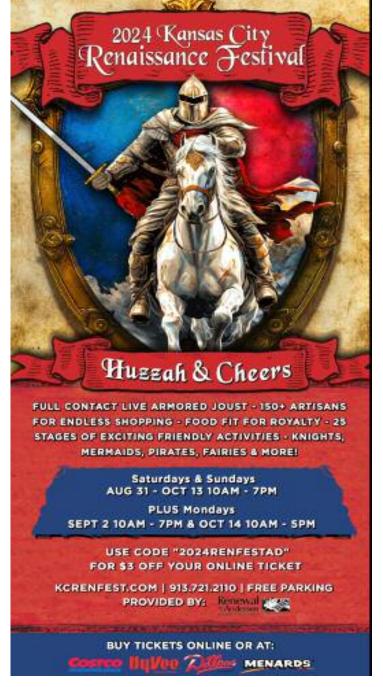
**FAIRLAWN PLAZA FALL FESTIVAL** — Oct. 12, 5:30 pm, Fairlawn Mall. Parking lot party, car show, food trucks, Milltown Band, Big Rick Soul Band

 $\mathbf{GREEK\,FOOD\,FESTIVAL}-\mathrm{Oct.\,\,}12,\,11\text{--}3,\,\mathrm{St\,Peter\,\&\,}Paul\,\,\mathrm{Church,\,}2516\,\,\mathrm{SW\,\,Huntoon.}$ 

**ANNUAL SHOW** — Oct. 12-13, Ag Hall, 17th & Topeka. Topeka Gem & Mineral Society 66th Annual Show.

 $\textbf{CHALKTOBERFEST}-\texttt{Oct.}\ 12, 9\text{-}5, \mathsf{Topeka}\ \mathsf{Zoo}$ 

COUPLES WORKSHOP & DINNER — Oct. 12, 3-7pm, The Vista, 250 SE 29th St. An unforgettable evening of love, laughter, and connection with Comedian Evan Watson IV aka 'Eeesy Duz It'! Hear inspiring stories from couples of different ages and backgrounds as they share their journey of overcoming challenges and building strong relationships. Enjoy a delicious dinner, comedy, and interactive activities





designed to strengthen your bond with your partner. BIG BOY STEAM ENGINE ARRIVES - Oct. 17. 12:15-12:45pm, Great Overland Station.

**BOO AT THE ZOO** — Oct. 19 & 26, 9-3pm, Topeka Zoo. Free with paid admission

YMCA TRUNK OR TREAT - Oct. 23, 6-8pm, YMCA, 3635 SW Chelsea Ddr

TRUNK OR TREAT - Oct. 26, 3-5pm, NOTO Arts District

**DRIVE-THRU TRUNK OR TREAT** — Oct. 26, 1-3pm, Christ Lutheran, 3509 SW Burlingame.

**TRUNK OR TREAT** — Oct. 26, 5-7pm, Iron Warriors Gym, 2037 NW Topeka Blvd. Ste A. Join Papa Murphy's Pizza, Title Max & CBD American Shaman for a spooky trunk-or-treat! The Burger Bus will be set up in the parking lot! The first 100 monsters receive a free Iron Warriors Tote bag!

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TRUNK OR TREAT & CARNIVAL - Oct. 27. 1-3:30pm. Capital Gymnastics, 3740 SW Park Ave. 266-4151 or office@cgatopeka.com

**TRUNK OR TREAT** - Oct. 27, 5-6pm, First Christian Church, 1880 SW Gage.

TRUNK OR TREAT — Oct. 27, 4-6pm, Community Church, 1819 SW 21st St.

PUMPKIN RUN & TRUNK OR TREAT - Oct. 27, 4:30pm, Hummer Sports Park 5K run/walk, a Fun Run and Family Stroll, plus trunk or treat

**TRUNK OR TREAT** — Oct. 30, 5:30-7:30pm, Big Brothers Big Sisters, 2348 SW Topeka Blvd. All are welcome to join in: alewis@kansasbigs.org or 785-422-9503

— MetroVoiceNews.com –

HIAWATHA HALLOWEEN FROLIC & PARADE - Oct. 31, Main Street, Hiawatha, KS. Nations oldest Halloween parade & festival!

TRUNK OR TREAT - Oct. 31, 5-8pm, Oakland Church of the Nazarene, 939 NE Oakland Avenue.

HALLOWEEN COSTUME PARTY - Oct. 31, Hotel Topeka. DJ, door prizes and more. Must be 18 to enter 21 to drink

**BREW HA-HA FUNDRAISER** – Nov. 1, 6-9:30pm, Vaerus Aviation, 6410 SE Forbes Ave #2, Enjoy local culinary creations from top restaurants in the area and sample some local breweries' fall brews and talk with the brew masters who made them. Local wine and distilleries will also be in attendance. All proceeds will go to serving more youth in Shawnee County through one-to one mentorship! Tickets at https://www.4kidsake.org/shawnee-brew-ha-ha/Do-

KANSAS CHOCOLATE FESTIVAL - Nov. 2, 10-4, West Ridge Mall. www.topekachocolate.com

# **MEETINGS & CLASSES**

**CHRISTIAN WRITERS GROUP OF TOPEKA** -1st & third Mondays, 7pm at the Hughes Room 205 of the Topeka Library. Workshop for aspiring writers. Each participant is asked to bring five copies of a two page type written sample of a work in progress. After reading the pages aloud each participant is allowed an equal number of positive and negative comments offered in a spirit of helpfulness. If you would like to read something email Charles at jccccw@gmail.com

CRAFTY. SKILLED OR CREATIVE VOLUNTEERS **NEEDED** to develop outdoor lighted displays at Ward Meade Park events. Contact Elsie, 785-256-2920.

facebook

OPEN WEEKENDS SEPT. 27 THRU OCT. 27

FRIDAY, SATURDAY, and SUNDAY!

FIREWORKS EVERY FRIDAY NIGHT!

I family Fun

One pumpkin at a time

Corn Maze, Sunflower Photos, Pig Races, Paintball Shooting

Gallery, Apple Cannons, Pumpkin Patch, Hayrides, Corn Train,

Kid's Games, Unique Eats & Special Events All Season Long!

www.garysfarmfest.com • Grantville, KS 66429 • 785.246.0800

**CONCERNED WOMEN FOR AMERICA MEETING** - Join other concerned people to pray and unite in action for Shawnee Co. and our Nation. For info about monthly meetings: 785-260-5659 or ks.cwfa.org.

**THE HEAT** – FREE fitness classes for the community. Located at Florence Crittenton Services Center for Integrative Health, 5423 SW 7th. www.flocritkansas.org

**DEAF WORSHIP SERVICE** — 3rd Sun., 3pm. Faith Lutheran Church, 17th & Gage. Also, every Sun. 9:30am service is interpreted.

**TAI CHI FOR HEALTH** – Mon. 10-11 at Lowman United Methodist Church and Thu. 9:30-10:30 at Topeka Zoo. No training needed, just watch & follow, Contact Madon Daily at 505-424-8989 or madondailey@gmail.com. To Join from Home via Zoom, contact Madon for the Zoom link.

PICKLEBALL - Mon. & Wed, 1-3pm, First Baptist Church, 3033 SW MacVicar Ave. Park on West Side, where the gym is located. Contact Dave Mathias, davemathias@sbcglobal.net, or Betsy Thompson, betsyjthompson@gmail.com.

SHEPHERD'S CENTER BOOK CLUB - 1st & 3rd Mon. 2-4pm at Westminster Presbyterian Church, 1275 SW Boswell Ave. Call: 785-249-3258 or email shepherdstopeka@yahoo.com for the book of study.

SMS - STRENGTH, MOBILITY, STABILITY EXERCISE GROUP (SMS) Mon. 9-9:30am. Arbor Court. 4200 SW Drury Lane. Tue. & Thu, 9-9:30am, Rosehill Place, 3600 SW Gage Blvd # 97. Tue & Thu. 10-10:45. Grace UMC. 2627 SW Western Ave. Call Anne Crawford at 785-273-4527 or email anne.crawford@cox.net.

SENIOR FIT & FUN PROGRAM - every Mon., Wed., & Fri., 1:30pm, Rolling Hills Christian Church, 4530 NW Hiawatha Place (US Hwy 75 & NW 46th St.) 785-286-0601 or office@rhcctopeka.org

 $\textbf{TOPEKA LIONS CLUB}-1 st \ \mathsf{Mondays} \ \mathsf{at} \ \mathsf{Noon} -1 \ \mathsf{pm}$ at The Capper Foundation, 3500 SW 10th Ave. Park on the North side. RSVP by Fri. for lunch/pay at the meeting. Visitors welcome. TopekaLions.org/contactus to make reservations. WE SERVE!

**BOY'S TRAIL LIFE & AMERICAN HERITAGE GIRLS** TROUPS - Every Mon. 6pm, Cornerstone Comm. Ch., 7620 SW 21st. Faith-based scouting programs, age 5-18. Register: cornerstonetopeka.com. 478-2929.

TOPEKA NEEDLEWORK GUILD - Every Mon. (except holidays) 9a-11a in the Menninger Room of the Topeka Public Library. Bring a project to work on as we share our needleworking skills and ideas. All are welcome

CHRISTIAN HOMESCHOOL CO-OP - Monday's. 1-4nm Lakeview Nazarene 2835 SF Croco Rd Contact info: (785)266-3247, FB: Topeka Lakeview Nazarene

SENIOR ADULT EXERCISE CLASS - Tuesday's 10am, Lakeview Nazarene, 2835 SE Croco Rd. All exercises will be done from a chair, will help you get up out of a chair, & climb stairs safely! Contact info: (785)266-3247, FB: Topeka Lakeview Nazarene

**TOPEKA LINCOLN CLUB** — 1st Mondays at Noon - 1 pm at The Capper Foundation, 3500 SW 10th Ave. Park on the North side. RSVP by Fri. for lunch/pay at the meeting. Visitors welcome. TopekaLions.org/contact-us to make reservations. WE SERVE!

> SUNRISE OPTIMIST CLUB - Every Tue., 6:30am, Sunrise Optimist Complex, 720 NW 50th St. 246-1291.

NARVE (Nat'l Assn of Railroad Veteran Emplovee) - 2nd Tuesday each month at at 9:30AM @ Museum of the Kansas National

Guard, 125 SE Airport Dr, Topeka

MENNINGER BIBLE CLASSES - Tuesdays 11am-12:30. Amerus Room, YWCA, 225 West 12th. A new study group for Year One of Flo Menninger's course on Four Years through the Bible. Read and discuss Genesis through First Kings. Nominal charge for materials. For info call the YWCA at 233-1750 or Clara Gamache at 785-408-5433. (The Bible study is also taught on Sat. mornings on 101.5 FM radio.)

FRATERNAL ORDER OF EAGLES Aerie 4319: 1st & 3rd Tue. 7pm; Auxiliary: 1st & 4th Tue. 6pm, 2941 SE Fremont Street An international non-profit organization uniting fraternally in the spirit of liberty, truth, justice. and equality, to make human life more desirable by lessening its ills and promoting peace, prosperity, gladness and hope, www.foe.com 785-266-7307

**DUPLICATE BRIDGE** - Tuesdays and Thursdays at 12:30PM at The Woman's Club of Topeka, 5221 SW West Dr. Bill Gates and Warren Buffett play duplicate bridge! It is great for your brain health. For additional information email janescola@hotmail.com.

O.W.L.S. (Older Wise Loving Saints) - meets the second Tuesday of the month. Location varies and can be found at www.faithfamilylife.com

MAP GROUP (MEMOIRS, ANCESTRY, PHOTOS) - VIA ZOOM - 4th Wed. 10-11:30am. Contact Rich McReynolds at rlm4017@gmail.com. Via Zoom link

FAMILY HISTORY WRITING GROUP - 2nd Wed. 10-11:30am. Lowman United Methodist Church, room 12. Do you have great family stories to tell and want to pass them down to the next generation but don't know where to start? shepherdstopeka@yahoo.com

S W A G (Spiritual Warriors Applied by God) youth group - Wed at 7:00 p.m. 3710 NW Topeka Blvd.

AWANA - Every Wed., 6-8pm, First Southern Baptist Church, 1912 SW Gage Blvd. Bible based program for children & youth ages 3-HS. For info: 272-0443.

AWANA - Every Wed., 6:30pm, Bethel Baptist Church, 4011 N. Kansas Ave. Bible based program for children & youth ages 3-HS. For info: 286-0467.

AWANA - Every Wed., 6:30-8pm, Auburn Christian Church. Bible based program for children & youth ages 3-HS. For info: 256-2515.

VIP LUNCHEON FOR SENIORS - Every Wed., 10:45 Bible Study and meal at Noon, Topeka Church of the Brethren, 3201 NW Rochester Rd. (1 mile north of Dillon's North). FREE lunch with Christian fellowship, devotions & entertainment provided by Topeka North Outreach Free will donations accepted For info- 785-224-8803 or vip@topekanorthoutreach.org.

STUDENT IMPACT - Every Wed., 6-8pm, First Southern Baptist, 1912 SW Gage Blvd. Youth games, teaching, worship, small groups. For info: 272-0443.

CHRISTIAN CHALLENGE - Every Thurs. 7-9pm, First Southern Baptist, 1912 SW Gage Blvd. Worship for college students.

TOPEKA TWILIGHT LIONS BRANCH CLUB - 3rd Thursdays at 7pm at Lakeview Church of the Nazarene, 2835 SE Croco. Social gathering, guests welcome. Topekalions.org

TOPEKA COSMOPOLITAN CLUB: The Club that fights Diabetes -- Meetings: first three Thursdays of every month, 12 noon, at the Topeka Country Club.

INTENTIONAL MOM - 1st & 3rd Thurs.. 9-11:30am. Topeka Bible Church Auditorium, 1135 SW College. For all moms, helping to be intentional! 234-5545.

OPERATION BACKPACK - 1st Thurs., 6pm, Indian

Creek Elementary School, 4303 NE Indian Creek Rd. Volunteers assemble Weekend Snack Sac for low-income students. No assembly in Augu Sponsored by Topeka North Outreach: 286-1370.

LINE DANCING - 2nd & 4th Thu. 1:30-3:30 at First Baptist Church, 3033 SW MacVicar Ave. Contact Karen Botkin at 785-945-6785 or Jim Baer at 785-256-2432 or iimbaer/3@gmail.com to register.

BRIDGE GROUP - 1st & 3rd Thu. 1-3:30pm, at Our Savior Lutheran Church, 2021 SW 29th St. To play, arrangements must be made by Mon. 5pm with Joan Arterburn at 408-5174.

TOPEKA GENEALOGICAL SOCIETY — 4th Thurs., 7pm, Topeka Shawnee County Public Library, 1515 SW 10th St. No program in Nov. or Dec. Promotes & stimulates the education, knowledge & interest of the membership & the public in family history, genealogical records & research. 233-5762 or tgstopeka.org.

KINGDOM ADVISORS TOPEKA AREA STUDY GROUP -3rd Thu., 11:30am-1pm via Zoom. Christian financial professionals: financial planners, accountants, attorney's & insurance agents invited. For info: kingdomadvisors.org or Jim Hanna, james.c.hanna@ampf.com or 785.357.6278 x19.

TOPEKA (Downtown) OPTIMIST CLUB - Every Fri., noon. Serving the youth of Topeka. Anyone welcome. For info: 272-1099 or fostern60@yahoo.com.

A GOOD YARN CLUB - 2nd & 4th Sat., 9-11am, Wanamaker Rd Baptist Church, 2700 SW Wanamaker. Doing Good for Others: Knitting & Crocheting for Local Charities, free yarn, needles, hooks & patterns. All are welcome. Info: Anne, 785-272-9249 or kittens812@sbcglobal.net

TOPEKA GEM AND MINERAL SOCIETY - 4th Fridays, 7:15pm. 1st Congressional Church. 1701 SW Collins.

BIBLE QUIZZING — 1st Sat. Learn God's Word & have fun with area Christian youth age 9-19. YFC/YEA style quizzing & rules. 913-593-6427 or biblequizzer.org.

**MONTHLY SCORE MEETING** — 1st Sat., 8-9:30am, Washburn Tech, 5724 SW Huntoon (enter east doors facing Huntoon). No RSVP or fee is required. Small business owners are invited to a Breakfast Roundtable discussion with members of SCORE (Service Corps of Retired Executives). Info: 234-3049.

**TOPEKA GREAT LIGHT AGLOW** — For info contact Vickie Lynch at greatlighttopeka@gmail.com.

## SUPPORT GROUPS

**HOPE AND HEALING ACADEMY** harnesses the power of horses to transform the human spirit. For info: 785-224-4232 or www.hopeandhealingacademy.com.

OVERCOMER'S OUTREACH ANONYMOUS RECOVERY **SUPPORT GROUP** – Mondays 6:30-7:30pm, at Be Filled Of South Topeka, 200 Airport Rd, Bldg. 818 Suite 1. Led by Pastor Bill Ritchey. 785-817-2802

BINDING UP THE BROKEN HEARTED - Sessions offered for women who suffer from the after-effects of abortion. All the women who lead these sessions have had an abortion and have received healing from God's Word. For info, contact local Healing Hearts representative Shelly Brush, First Southern Baptist Church at shelly b@healinghearts.org. All communication is confidential and secure.

MIDLAND CARE GRIEF SUPPORT Groups: Building A. 200 SW Frazier Circle; Every Mon., 4-5pm: 12 Week Adult Group for Recent Loss 1st and 3rd Thu., 10:30am & 5:30pm—Ongoing Adult Group 1st and

3rd Thu., 5:30pm: Ongoing Young Adult Group (4-18 years of age) For All Groups: Call for start dates and info packet. Group and individual grief support available upon request. Info: 785-232-2044 ext.341

CAREGIVER SUPPORT GROUPS - Jayhawk Area Agency on Aging provides an opportunity for caregivers to get together and share their ideas and feelings. 2nd Monday, 3:30pm, Topeka public library, Anton Rm. <u>3rd Friday</u>, 12 noon, Jayhawk Area Agency on Aging, 2910 SW Topeka

Send your calendar events to voice@cox.net See complete calendar at metrovoicenews.com





11 am - 2 pm Games, Food, and

October 12

Family Fun as we Celebrate God's Provision!

Highland Heights Christian Church 29th & Tecumseh Rd • 785-379-5642

16 • October 2024 — MetroVoiceNews.com — Facebook/MetroVoiceNews — Topeka Metro Voice

# entertainment

# What to know about season 5 of "The Chosen"

More than 100,00 people worldwide have contributed to pay for the fifth season of "The Chosen." The next season will tell the story of Jesus' triumphal entry into Jerusalem in the days before his death and resurrection.

"Season five is fully funded because more than 100,000 people from around the world gave to make season five of this groundbreaking series possible," said Stan Jantz, CEO of Come and See. "The extraordinary generosity we witness daily is inspiring, because it enables us to continue making the authentic Jesus known to the world, one episode at a time."

The Come and See Foundation is a partnering ministry that raises money for production, translation and global distribution. One of its goals is to keep the series available for free. The first four seasons of "The Chosen" are available on the series' official app, which is available in more than 50 languages.

Jantz said the ministry's goal is to "present the greatest story of the greatest person to the greatest number of people in a language they know best. The momentum we're seeing behind this movement is like no other as the world responds to the story of Jesus through



the series.

Creator and director Dallas Jenkins thanked fans for their support.

"The only reason I'm able to focus on show running 'The Chosen' is because viewers continue to give to Come and See," Jenkins said. "And even more beautiful is the impact the show is having all over the world because of Come and See's work in keeping the show free and translating it into so many languages."

In an interview with Variety, Jenkins stated the latest season will include "a lot of truth bombs, a lot of mic-drop moments" from Jesus, said Jenkins. "This is actually going to be a season that is in

some ways kind of cool and kind of fun, even though (the viewers) know what's coming and it's definitely got a lot of weight over it. But we just couldn't have three seasons in a row with nothing but pain and loss and misery."

"Season 5 is kind of the kick-butt moments before Season 6, where we're not going to shy away from the misery," Jenkins continued.

Jenkins previously said season five will include the triumphal entry into Jerusalem, the overturning of moneychanger tables by Jesus and Jesus' interactions with the Pharisees in the temple.

The season could be released as early as winter 2025.

# 7 Must-See Family Movies Streaming



The vibrant green leaves of summer are turning picturesque shades of red, orange, and gold as families embrace the crisp air. And when the weekend rolls around this month, many families will gather on the couch to enjoy a relaxing movie night. Thankfully, the major streaming services are offering plenty of new titles. Here are seven new family movies now streaming.

## 1. Sonic the Hedgehog (Netflix)

A lightning-fast blue hedgehog from another world teams up with a smalltown sheriff to stop the villainous Dr. Robotnik (Jim Carrey), who is determined to capture Sonic and harness his extraordinary speed for his own sinister plans of world domination. This entertaining, live-action film is rated PG for action, some violence, rude humor, and brief, mild language.

# 2. Paul Blart: Mall Cop/Paul Blart: Mall Cop 2 (Netflix)

A quirky security guard, Paul Blart (Kevin James), bravely defends his mall from a group of thieves (Mall Cop) and later (in Mall Cop 2) he faces a new criminal plot while attending a security convention in Las Vegas. This pair of comedies offers mostly family-friendly humor for children, tweens, and teens. VidAngel and Clearplay offer filters for those who have concerns. Rated PG.

# 3. Dude Perfect: A Very Long Shot (ESPN, ESPN+)

This 30 for 30 documentary chronicles the journey of five college friends—Tyler Toney, Coby Cotton, Cory Cotton, Garrett Hilbert, and Cody Jones—who turn their backyard trick shots into a global sports-entertainment phenomenon. The documentary spotlights their Christian faith as it follows their attempt to make a basketball shot from the top of the Las Vegas SkyPod Tower. It includes mild language.

## 4. A Harvest Homecoming (Great American Family/Pure Flix)

A teacher returns to his hometown of Chestnut Hollow, Texas, for a temporary job, only to develop feelings for the new manager of his family's apple orchard. As their connection grows, he starts to reconsider his plans and is drawn into the charm of small-town life and the budding romance. Staring Trevor Donovan and Jessica Lowndes.

# 5. The Rings of Power, Season 2 (Prime Video)

An Elven warrior named Galadriel embarks on a perilous journey across Middle-earth, driven by her determination to hunt down the dark forces that threaten her people. Set thousands of years before the events of The Lord of the Rings, The Rings of Power follows the rise of evil and the forging of the powerful rings. It is based on the popular novels by J.R.R. Tolkien and their appendices. Due to scary images and violence, this series is not appropriate for young children. TV-14.

## 6. Inside Out 2 (Disney Plus)

A 13-year-old girl named Riley navigates the turbulence of adolescence as her new emotions, Anxiety and Embarrassment, learn to coexist with her triedand-true emotion, Joy. Inside Out 2 is a sequel to the 2015 blockbuster and follows Riley as she travels to hockey camp with her friends Bree and Grace during her journey through puberty. It's a fun, kid-friendly movie with solid messages about family. Rated PG for some thematic elements.

# 7. Lifemark (Great American Pure Flix)

An 18-year-old teenage boy named David must confront his past when his birth mother unexpectedly seeks to reconnect. Eventually, he travels to meet her while accompanied by his adoptive parents. This life-affirming Kendrick Brothers movie has enjoyed worldwide success, ascending into Netflix's Top 5 in roughly a dozen Latin American countries this summer. It's a faith-based film that's rated PG-13 for thematic material. It's one of several faith-based movies launching on Great American Pure Flix. Others: 47 Days With Jesus, An Interview With God, Birthright Outlaw.

# Rock singer uses platform to share message of God's love

The lead singer of the rock band 3 Doors Down paused at a recent concert to tell the audience that God loves them. Before singing the band's song "Away from the Sun" at Hersheypark Stadium in Pennsylvania, Brad Arnold addressed the audience.

"I feel like I can identify with this song more

than most of our songs," he said, calling "Away From the Sun" his favorite of the band's ballads. "This world surrounds by a message we'll never be good enough, we'll never be strong enough, we'll never be beautiful enough, we'll never be rich enough."

Arnold wasn't done there, calling out a "lie" he believes is perpetuated on social media and in other facets of



life: that we will never be truly loved and that we will never "win."

"My friends, I just want to take a second to tell you — that's an absolute lie," he said. "You are loved. You are enough, and you will win. Not only can you win, but you will win. You'll always be enough for one reason, and that's because Jesus Christ loves you."

Despite the daily failures and strug-

gles each person faces, Arnold said each individual is still deeply loved by God. He then proclaimed, "Repeat after me: I am the one that Jesus loves."

These proclamations were met with cheers and claps, with the audience repeating his words.

Other online videos and posts show Arnold is

no stranger to sharing his faith on stage, with the singer offering similar statements during other 3 Doors Down shows. He's also vocal about his faith on social media.

"Many prayers for all the kids headed back school," he wrote in a recent Instagram post, sharing an image with text from Deuteronomy 31:6. The verse reads, "The Lord your God goes with you."

Hollywood.

with other people," he told "Beliefnet."

who defied the odds in the 1950s by

the San Felipe Mustangs, went on to be-

come state champions and, in 2012, were

inducted into the Latin American Inter-

"Lee Treviño was one of the first

Latino golfers on the PGA Tour in the late

50s, early 60s, and this is his story," Quaid

said. "He grew up in that era and had to

fight through a lot of discrimination. But

he transcended it; his talent was undeni-

able. It's through sport, a lot of times, that

different cultures really attain the Amer-

member of the country club and World

War II veteran, who helps the golf team

find success. Despite battling his demons,

including a drinking problem, Mitchell

finds his purpose, deeply inspired by the

dedication and resilience of the five

Quaid portrays Frank Mitchell, a

national Sports Hall of Fame.

ican dream."

young golfers.

"That's what 'The Long Game' does."

# **Mother Church of Country Music** traces its history to religious revival

----- MetroVoiceNews.com -

The Ryman Auditorium in Nashville, the original home of the Grand Ole Opry, also is known as the Mother Church of Country Music. The music venue began as a church and still is home to many Christian events.

It began with the Rev. Samuel Jones, an evangelist who came from Georgia to Nashville in 1885 for a revival sponsored by local churches under a huge tent. Jones began denouncing Nashville residents for ignoring what he believed where the sins of the time, everything from baseball and bike riding to prostitution, gambling and dancing. Worst of all for the reformed alcoholic: drinking.

Tom Ryman, a wealthy riverboat captain who served whiskey in his

steamship line, took offense. So, he rounded up a group of his friends to attend the revival and beat up Jones. Instead, the story goes, after one sermon, the preacher convinced him to give his life to God. Ryman stopped selling alcohol on his ships; he wouldn't even christen steamships with champagne and instead used jugs of water.

He also began to dream about building a house of worship in Nashville for religious gatherings so evangelists like Jones could

have a place to preach. Through his funding and with the help of donations from the community, the Union Gospel Tabernacle officially opened on May 4, 1892, with a music festival. After Ryman's death, it was renamed after him, and it went on to become revered as one of America's leading music ven-

"What was built as a religious meeting place for Nashvillians," the auditorium says on its site, "became a different type of sanctuary that grew bigger than Ryman ever imagined."

For its first two decades or so, it was a hybrid gathering place hosting religious leaders and some of the biggest names in ballet, opera and theater. It became known as the Carnegie Hall of the South. It went on to host meetings of the Southern Baptist Convention, memorable performances by big names such as comedian Charlie Chaplin and magician Harry Houdini, and appearances on stage by President Teddy Roosevelt and the Rev. Martin Luther King Jr.

The venue also became known for its acoustics beloved by artists. "It's Ryman Auditorium's roots as a church that re-



sulted in its impressive acoustics," the Ryman's site says, "as the auditorium was constructed to project the voices, songs

and instruments of weekly church serv-

It also became the home of the Grand

Ole Opry — the most famous country music and entertainment show of its

> opry left, the Ryman was vacant for nearly two decades and fell into disrepair. It was restored thanks to donations by artists and members of the community and reopened in the 1990s. It now has a seating capacity of 2,362.

Today, music travel to the • Ryman from across America and sit on its pews. It's lovingly known as "the Soul of Nashville." "It definitely has a soul feel," a tourist from Massachusetts said. "And I don't be-

lieve it's just because of the musical acts that have been there, but there's a palpable energy, for sure."

time — from 1943 to 1974. After the

The film was released in theaters nationwide earlier this year. The film was di-



Dennis Quaid movie provides hopeful message

rected by Julio Quintana and released by

Mucho Mas Media and Bonniedale Entertainment, Quaid's production company named after his mother.

"We wanted to do films that were inspiring and aspirational, about underdogs and American dreams, and this fit the bill," he said. "After watching, I want people to be entertained, for their hearts to feel good, to feel better about themselves and this great country of ours."

Quaid recently released a gospel album, "Fallen: A Gospel Record for Sinners," which he said illustrates his desire to bridge the gap between the sacred and the secular. This year, he also appeared in "Reagan," the first full-length feature on the 40th president of the United States.





- MetroVoiceNews.com

# **How to Prep Your Home for Cooler Weather**

As the leaves begin to change and temperatures start to drop, it's time to start thinking about preparing your home for the cooler months, projects that provide high ROI. With a few simple steps, you can ensure your haven of comfort stays warm, inviting and energy-efficient throughout fall and winter

Consider these home projects from the experts at Westlake Royal Building Products – a leader throughout North America in innovation, design and production of exterior and interior building products including siding, trim, mouldings, roofing, stone, windows, outdoor living and more – based on Zonda's 2024 Cost vs. Value Report to get your home ready for the cooler seasons.

### Upgrade Your Garage

New garage doors typically come

Time to change your filters!

with energy-efficient features and advanced security measures but are also relatively low-cost updates compared to the significant perceived value and resale benefits. In fact, replacing a garage door boasts a 193% return on investment, according to the report. Pairing new garage doors with updated trim can also offer a tight seal from exterior elements such as wind, snow and

### Insulate for a Warmer Interior

Insulated siding can play a crucial role in enhancing your home's thermal performance. By providing an additional layer of protection, it helps reduce heat loss, ensuring your home remains warm and your energy bills stay manageable. Plus, according to the report, vinyl siding replacement

(5% Off Parts)

Coupon Exp. Mar. 31, 2025



has an 80.2% return on investment. An option like CraneBoard Solid Core Siding from Westlake Royal Building Products offers superior durability and insulation. Its solid core construction provides added strength and impact resistance while also contributing to better energy efficiency. In addition, the solid core reduces external noise and is designed to endure extreme weather conditions

### Leak-Proof Your Home's Windows

Windows can be substantial energy drainers and let warmth out when they're not properly sealed. If you notice a draft coming in around your windows, sealing cracks or gaps with aesthetically pleasing trim can make a significant difference in keeping the heat in and chilly air out. For extreme drafts, consider replacing windows altogether, which can provide sellers with an average 67.1% return on vinyl window replacement, according to the report.

### Shield Your Roof

Your roof is your home's first line of defense against the elements.

Downing Septic & Grease Cleaning Check for damaged shingles or tiles and make necessary repairs to prevent leaks. If a roof replacement is needed – which provides a 56.9% return on investment using asphalt shingles, according to the report – consider incorporating a high-quality roofing underlayment to provide an extra layer of protection against water, heavy snow and ice. For example, Sol-R-Skin BLUE, an external insulating underlayment from Westlake Royal Building Products, comple-

ments steep slope roofing. This underlayment serves as a secondary water protective layer, energy-saving radiant barrier and above-deck roof insulation blanket that is all-in-one. It incorporates an anti-glare coating in cool blue, making it easier and safer to install than alternative shiny radiant barrier options.

To learn more about high-performance products for your home, visit WestlakeRoyalBuildingProducts.com

- Family Features









# sports

# Former Super Bowl MVP Nick Foles retires from NFL, speaks of joy of fatherhood



Nick Foles played 11 seasons in the NFL with the Philadelphia Eagles, St. Louis Rams, Kansas City Chiefs, Jacksonville Jaguars, Chicago Bears and Indianapolis Colts. He was selected in the third round of the 2012 NFL Draft by Philadelphia, and in his second season led the NFL in passer rating (119.2) and tied an NFL record with seven touchdown passes in a game against the Oakland Raiders.

In 2017, Foles stepped in for injured starting quarterback Carson Wentz and led the Eagles to their first Super Bowl victory. He took home the Super Bowl LII MVP honors as Philadelphia beat New England, 41-33.

Foles posted on X:

"After much thought and prayer, I've decided to retire from the NFL.

It's been an incredible 11-year journey filled with unforgettable moments and amazing people. From being drafted by the Eagles to winning the Super Bowl, every step has been a blessing.

"I'm excited to spend more time with my family and embrace the next chapter of my life. Thank you to all my teammates, coaches, team staff, and fans for your unwavering support. I am forever grateful."

After Foles announced his retirement a few weeks ago, he was honored by the Eagles, and he expressed the special connection he feels to the team and its fans.. Foles has also been involved with his DadSzn project, which celebrates fatherhood, and he looks forward to pursuing ministry and growing in his faith.

-sportsspectrum.com

# Auburn's starting QB keeps his faith in Christ 'No. 1'

As Auburn readies itself for the start of the college football gauntlet known as SEC conference play, it appears as if the Tigers may have found their quarterback of the future.

Redshirt freshman Hank Brown was given the start against New Mexico, the first start of his collegiate career, and he thoroughly impressed in Auburn's 45-19 victory.

Brown completed 17 of his 25 passing attempts for 235 yards,

four touchdowns and no interceptions. One of his two third-quarter touchdown passes came when he rolled out of the pocket and, under heavy pressure, rifled a pass to tight end Micah Riley in the back of the end zone.

Brown was interviewed on the field by ESPN moments after the game, and instead of talking about himself leading his team to a win in his first career start, he pointed to his Heavenly Father.

"Honestly, to God be all the glory," he said. "Our (team's) theme this week was, 'Soli Deo Gloria' and it means, 'God gets all the glory."

It is a Latin phrase that became a central refrain of the Protestant Reformation. Brown continued: "Going into this game, it's special because everything that we have is a gift from God. So I just want to give Him the glory."

In his press conference following the game against New Mexico, second-year Auburn head coach Hugh Freeze had already decided to name Brown as the starter.

A native of Nashville, Brown played high school football for former Super Bowl-winning quarterback Trent Dilfer at Lipscomb Academy. Brown was used sparingly as a junior, but he committed to Liberty University when Freeze was the head coach there. Following a break-



out senior season in which he led Lipscomb to a state championship, Brown was persuaded by Freeze — Auburn's new head coach — to switch his commitment to the Tigers.

"I've always felt like he had this 'it factor' to him as an individual," Freeze told AL.com on Monday."... I've always had this kind of sneaking belief that he had something to him, and now we're getting ready to find out at what level."

Brown was a true freshman last season and made his only appearance in Auburn's 31-13 loss to Maryland in the Music City Bowl, completing seven of nine passes for 132 yards. He was named the backup to begin 2024, yet after Payton Thorne struggled in Auburn's Week 2 loss to California, Freeze made the switch to Brown.

Freeze found true forgiveness in the grace of God after a series of moral failures led to his firing at Ole Miss, and since his return to coaching with Liberty in 2019, he has heavily incorporated his faith into the way he's managed his teams.

Freeze's unashamed reliance on God's grace and the faith-based pro-

gram he runs are two of the factors that made Brown want to play for Freeze. The two share not only a love for football but also a deeprooted faith in Jesus.

Brown sports a tattoo on his right biceps which cites the Bible verse Acts 20:24, which reads, "However, I consider my life worth nothing to me; my only aim is to finish the race and complete the task the Lord Jesus has given me—the task of testifying to the good news of God's grace."

Brown cites the same verse in his Instagram bio, while in his X bio he cites Jeremiah 29:11.

"I try to keep my Lord and Savior Jesus Christ at the center of my life, and it's something that correlates into my entire life," Brown said a year ago on the "Locked On Auburn" podcast. "As far as football goes, I'm playing football and God's put me in this situation to glorify and honor Him and to use my platform to do that.

"This is a great opportunity to pour into my teammates. Any praise or glory that I get, it's not me. God has blessed me with what I have."

With Freeze's blessing, Brown took the lead last year as a true freshman in beginning a team Bible study, and he's been thrilled with the Christian mentors he's surrounded himself with around campus and around the Tigers' locker room.

"No. 1 for me is my faith and everything correlates around that," Brown said on the podcast. "That's a huge part of my life, and I'm trying to exemplify that — love others the way that Jesus loves."



Hiawatha Halloween Frolic, founded in 1914, is considered to be the oldest, continuous Halloween parade & frolic in the USA. The event will be held October 31 on Main Street in Hiawatha, Kansas, with activities, food & vendors around the courthouse square. A Children's Costume Contest has a 12:00pm registration, with judging starting at 1pm. A Business Costume judging will be in the morning to early afternoon.



The Children's parade registration and line up will begin at 1:00 at the cor-

ner of Utah and 6th St. Judging begins at 1:30 and the Children's Parade starts at 3:00 pm.

The evening Grand Parade registration and line up will begin at 4:00 pm. Hiawatha High School Marching Band will perform at 5:45 pm at the Grandstand on Oregon Street in front of the courthouse. Halloween Queen Crowning is at 6:00 pm at the Grandstand, and the 110th An-

nual Grand Halloween Parade begins at 7:00pm.



# 0+ Lifestyles A Guide to Enjoying Life in the Best Years

# How to Get the Health Care You Want and Need

# Older adults speak out about aging

Older adults in America often face a harsh reality when it comes to health care. While Baby Boomers are living longer than prior generations, they are more likely to struggle to get the care they need due to financial challenges, hard-to-navigate health insurance coverage and widening gaps between who receives highquality care and who doesn't.

They're now speaking up about how the health care system isn't listening to them. Older adults want care that adds life to their years, not just years to their life, according to research from Age Wave and The John A. Hartford Foundation. Just 1 in 10 older adults surveyed gave the U.S. health care system an "A" grade, and 4 in 5 (82%) said it is not prepared for the evolving needs of America's aging population.

"The United States is on the brink of an age wave of unprecedented proportions, and American health care requires a radical and immediate rethink to match our health spans – being able to live every year to its fullest – to our lifespans," said Ken Dychtwald, founder and CEO of Age Wave.

Older adults' top concerns in-

- Health span matters more than lifespan: 97% of older adults agree being healthy means being able to do the things they want to do throughout their
- Affordability: 68% of older adults are concerned about being able to afford future health and long-term care needs like nursing home care.
- Talking about what matters: More than 40% of older adults who have a health care provider are not being asked what matters to them regarding their health by their clinicians.

"It's important for people to know they can demand agefriendly care," said Terry Fulmer, president of The John A. Hartford Foundation, "Clinicians can

make changes to better provide care that's based on what matters most to their patients. It's a winwin for older adults and providers."

## 3 Ways to Get the Care Older Adults Need

Older adults who receive agefriendly care, or care that prioritizes their preferences, are more likely to report having a good health span than those who do not. They're also more likely to remain socially and physically active and follow a healthy diet.

There are tools to help older adults get age-friendly care:

1. Check if local care providers offer age-friendly care, and if they don't, ask "why not?" Agefriendly care is offered in more than 4,000 care settings across the country. Use an online tool to find an age-friendly hospital or practice johnahartford.org/agefriendly.

# 2. Talk to clinicians about care preferences using the 4 M's.

What Matters: As people age, their care needs may change. Use an online guide to identify health priorities and start discussions with care providers.

- Medication: Ask about the side effects of prescriptions using a tip sheet.
- Mind: Learn about the signs of memory decline and what to do about it.
- Mobility: Create an activity plan to help you keep moving and stay healthy.

For more information about how older adults view health care and resources to get needed care, visit www.johnahartford.org.

- Family Features





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# Guard Against COPD at Every Stage of Life



Take a deep breath. Now ask yourself: When was the last time you thought about breathing? For people with chronic obstructive pulmonary disease (COPD), breathing is often front of mind because it can be difficult, and it gets worse over time.

There is no cure yet for COPD, but experts from the National Heart, Lung, and Blood Institute (NHLBI) recommend these strategies to protect your lung health at every age.

# Younger Adults: Prevention is Key

COPD is less common in younger adults, but it's never too early to protect your lungs. The most important way to prevent COPD is to not smoke. According to the Centers for Disease Control and Prevention, about 75% of people with COPD have a history of smoking. Smoking isn't the only risk factor for COPD. Exposure to secondhand smoke, air pollution, chemical fumes or dust from the environment or workplace can also increase your risk. If you breathe in lung irritants at work, talk to your employer about how to limit exposure.

People with a genetic condition called AAT (Alpha-1 Antit-

rypsin) deficiency, sometimes known as Alpha-1, may have COPD-like symptoms as early as age 20. If you have symptoms or a family history of COPD, talk to your health care provider about being tested for AAT deficiency.

"It's a simple, quick and highly accurate test that could improve the lives of some people with COPD," said Dr. Mihaela Stefan of the NHLBI.

# Middle-Aged Adults: Know the Symptoms and Seek Help

Most people are 40 or older when COPD symptoms start. Symptoms include shortness of breath, coughing, wheezing, chest tightness and fatigue. These are not just signs of getting older, and they're not the same as seasonal allergies.

If you have symptoms, ask your health care provider if you should be tested for COPD. Discuss your smoking habits, family history of COPD and long-term exposure to lung irritants. Your health care provider may recommend lung function tests or imaging to diagnose COPD.

If you smoke, get help to quit. You don't have to go it alone. Family, friends, your health care provider and support groups can all lend a hand.

## Older Adults: Take Steps to Manage COPD

Older adults are at greater risk of COPD. If you've been diagnosed, follow your treatment plan and take medicines as prescribed.

Lifestyle changes can help people with COPD breathe better. Talk to your health care provider about pulmonary rehabilitation, a personalized treatment

program that teaches COPD management strategies. Ask about an eating plan that will meet your nutritional needs and what types of physical activity you can safely do. Stay up to date with vaccinations against flu, pneumonia and COVID-19.

If you smoke, quitting is the best thing you can do to slow the progression of COPD and is an important part of COPD treatment plans. Ask your provider about options for quitting.

At any age, taking care of your lungs is crucial. Learn about COPD from Learn More Breathe Better® at copd.nhlbi.nih.gov.

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HOW TO GET TO HEAVEN

More important than living in KANSAS is where you will live forever. Just as you would look at a map of KANSAS to find your way, so you must look at the Bible to find your way to heaven. The Bible says, "Narrow is the way, which leadeth unto life, and few there be that find it." (Matt. 7:14). Jesus said, "I am the way, the truth, and the life: no man cometh unto the Father, but by me." (Jn. 14:6). Jesus is the only way to Heaven and He gave these directions on getting there.

1. Realize you are a sinner. Everyone starts the same place spiritually. "For all have sinned and come short of the glory of god." (Rom. 3:23). Sin's penalty keeps you out of Heaven and condemns you to Hell, separating you from God. Romans 6:23 says, "The wages of sin is death." Sin brings both physical & spiritual death. "And death and hell were cast into the lake of fire. This is the second death." (Rev. 20:14).

2. Realize Jesus paid the penalty. Jesus Christ's death, burial, and resurrection provided a way for you to go to heaven and restore your relationship with God. "But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us." (Rom. 5:8). Since Jesus, God's Son, was the only One who could pay for our sin, He is the only Way to Heaven.

3. Repent of your sin and receive Jesus as your Savior. In order to go to Heaven from KANSAS, or anywhere else, you must accept Christ by calling on Him in prayer. He tells us in Romans 10:13, "For whosoever shall call upon the name of the Lord shall be saved." Use the following prayer, or one similar to it, to receive Him now:

Dear Lord Jesus, I know I am a sinner. I believe that you died and rose again for me. Please forgive me of my sin, become Lord of my life, and take me to heaven when I die. I am trusting you completely, and in nothing I can do. Thank you Jesus! Amen.



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785-379-5642 Sunday Services: 8:30 and 10:00 AM 2930 SE Tecumseh Road Tecumseh, Kansas 66542 www.highlandheightscc.com Jars of Clay Children's Ctr 785-379-9098

### 2. CHRISTIAN CAVALRY MINISTRIES INT.

Pastor Beaux Bryant Call about new meeting location for current services. 785-224-5419 • www.church4bikers.org Sun. School 9:30 am Sun. Service 10:45 am Wed. Prayer & Bible Study 7pm

### 3. TOPEKA BIBLE CHURCH

1101 SW Mulvane St., Topeka 785-234-5545 Worship: 9:00 & 10:30 am Livestream at 9:00 am Sunday School & Bible Studies: 9:00 & 10:30 am www.discovertbc.com

### 4. BETHEL BAPTIST CHURCH

4011 N. Kansas Ave, Topeka 785-286-0467 Sunday School at 9:30am Worship at 10:30am Livestream on Youtube at 10:30am www.betheltopeka.org

### 5. INDIANA AVENUE CHURCH OF CHRIST "Grace has dispensed, because Grace

has redeemed" 3510 SE Indiana Ave., Topeka, Ks. 66605 785-266-7788, www.lndianaavecofc.org Bible University – Sunday - 9:30 a.m. Classes for all ages. Morning Worship – Sunday – 10:45 a.m. Midweek Bible University – Wed. – 7pm

### 6. FIRST SOUTHERN BAPTIST

1912 SW Gage, Topeka, KS 272-0443 www.fsbctopeka.org Sunday Services: 8:30 AM Traditional Worship 9:45 AM Bible study--all ages 11 AM Contemporary Worship

### 7. TOPEKA BAPTIST CHURCH

"Finding NEW LIFE in CHRIST" Sunday Worship 9:15 & 10:45am, 6pm ~ Sunday School for all ages ~ 4500 SW Gage Blvd., Topeka 785-862-0988 www.topekabaptist.org

### 8. WANAMAKER ROAD BAPTIST CHURCH

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### 9. GRACE COMMUNITY CHURCH

310 E 8th St (E. US 56 Hwy) Overbrook, KS; 785-670-6456 Elvin Dillard, Senior Pastor Sunday School 9 am; Worship 10 am www.gccinoverbrook.com office@gccinoverbrook.com

### 11. COMMUNITY CHURCH

1819 SW 21st St., Topeka 233-3537 www.CommunityTopeka.com info@CommunityTopeka.com Sun. 8:30am - Sunday School for all ages Sun. 10:00am - Worship & Word Sun. 10:00am Youth Service ~ Nursery care for all services ~

### 12. LAKEVIEW CHURCH of the NAZARENE

2835 SE Croco Road (785)266-3247 Rob Self, Senior Pastor Facebook: Topeka Lakeview Nazarene Sun. 9:45am: Sunday School all ages Sunday 10:45am: Nursery, Children's Church, & Worship Wed.: Prayer, Bible Study, & Discussion 7-8pm

# Kids J.A.M. 'Jesus & Me!' 7-8pm 13. WANAMAKER WOODS NAZARENE

3501 SW Wanamaker Rd • 273-2248 www.wwnaz.org Sun. Worship: 9am (Hymns) & 11 am Children's Worship 9 & 11 am Sunday School 10 am, all ages Sun. Evening Various Children's Programs 6 pm Life Groups; 6:30 pm Teen Service Wed. 6:30 pm Adult & Teen Life Groups Wed. 6:30 pm Kids University ~ Nursery care at all services ~

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## 16. HOUSE OF THE LORD CHURCH

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### 17. EAST SIDE BAPTIST CHURCH

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### 20. HERITAGE BAPTIST CHURCH

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# News Briefs From Around the World: Eating Geese, Trump Death Threats, Foster Care issues



News Briefs you may have missed over the last couple of weeks:

# Are Haitians eating geese in Ohio?

President Donald Trump repeated claims made by Ohio residents that Haitians are killing and eating geese. While national media outlets labeled it false, the state's Attorney General Dave Yost says Trump's claims are backed by credible evidence. "There's a recorded police call from a witness who saw immigrants capturing geese for food in Springfield. Citizens testified to City Council," Yost posted on social media. He said those people "would be competent witnesses in court." A photo of a Haitian carrying a dead goose in nearby Columbus was confirmed as authentic, according to Yahoo News. Governor Mike DeWine, stated, "We'll probably continue to investigate it because that would be hunting out of season when you look at the date when that took place." Residents of Springfield have launched a recall effort for all members of the city council.

# U.S. briefs Trump on 'specific' Iranian threats to his life

U.S. intelligence officials briefed former President Donald Trump this week about "real and specific threats from Iran to assassinate him in an effort to destabilize and sow chaos in the United States," the Republican nominee's campaign stated on Tuesday evening.

The "continued and coordinated attacks have heightened in the past few months," according to intelligence officials, and "law-enforcement officials across all agencies are working to ensure President Trump is protected and the election is free from interference," stated Steven Cheung, communications director for the campaign speaking of the threats.

"Make no mistake, the terror regime in Iran loves the weakness of Kamala Harris, and is terrified of the strength and resolve of President Trump," Cheung added. "He will let nothing stop him or get in his way to fight for the American people and to make America great again." –JNS.org

Near-Death Incidents Reported at

### Kansas Foster Care Office

TOPEKA, Kan. (The Beacon) - More troubling reports about the Kansas foster care system. This year, emergency crews rushed to a Topeka foster care facility two times to save the lives of children. The Beacon reports that poor supervision at foster care offices has become a problem. One child took muscle relaxants and was overdosing. Another child found glass and cut their arms and neck. The incidents happened at a KVC Kansas office in Topeka in May and June. Foster care agencies can't comment on individual cases, so it's difficult to know how often employees at the private agency checked on the children in their care or how many staff members were watching them.

Linda Bass, with KVC Kansas, told lawmakers that the state needs to invest more in prevention services to keep kids out of offices. "Maybe there is still a perception out there that we have three, four, five (and) eight-year-olds in the office. We do not," she said. "We have teens that have come into care because their parents were overwhelmed." The state doesn't publicly report when kids nearly die in state care, so it remains unclear how often this happens.

## Number of Tourists Visiting Kansas Grows Past Pre-Pandemic Levels

WICHITA, Kan. (KMUW) - The number of tourists in Kansas and how much they spent grew past pre-pandemic numbers last year, according to a new report. KMUW reports that the state had about 38 million visitors in 2023, up 4% from the prior year. That's also more than the number of visitors the state got in 2019, the year before the pandemic hit and tourism numbers crashed. Brigette Jobe is the director of Kansas Tourism. She said last year, major events like music festivals and concerts started returning to Kansas -- and Missouri. "I do know people who came to the Taylor Swift concert and stayed in hotels on the Kansas side. We know the Taylor Swift Effect is real, and holding those major events in the state or close by do affect us," she added. Visitor spending in Kansas reached \$8 billion dollars last year, almost 5% more than 2022.

## Advocacy Group Seeks Ban on Indoor Casino Smoking in Kansas

UNDATED (KNS) – An advocacy group says indoor smoking at Kansas casinos is linked to gambling addiction. The Kansas News Service reports that the group is urging policymakers to ban smoking indoors during the next legislative session. Casinos are one of the last places where Kansans can legally smoke indoors. The advocacy group Americans for Nonsmokers Rights sent open letters to Kansas regulators and state leadership asking them to address the relationship between smoking and problem gambling

### Jordan's new leader is a Harvard grad

As Harvard University continues to experience antisemitic protests on its campus, one of its graduates has been named prime minister of Jordan. King Abdullah II on Sunday asked top aid Jafar Hassan to form a new government. Hassan has a

master's degree in public administration from Harvard, the AP reports. He replaces outgoing prime minister Bisher Al-Khasawne whose cabinet resigned on Sunday in the wake of significant parliamentary

wins by the terror-linked Muslim Brotherhood. Jordan has a peace treaty with Israel from whom it receives much of its water and electrical supply.

# Would-be assassin voted in March Democrat Primary

The background of would-be assassin Ryan Wesley Routh is coming to light. Routh was arrested Sunday fleeing the scene of the attempted assassination of former President Donald Trump. "This does not appear to be some random guy with an AK-47 walking outside Trump's club," an official said after the Sunday afternoon incident. Routh had voted in the March Democrat primary in North Carolina and had donated to ACT Blue, the political fundraising group that had also received money from Trump's Pennsylvania would-be assassin, Thomas Matthew Crooks. On his social media accounts, Routh repeated talking points from the Harris campaign that Trump was a "threat to democracy" as well as other Democrat talking points, according

Fight over Rupert Murdoch's news

### empire begins

The future of Fox News is at stake in a trial over control of the Murdoch media empire that began Monday, Sept. 16. The closed-door court case is taking place in Reno, Nevada, and could determine if the empire's editorial policy remains right-ofcenter or will join liberal media which controls the vast majority of the news landscape. The dispute is between founder Rupert Murdoch and his children over the family trust. Murdoch wants to amend his trust to give his eldest son, Lachlan, full control of the companies. Lachlan's siblings oppose the change. Murdoch wants his eldest child and conservative, Lachlan, to retain editorial control, while the younger children retain some financial control. Murdoch gave his eldest children various jobs within his companies, but, the BBC reports, "differences in opinions and political views were said to lead to a family rift."

# Muslim Brotherhood wins more seats in Jordan

The Muslim Brotherhood in Jordan is

the main winner of Wednesday's national elections. "This is a striking achievement for Islamists, who view themselves as an opposition party," reports the BBC. Jordan, which is over

60% Palestinian, is considered by some as the actual Palestinian State as opposed to efforts to make part of historical Israel a Palestinian state. It is ruled by the Hashemite clan which has its roots in Saudi Arabia. Israel and Jordan have a peace treaty dating back decades and Jordan, until now, was seen as a moderate Arab state. Israel supplies water and electricity to the country.

# Trump proposes end to taxes on overtime and social security

Former President Trump on Thursday proposed ending taxes on overtime wages for individuals who work more than 40 hours a week. The tax overhaul idea is the latest to reduce the tax burden on middle and lower-income families who are most likely to make an hourly wage. "We will end all taxes on overtime... That gives people more of an incentive to work," Trump said at a rally in Arizona. "The people who work overtime are among the hardest working citizens in our country, and for too long no one in Washington has been looking out for them," he added. The former president has also proposed

ending taxes on social security and tips, two reforms that have resonated with voters

# Cambell's Soup drops soup from name

In the classic Seinfeld episode, Elaine is banned from buying soup by the 'soup nazi." You'll still get your chicken noodle soup but the company that sells it, Campbell Soup Company, plans to drop soup from its name, reports CBS. It will be known as The Campbell's Company. "This subtle yet important change retains the company's iconic name recognition, reputation and equity built over 155 years while better reflecting the full breadth of the company's portfolio," Campbell's President and CEO Mark Clouse said. The change reflects Cambell's buying other food companies including Pepperidge Farm and Snyder's of Hanover.

# School district sued for forcing girls to share beds with boys

A Colorado school district is being sued for allowing a "nonbinary" female to supervise boys' showers and forced a female student to share a bed with a male, violating parental rights over children's privacy and accommodation decisions on school trips, according to a federal lawsuit filed on behalf of parents," CP reports. The lawsuit against Jefferson County Public Schools accuses the district of of lying by omission to parents concerning who will be supervising and sharing accommodations with their children on school-sponsored trips, the advocacy group Alliance Defending Freedom, which filed the complaint on behalf of three families, said in a statement. The policy at the center of the controversy directs that students be "assigned to share overnight accommodations with other students that share the student's gender identity" rather than according to their biological sex.

### Volvo abandons electric car goals

Automaker Volvo has ditched its target to produce only fully electric cars by 2030, reflecting plummeting global demand. Instead of producing only EV vehicles it expects to sell just "some" hybrid vehicles by that date, according to the BBC. "The carmaker blamed changing market conditions for its decision to give up a target it had announced only three years ago." It comes as the industry faces a slowdown in demand in some major markets for electric vehicles (EVs) and uncertainty due to the imposition of trade tariffs on EVs made in China. In May, Bloomberg reported on the low demand stating, "Sales were flat in the first quarter,."