



Caring for the living – born and unborn

by Dwight Widaman

What does it mean to be pro-life? That's a question I've been asking myself since before my late mother-in-law, Aleta, developed dementia after surgery for a broken hip. Seeing Aleta's care in a Versailles, Mo. nursing home up close, I came to appreciate the tireless hours and meager pay of her care-givers; the cheery smiles of volunteers and the dedication of my in-laws to ensure a tender and dedicated treatment befitting such a wonderful woman.

While many people think of being pro-life as singularly dedicated to saving the life of a child from abortion, it's much more. Yes, it is about unborn babies—we must never lose sight of that. There are many fine organizations that provide counseling and medical assistance to women in crisis pregnancies. But it also includes shelters which give women "breathing room" before they feel pressured by family or friends to abort their child. These women may be fleeing an abusive situation or economic crisis.

How about organizations working to end the sex-trafficking of young girls? Then there are the organizations that teach life-skills and provide training to help women end a cycle of poverty. Self-sufficiency empowers women to take control of their lives, gain confidence and make good decisions.

Pro-life also means prayerfully seeking the Lord about adopting a child or serving as a foster parent. There are many state programs and ministries crucial to finding children homes. Then there are the ministries that deal with the emotional effects of a mother's (and father's) decision to terminate a pregnancy. These women must be shown Christ's unconditional love. They don't need finger-pointing condemnation, but a hand offering help and understanding.

And, ultimately, as we work together to build a culture that respects life at all stages, it also means speaking truth and working to promote laws that respect life, protect women and children, and provide safeguards for our disabled and elderly. Legislation still makes a big difference.

Respect Life Special Guide Page 10



My broken cup: Finding hope, healing

Beatrice Fedor | LifeNews.com

December 20 was the 13th anniversary of my second abortion. January is the 20th anniversary of my first abortion.

This morning, my two-year-old son broke my "Mom" coffee cup. It reminds me that abortion broke my mother's heart all those years ago. Two little shards broke off from the cup, just where I

put my lips; a reminder of all the kisses I never gave my two children lost to abortion.

Rest in peace Alicia and Gabriel, you will never be forgotten. Mom loves you and fights the scourge of abortion in your memory now.

My cup has been broken, but it is filled with blessings. I am reconciled with God and with myself, I have been married eight years to a wonderful man and last month, I gave birth to our

fourth child (I'm nursing her while writing this post).

I don't want to throw my Mom cup away. It is broken but it wasn't shattered in a thousand pieces. It is possible to mend it, just like my broken heart was mended. I wish all women who had an abortion could feel that hope, that as long as they are beating, our hearts can be mended and filled anew with the blessings of motherhood.

LifeNews Note: Beatrice Fedor

is a pro-woman, anti-abortion, anti-violence advocate. The mother of three was raised in a culturally Catholic family in France; embraced liberal feminism, atheism and humanism. She has served as a trade union leader, and created a writing class and authored an unpublished book of poetry. The scar of her abortions moved her to search for God, and by His Grace, she has found peace and healing. She joined the Silent No More Awareness Campaign in 2008.



Duggars to receive Students for Life's Defender of Life award

LiveActionNews - Students for Life of America has announced that Jim Bob and Michelle Duggar have been chosen as recipients of their 2013 Defender of Life award. Famous for their TLC television show 19 Kids and Counting, the Duggar family is a bold witness to life in America, where the average fertility rate is around 2.06 (slightly below replacement level, meaning that women are not having enough children just to replace themselves and their partner).

The Duggar family has been criticized for every facet of its public, pro-life position. Jim Bob and Michelle have been mocked by abortion advocates for having as many children as they do, even though abortion advocates claim to stand on a woman's right to "choose" the size of her family (this apparently does not apply when a woman chooses to have more than average).

Counting off the air due to Jim Bob's outspoken and convicting views on abortion, which are uncomfortable to many abortion advocates, Jim Bob had the audacity to draw a logical comparison between the abortion holocaust and the Jewish holocaust — two mass killings in which innocent people were targeted because they were viewed as unfit or unwanted by other humans who had more power over their own lives than they did.

Nursing student witnesses abortion, rethinks position

A student nurse began having doubts about her position after witnessing an abortion. Author Jeff Lane Hensley quotes her in his book "The Zero People."

"I was for abortion, I thought it was a woman's right to terminate pregnancy she didn't want. Now I'm not so sure. I am a student nurse nearing the end of my OB-GYN rotation at a major metropolitan hospital and teaching center. It wasn't until I saw what abortion really involves that I changed my mind. After the first week in the abortion clinic several people in my clinical group were shaky about their previously positive feelings about abortion. I now know a great deal more about what is involved in the issue. Women should perceive fully what abortion is how destructive an act it is both for themselves and their unborn child. Whatever psychological coping mechanisms are employed during the process, the sight of a fetus in a hospital bedpan remains the final statement."

A prostaglandin abortion is done by inducing labor before viability. The contractions that a woman goes through are very strong. They are painful for the mother. Babies aborted with this method are often delivered with bruises over their entire bodies.

A saline abortion is performed by injecting a caustic saline solution into the amniotic sac around the baby. It poisons the baby, who dies slowly over the course of several hours. Then labor is induced. These methods of abortion are not used as often today because they are considered dangerous to the mother and also cause many live births.

Abortions after 16 weeks are now usually done by D&E, where the baby is dismembered with forceps in utero, or by injecting the poison digoxin, which poisons the child.

Back to the student nurse's testimony: "I used to find rationales, the fetus isn't real. Abdomens aren't really very swollen. It isn't alive. No more excuses... I am a member of the health profession and members of my class are now ambivalent about abortion. I now know a great deal more about what is involved in the issue. Women should perceive fully what abortion is how destructive an act it is both for themselves and their unborn child. Whatever psychological coping mechanisms are employed during the process, the sight of a fetus in a hospital bedpan remains the final statement."

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HUMAN TRAFFICKING: Slavery is back

by Phillip Cosby

We are witnessing an accelerating global cultural descent, where flesh is cheap and human slavery is back, flourishing and defined as human trafficking. The FBI reports that human trafficking is now the #2 money-maker for organized crime, exceeded only by drug trafficking. To the human trafficker, humanity is a profitable reusable commodity for labor and commercial sexual exploitation.

Although just one tool of an effective strategy, recent legal remedies by the Kansas and Missouri legislature to vigorously prosecute "johns and pimps" and recover victims have been laudable as both states now have above average laws to address this tsunami. The recovering of victims and the rehabilitation of the same are two different methodologies, neither of which are easy to identify or resource.

These visual sensual assaults have had the effect of shredding to our cultures moral fabric and public safety. As NYPD detective Vernon Gilbreth taught, pornography is the fuel that acts as a catalyst for fantasy driven criminal behavior.

face of depravity the early Christian Church upheld sexual purity central to a devout faith and community health. The Church was and should still be the voice proclaiming the beauty and virtue of procreative sex in the covenant of marriage and clearly confronting the immorality of sexual deviant behavior.

The growing scourge of human trafficking and child sexual exploitation if unabated will rapidly dismantle what is called in the law "Crimes Against the Public Morals" and "Community Standards". Let us be resolved to be the "salt and light"; for it is here at precisely this point that the battle rages and the faithfulness of the soldier tested.

Commercial exploitation of children we must ask what cause and effect dynamics are accelerating this phenomenon and what is our response? Moral compromise and indifference is numbing. A blush has become rare. Denial, desensitization and despair are dulling clear and steady resolve. Understanding the plight of the victim of sexual exploitation and rescuing them out of this river of hopelessness is not simple and is resource intensive. Equally we need to understand and confront the forces that are throwing these victims into the river up stream.

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Sexual immorality is nothing new. Sexual defilement within the covenant of marriage is not an obscure doctrine. The New Testament uses the word "sexual immorality" forty times and clearly commands repentance, purity and fidelity in marriage. Ancient Rome was known for sexual promiscuity yet in the

Do I believe there is hope? Yes, most certainly. In spite of a reluctant prophet, Nineveh's judgment was pronounced, yet abundant mercy was realized. There is hope. I have seen one set to flight a thousand in this battle. God is jealous for His people and His mercy is near to those who call. Pray about what you can do, and then act to protect yourself, your children, families and community from this filth.



It was only ten years ago that a hand held apple was still an edible fruit. Emerging mobile technologies and social networking have exacerbated the availability of highly graphic and addictive sexualized images. "Sexing" has become commonplace among youth. With ever increasing bandwidth and speed, the internet with all of its good applications, has become the home of hard core illegal obscenity with 1/3 of cyber traffic being pornography. Remember the simple song "be careful little eyes what you see..."? Newly minted internet domain extensions such as sex .XXX affair and .porn have gone mainstream. The cyber wars rage, the ending more prophetic weight to one of the names of the evil one as "prince of the

men responding to sex ads, teeming with unmet demand for sex with prostitutes who advertise on the Internet, reports show that 106,624 Kansas City area men were responding to commercial sex ads each day. Sexual immorality is nothing new. Sexual defilement within the covenant of marriage is not an obscure doctrine. The New Testament uses the word "sexual immorality" forty times and clearly commands repentance, purity and fidelity in marriage. Ancient Rome was known for sexual promiscuity yet in the

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The National Center for Missing and Exploited Children reports the internet posting of 300,000 new child porn images monthly, with the U.S. and a list of 736,000 registered sex offenders within the U.S. (3) What law enforcement agency can possibly keep up with this pace of illicit cyber activity? In a recent discussion I had with a local cyber crimes detective who focuses on sexting and child pornography, he informed me that federal resources for the prosecution of child pornography is being shifted to the intersection of cyber espionage concerns in the wake of recent WikiLeaks events.

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Sanctity of Human Life Sunday is Jan. 19

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the center director who could attend and accept the gifts on behalf of the center. Give the client(s) an opportunity to share their story.

- Invite a Sunday school class to "adopt" a woman in a crisis pregnancy who is willing to interact with the class. Shower her with love during the pregnancy, and provide her with a crib, clothes, and other items the baby will need. Mentor her throughout the pregnancy. Older women can meet with her regularly to help teach her what it means to be a mother.
- Meet with the principals of the local middle and high schools. Find out the pregnancy statistics at that school, get his suggestions on what the church could do to help change those statistics, and act on his/her suggestions.
- Host a Friday or Saturday night event for pregnancy resource center clients. Include a nursery with fun activities for children. Focus on the love of God. Make it a fun event. Show an appropriate movie, serve popcorn, or play games. An ongoing Bible Study or ministry could result.
- Start an abortion recovery bible study one night a week at the church. Inform and invite women from other churches to attend. Participants must be allowed to meet in a private room and their names remain confidential to the rest of the church. The pastor leads a memorial service at the end of the 13 week course. Only participants and their guests attend. Ask the local PRC to provide a leader for the class or train someone in your church to teach the class.
- The week prior to Sanctity of Human Life Sunday, visit the pregnancy center as a group, gather outside the center, pray for the clients' salvation and decisions for life, and pray for wisdom and protection for the staff

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and volunteers. Each participant should take a pack of diapers, sizes 1-5, to help stock the center's clothes and supplies closet.

- On SOHL Sunday have displays set up in the church foyer with representatives from adoption agencies, foster care agencies, pregnancy resource centers, community social services, maternity homes and childcare agencies.
- Take a special offering, include the center in the church budget, or begin a baby bottle

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Pro-Life Students Brave Cold Temperatures to Pray to End Abortion

Braving sub-freezing temperatures and a wind chill hovering around -2° F, dozens of high school students from across Kansas sang hymns and knelt in prayer for an end to abortion outside of the South Wind Women's Center abortion clinic in Wichita, Kansas this morning.



students and to local activists to see a U.S. Congressman as concerned about the lives of innocent children that are brutally cut short at abortion clinics like this. We applaud Congressman Huelskamp for his commitment to the pro-life cause."

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TEEN PREGNANCY DROPS AS PLANNED PARENTHOOD VANISHES

New study reveals abstinence more popular without abortion industry influence

Communities looking to reduce their teen pregnancy rates perhaps should consider one move before all the others: closing down any Planned Parenthood business.



to zero. In the same period, the teen pregnancy rate dropped almost in half, from 43.76 per 1,000 to 24.1 per 1,000. ... Those aren't our numbers; those are government numbers."

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U.S. Abortions on the Decline, CDC says

(WNS) - From 2001 to 2010, the number of reported legal abortions in the United States fell by 9 percent. The number of teenagers getting abortions dropped most significantly, probably due in part to the overall drop in teenage pregnancies. For that 10-year period, the abortion rate among teenagers fell about 30 percent. The number of abortions in New York City alone remains incredibly high: 83,750 in 2010. That amounts to 694 abortions for every 1,000 live births. Other city health reports have shown that almost 40 percent of pregnancies in New York end in abortion. Most shocking in the CDC's New York numbers: 82 percent of abortions in the city were performed on African-American or Hispanic women.

MARCH FOR LIFE IS JANUARY 22 IN D.C.

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• cleaning items, toilet paper	• driveway repair
• 40 gallon trash bags	• new furnace
• stamps	• central air installation