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CWA STATE CONVENTION | Page 13

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See inside back cover!

New Activities Added to Easter Parade and Fun Fair in North Topeka



Food Trucks, entertainment & games will add to the fun

Cake Walks will be something new at EasterFest this year, as well as the Great Football Toss, where kids & adults can throw small footballs at a target on the ground to win one of four bicycles. The Cake Walks will give kids and adults a chance to win cakes, pies, cupcakes and restaurant gift certificates. Facepainting, pony rides and food trucks are always among the most popular attractions, as well as laser tag, archery and bubble soccer.

After a larger-than-ever crowd last year, EasterFest 2018 will return to N. Kansas Avenue and Garfield Park in North Topeka on Saturday, March 31, the day before Easter.

Over three thousand people attend-
 ■ Please see EASTERFEST page 3

He is not here, he has risen.

Luke 24: 6



WHY WE DESPERATELY NEED EASTER

By **Clint Decker**

If you take a few minutes and read over any local or national news, you will find bothersome stories. Like officials in a well-known college basketball program using prostitutes and strippers to recruit top players. Like some merciless girls and boys that taunted a young man, which lead to his suicide. Like a teenager walking into a school and drawing his weapon to slaughter 17 people.

The problem in each of these stories was a moral one. Wrong was right and right was wrong. And collectively, they reflect a moral crisis in our nation. This is why we need Easter. It projects a sign of hope that stands above the chaos. The sign of the cross. It is where Jesus, the Son of God, suffered and died.

The hope of the cross lay in the purpose of Jesus' death. Strange as it may sound, it was planned.

At Jesus' birth an angel announced to Shepherds in a field, iFor unto you is born this day in the city of David a Savior who is Christ the Lord (Luke 2:11). A Savior? Yes! Save means ito rescue. Rescued from what? Sin. It is the wrong things we do against ourselves, against others, but primarily against God our Creator. And it lives within our hearts. Sin is displayed at every lie we tell or feeling of pride that squares our shoulders. It is our inner moral rot, like a cancer that slowly destroys us.

Jesus was born to rescue us from this. His planned suffering and death was the only means through which we could be rescued, and it was an ugly experience. The corruption by religious

■ Please see EASTER on page 9

Billy Graham has "gone into the presence of God"

Billy Graham has gone home to be with the Lord

Beloved evangelist Rev. Billy Graham died February 21 at age 99. Spokesman Mark DeMoss said Graham, who long suffered from cancer, pneumonia and other ailments, died at his home in North Carolina on Wednesday morning.

Graham's body was to lie in repose at the Billy Graham Library on Monday, Feb. 26 and Tuesday, Feb. 27 before traveling to the nation's capital. He will lie in honor at the U.S. Capitol Rotunda Feb. 28 to March 1. It will be the first time since the death of Rosa Parks, and only the



fourth civilian to honored that way in the Capitol rotunda.
 Graham's body will return to

Charlotte for the funeral and burial on March 2. Mr. Graham will be buried beside his wife, Ruth, at the

foot of the cross-shaped brick walkway in the Prayer Garden, on the northeast side of the Billy Graham Library. Graham's casket was hand-made by Angola Prison inmates in 2006, at his request.

Graham transformed American religious life through his preaching and activism, becoming a counselor to presidents and the most widely heard Christian evangelist in history.

William Franklin Graham was born November 7th, 1918, four days before the end of World War I.

Raised on a dairy farm during the Depression, he developed a strong work ethic, a work ethic that is quite

■ Please see BILLY GRAHAM page 4

Pastor Fred Hollomon, former Chaplain of the Kansas State Senate, Remembered

Fred Hollomon, a Southern Baptist pastor who served as Senate chaplain in Topeka for over 33 years, died February 13, 2018 at his home in Lawrence after a long battle with Alzheimer's disease. Pastor Hollomon was well known for his daily invocations that he set to poetry, with some of his poems republished worldwide.

"He's with the Lord," Pat Hollomon said. "We're crying part of the time and laughing at other times over things he'd say and do."

His wife, Pat, said her great-granddaughter sang "Jesus Loves Me" to Hollomon shortly before he died.

Hollomon was well known for his sense of humor and ability to get along with people of all political persuasions.

Though Hollomon's official chaplain duties included only the opening prayer of the Senate each day during the legislative session, he saw what he did as a ministry and many days spent time with legislators and senate staff getting to know them and counseling them when needed.

Along with his work as state Senate chaplain, Hollomon also served as pastor of Highland Park Baptist Church in Topeka for many years.

When Hollomon retired from Highland Park Baptist Church in 2007, he joined Rev. Cecil Washington's predominantly black congregation and became an elder in the church. The Hollomons also later joined and served at First Southern Baptist Church of Topeka until they moved to Lawrence as Fred's health declined.

In an interview with Baptist Press, published in 2012, Pastor Hollomon discussed how he began transforming his prayers into the form of poetry.

"I've found that people will read or follow you when you're rhyming because they want to see how it ends," he said.

Through the years, Hollomon held weekly prayer meetings at the Senate and officiated at weddings and funerals for senators. He also was known to spend time in ministry with other Statehouse employees, from secretaries to doormen to security personnel.

In spite of criticism, Hollomon ended his prayers by invoking the name of Jesus, the Baptist Press article said.

"I never quit doing that even though I got a lot of criticism about it," Hollomon told the Baptist Press. "I did it as a witness."

One of the most famous of the prayers got national radio exposure during his first month in the senate. A reporter heard the prayer and asked if he could get a copy of it. Hollomon thought little of the prayer until a neighbor heard it on the radio. The prayer was read on the Paul Harvey Show.

Since his prayers were printed in the senate journal, he wrote them out every day -- a practice he had not done before becoming a chaplain. In 2005, he published a collection of the prayers in a book titled "Uncommon Prayers."

Peggy Mast, former Speaker of the State House of Representatives, remembered Hollomon fondly.

"My memories of Fred Hollomon are very special," she said. "He is the man God bestowed with the gift of speaking to God in prayer through rhythm and rhyme



with a twist of humor that left everyone around the State Capitol waiting to read the previous day's calendar from the Senate. No one doubted his sincerity or his relationship to the Lord and everyone respected and appreciated his approach. While serving as the Senate Chaplain he was indeed a man acquainted with sorrow and grief by some of the bills that passed before his eyes, but he was consistently a man who brought hope and comfort to the legislators who were trying to hold strong to the values taught in the Word of God, but often failing in our efforts. He and Cecil Washington strengthened the resolve to hold fast and to stand.

Joe Patton, former State Representative, also spoke kindly of Hollomon.

"Fred had a ministry of love, a true minister of the gospel," Patton said. "He was a gifted Pastor encouraging everyone to serve the Lord in both word and deed. We honor him because he worked so hard urging and guiding us to a better understanding of what it means to follow Christ. We thank God for Fred."

Hollomon wrote a column called "Uncommon Prayers" for Metro Voice Newspaper for many years. Each month it contained one of his rhyming prayers.

"It was something I always looked forward to reading," publisher Lee Hartman said. "On the times I heard Fred speak in person, I remember he always had something kind or humorous to say. It was always a pleasure to see him."

Dave DePue, Pastor, Capitol Commission worked with Hollomon through the years.

"I met Chaplain Fred in 1987 when he led Bible devotional meetings in a Capitol fifth floor conference room," DePue remembered. "One of those joining us in those early years was then State Senator Jerry Moran -- currently one of our US Senators from Kansas. Chaplain Fred was a powerful witness in the Kansas Capitol over three decades. He opened the daily Senate session with a prayer that seemed to fit the challenge at hand."

DePue also recalled how Chaplain Fred boldly prayed "the only access road to heaven is the Name of Christ, God's Son."

Phillis Setchell is another who worked closely with Hollomon over the years.

"Rev. Fred Hollomon was a gentle soul, while being a strong witness for his savior Jesus Christ," Setchell said. "He was known for his humor and wit. He was fun to be with. Pastor Hollomon understood

the importance of Christian witness in the arena of governmental authority. We look forward to laughing with him again in heaven.

Here is a poem from Pastor Hollomon's book, "Book of Uncommon Prayers":

"Praying Too Late"
Heavenly Father:
I'd like to confess a tendency to turn to You only in an emergency.
I work through the day
And do my own thing,
Then at night ask You if You'll bless it.
And I know I was wrong
In not asking You first,
But then I'm too proud to confess it.
I file legislation
And push it real hard
As for God, I couldn't care less.
Then the whole thing collapses,
And I'm down on my knees
Asking You to clean up the big mess.
Please help me to learn
To start with a prayer
And not wait till my plans fall apart.
For up until now
I've specialized in
Hitching the horse in back of the cart!
I pray in the Name of the Lord Jesus,
Amen

Local Ministries to Host Empowered Conference

The Empowered to Connect Conference, presented by Show Hope, will take place on April 13th and 14th and features two days of practical teaching in a safe and supportive community as they work to equip families, churches, and professionals to better serve children impacted by trauma. Two local ministries will host viewing of the simulcast. Topeka Rescue Mission will host the event at Fairlawn Church of the Nazarene. Topeka Bible Church will also host the event at their College Avenue Auditorium. The conference runs from 9 a.m. to 5 p.m., and doors open at 8:30 a.m. at both locations.

The conference features dynamic presenters who share from the lens of Trust-Based Relational Intervention (TBRI®), a trauma-informed care model developed by Dr. Karyn Purvis and Dr. David Cross. TBRI® utilizes the principles of Empowering, Connecting and Correcting to reshape young minds and bring long-term healing into families. The conference will provide a powerful overview of how TBRI® can be used in home, education, residential and other community settings. Content is beneficial for current or prospective adoptive or foster parents, professionals or ministry leaders serving children and anyone interested in learning more about TBRI® and how to bring hope and healing into lives. The conference will be provided free of charge. To register, visit trmonline.org/volunteer/special-events (for Topeka Rescue Mission host site) or discovertbci.com/events-registration/ (Topeka Bible Church host site).

Questions should be directed to volunteer@trmonline.org or (785)354-1744 ext. 393.

Life Lessons From a Little One

OVERCOMING OBSTACLES

by Jessica S. Hosman

My son and I like to build obstacle courses throughout the house. We overturn chairs, move furniture, repurpose pillows and clutter the floors with whatever large objects we can find. But the fun isn't just building them and then plowing through; we like to guide one another... blindfolded.

We got a little more ambitious than usual the last time we played and created more climbing walls and tunnels than ever before. Which meant we had

to trust one another more than ever before. As I led Zechariah, I knew exactly where I was leading him, even though he could not see. He was confused and uncertain because the path was quite different than our usual, but he smiled and breathed sighs of awe when we ended the course and walked through again with eyes wide open.

He had his turn to change up the course and guide me too. I admit, the darkness and void of nothingness I saw as he led was a bit scary (especially when he'd mix up his lefts and rights and accidentally walk me into a wall!). But I knew, despite the uncertainty, he would eventually lead me to safety through the dark path. We switched up the course a couple of times and took turns leading one another through. The nervousness was there, but the giggles and joy by far overshadowed it all.

Afterwards, we talked about how our course paralleled our walk and trust in God. We can't see Him and often don't know where He is leading us or why; but always, we can trust Him to guide us safely on the right

path.

There will be times -- perhaps countless -- when we are walking a direction that doesn't appear to make sense. Maybe we feel blinded by confusion or chaos and can't see the next step ahead. But just as I knew where I was leading Zechariah though he could not see, so our Father knows what He is guiding us through and why. We don't have to see or even feel His guidance to know its there. We can know it's there simply because we're His.

Zechariah was confused of his whereabouts, but he trusted me. And ended up having fun throughout the process, laughing uncontrollably most of the way. If only we could have the same joy-filled trust... laughing in the face of adversity and trusting in the midst of chaos!

As unexplainable as it may seem at times, the path God has for us is ultimately good. And His plan is for joy along the way. We might not see it now, but one day we will. I'm confident that one day we'll look back on the path that once seemed so dark and see clearly the reasons for all the bumps, detours and boulders on the road. I don't want to wait until then to embrace the joy of the journey. I want to close my eyes now, take a step of faith and fully trust the One I cannot see to guide me down this bendy, crazy, chaotic path of life. And as my son will daily remind me, I don't want to forget to take time to laugh a little along the way.

Join me in the journey. Take a step forward. Embrace each obstacle as it comes. Put a smile on your face. And trust the Invincible to guide you through the impossible today.



Jessica Hosman





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CWA of Kansas to Hold State Conference in Topeka

CWA of Kansas is part of Concerned Women for America. CWA is the largest public policy women's organization in the nation. The Kansas State CWA Conference will be held on March 15, 2018, in Topeka. Penny Nance, CEO of Concerned Women for America in Washington, D.C., will be the keynote speaker. Hers is a face familiar to many from being seen so often on various news programs.

"As an organization we are committed to conservative issues such as the sanctity of life, religious liberty, sexual exploitation and education, among others," said Barbara Saldivar, Kansas State Director for CWA.

A Meet & Greet Continental Breakfast with Nance and legislators will take place March 15 at 8:00 a.m. at the Kansas State Capitol. Following that, the state conference, Impact 2018, will be held from 9:30 a.m. to 2:00 p.m. at the First Church of the Nazarene, 1001 W Buchanan St. Attendees will be educated on the issues CWA cares about and empowered to stand for its values. Nance will discuss what CWA is working on, its influence in the White House, and what it means to be assertive, yet compassionate. State legis-



lators and other local leaders will also speak on an array of state issues.

Speakers and topics will include:

- Janae Stracke, CWA's National Field Director: *Religious freedom*
- Ron Highland (R-District 51), State Representative: *Education budget*
- Barry Feaker, Executive Director of Topeka Rescue Mission: *Sex trafficking in Topeka*
- Joe Patton (R-District 54), former State Representative and President of Kansans for Life: *The state constitution in relation to abortion*

Registration for the conference must be made by March 12. The cost of \$25 includes continental breakfast, Penny's



book Feisty & Feminine, conference materials, and a light lunch. A check may be sent to CWA of Kansas at P.O. Box 8331, Topeka, KS 66608. It should be made out to "CWA" with "CWA of KS Event" on the memo line. You may also call 785-260-5659 to register by credit card. Payment should arrive by March 12. Space is limited. Go to ks.cwfa.org for more information.



EASTERFEST

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ed last year to watch the parade, visit the Fun Fair, listen to live music, visit over 70 vendor booths and take part in the Big Egg Hunt or other activities.

Each year, dozens of churches, businesses and non-profit organizations take part in the parade, and dozens more set up vendor booths and kids' games as part of the family fun fair. There have been lots of floats with a variety of themes, and all shapes and sizes of other vehicles, as well as walking entries such as schools, military groups, marching bands and more. The event is coordinated by C5Alive, a Christian leader-



ship offshoot of the Capital City Christian Chamber of Commerce (C5).

The Easter Parade will begin at 10 a.m. on North Kansas Avenue at the railroad tracks in the NOTO Arts District and proceed to Garfield Park. This will be followed by the Big Egg Hunt in the Garfield Park playground area, which is put on by First Southern Baptist Church. The church youth spend several weeks on Wednesday evenings

filling about 4000 plastic eggs for the event.

From 10 a.m. to 3 p.m., vendor booths, food trucks and kid's activities will be happening all over Garfield Park, as well as

inside the shelterhouse and in the gym. This year, even more churches, non-profit organizations, schools and local businesses are expected to enter floats and marching bands, etc., in the parade, as well as set up activity booths at the fun fair.

The Family Fun Fair will consist of activities geared toward children and families, as well as a health & fitness fair inside Garfield Gymnasium, vendor exhibits, and more. Live performers will be on hand all day, such as jazz bands, dance troupes, praise bands, solo artists,



street entertainers and more.

Sponsors are needed for the Vendor Market, Entertainment Stage, Food Court and Health Fair. Volunteers are also needed to help with the entire event.

For more information, visit www.TopekaEasterParade.com, email info@C5Alive.org or call 640-6399.

TRM Ministries NET Reach Transitions To Next Phase

NET Reach, the neighborhood division of the Topeka Rescue Mission Ministries established in 2013, will transition into the next phase of neighborhood stabilization. After 4 1/2 years operating in the Hi-Crest West neighborhood in an effort to understand the systemic causes of poverty and homelessness, TRM Ministries has learned a number of valuable lessons concerning the challenges and vulnerabilities that our neighbors face. Positive collabo-

rations have been developed and improvements have been made in the lives of many families. As Net Reach transitions out of Hi-Crest, the faith community will step in to continue the progress toward neighborhood stabilization.

TRM Ministries has learned that poverty is one of several contributing factors that often produce vulnerabilities leaving victims as targets for human trafficking. As the number of trafficked vic-

tims have increased in our community and throughout Kansas, TRM Ministries is committed to help those living in generational poverty and assisting the vulnerable population of trafficked victims. As a result, TRM NET Reach will be aligning with Restore Hope, the human trafficking division of TRM Ministries to become a bridge between those suffering from poverty to those who can help them toward restoration.

C5Alive Luncheon to Feature Cross Country Rider Testimony

Gov. Jeff Colyer to speak at April luncheon

The monthly C5Alive "POWER Luncheon" will be held March 8, 11:30 a.m. to 1:00 p.m. and will feature Marshall Madil, who will give an account of the many miraculous things he encountered in his epic motorcycle journey through 49 states.

The location of the event was being changed at press time. Updated information can be found at www.C5Alive.org.

The cost to attend the luncheon is \$10 for C5Alive members and first-time guests who RSVP, and \$12 at the door. Non-members and other guests pay \$15. C5 luncheons are open to the public and everyone is welcome to attend, organizers said. RSVPs and inquiries can be sent to

info@C5Alive.org.

C5Alive is an organization founded in 2009, dedicated to developing and uniting Christian Leadership in the community, involving businesses, non-profits and churches.

In addition to monthly "POWER" luncheons held on the second Thursday of each month, C5 also hosts periodic business fairs and other events, including the annual Topeka Easter Parade and Family Fun Fest, held on N. Kansas Avenue and in Garfield Park on the day before Easter.

C5 members may also sponsor luncheons and other events as a way to promote their organizations. For more information about C5, go to C5Alive.org, facebook.com/C5Alive, or call 785-640-6399.



Ladies Prayer Prayer Breakfast Scheduled

Indiana Avenue Church of Christ Women's Ministry will present the Ladies Prayer Breakfast 2018 on Saturday, March 17, 9:30 a.m. – 12:30 p.m., at Lake Shawnee Event Center, 2025 SW Croco Rd., Topeka, Ks.

The featured Guest Speaker will be

Shawna Watkins, from Twin City Church of Christ, Texarkana, Tx.

Tickets are \$7.00 and can be obtained by calling 785-266-7788 or emailing info@indianaavecofc.org. For more information contact Reola Stewart at 785-506-4755 or reolasteward@yahoo.com

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Museum of the Bible attendance 'above expectations'

Each day, Cary Summers roams the eight floors of the Museum of the Bible in Washington, D.C., talking to visitors and discovering what they like best about the massive new facility.

And most don't even know he's the museum's president.

Summers had retired from president and CEO of Herschend Family Entertainment/Silver Dollar City Corporation but agreed in 2010 to help get the Museum of the Bible off the ground because of its unique eternal focus. Advice from the late Bill Bright has served him well.

"Bill encouraged me to build things that would attract people who would never go into a church or a synagogue," Summers said of the founder of Campus Crusade for Christ. "And I was intrigued with that idea."

That is what happened at Silver Dollar City – an 1880s-style theme park that features a gospel music festival alongside mainstream attractions – and that's what he's helping accomplish at the Museum of the Bible, which opened in November.

"Walking through the museum gives me the opportunity to listen to people," he said. "I get to learn a lot about what's working, what's not working. I find that fascinating, really."

Attendance has been "above expectations," he said.

The \$500 million, 430,000-square-foot museum is the largest of its kind in the world and brings the Bible to life with cutting-edge technology that few museums enjoy. It has 12 theaters, 93 projectors, 250 computers and 384 monitors. Each visitor to the museum also receives a hand-held tablet known as a "Digital Guide," which gives guests a one-of-a kind personalized tour. The Digital Guide has age levels for adults, teens and children.

The museum examines the history of the Bible, looking not only at its development but also its impact on the world. The facility has no entrance fee, although there is a suggested donation of \$15 for adults and \$10 for children 12 and under.

"People are coming from all over the world," Summers said. "Just during our grand opening week, I know there were at least 40-plus countries that



PHOTO: Alan Karchmer, MOB

were represented."

It's not just Christians who are attending. Visitors from all cultures and all religions are walking through the doors, discovering how the Bible has changed the world.

"We've had many Muslims come through and thoroughly enjoy it," Summers said.

Museum officials expect the lowest months of the year for tourism will be December through February, with the highest months during Spring and during Summer.

Officials already are noticing a few trends, with a "tremendous amount of families" visiting, he said.

"It's become a great family hangout because of all of the emphasis we have put on younger people," Summer said.

Attendance has been so high that the museum has doubled the number of locations to eat in the museum.

Summers has been particularly encouraged by the feedback received in the exit surveys that are conducted by a third party.

"The number one word that is popping up – the number one-word description of how the museum makes you feel -- is the word 'hope,'" he said.

It seems the museum is changing people's perceptions of the Good Book for the better.

"The Bible is blamed for everything under the sun," he said. "But it's the misuse of the Bible that has created those problems. If you do realize that, then you say, 'Maybe there is hope.'"

Learn more at www.museumofthe-bible.org.

Michael Foust is an award-winning freelance writer and father of four children. He blogs at www.michaelfoust.com.

BILLY GRAHAM

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evident through six decades of ministry.

Rev. Graham shared the gospel of Jesus Christ to nearly 215 million people in live audiences in more than 185 countries and territories.

Hundreds of millions more have been reached through radio, television, film, books and the internet.

Billy Graham gave his heart to Jesus Christ at 16. His profound conversion happened under the ministry of traveling evangelist Mordecai Ham.

Answering God's call to the ministry, he was ordained in 1939 by a church in the Southern Baptist Convention.

Four years later, he graduated from Wheaton College in Illinois, where he met and married his wife, Ruth.

"All I remember is going back home and kneeling down that night and saying, Lord, if you'd let me spend the rest of my life with that man, I would consider it the greatest privilege," Ruth Graham once said. "And fortunately, I didn't know what I was praying. If I'd know what lay ahead, I wouldn't have had the nerve to pray a prayer like that."

Billy Graham gained his primary evangelistic experience on radio, and then through Youth for Christ, an organization founded to minister to young people and servicemen during World War II. Following the war, Graham preached throughout the United States and Europe. His ministry with Youth for Christ opened doors for a series of interdenominational city-wide campaigns in the late 40s.

Graham's Los Angeles Crusade in 1949 brought international recognition. Originally scheduled for three weeks, the meetings were extended to more than eight weeks.

"In the city of Los Angeles, the largest tent ever erected for a revival meeting is now complete," the news media reported at the time.

The tent seated 6,500 people, and several thousand more stood around the sides. Graham's team established prayer chains throughout the city to intercede for the crusade. One prayer warrior, known as Mrs. Edwards, felt a supernatural compulsion to call the legendary newspaper publisher William Randolph Hearst and tell him about Billy Graham.

From that call, Hearst issued the now famous command, "puff Graham," which means highly promote this man.

The Los Angeles crusade became front page news. That led to overflow crowds and extended runs for many of the crusades that followed. One in London lasted 12 weeks, and a crusade in New York City ran for 16 weeks.

"Now I'm going to ask you to get up out of your seat, hundreds of you, men, women, young people," Graham preached in his powerful, familiar voice in that New York outreach.

Even gang members turned in their weapons at the New York crusade.

Billy Graham was not afraid to confront the evils of society. He joined with Rev. Martin Luther King, Jr. to battle racism.

"Don't ever say it's a white man's religion or a black man's religion," he said. "Christ belongs to all people. He belongs to the whole world."

Graham also took on apartheid, refus-



ing to hold a crusade in South Africa until the meetings were integrated.

Despite sharp criticism from many in the religious community, Billy Graham also took the message of salvation behind the "Iron Curtain" to communist eastern Europe.

Billy Graham's ministry partner Cliff



Barrows said, "They had packed the materials in little cellophane bags with a pencil and a decision card and a Gospel so that they would have the Scriptures, and we just passed them out. We threw them out to the people, and they were reaching up and grabbing them. They were so hungry to hear the Word and to receive it."

He even went into North Korea, one of the world's most secretive regimes to talk about Christ with its leader, the late Kim Il Sung.

Evangelist Luis Palau said, "Billy Graham really opened up more countries to the Gospel, inspired more young preachers to have faith to believe that nations could be opened up, has given credibility to Biblical Christianity like no one except maybe the Apostle Paul in history."

Like the apostle Paul, Billy Graham was not ashamed to share the Gospel with people in power.

Franklin Graham said, "He has stayed focused on telling men and women about Jesus Christ. His ministry, his life, every

speaking engagement, every opportunity with a president or a king or whoever, he would always get the conversation right around to the Gospel."

He was known as the pastor to the presidents, a friend of 11 commanders in chief, Democrats and Republicans alike.

President Jimmy Carter said, "He has reached out equally for opportunities to serve God, to all people."

"When he prays with you, you feel that he is praying for you, not the president," President Bill Clinton said.

"The humble farmer's son who helped change the world is a spiritual gift to all of us," President George H.W. Bush said with tears in his eyes.

The evangelist helped change the world, and the world noticed. Since 1955, Billy Graham was listed a record 54 times, by the Gallup organization, as one of the "10 most admired men in the world," including 48 times consecutively – more than any other person in history.

But in spite of the acclaim, Billy Graham walked in humility, a life yielded to Christ. He made this clear at the dedication of his library.

"My whole life has been to please the LORD and to honor Jesus, not to see me, not to think of me," Graham said.

During his 1957 New York City Crusade, Graham preached what became his signature Gospel invitation, "You come now, quickly. While every head is bowed in prayer and the choir sings softly 'Just As I Am.' Hundreds are already coming from everywhere, you come with them."

Turning to the camera, he offered the Gospel to viewers at home as well, saying, "You out there tonight can give your life to Christ. Just bow your head and say yes to Christ right now."

"Some day you will read or hear that Billy Graham is dead. Don't you believe a word of it," Graham once said. "I shall be more alive than I am now. I will just have changed my address. I will have gone into the presence of God."



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20 years at Supercuts (17 as a manager) and last year at The Barbershop.

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FINANCIAL PLANNING

Business issues and family

Dear Dave,

My father-in-law started a business as an LLC few years ago. He named all his daughters owners, with him owning the majority share. The business failed, and now he is being sued by creditors. He told the family these creditors can't come after us and the other siblings, because he is the majority owner. Is this true, or should we get a lawyer?

Caleb

Dear Caleb,

Your wife is probably not in danger, unless she signed paperwork making her liable for a loan or liable with a creditor. If she signed official, legal paperwork — like if she went down to the bank and signed on a loan — then she's liable. It's that simple. That would make her, or any of her siblings who did this, co-makers on the loan.

Your wife, and any of her sisters, who signed on trade accounts taking supplies from a supplier and paying them could also be liable. But they are not automatically liable simply because they were listed as minority owners in an LLC, or even a sub-S corporation. If it were a general partnership, there's a possibility they could be liable. That's one of the reasons I hate general partnerships. I hate partnerships in general, but I hate general partnerships, too!

In other words, I think you're okay. I would still advise speaking with an attorney, and giving him or her all the details of this situation, to be absolutely certain.

—Dave

Be there for each other, and don't give up!

Dear Dave,

My wife and I both lost our jobs a few

weeks ago. She began a training course for a new job last week, and I've been interviewing. We cashed in an annuity the other day because things have been tight, and we were wondering if we should use it to help continue paying down debt, or simply live on it until things get better.

Vernon

Dear Vernon,

You need to be honorable and pay your debts, but that may have to be put on hold for a while. Right now, it's more important to have food in the house and keep the heat on.

If you haven't done so already, contact your creditors and explain the situation. Let them know you'll make things right with them as soon as possible. I know this is a scary situation, especially around the holidays, so make sure you two pull together and keep the lines of communication wide open. A few extra hugs wouldn't hurt, either.

The good news is it sounds like things may be looking up. Support your wife all you can in her new job, and make sure you continue looking for work, too. A little extra money is better than none, so take on something part-time while you're looking for a permanent position.

—Dave

No commodities!

Dear Dave,

Do you recommend having gold and silver as part of your investment portfolio?

Don

Dear Don,

No, I do not. I also don't recommend oil or corn futures. All of these are examples of commodities, and the commodities market is extremely volatile. In addition



DAVE RAMSEY
Financial author,
radio host, television
personality, and
motivational speaker

davesays

to the market being wildly volatile, the prices on commodities isn't based on actual production. It's based largely on a supply and demand curve. If there's a shortage on one of them, the price shoots up.

For example, when you're talking about gold and silver, there's more demand than supply when the economy is bad. In this kind of scenario, people are fearful and lots of them run to buy gold. This drives up the price to unrealistically high levels.

Again, the price on a commodity isn't based on anything other than fear or greed, and a supply and demand curve. The prices aren't based on an actual production of income, like it is with stocks or real estate. I don't buy commodities at all, especially gold and silver. I don't recommend you buy them, either.

—Dave

When can I have some fun?

Dear Dave,

At what point can you spend, and have a little fun, when you're following the Baby Steps plan?

Jen

Dear Jen,

Everyone likes having fun, and there's nothing wrong with spending some cash if you can afford it. I just want people to make sure they have their finances in order first.

I recommend completing the first three Baby Steps before you run out and buy a bunch of toys. Just to review, Baby Step 1 is saving \$1,000 for a starter emergency fund. Baby Step 2 is where you pay off all debt — except for your home — using the debt snowball method. In Baby Step 3, you go back and fully fund your emergency fund with enough cash to cover three to six months of expenses.

Completing the first three Baby Steps

puts you on pretty solid financial ground. At this point, once you've saved up the cash, it's okay to take a vacation or buy a reasonably-priced toy. But don't have so much fun that you forget about the other Baby Steps. Baby Step 4 means putting 15 percent of your income into pre-tax retirement plans, like mutual funds and Roth IRAs. Don't neglect saving for college if you have kids. That's Baby Step 5. Baby Steps 6 and 7 are paying off the house early, and building wealth and giving like never before.

Remember, there are only three things you can do with money — spend, save, and give. You can do all three without putting yourself in a bind by following my plan!

—Dave

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How the Bipartisan Budget Act Can Help You

By Peggy Beasterfeld
Owner, Peggy's Tax and Accounting Service



The Bipartisan Budget Act, enacted on Feb. 9, renewed for tax year 2017 a wide range of individual and business tax benefits that had expired at the end of 2016. The IRS has now reprogrammed its processing systems to handle the three benefits most likely to be claimed on returns filed early in the tax season.

As a result, taxpayers can now file returns claiming:

- Exclusion from gross income of discharge of qualified principal residence indebtedness (often, foreclosure-related debt forgiveness), claimed on Form 982,
- Mortgage insurance premiums treated as qualified residence interest, generally claimed by low- and middle-income filers on Schedule A, and
- Deduction for qualified tuition and related expenses claimed on Form 8917.

The IRS is working closely with tax

professionals and the tax-preparation industry to ensure that their available software processes can now accommodate these new provisions. As always, filing electronically and choosing direct deposit is the fastest, most accurate and most convenient way to receive a tax refund. Last year, nearly 87 percent of individual returns were filed electronically and nearly 80 percent of refunds were direct deposited.

The IRS is continuing to update its systems to handle returns claiming the other tax benefits extended by the new law, enacted on Feb. 9. In general, these benefits affect a smaller number of taxpayers. Taxpayers eligible for these benefits can avoid delays or possibly needing to file an amended return later, by filing after IRS systems have been updated to reflect these changes. Check IRS.gov/Extenders for future updates.

Taxpayers who have already filed their 2017 federal tax return and now wish to claim one of these renewed tax benefits can do so by filing an amended return on Form 1040X. Amended returns cannot be filed electronically and can take up to 16 weeks to process. Visit IRS.gov for details.

opinion

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“WHAT THEN SHALL I DO WITH JESUS?”

By Will Graham

(ANS) -- With all that surrounds the holiday from a worldly perspective, however, I find that many people simply miss the point of why we rejoice. Easter exists because Jesus died for our sins and conquered the grave. We celebrate life at Easter, because death lost its sting with Christ's triumphant resurrection.

Sadly, so many of our family, friends and neighbors enjoy Easter, but have never experienced the true meaning of it. They may know of Jesus and what He accomplished on the cross, but they can't or won't make a decision about Him as their Savior.

In the Bible, we see a man who will forever be linked to what we call Easter. He talked to Jesus directly, he evaluated him, and yet he too couldn't bring himself to make a decision about what to do with Christ.

His name was Pontius Pilate, and Matthew 27:11-25 tells us a lot about this Roman Governor who oversaw the trial of Jesus.

First, Pilate rejected Jesus' own confession of who He was: the Christ, the Savior. Pilate asked the question and heard the truth (straight from the mouth of the Son of God), but he took it no further.

Second, Pilate rejected clear evidence.



Pilate investigated Jesus and came to the conclusion that He was innocent, finding that He had committed no crime. Pilate realized that the only reason Jesus was on trial was the envy and hatred of the religious leaders, but he rejected that truth.

Third, Pilate gave in to pressure. Though he heard the claims of Christ and knew He had done nothing wrong, Pilate was compelled to sentence an innocent man to death because of the influence of the crowd.

Finally, Pilate tried to cleanse himself from the death of Jesus. He knew that he had just condemned an innocent man to die, and he was responsible. In a symbolic

gesture, he washed his hands and proclaimed the guilt for Christ's death on the crowd instead.

My friends, Pilate had a decision to make. He knew the truth, but he couldn't take a stand one way or the other. Instead, he asked a question: "What then shall I do with Jesus who is called Christ?" (Matthew 27:22, NKJV)

That's the question that so many today, perhaps even you, have a hard time answering. In far too many situations, people know the truth but — like Pilate — they give in to the pressures of others and walk away from Jesus, putting the decision off for another day.

However, indecision is a decision. Making no decision for Christ, is making a decision about Christ. And it's one that has eternal consequences.

If you have been putting off the decision to follow Christ and make Him the Lord of your life, now is the perfect time. Jesus' death and resurrection, which we celebrate as Easter, paved the way for you. I encourage you to receive that hope and accept Him as your Savior today!

About Will Graham: Will is the third generation of Grahams to proclaim the Gospel of Jesus Christ under the banner of the Billy Graham Evangelistic Association (BGEA). He also serves as vice president of the BGEA, and as executive director of the Billy Graham Training Center at The Cove in Asheville, N.C. He is the son of Franklin, and grandson of Billy Graham.



ACTOR CHRIS PRATT'S BOLD PROCLAMATION AFTER HOLLYWOOD DIRECTOR'S LIFE-THREATENING HEART ATTACK

Actor Chris Pratt put out a major prayer request on Sunday for a fellow Hollywood actor and director who suffered a major heart attack.

Pratt's powerful call for prayer came after director Kevin Smith tweeted that he survived a very serious medical emergency — one that doctors said could have claimed his life.

"After the first show this evening, I had a massive heart attack," Smith

tweeted. "The doctor who saved my life told me I had 100% blockage of my LAD artery (aka 'the Widow-Maker'). If I hadn't canceled show 2 to go to the hospital, I would've died tonight. But for now, I'm still above ground!"

Pratt responded by re-tweeting Smith and noting that, though the two don't know one another well, he is praying for Smith. Pratt added that he believes "in the healing power of prayer," and asked

others to join with him.

"Kevin we don't know each other too good but I have loved you since Clerks and I'm praying my a** off for you cause I believe in the healing power of prayer. Can you please pray with me people!?" Pratt tweeted.

In a separate message, the actor wrote, "Praying for you. I will continue to. You inspired me with Clerks when I was a senior HS."



'BLACK PANTHER' STAR CHOOSES FAITH IN GOD OVER HOLLYWOOD CAREER: 'OK, JESUS'

Marvel Studios' new film, "Black Panther," is a box-office success, but one of the movie's stars treasures God above her résumé.

Actor Letitia Wright, who plays Princess Shuri in the superhero flick, said she recently learned to depend on her Christian faith instead of her success in Hollywood. Early in her career, the 24-year-old star took a seven-month sabbatical from acting to focus on her faith.

"I just needed to take a break from acting because I really idolized it, so I came off of it and I went on a journey to discover God and my relationship with God and I became a Christian," she said last week on ITV's "This Morning."

The conversion, Wright said, gave her "so much love and light."

"I felt secure," she explained. "Like I

didn't need validation from anyone else or from getting a part. My happiness wasn't dependent on that — it was dependent on my relationship with God."

In a recent interview with W magazine, the Guyanese actor said she relied on her acting career "to be happy," a philosophy she knew was only temporary and would ultimately leave her unsatisfied.

"I said, 'OK, Jesus, I'll try you,' and I haven't looked back since," Wright declared. "I don't really consider myself religious. I view it more as a relationship, and if anyone thinks that's weird, then OK."

Wright took her journey to Christianity — which was prompted by some of her Christian friends — so seriously, she even turned down an acting

role alongside fellow stars Nicole Kidman and Elle Fanning.

"But I remember God was like, to me, 'Give up the job. I can give you more than that; I just need you right now. Give up the job,'" she recalled in an interview with Vanity Fair.

Initially, Wright felt she needed to leave the entertainment business altogether, fearing it was "sinful." She changed her mind, though, opting instead to be a light in Hollywood:

"There's a reason there are so many Christians in the limelight. A lot of young people who are in the creative industry are finding an avenue toward God now. We're all in the same path, we're all in the same thing. But we all support each other, and love each other, and keep each other grounded, and keep each other positive."



In addition to "Black Panther," Wright stars in director Steven Spielberg's forthcoming film adaptation of the cult novel "Ready Player One," which debuts in late March.

Why Doesn't God Intervene to Prevent Evil? Because We Matter

by **TOM GILSON** | stream.org

I lost two first cousins to senseless, brutal violence. Years later the memory of their deaths still brings me anger and grief. God didn't save them. He didn't prevent the Parkland shootings. He didn't stop the shooters in Las Vegas, San Bernardino, Sandy Hook ... or any of the other millions of atrocities this world has suffered.

Why not? Why doesn't God intervene? C.S. Lewis has an answer. This time it isn't in one of his essays, but in his short science fiction novel *Perelandra*. It's the second of his "space trilogy." The trilogy begins with *Out of the Silent Planet* and ends with *That Hideous Strength*.

Perelandra is the "real" name for the planet Venus, which is quite habitable. (I have to reveal some spoilers here, but you'll still want to read the book for its stunning imagery.)

Elwin Ransom, a British professor, lands there and meets a man and a woman who have just been created by God. They're innocent and undefiled, as Adam and Eve once were in Eden. God has given them perfect freedom to do as they please, with just one restriction — just as Adam and Eve had freedom, too, with just one prohibition.

Ransom is a believer in Jesus Christ, unlike Edward Weston, another professor who lands there shortly after him. Weston dives straight into tempting the *Perelandrans* into disobedience. Day after day, interminably, annoyingly, frustratingly, he urges them to do the wrong thing. Day after day Ransom prays they'll stand strong.

"Why Don't You Send Help?!"

The *Perelandran* woman begins thinking about giving in. Ransom is frantic. He can't stand the thought of *Perelandra* and its people spoiled through sin. His prayers turn to pleading: "Oh, God! Why don't You send help?!" And then he realizes God has



sent help. He himself is the help God has sent. So in a marvelous — and surprising — scene which I won't spoil for you, he takes Weston out for keeps. The couple are rescued from repeating the horrific mistake Adam and Eve made.

Lewis knew that when God sends help, He doesn't often do it by a miracle. Usually He sends a human being.

Christianity, though a religion of grace, is expressed in people doing the right thing. Just this morning, driving home from a breakfast appointment twenty minutes south of here, I passed three hospitals founded by churches. One of them is actually named "Christ Hospital." This is typical of cities across America. So here we have part of the answer to our question: God does intervene — through us.

Christians have been doing good, solving problems, meeting needs since the beginning. So do others. Christian or not, though, people are inconsistent. Too often we shirk their moral duties, or simply miss our chance to help. Evil happens as a tragic result.

What About the Times When Help Doesn't Come?

So we can't be content with the answer we've arrived at so far, that God works through people. We also have to ask why

that answer doesn't always work. And once again, *Perelandra* provides the clue we need.

Suppose God had destroyed Weston with a bolt of lightning. What difference would Ransom have made? What good would he have accomplished? He'd have been nothing more than an observer.

The principle revealed on *Perelandra* applies on Earth. Suppose God let people do good when they chose to do good, but when they didn't, He stepped in to stop them Himself? How long would it take for good people to ask themselves: What's the point of doing good? I don't have to step up. God's going to handle it. He always does. It always works out just the same in the end.

Who would bother doing good, if God always did it for us? Who would be brave, if bravery had no effect? Who would give, if our gifts only substituted for what God was planning to do without us?

It's Because We Matter

But who cares if our choices didn't matter? Wouldn't the world be a better place if God didn't leave so much up to us? We fail. We sin. We don't do what we should. Sometimes we do what we know we shouldn't. Wouldn't the world be a better place if God would just stop every Nikolai

Cruz out there, and keep them from doing any evil they planned to do?

I don't think so. Not at all. In a world like that, we wouldn't make any difference. We wouldn't matter.

God made us so our choices matter. He designed us to change the lives of others. He created us to make a difference in the world. That's a crucial part of being human. God made us so we can choose to be Ransom on *Perelandra*. But that means

When God sends help, He doesn't often do it by a miracle. Usually He sends a human being.

we can also choose to be Weston. For if we couldn't make the evil choice to be Weston — if God always stopped us from doing that — we couldn't make a genuine choice to be Ransom either.

In His wisdom and love, God gave us the ability to choose to do right, which

requires that we be able to choose not to do right. Or even to do wrong. If by God's design we could only "choose" to do good, then doing good wouldn't actually be our decision. A "choice" between just one option is nonsense; it isn't a choice at all.

Where there is choice there can be pain; it's an unavoidable part of the package. I understand that. I don't want to be insensitive to the Parkland victims, to their families, or to any of the rest of us who have suffered deeply. As I said, I've lost two people I loved to violence, too.

But would I want to live in a world where my cousins still lived, but their moral decisions weren't decisions after all; where their "choices" had no substantial effect on anything, and neither did mine or anyone else's? No, I'd rather live where our decisions, whether good or evil, make a real difference. I'd rather live where it matters to be human.

If the evil of Parkland can happen, so can the real good of preventing the next crime, the next broken marriage, the next aborted child, the next hungry or thirsty family. So let's go make a difference. Because we matter.

Ambassador for Int'l Religious Freedom Sam Brownback: Advancing Religious Liberty Is 'America's Most Noble Effort'

by **Brandon Showalter** | CP

Vice President Mike Pence swore in Kansas Gov. Sam Brownback as the new Ambassador-at-Large for International Religious Freedom last month, a key State Department post that advocates for persecuted religious minority groups worldwide.

In remarks before administering the oath, the vice president praised Brownback for his three decades of public service, and referenced their close friendship while serving in Congress and as state governors at the same time.

"In all the years I've known him, I've never ceased to be encouraged or inspired by his example, his faith, his unwavering belief in the goodness of the American people and his dedication and commitment to fight for what's right. It's all those qualities I know that made this decision an easy one for President Donald Trump," Pence said.

In brief remarks after taking the oath, Brownback noted that never before has there been so much religious persecution in the world, highlighting the plight of the Rohingya people in refugee camps in Myanmar, and the 21 Coptic Christians



who were beheaded on a beach in Libya. The right to determine the destiny of one's own soul is a freedom Americans cherish and it's a freedom worth fighting for on the world stage, he said.

Religious liberty for everyone is one of America's most "noble efforts," Brownback said, and "perhaps, and in my opinion it is, the greatest of our efforts and the greatest of our causes."

Religious freedom is a "foundational human right," he said, "and its establishment is foundational for a nation to prosper and move forward in freedom." Americans believe in this and "we will fight for it," he added.

"If you want more security and less terrorism in your country, have more reli-

gious freedom. It's a byproduct, a fruit of more security and peace. It's in all the data, and now we need to spread it to all the world."

The new ambassador expressed confidence that with the backing of the Trump administration the Islamic State's atrocities against religious minorities in the Middle East will cease.

"We will see the expansion of religious liberty around the world. Mark my words. This is going to happen. We will get it done," he told the crowd to enthusiastic applause.

"So as a son of the prairie, I humbly accept this high role for our nation. May God bless this cause," Brownback concluded.

In addition to his wife and three of his children, guests attending Brownback's ceremony included his predecessor, David Saperstein, and Federal Communications Commission head Ajit Pai, who once worked for Brownback when the Kansas governor was a U.S. Senator. Also present was former Congressman Frank Wolf, a passionate advocate for religious freedom and human rights, after whom the revamped International Religious Freedom Act of 2016 is named.

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THE EASTER STORY BY LINDA SUE POCHODZAY

What an awfully sad day it had been for the friends of Jesus! They had stood watching sorrowfully, as Jesus hung on the cross dying. They didn't fully understand why it had to happen.

They believed that Jesus was the Son of God, and they remembered how He had healed the sick and made blind people see. They remembered how He had fed thousands of people with just a few loaves of bread and fish. They even remembered how He had caused dead people to come back to life. He was such a good, kind man; why did He have to die?

Just before the sun was beginning to



sink into the west, Joseph, one of Jesus' friends, noticed that Jesus was no longer breathing. He hurriedly went to ask Pilate

if he could have the body of Jesus so he could bury Him. When Pilate agreed, Joseph and Nicodemus (another friend) carefully wrapped Jesus' body in clean cloths. Then they took Him to a tomb to bury Him.

The next day, the Pharisees started thinking about Jesus. They were the people that had wanted to kill Jesus. They remembered how He had taught them, saying that He would rise again after three days. They were worried that it might be true! They also thought that Jesus' disciples would remember and might try to steal the body from the tomb just so they could say that Jesus rose again. They went to Pilate, suggesting that the tomb be closed up with a huge stone and that guards be placed all around the tomb.

Just before daylight the next day, the most amazing thing happened! There was a GREAT EARTHQUAKE! An ANGEL from the Lord came down from heaven, moved the gigantic stone away from the door of the tomb and sat on it. The guards began to shake with fear! They fell down to the ground as if they were dead!

Mary and some other women had decided to get up very early in the morning and go to visit the tomb where Jesus was placed. While walking down the road, they were discussing how they were going to get inside the tomb. They had brought along some spices and perfume that they wanted to place on Jesus' body. They knew the huge stone had been placed in the doorway and they had no idea how they were going to move it.

What a SURPRISE they found when they reached the tomb! The stone had already been moved! And . . . there was an ANGEL sitting on the stone! The women were quite afraid, but the angel spoke gently to them:

"Don't be afraid. I know that you have come to see Jesus. He is not here; for he is risen just as he said. Come inside and see the place where he lay."

The women went inside the tomb and found it empty, just as the angel had told them.



The angel spoke to the women one more time:

"Go quickly and tell the other disciples that Jesus has risen from the dead; and he is going into Galilee where you will see him."

The women did just as the angel had told them. They ran quickly from the tomb, with fear and great joy, to tell the good news to the other disciples. But . . . when the women found Peter and their other friends and tried to tell them the good news, . . . no one believed them!

When the women persisted, Peter decided that he needed to find out for himself.

He ran all the way to the tomb.

He went inside.

He saw the cloths that had been wrapped around Jesus, but the body was not there.



He wondered if it could possibly be true. Did Jesus really raise from the dead? Was Jesus really alive?

Two of Jesus' other friends were going on a journey to a village called Emmaus. As they walked and talked, they discussed all the things that had happened over the past few days. A man came along and joined the group. He walked along with them and wanted to join their discussion. Cleopas began telling the man about how Jesus was crucified on the cross. They talked about how the women found the

EASTER EVENT SCHEDULE



STATIONS OF THE CROSS AND MENTAL ILLNESS – Mar. 4 & 11, 5:30pm, First Presbyterian Church, 817 Harrison St. Classes based on the art of Mary Button associating these two topics. For info: 233-9601 or fpctopeka.org Urish.

EASTER EGG HUNT & ACTIVITIES – Mar. 24, 2-3pm, Crestview United Methodist Church, 2245 SW Eveningside Dr.

EASTER EGG HUNT – Mar. 28, 5:30-7pm, Topeka Rescue Mission Ministries, 600 N Kansas Ave.

MOONLIGHT EGG HUNT – Mar. 29, 8-9pm, Shawnee North Nature Trail and Fitness Loop Trail, 300 NE 43rd St. \$10 pre-registration required. For info: 251-6800

MAUNDY THURSDAY SEDER MEAL – Mar. 29, 6-7pm. Crestview United Methodist Church, 2245 SW Eveningside Dr.

GOOD FRIDAY DINNER – Mar. 30, 5-8pm. Mission Hill, 7627 SW 17th St. Please bring a main dish and side dish or dessert to share.

GOOD FRIDAY WORSHIP – Mar. 30, 6-7pm. Crestview United Methodist Church, 2245 SW Eveningside Dr.

5th ANNUAL EASTERFEST: TOPEKA EASTER PARADE & FUN FAIR – Mar. 31, 10am-3pm, North Kansas Avenue & Garfield Park. Topeka's annual Easter Parade will begin at 10am at the tracks in NOTO and proceed north on Kansas Avenue to Garfield Park. Egg Hunt begins right after the parade at the playground in Garfield Park. Food Trucks will be on hand and the Family Fun Fair will be 10-3 in Garfield Park, in the Shelter House & in the Gym, including vendor booths, children's games, food, facepainting, pony rides, laser tag, bubble soccer and more. Win bicycles at the Football Toss at 2pm. Cake Walk at noon and 1pm. Bands, gymnastics, ballet and other entertainment will be on hand. For info: info@C5Alive.org or 640-6399.

EASTER WORSHIP – Apr. 1, 7-12. Crestview United Methodist Church, 2245 SW Eveningside Dr. 7am sunrise service with light breakfast following; 8:30am worship; 9:40am Sunday school; 10:50am worship.

EASTER BREAKFAST & SERVICE – Apr. 1, 8:30am: breakfast; 9:30am: service. Lakeview Church of the Nazarene, 2835 SE Croco Rd. For info: 266-3247

EASTER BREAKFAST – Apr. 1, 8:30am. Worship at 10a. Rolling Hills Christian Church, 4530 NW Hiawatha Place. For info: 286-0601

empty tomb.

As they continued their journey, they invited the man to come in with them and have dinner. When they sat down to eat their meal, the man picked up a loaf of bread and broke it in pieces. Then he prayed for the meal and gave the bread to the men. At that very moment they realized that the man was JESUS! They had



been talking to Jesus the whole time and didn't even know it!

Then . . . ANOTHER strange thing happened. As soon as they realized who it really was that sat at the table with them. . . Jesus disappeared! They talked about

the wonderful time they had talking with Jesus down the road, and they just couldn't help talking about his strange disappearance. They got up from their meal and returned to Jerusalem where they told all the other disciples the good news that Jesus REALLY DID raise from the dead and had talked with them.

As they were talking, Jesus again appeared to them. They were afraid and thought they were seeing a ghost, but Jesus told them not to be afraid. He showed them His hands and feet where He had been nailed to the cross, so they would believe that it was really Him.

When they saw the nail holes in His hands and feet, they finally believed that Jesus had risen from the dead, just like He said He would. They were soooo happy and joyful to have their friend with them again. They were soooo excited that they had to tell EVERYBODY the good news that JESUS IS ALIVE!

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6 WAYS TO SAVE EASTER

by **Christa A. Banister**

According to the New Oxford American Dictionary, Easter is “the most important – and oldest – festival of the Christian Church, celebrating the resurrection of Jesus Christ.”

Now I don’t know about you, but Easter sure doesn’t feel that way in the ol’ celebration department. If anything, Christmas still gets much, much higher billing. Depending on someone’s level of enthusiasm (and trust me, I start cranking up the holiday tunes earlier than most, too), we may even celebrate an entire month in advance of the Christmas day. But Easter? Well, sometimes I’m not even sure when it is – March or April, beginning or end of the month. Then there’s Lent. It seems like a meaningful activity, but my church simply ignores it while deeply committed Christians I know make it central to their remembrance of the risen Christ.

So if Easter is considered the most important event on a believer’s calen-

dar, how can we give the day – and all it signifies for mankind – its proper due? Well, we got to thinking about just that with six ways to make this Easter memorable. Who knows? You may even find a few new traditions for future Easter celebrations, too.

SWITCH IT UP

One of the best ways of experiencing the redemption story anew is simply switching up your Bible translation. If you’re a devout NIV reader, why not try The Message? Or the New King James version? When the words don’t feel so familiar, it’s possible to discover new insights you may have missed the first few times around. Plus, since the story is featured in all four gospels, it’s also interesting to get Matthew, Mark, Luke and John’s different perspectives.

GIVE A LITTLE BIT

Instead of just focusing on your individual family gathering, make Easter a time for reaching out. Maybe it’s bringing an Easter basket full of goodies to an elderly person. Or donat-

ing all those unneeded gems you found during your routine spring cleaning to a local shelter. Maybe it’s even supplying all the ingredients for a great Easter meal to a nearby food pantry. But whatever it is, it’s always great to give.

WATCH THIS

Instead of the usual movie night with family and friends, watch something engaging that tells the story. There are several movies on the big screen this month including *Son of God* and *Heaven is for Rea*, but don’t forget the DVD player. Check our list of movies perfect for Easter at www.metrovoicenews.com.

LET ART TELL THE STORY

Surprisingly enough, the Passion of Christ is one of the most-portrayed subjects of Western artists. If you live in a city with a local art museum, considering visiting with a friend or family members and see the story vividly portrayed through simple and intricate brushstrokes.



CELEBRATE NEW LIFE

As a symbol of the new life we experience in knowing Christ and experiencing His redemption, why not give your Mom (or another favorite female relative) something simple like a lily? Or plant your favorite flowers in your own yard for a yearly reminder? And if you don’t have a green thumb, you can buy a new outfit instead since that also is a tradition that celebrates the new life we have in Christ.

LISTEN TO THE WORDS

Some hymns like Charles Wesley’s “Come Let Us With Our Lord Arise” and “Christ the Lord is Risen Today” or even Bill Gaither’s “Because He Lives”

are popular selections for Easter Sunday morning services. And while it’s easy to merely sing the familiar words without giving them much thought, consider examining the lyrics again. Simply reading (or listening to) these words can’t help but make you excited about the sacrifice Jesus made for everyone. For more meditations on Easter, check out www.easterincyberspace.com.

Whatever you choose to do, it’s an opportunity to reclaim Easter. Let’s take back this special day and the weekend in which it falls. We’ve just about lost Christmas in all the clamor. Let’s not let that happen to the most holy of holidays—Easter.

EASTER

continued from page 1

and political figures that sentenced Jesus to death was ugly. The tearing apart of Jesus’ flesh was bloody and ugly. Jesus being hung on two pieces of wood by being nailed to it through his hands and feet, was inhumane and ugly. The grue-

someness of the cross, illustrates the severity of our wrongs. In the courtroom of God, our failings required the penalty of spiritual and eternal death. However, in the greatest display of sacrificial love, Jesus suffered and died in our place. He took our sin and penalty upon Himself, so we wouldn’t have to.

That is the hope of Easter. Through the

cross, a hard-hearted man can become loving and forgiving. Through the cross, a bitter woman can become kind and compassionate. Through the cross, a divided nation can become one.

And what guarantees these things? The resurrection of Jesus. Three days after He died, He rose again. Therefore, because He lives, so can-

YOU. His victory can be yours.

A prayer for you to pray – God in heaven, I can see the darkness of my heart. I do not have it all together. I am broken. I need the work of the cross in my life. Oh God, save me! Rescue me! Give me a new heart and a new life today. In Jesus’ name. Amen.

Listen to Clint Decker’s radio broadcast, *The Unbreakable Truth*, at 2:50am & 10:50am on Upper Room Radio, KFGB 97.7FM, Topeka’s local Christian radio station. He can be reached at decker@greatawakenings.org

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Guest Speaker: Dan Meers

Dan Meers goes to work each day like many other men, dressed in a suit. The only difference is that instead of wearing a tie with his suit, Dan wears a tail. You see, Dan is a professional mascot.

Dan began his career in 1986 at the University of Missouri – Columbia. Dressed as the school mascot, Truman Tiger, it didn’t take long for Dan to establish himself as one of the top college mascots in the nation. After finishing second in 1988, Dan was selected the nation’s #1 college mascot at the 1989 National Collegiate Mascot Championships. As graduation approached, Dan began to receive offers to use his talents at the professional level.

After graduating with honors, Dan decided to trade in his tiger stripes for bird feathers and began his professional career as Fredbird, the mascot for the St. Louis Cardinals baseball team. Although many thought Dan’s “bird legs” were a perfect match for his costume in St. Louis, Dan stayed only a short time. He was offered a job in professional football and decided to exchange his bird suit to become a wolf.

Today Dan is widely known as KC Wolf, the official mascot of the Kansas City Chiefs. He travels throughout the United States and the world entertaining thousands of people both in and out of costume. Dan is in high demand not only as a mascot but also as a humorous and motivational speaker to audiences of all ages. His enthusiasm, optimism and love for life are contagious and makes Dan an inspiration to all those he meets.



Benedictine College Honors 50th Anniversary of “Humanae Vitae”

(The Sentinel) To those not paying attention, it may not seem newsworthy that a Catholic college would honor a papal encyclical, but Humanae Vitae is no ordinary encyclical, and Benedictine is no ordinary Catholic college.

Benedictine’s 7th Annual Symposium on Advancing the New Evangelization takes place March 23 and March 24 on the Benedictine campus in Atchison. The subject this year is “Humanae Vitae 50 Years Later: A Call to Self Gift.”

The symposium is open to the public.

When Pope Paul VI issued Humanae Vitae in 1968, liberals in and outside of the church had high expectations. After a decade of sweeping change, they expected more change still on the subject of human sexuality.

Dr. Ian Jessiman, who attended the



abortion and dismayed liberals like Jessiman. “Sadly,” he claims, “there can be little doubt that Humanae Vitae was a disaster for the western Church.”

Today, most Catholic universities have few qualms hosting shows like “The Vagina Monologues” but would shudder at the thought of hosting a symposium on Humanae Vitae. This is what makes Benedictine’s decision so bold.

One of the speakers, Dr. Janet Smith, makes a strong case for the encyclical. “The Pope first noted that the widespread use of contraception would lead to conjugal infidelity and the general lowering of morality,” she writes. “That there has been a widespread decline in morality, especially sexual morality, in the last 25 years, is very difficult to deny. The increase in the number of divorces, abortion, out-of-wedlock pregnancies, and venereal diseases should convince any skeptic that sexual morality is not the strong suit of our age.”

More topically still, Smith notes, Paul VI also argued that ‘the man’ will lose respect for ‘the woman’ and “no longer (care) for her physical and psychological equilibrium’ and will come to “the point of considering her as a mere instrument of selfish enjoyment and no longer as his respected and beloved companion.” A few months into the Harvey Weinstein era, this argument would be hard to deny even at Georgetown or Notre Dame.

The symposium is open to the public. To register go to https://benedictinecollege.formstack.com/forms/new_evangelization?ref=email-2018-02-21

second Vatican Council that ended five years before the encyclical, captures the liberal enthusiasm for that period: “What a change it was to be! The whole church, certainly in western Europe, moved from initial bewilderment through joyful elation to a tremendous feeling of enthusiasm and mutual love.”

“Into the center of this,” Jessiman continues, “and almost completely out of the blue came Humanae Vitae.” The encyclical affirmed the Church’s position against artificial birth control and

Just a Minute with the COUNTRY PARSON

Howdy partner. There is a saying that goes, “Life is hard and then you die.” Each of us will face the finality of death. But the real question is how are you living your life now? You have three choices: give in, give up or give it all you got.

a. First, you can give in. Give in to the peer pressures that others apply to you. By doing that, you just become a drone to fulfill someone else’s life. Living that way is not living at all. Far too many folks are just being robotic in their life.

b. Secondly, you can give up. Throwing in the towel isn’t good

either. You have great Godly worth and value. You might not see it or feel it now, but that just tells me that you aren’t looking in the right direction. God has a plan for your life. Let Him show it to you!

c. The final answer is the best answer! Give it all you got! This is the only way to truly live your life! Using the Bible for direction, you can live your life to the fullest! By living this way, you won’t have any regrets. So, go ahead, give it all you got!

Be Encouraged,

Scott Perkins

The Country Parson

What Are Volunteers Worth?

Early in 2017, Barry Feaker challenged our employee teams with the goal to be the best rescue mission in the country. We worked hard and opportunities to serve the homeless and hungry are growing. Many of the guests we serve are hungry for much more than a good meal — they long to understand and experience the peace, love and hope that comes from knowing Jesus.



Every day we see God’s hand of provision and protection, along with your generous support, keeping these doors open. This organization began nearly 65 years ago with volunteers offering coffee, donuts and prayer. It continues today as a grassroots-supported non-denominational ministry fueled by prayer, volunteers and donors. Did you know that the value of volunteer time at Topeka Rescue Mission Ministries for 2017 was more than \$1.2million? We are so grateful for each of you. It is humbling and encouraging to see the many ways you make a difference to so many

people we feed, care for and shelter here.

Here are just a few:

The Children’s Palace became operational on July 24, 2017. Those kids ate 2,399 meals and 2,648 snacks

- 586,574 meals were served and distributed into the community last year — up more than 44,800 meals in 2016

- 4022 people were served during Christmas. They were given 11,685 gifts. 615 people joined us to celebrate with a meal on Christmas Day — the most ever

- Volunteers worked 55,029 hours in 2017—up almost 2500 hours from 2016

- The Restore Hope team intervened in the lives of 131 different people — up from 92 people in 2016 and 45 people in 2015.

- 96,648 total nights of shelter were provided — up more than 5,440 nights in 2016

Without you, we can’t do this. Our community needs your help — we need your help. Please visit us at trmonline.org and click on the About button. Under publications, you’ll find the March Newsletter. God bless you...

Mark DeGroff

Topeka Rescue Mission Ministries

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5 Ways to Refresh Your Home for Spring

(Family Features) Spring is a time for renewal and awakenings. It's also the perfect time to take your cues from Mother Nature and devise a plan to reduce and reimagine your way to a refreshing, updated home you can fully enjoy once more.

Reorganize cluttered areas

If a room (or rooms) in your house are in disarray, start by reorganizing those often-used spaces to give them a like-new look and feel. Begin by removing everything from the room - including the furniture, if you're able - and separate your belongings into boxes or piles based on what you plan to put back in the room, move to another

location and throw away or donate. Once you've cleaned the space, resituate the necessary furniture then place items you're keeping back in their places in tidy fashion so they're easy to locate.

Eliminate the extras

While you're freshening up the house, it's the perfect time to purge unwanted and unused items, but remember that items in good condition can actually do good for those in need. By donating clothing, electronics, furniture, household goods and vehicles to be sold



in The Salvation Army Family and Thrift Stores, you can help transform lives in your local community. A good rule of thumb: if you haven't used it in the last year and it doesn't have special sentimental value, it's probably time to let it go.

Get rid of grime

A whole season's worth of dirt and dust accumulates during the cold winter months. A deep clean inside and out can restore your home to its former glory. Inside, take time to launder all of your linens, including curtains, rugs and bedding. Move furniture to vacuum behind and below, and don't overlook dust and dirt magnets like mirrors, light fixtures and the insides of cabinets, especially higher shelves that see infrequent use. Outdoors, hose off or power-wash surfaces like windows, siding, decks and concrete to restore a crisp, clean appearance.

Revise for real life

If there's an area of your home that isn't quite working for your lifestyle, spring cleaning is the perfect opportunity to make a change. That may mean reconfiguring furniture for a more functional living room or converting an under-used guest room into a useful craft or project space. Take time to consider what changes will make the space more practical, and even sketch out some possibilities on paper to fine-tune your ideas before you get to work.

Discover new decor

A spring refresh is about more than just decluttering and cleaning, it's about giving new life to your home with new decor, accessories and artwork. One affordable option: seek out unexpected treasures

by shopping for great bargains at thrift stores. The proceeds from the sale of items found at shops like The Salvation Army Thrift and Family Stores go to help those in need, and it's one simple way to update your decor without spending a fortune.

Visit SATruck.org to schedule a donation pick-up or find a thrift store near you.

Photo courtesy of Getty Images #14138

Source: The Salvation Army

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March Gladness at Jacksons!

Annette's Tip:

Spring-like weather appears to have arrived, so there are a few things you need to accomplish in your yard and garden. Dormant oil spray with ferti-lome Horticultural Oil needs to be done right away on fruit trees, grapes, berry bushes and roses. Peach trees need to be sprayed with ferti-lome Broad Spectrum fungicide to control peach leaf curl.

Dormant overseeding with ferti-lome New Lawn Starter can now be done just ahead of the next rain or snow event. It will soon be time for crabgrass preventer, ferti-lome For All Seasons II for your lawn, unless you dormant overseeded. In that case, ferti-lome has other products to control crabgrass.

It's time to plant peas, radishes and onions; and - later in the month - cabbage, cauliflower, broccoli and brussel sprouts. Bring in a soil sample for a free pH test to make sure your garden is in proper balance.

Recycle your planters & baskets

Bring in last year's pots, planters and baskets for us to plant & pick them after Mother's Day - beautiful and in full bloom!

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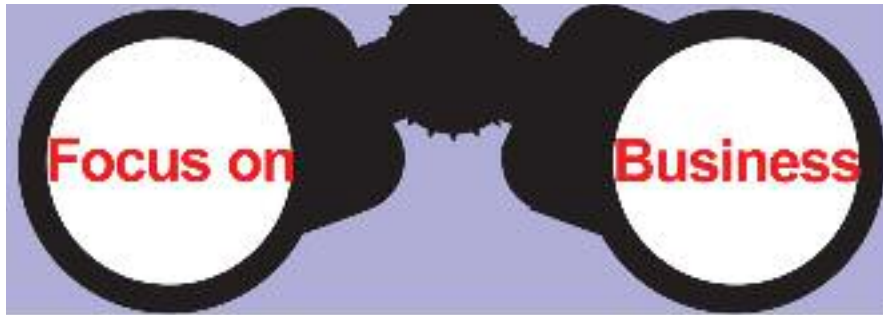
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Restaurant adds Pizza to Bagels, Sandwiches & Espresso

Pizagel's is the name of the restaurant – an amalgamation of two of the main items on their bill of fare: pizza and bagels. But, Pizagel's Pizza & Bakery is about so much more.



You see, Pizagel's opens at 6:00 AM every day except Sunday, when they open at 7:00 AM, to start your day off with a tasty breakfast. Besides various flavors of bagels and delicious cream cheeses, you can get an egg and cheese croissant or English muffin with your choice of meats and veggies.

There are also fresh pastries, breads, muffins and new cresnats with a large variety of toppings to go along with

them. Owner Jim Burgardt says, "Our baked goods are made fresh from scratch every day." Because everything is baked fresh each day it would be a good idea to call Pizagel's a day or two ahead of time if you need a large order.

Pizagel's is also open every day until 9:00 PM so you can get a delightful lunch or dinner. They serve all sorts of sandwiches made with their fresh baked breads, croissants and bagels. Add a bowl of soup and smoothie or espresso drink and you have a great meal.

Since it is in the name you would expect Pizagel's to offer a great selection

of Pizza's – and you will not be disappointed. Pizagel's offers pizza by the slice for lunch, personal sized mini-pizzas and small to extra-large pies in many different combinations, such as; Supreme, Meat-Lovers, Taco, Chicken Alfredo, Buffalo Chicken, Philly Cheese Steak and Southwestern to name a few. Pair one of these pies with a cold beer or glass of wine for a delicious dining experience.

The bottom line is that everything you eat at Pizagel's Pizza & Bakery is fresh made daily with the best ingredients at a locally owned, family restaurant. Stop by 2830 SW Fairlawn Road, order online at www.pizagels.com or call them at (785) 273-7070 and see for yourself what Pizagel's is all about.

Make the Most of the Summer at CAGE Gymnastics

The management team at CAGE Gymnastics is there because they love the sport of gymnastics, love the athletes and are thrilled to pass on their knowledge and passion to the next generation of future coaches and athletes. CAGE has been operating under their current name and ownership since 2001. The facility itself has been serving Topeka since 1987.

CAGE Gymnastics offers programs designed to promote age-appropriate skill development in a fun and safe environment. Your child will be able to build an athletic foundation for all sports through the strength, flexibility, and coordination that only the challenge of gymnastics can offer. As your child progresses, CAGE seeks to develop such principles as goal setting, time management, sportsmanship, dedication and discipline – all of which are important life-skills taught in each and every one of

their programs. All of these aspects of learning contribute to a positive self-image and personal success.

From beginners to advanced students, the friendly staff will help you find the class or activity to meet you and your children's goals.

CAGE Gymnastics preschool classes and lesson plans were designed with the developmental milestones of your preschooler in mind. All of their preschool gymnastics classes are taught in their "tots" room with some introduction into the main gym which will allow your child to feel more secure and to better maintain focus. Your child will participate in age-appropriate activities designed to enhance coordination, strength, flexibility, hand-eye coordination and exploration while learning gymnastics on specially-designed equipment just their size.

Once your child enters Kindergarten,



they will be part of CAGE Gymnastics' recreational program. All of their carefully thought-out classes are designed to foster your child's love of physical fitness and gymnastics in a fun, challenging environment. Emphasis is placed on body awareness, speed, agility, flexibility and strength. The athletes will train on all four gymnastics apparatuses every week & be evaluated on their progress 4 times per year as they move up through our program.

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CONCERTS

TOPEKA ACOUSTIC MUSIC JAM - First Sat. of ea. month, 3-5pm, Potwin Presbyterian Church (enter south door), 400 S.W. Washburn: 286-0227 hagen1525@gmail.com.

THE BERRYTON PICKERS - First Sat. of ea. month, 7-9pm, Berryton Baptist Church. Bring snacks, have fun!

KANSAS PRAIRIE PICKERS - Fourth Sun. ea. Month, 1pm, Auburn Community Center. Foot-stomping, hand-clapping tunes. Concessions available

WASHBURN JAZZ CONCERT - Mar. 8, 7:30pm, White Concert Hall, 1700 SW College Ave.

ELMONT OPRY - Mar. 9, 7pm; and 10, 1pm, Elmont UMC, 6635 NW Church Ln. Featuring Penny St. John. Doors open 90 minutes early for lunch or dinner. Tickets

\$10 - call John at 246-0156.

DEUX VOIX IN CONCERT - Mar. 15, 6pm, Aldersgate Village, 7220 SW Asbury. Deux Voix is a trumpet and organ duo based out of Houston, TX, that represents a blend of a classic sound and contemporary repertoire.

WINTER JAM, March 16, 7:00 pm. Sprint Center, 1407 Grand Blvd., Kansas City, MO 64106.

DEUX VOIX AT "ONSTAGE LIVE" ART SERIES - Mar. 17, Washburn University.

SKILLET IN CONCERT - Apr. 14, Kansas Expo Centre. also featuring For King & Country. Ticketmaster.com

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1:30pm, Rolling Hills Christian Church, 4530 NW Hiawatha Place (US Hwy 75 & NW 46th St.) 785-286-0601 or office@rhctoepka.org

SPIRITUAL PAUSE - Every Wed., 12-12:30pm, Carole Chapel at Washburn Univ. Informal worship service. 785-233-1844

HARVESTER'S PROGRAM FOR SENIOR CITIZENS - every second Sat., takes place at Christian Lord Ministries, 2421 SE California. Call 266-4979.

BINGO AT FAIRLAWN HEIGHTS ASSISTED LIVING - 3pm, 1st Sat. of ea. month. Facilitator: Pastor Carole

FIRST SATURDAY BREAKFAST BUFFET - First Saturday of every month, 7:30-10am. Shawnee Heights United Methodist Church. Free will offering.

FREE WEEKLY COMMUNITY PANCAKE BREAKFAST - Sundays at 10am sharp, at Oakland Church of the Nazarene: 900 block of NE Oakland, followed by church services at 10:45am with Pastor John Menkvelde - which is in turn followed at noon by The Hope House FREE Community Food & Clothing Banks.

FIRST WEDNESDAY WESLEY CAFE - First Wed., 6:15pm, Susanna Wesley UMC, 7433 SW 29th. A worship service will follow at 7:00. 785-478-3697 or www.swumc.org/wesley-cafe-sign-up1.html

CHILDREN'S ART WORKSHOP - Mar. 3, 10am. NET Reach Center, 455 SE Golf Park Blvd. Grades 2-6. Free.

VOLUNTEER EVENT - Mar. 3, 12:30 and 3pm. Come help package meals for starving children around the world. For info: faithlutherantopeka.com

STATIONS OF THE CROSS AND MENTAL ILLNESS - Mar. 4 & 11, 5:30pm, First Presbyterian Church, 817 Harrison St. Classes based on the art of Mary Burton associating these two topics. For info: 233-9601 or fpctoepka.org

ROLLING HILLS CONCERT - Mar. 4, 6pm, Rolling Hills Christian Church, 4530 NW Hiawatha Pl. An evening of encouragement, laughter, and smiles

THIRD ANNUAL FOOD FIGHT - Mar. 4, 5pm. Rolling Hills Christian Church, 4530 NW Hiawatha Place. Competitors will sign up for Appetizers, Chili, Soup, or Dessert. Attendees vote on their favorites. Concert by And He Walks With Me follows dinner. For info: 286-0601 or office@rhctoepka.org

SPRING THRIFT SALE - Mar. 9, 8:30-2 & Mar. 10, 8:30-12. University Methodist Church, 1621 SW College Ave. For info: 235-2331

BISCUIT & GRAVY BREAKFAST - Mar. 10, 7-11am. Seaman Community Church, 2036 NW Taylor. \$5. For info: 354-8777

MEN'S BREAKFAST - Mar. 17, 7-9am. Topeka Bible Church, 1135 SW College Ave.

DARRIN CRAWFORD MINISTRIES - Mar. 22-24, 6pm. Love Fellowship Church, 2636 SE Minnesota St. \$15. Bringing the Singers and Musicians Workshop/Concert.

BELIEVE KANSAS CITY, March 23, 7:30 pm & March 24, 9:30 pm. Kansas City Convention Center, 301 W. 13th St., Kansas City, MO 64105. Special Speakers: Jeff Walling, Merci Neff, Kalied Dance Crew. 417-781-2273.

SOLDIER TOWNSHIP FIRE DEPARTMENT PANCAKE FEED - Mar. 24, 6am. North Topeka Sunrise Optimists, 720 NW 50th St. \$5 all you can eat.

EASTER EGG HUNT & ACTIVITIES - Mar. 24, 2-3pm, Crestview UMC, 2245 SW Eveningside Dr.

MAUNDY THURSDAY SEDER MEAL - Mar. 29, 6-7pm. Crestview UMC, 2245 SW Eveningside Dr.

GOOD FRIDAY DINNER - Mar. 30, 5-8pm. Mission Hill, 7627 SW 17th St. Please bring a main dish and side dish or dessert to share.

GOOD FRIDAY WORSHIP - Mar. 30, 6-7pm. Crestview United Methodist Church, 2245 SW Eveningside Dr.

EASTER WORSHIP - Apr. 1, 7-12. Crestview United Methodist Church, 2245 SW Eveningside Dr. 7am sunrise service with light breakfast following; 8:30am worship; 9:40am Sunday school; 10:50am worship.

EASTER BREAKFAST & SERVICE - Apr. 1, 8:30am: breakfast; 9:30am: service. Lakeview Church of the Nazarene, 2835 SE Croco Rd. For info: 266-3247

EASTER BREAKFAST - Apr. 1, 8:30am. Worship at 10am. Rolling Hills Christian Church, 4530 NW Hiawatha Place. For info: 286-0601

SEMINARS & CONFERENCES

MEDICARE MONDAYS - First Mon. of ea. month, 1-3pm. Topeka/Sh. Co. Public Library (Menninger Rm 206), 1515 SW 10th. Jayhawk Area Agency on Aging and Senior Health Insurance Counseling for Kansas offers

Senior health insurance counseling. For info: 580-4545 or nhonl@tsclpl.org

MEDICARE EDUCATIONAL SEMINAR - Mar. 13 & 27, 2pm. Learn the basics of Medicare and all its options. Seminars are designed for those becoming eligible for Medicare and those considering making a change. Seminar will be held at the Heart Center at 929 SW Mulvane. For info or to sign up: centuryinsuranceagency-cyks.com or 270-4593 or info@century-health.com. Snacks & beverages provided.

PENNY NANCE AT CWA KANSAS STATE CONFERENCE - March 15, Topeka. Penny Nance, CEO of Concerned Women for America in Washington, D.C., will be the key note speaker. Meet & Greet and Continental Breakfast with Penny Nance and Legislators: 8-9am at Kansas State Capitol Building. (Enter on 8th Street, go to the 3rd-floor hall in front of the Old Supreme Court Room.) Impact 2018 Conference: 9:30am - 2pm at Topeka First Church of the Nazarene, 1001 SW Buchanan. For info & registration: ks.cwfa.org or 785-260-5659

EAT RIGHT FOR LIFE - Mar. 28. Salina Hilton Garden Inn, 3320 S 9th St. Salina, KS. Register by Mar. 26. <https://docs.google.com/forms/d/e/1FAIpQLSdtpmEwB>

[NsiY8AQvKDDRHgOWImBxg-xC2WbHnzSy04z0QRw/viewform](https://www.facebook.com/voiceofmetrotopeka/)

FAMILY-FRIENDLY EVENTS

SHEPHERDS CENTER PICKLEBALL GROUP - plays Mon. & Wed. Mon. at Countryside UMC, 32nd & Burlingame, from 3-5. Park on the NORTH side & use the furthest WEST door. Follow the hallway to gym. On Wed. at First Baptist, 30th & MacVicar, from 1-3. Park on the WEST side. Gym is right inside the doors.

SENIOR STRETCHING EXERCISES - each Mon., Wed., Fri.; 9:30-10:15am. Seaman Community Church, 2036 NW Taylor St. Enter on the east side of Fellowship Hall. No charge. 785-354-8777 or 785-213-6016

SAFE STREETS COALITION MEETING - First Wed. of the month, 11-45am-1pm. Great Overland Station. For info: 266-4606 or jwilson@safeststreets.org

LIBRARY'S LEARN & PLAY BUS - Every Tuesday 1-3pm, Auburn Community Center.

SENIORS NUTRITIONAL LUNCH - Weekdays, except holidays, at noon at Auburn Civic Center, 1020 N. Washington Street. Minimal cost per person.

COME TO THE Elmont Opry!

Two Great Shows!

Fri, Mar. 9, 7 pm & Sat. Mar. 10 at 1 pm

Great Country Music by all your favorite performers!

Special Guests: Penny St. John, Auburn Community Center.

Doors open 90 minutes early for lunch or dinner!

Elmont Methodist Church • 6635 NW Church Ln. (1 mile East of North Highway 75 on NW 62nd St.)

Just \$10/ticket! Call John at 246-0156 for reservations

C5Alive Developing and Uniting Christian Leadership

• Business • Non-profits • Churches

Membership open to all Christian businesses, non-profits, churches & individuals! Luncheons & Tradeshow & some other events open to the general public!

C5Alive POWER Luncheons are held 2nd Thur. each mo.

Mar. 8, 11:30-1 - "POWER Luncheon" - Marshall Madil's miraculous motorcycle journey to 49 states! Check www.C5Alive.org for location update. Public is welcome! RSVP to info@C5Alive.org or 785-640-6399

EASTERFEST • Mar. 31, 10-3 - 5th Annual Easter Parade & Fun Fair - North Topeka

Save the Dates! • Apr. 12, 11:30-1, Power luncheon, Gov. Jeff Colyer at Governor's Row House.

For info: www.C5Alive.org or [Facebook.com/C5Alive](https://www.facebook.com/C5Alive)

"With all parents, grandparents, teachers, physicians, and counselors could regularly attend this conference, it's a life changer every single time!" -Dw. Rogers, adoptive mother

EMPOWERED TO CONNECT CONFERENCE

PRESENTED BY SHOW HOPE

SIMULCAST | APRIL 13-14, 2018

Come experience practical teaching in a safe and supportive community as we work to equip families, churches, and professionals to better serve children impacted by adoption and foster care.

Featuring Trust-Based Relational Intervention® methods developed by Dr. Karyn Panis and Dr. David Cross from the Family Process Institute of Child Development at TCU to help bring attachment and connection in families

FREE event simulcast will be hosted at two local ministry locations:

Topoka Rescue Mission - FAIRLAWN CHURCH OF THE NAZARENE
730 SW Fairlawn Rd., Topeka, KS 66606
TRMonline.org/volunteer/special-events
785-354-1744-x303

Hal's Lifeline Ministries - TOPEKA BIBLE CHURCH
1135 SW College Ave., Topeka, KS 66604
discoverlbc.com/empowered-to-connect/

Check-in begins 8:00am Friday, sessions run 8am-5pm Friday & Saturday

SPONSORED BY SHOW HOPE

Compassion International Presents

Lighten Up & Live - Fully Alive!

COMEDIAN

Ken DAVIS

May 11 - Wichita
May 12 - St. Joseph, MO

TICKET INFO:
TrinityCommunications.com

Reservations/cancellations required 24 hours in advance by calling Meals on Wheels of Jefferson & Shawnee Co. at 295-3980. Each meal includes 1% milk & sugar-free items for diabetics. 215-0064.

SHAWNEE SWINGERS SQUARE DANCE LESSONS - Wednesdays, 7pm, Croco Hall, 6115 SE Hwy 40, Tecumseh. Starting Sept. 20. Call 785-817-3071.

COUNTRY AND BALLROOM DANCING - Thursdays 6-9pm. Croco Hall. Info: Edwina 379-9538 or 478-4760.

SHEPHERDS CENTER LINE DANCING GROUP - meets 2nd & 4th Thur, 2-4 at First UMC, 6th & Topeka. Park on the WEST side & use the WEST door. Immediately inside, turn left & walk the ramp to the library, then left to elevator. Push [B] for fellowship hall.

SHEPHERDS CENTER HHHS WALKING GROUP - meets 2nd & 4th Thur, 9:30-11 at HHHS, 21st & Belle. Entrance for walkers is on WEST side. To walk a shelter dog call Kelsey: 233-7325.

NOTO MARKET ON FIRST FRIDAYS - NOTO arts district. Arts, antiques, fine crafts, flea market

SAVING DEATH ROW DOGS ADOPTION BOOTH - Every Sat., 11am - 2pm, Petco, 1930 SW Wanamaker. Some Sat. adoption booths are held at PetSmart, 2020 SW Westport Dr. Updates at savingdeathrowdogs.com

SLIDERDAYS - 12-1pm, Jayhawk Theatre, 720 SW Jackson. Join us every third Saturday for Line Dancing!! Cost: Free-will donation!! 50% of your donation will be applied to the renovation of the Jayhawk Theatre.

TOPEKA FOLK DANCERS CLASSES - Sundays, 2-4pm, 2637 SE 41st St. Dances from 20 countries. No partners or experience necessary. No fee. 215-0968.

BLEEDING KANSAS 2018 - Sundays from Jan. 28-Mar. 4, 2pm, Constitution Hall Historic Site, 319 Elmore, LeCompton. A series of talks and dramatic interpretations on the violent territorial and civil war history of Kansas 1854-1865. Actors will portray Kansans from this turbulent era. Adm: \$3 adults, \$1 students. Children five & younger free. www.lecomptonkansas.com

HEALTHY STEPS MONTHLY MEETUP - Mar. 6 - Dec. 4, West Ridge Mall. Mall walking; log each time you walk - at the kiosk near the lower level, northwest mall entrance. Each visit gives you another entry into monthly prize drawings. Monthly Meetups 9-10am, First Tuesday of every month - special speakers, free blood pressure checks and prize drawings. Mall Walking hours: Mon-Sat 7am - 9pm; Sun 11am - 6pm

KANSAS CYCLIST SPRING FLING CRITERIUM SERIES - Saturdays Feb. 24-Mar. 24. revolution-racing.com

FREE DEMENTIA WORKSHOP - Mar. 3, 10am, Pleasant Hill UMC, 4525 NE Button Rd.

SPOIL ME SILLY - Mar. 7, 6pm, The Brownstone, 4020 NW 25th St. Free. Pop up boutiques, vendors, and free pampering service. Cash bar.

HY-VEE SIMPLE FIX - Mar. 8, 5-7pm. Register by Mar. 4. For only \$115 and one hour of your time, you can have SEVEN meals ready to serve your family any night of the week. Save time & money because there's no shopping & no cleaning! Each meal serves 4. Choose 5 meals for \$85, 6 meals for \$100, 7 meals for \$115.

TOPEKA HOME SHOW - Mar 9-11, Expocentre.

AUBURN LIONS PANCAKES PLUS - Mar. 10, 7:30-10:30am, Auburn Civic Center. For a freewill offering, choose Pancakes & sausage OR biscuits & gravy. Includes coffee, hot tea, juice. michelereese.mr@gmail.com or 608-4288.

CRAM-A-VAN - Mar. 10, 10am-2pm, at both Owls Nest locations, 2411 SW Topeka Blvd & 29th & Adams. Drop off items you already have on hand or pick some up as you shop! Hy-Vee will have pre-packaged donation bags for \$5.

MARCH MADNESS CASH DASH GIVEAWAY - Mar. 10,

10-6, at both Owls Nest locations, 2411 SW Topeka Blvd & 29th & Adams. 10 hidden cash basketballs; shoot the hoop for chance to win. Over \$250 cash giveaway. For info: 267-6957

DAYLIGHT SAVING TIME - DST in Kansas will begin at 2:00 AM on Sunday, March 11

DIAGNOSIS AND MANAGEMENT OF TYPE 2 ADULT DIABETES - Mar. 12, Noon, McFarland's Restaurant. Topeka Lions Club presentation by Nancy Saylor, RN

TRAUMA INFORMED CARE TRAINING - Mar 12, 5:30pm, Midland Care, 1112 SW 6th Ave. Registration and info: 430-2152 or smciver@midlandcc.org

"FISH TALES FROM THE KAW" - Mar. 14, 12-1pm, Great Overland Station. Ned Kehde - All About the Kaw: A Speakers Series. (785) 232-5533

57TH ANNUAL KANSAS PRAYER BREAKFAST - Mar. 14, 6am, Ramada Inn downtown. Guest speaker: Dan Meers, with leaders in government, business, education and industry. \$18 each or tables of 10 for \$180. Sponsored by Topeka Fellowship, Inc. For info and RSVP: info@kansasprayerbreakfast.net or 380-2901

CPLS KINDERGARTEN ROUNDUP - Mar 16, 9am, Cair Paravel Latin School, 635 SW Clay. Info & registration: 232-3878 or www.cpls.org

CAPITOL CITY CARNAGE DEMOLITION DERBY - Mar. 16, 7pm & 17, 10am & 7pm. Kansas Expocentre.

LADIES PRAYER BREAKFAST - Mar. 17, 9:30am - 12:30pm, Lake Shawnee Event Center. Featuring Guest Speaker Shawna Watkins. Tickets: \$7.00 - Call 785-266-7788 or email info@indianaavecofc.org. For more information contact Reola Stewart at 785-506-4755 or reolasteward@yahoo.com. Sponsored by Indiana Avenue Church of Christ Women's Ministry

BLARNEY BREAKFAST - Mar. 17, 7-10am, Blind Tiger Brewery. Adults \$15 in advance, \$20 at the door, Children ages 3-11 are \$5 in advance, \$7 at the door. An adult ticket purchase includes a complementary t-shirt. Bagpipers, balloon artists, face painting, etc.

IRISH FEST, PARADE AND 5K RUN - Mar. 17, Assumption Church 204 SW 8th. 8am breakfast, followed by Leprechaun Leap; 5K fun run & walk (www.irishfestfunrun.com); bed race at S.W. 6th and Jackson; kids carnival; Irish Fest lunch; traditional Irish music with Beyond the Heather, the Donkey Show, and more. Parade starts at noon on Kansas Ave. For info: materdeirishfest.com or 234-9336

A JOHN WAYNE ST. PATRICK'S DAY - Mar. 17, 5pm, Jayhawk Theatre, 720 SW Jackson St. Keith the Critic presents: The Quiet Man - A John Ford film, 1952, starring John Wayne & Maureen O'Hara. Doors open at 4pm. \$5/person. Tickets available at Vintage Stock. Also day of in the Jayhawk Theatre Gallery. (Entrance on Jackson St) Hazel Hill will offer tasty treats and family friendly beverages thru the Jayhawk Theatre Kandy Nook. Celtic Fox will offer adult beverages.

NAVIGATORS MEETING - Mar. 18, 11am, Forest Park Retreat Center, 3158 SE 10th St. Includes a nature walk. If you are not a member feel free to come check out your first meeting with no obligation

INTRODUCTION TO CONTEMPORARY DANCE - Mar. 19, 5:30pm, Kansas Ballet Academy, 5240 SW 17th St. http://www.kansasballet.com/special-spring-break-2018.html

YOUNGER NEXT YEAR - Mar. 19, 12:30-2pm, Public Library. Learn about lifestyle & care options for seniors.

EASTER EGG HUNT - Mar. 28, 5:30-7pm, Topeka Rescue Mission Ministries, 600 N Kansas Ave.

MOONLIGHT EGG HUNT - Mar. 29, 8-9pm, Shawnee North Nature Trail and Fitness Loop Trail, 300 NE 43rd St. \$10 pre-registration required. For info: 251-6800

PANCAKE BREAKFAST AND SILENT AUCTION - Mar. 31, 7-11am, First Christian Ch., 1880 SW Gage. \$5.

Proceeds used for Sunflower Lions Club Vision Screening small children, and purchasing eye examinations and eye glasses in the Topeka community

5th ANNUAL EASTERFEST: TOPEKA EASTER PARADE & FUN FAIR - Mar. 31, 10am-3pm, North Kansas Avenue & Garfield Park. Topeka's annual Easter Parade will begin at 10am at the tracks in NOTO and proceed north on Kansas Avenue to Garfield Park. Egg Hunt begins right after the parade at the playground in Garfield Park. Food Trucks will be on hand and the Family Fun Fair will be 10-3 in Garfield Park, in the Shelter House & in the Gym, including vendor booths, children's games, food, facepainting, pony rides, laser tag, bubble soccer and more. Win bicycles at the Football Toss at 2pm. Cake Walk at noon and 1pm. Bands, gymnastics, ballet and other entertainment will be on hand. For info: info@C5Alive.org or 640-6399.

HOPE EMBRACED - Apr. 5, 6pm, Fellowship Bible Church/. Doors open at 5:30. Lifeline Childrens Services fundraiser features shared stories of adoption. Jessa.swearingen@lifelinechurch.org

WAKE UP WITH WASHBURN - Jennifer Graf Smith - Apr. 5, 7:30am, Washburn University - Bradbury Thompson Alumni Center. Jennifer Graf Smith, is director of image and brands at Michelin Tire. Course is for members of Alumni Association; \$13 non-members.

GARAGE SALE - Apr. 6 & 7, 8am-12noon., First Christian Ch., 1880 SW Gage, (enter from 19th and Stone). Something for everyone; no clothes. Proceeds used for community and youth activities.

TULIP TIME 2018 - Apr. 6-23, Old Prairie Town at Ward Meade Park, Ted Enslay Gardens, Doran Rock Garden

TULIPS AT TWILIGHT - Apr. 6-15, 6-10pm, Old Prairie Town. See more than 40,000 tulips illuminated by candle light and more than 30 lighted displays. Live music and Old Prairie Town building tours on Friday and Saturday evenings. \$5 donation; children 5 and under free. For info: 785-251-6991

JOURNEY FOR SIGHT 5K WALK/RUN & 10K RUN - Apr. 7, 8am start, Combat Air Museum, Forbes Field. Funds raised support Lion's Club Eyeglass Procurement Programs. Register online at active.com or topekalions.org, or at Gary Gribbles Running Sports.

6TH ANNUAL BRIDGE2BRIDGE 5K RUN/WALK - Apr. 21, 9-11am, Downtown Topeka. Traverse sidewalks, streets, bridges in this urban experience. Course is

USATF certified. 8 age categories. All ages. See Bridge 2 Bridge 5K Run & Walk facebook event page

YOUTH FOR CHRIST GOLF CLASSIC - May 11, 11:30 reg.; 12:30 shotgun start, Lake Shawnee. Several sponsorship levels available. Lots of prizes! 232-8296 or topekayc.org

MEETINGS & CLASSES

C5Alive "POWER" LUNCHEON - Mar. 8, 11:30-1, check www.C5Alive.org for details

• Cost: \$10 for C5 members & first-time guests who RSVP, \$12 at the door

• \$15 for non-members & repeat guests.

• Please RSVP to info@C5Alive.org, so we know how much food is needed!

Open to the public - Put POWER in your life with great food, great speakers and great company! Invite a friend to join you!

SAVE THE DATE: Apr. 12, 11:30-1, C5 POWER Luncheon. Governor's Rowhouse, 811 SW Buchanan. Featured Speaker: Gov. Jeff Colyer.

CONCERNED WOMEN FOR AMERICA MEETING - Join other concerned individuals to pray and unite in action for Shawnee Co. and our Nation. For info about monthly meetings: 785-260-5659 or ks.cwfa.org.

THE HEAT - Free fitness classes; learn and build healthy social & eating habits. Held at Trinity Presbyterian Church, 4746 SW 21st St. Sun. - 4-5pm Yoga; Mon. - 12-12:45pm Zumba; 5:30-6:15pm Kickboxing; 6:15-7pm Pilates Fusion; Tue. - 12-12:45pm Yoga; 5:30-6:15pm Zumba; 6:15-7pm Cardio Interval; Wed. - 12-12:45pm Kickboxing; Thu. - 12-12:45pm Pilates; 5:30-6:15pm Cardio Interval - Low intensity; 6:15-7:00pm Cardio Interval - Moderate intensity; Fri. - 12-12:45pm Kickboxing; Sat. - 8-8:45am Kickboxing

TOPEKA TREASURE HUNTERS CLUB - 3rd Sun. of each month except May, Sep. & Dec., 7pm, Papan's Landing Senior Center, 618 NW Paramore St. Family Memberships include children & grandchildren up to 18 yrs. A place to meet friends to discuss all aspects of Metal Detecting, club business, plus socializing & entertainment.

STEP UP - BUILDING THE SMART STEP-FAMILY -

Every Sun. 11am, Northland Christian Church, Room 4, 3102 NW Topeka Blvd. Focusing on the challenges facing step-families and blended families. Contact Thomas Munger at 249-3054 for info.

DEAF WORSHIP SERVICE - 3rd Sun., 3pm, Faith Lutheran Church, 17th & Gage. Also, every Sun. 9:30am service is interpreted.

FAMILY EXPERIENCE (FX) - Every Sun., 6:01pm, Fairlawn Church of Nazarene, 730 Fairlawn Rd. A time of high intensity, action packed, skit maria, worship music all centered around the word of God for 45 minutes. A free family worship event. For info: Emily Moore, 272-6322 or fxthelawn@gmail.com.

LADIES' SMALL GROUP - Every Sun., 6pm, Bethel Baptist Church, 4011 N. Kansas Ave. Studying the book of Esther, using the DVD series "It's Tough Being a Woman" by Beth Moore. All welcome. 286-0467.

BOY'S TRAIL LIFE & AMERICAN HERITAGE GIRLS TROUPS - Every Mon. 6pm, Cornerstone Comm. Ch., 7620 SW 21st. Faith-based scouting programs, age 5-18. Register at cornerstonetopeka.com. 478-2929.

TOPEKA MANKIND PROJECT - Mondays, 6:30pm, 2112 SW Morningside Rd. Supports men in becoming their best selves, including physical, mental & emotional health & wellness. Open to any man. Brian Thomas: brian.thomas01@gmail.com or 785-727-9439

THE FORCE (Students Taking Action) - 1st Mon. & 3rd Tue., 6:30-8pm, Safe Streets, 2209 SW 29th St. Committed to being alcohol & drug free. Associate with like-minded peers, plan activities & get involved in the community. Youth 12-18 invited. 266-4606.

HEARTLAND HEALTHY NEIGHBORHOODS - 2nd Mon., 11:45am-1pm. Promoting neighborhood well-being by mobilizing people, ideas & resources. 233-1365.

TOPEKA LINCOLN CLUB - 1st Tue. of month, 7pm, Topeka Public Library. Discussing our greatest President, Abraham Lincoln, and his times. The public is welcome. For info, contact Kirk Nystrom 235-6977.

OUR LADY OF THE FAITHFUL - Every 1st Tues., 6:30pm Mass followed by Dinner. Most Pure Heart of Mary Catholic Church. A Catholic group for those in their 20-30s. For info: Michelle Ann 580-3071 or ourladyofthefaithful@gmail.com. Facebook: "Ourladyofthefaithful."

SUNRISE OPTIMIST CLUB - Every Tue., 6:30am,

Impact 2018

Concerned Women for America of Kansas State Conference

Thursday
March 15, 2018



Keynote Speaker

Penny Nance

CEO and President
Concerned Women for America
The nation's largest public policy women's organization



Join us!

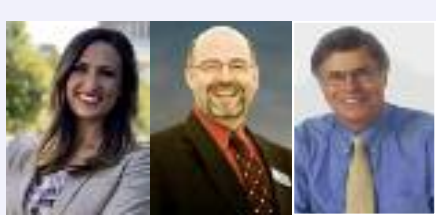
Be informed and inspired to make an impact in your community, state and nation.

Enjoy a light breakfast at the Kansas State Capitol as you meet and mingle with Penny Nance and our legislators. Be educated and empowered by legislators and community leaders on topics such as the sanctity of life, education, school finance, and more. Be inspired as Penny discusses what CWA is currently working on, its influence in the White House, and what it means to be assertive, yet compassionate.

This event features an outstanding lineup of speakers! Janae Stracke, the National Field Director for Concerned Women for America, will speak about religious liberty. Barry Feaker, Executive Director for Topeka Rescue Mission, will speak on sex trafficking. Joe Patton, President of Kansans for Life, will speak on the state constitution in relation to abortion. Speakers will be added to this flyer as they are confirmed. Go to ks.cwfa.org for the most updated version.

Invite a friend! Women, men, and teens are all encouraged and welcome to attend!

Please register by Monday, March 12. The cost is \$25, which includes a continental breakfast, conference materials, a light lunch, and Penny Nance's book, *Feisty & Feminine*. Send a check to CWA of Kansas at P.O. Box 8331, Topeka, KS 66608. Write it out to "CWA" and put "CWA of KS Event" on the memo line. Or call 785-260-5659 to register by credit card.



Meet and Greet Continental Breakfast with Penny Nance and Legislators

8:00 a.m. - 9:00 a.m.

Kansas State Capitol Building
(Enter on 8th Street, go to the 3rd-floor hall in front of the Old Supreme Court Room.)

Impact 2018 State Conference

9:30 a.m. - 2:00 p.m.

Topeka First Church of the Nazarene
1001 SW Buchanan Street
Topeka, KS 66604

TOPEKA Health & Wellness MAGAZINE

Seeking partners for a Healthier Topeka!

Topeka Health and Wellness Magazine depends on our local sponsors and content experts to guide Topekans toward a healthier lifestyle.

Will you help us?

We need partners to help us provide expertise in these and other areas:

- Family medicine practitioner • Optometrist
- Dentist • Massage therapist • Sports Medicine
- Fitness coaching • Pediatrician • Emergency Care • Nursing
- Health insurance provider • Ear, nose, and throat doctor • Pet care
- OB / GYN • Senior Health and Wellness provider • Health Care Finances

By partnering with us, you can contribute to healthier lives of our loyal readers by sharing your expertise!

For more information, contact Kevin Doel at 785-554-5336 or Kevin@topekahealthandwellness.com.

Sunrise Optimist Complex, 720 NW 50th St. 246-1291.

MENNINGER BIBLE CLASSES - Tuesdays Noon -1pm. Amerus Room. YWCA. 225 West 12th. A new study group for Year One of Flo Menninger's course on Four Years through the Bible. Read and discuss Genesis through First Kings. Nominal charge for materials. Call the YWCA at 233-1750 or Clara Gamache: 408-5433.

FRATERNAL ORDER OF EAGLES Aerie 4319: First & Third Tue. 7pm; Auxiliary: Third & Fourth Tue. month 6pm, 2941 SE Fremont Street. The Fraternal Order of Eagles is an international non-profit organization uniting fraternally in the spirit of liberty, truth, justice, and equality, to make human life more desirable by lessening its ills and promoting peace, prosperity, gladness and hope. www.foe.com 785-266-7307

O.W.L.S. (Older Wise Loving Saints) - meets the second Tuesday of the month. Location varies and can be found at www.faithfamilylife.com

DADDY'S GIRLS EMPOWERMENT MEETINGS - Do you want MORE... Come Join us for our More Luncheons where Real Women get together: share, learn and grow to return to our homes, families workplace, churches & other places of influence restored and rejuvenated to pursue God's MORE...at Topeka Public Library, 12 noon, every 3rd Wednesday. Sponsored by Daddy's Girls Inc. Please to RSVP make lunch reservations: daddysgirlsinc@gmail.com or 785-969-0491

INNOVATIVE NETWORKING GROUP OF TOPEKA - every other Wed. 11:20am - 12:30pm. www.INGTopeka.com - go to Event page to see times, locations & register

S.W.A.G. (Spiritual Warriors Anointed by God) youth group - Wed at 7:00 p.m. 3710 NW Topeka Blvd.

AWANA - Every Wed., 6-8pm, First Southern Baptist Church, 1912 SW Gage Blvd. Bible based program for children & youth ages 3-HS. For info: 272-0443.

AWANA - Every Wed., 6:30pm, Bethel Baptist Church, 4011 N. Kansas Ave. Bible based program for children & youth ages 3-HS. For info: 286-0467.

AWANA - Every Wed., 6:30-8pm, Auburn Christian Church. Bible based program for children & youth ages 3-HS. For info: 256-2515.

TOPEKA PRAYER GROUP - Every Wed., 6:30pm, 409 SW Buchanan St. Do you believe that God hears and answers prayers? Do you believe Jesus wants to lead His people by His Holy Spirit? Come join us in prayer as we seek His face for answers and direction. 785-845-1948; holmie2@sbcglobal.net

MACHINE EMBROIDERY CLUB - 1st Wed., 9am-3pm, Our Savior's Lutheran Church, 2021 SW 29th Street (east door). Anyone with an Embroidery machine is invited to attend, there are no dues or formal meeting agenda. Lunch is on your own. Teach each other, enjoy fellowship & complete projects. Call 379-5159.

SAFE STREETS MEETING - 1st Wed., 11:45am, Golf Park Blvd, 2 blocks west of Adams. 266-4606.

STUDENT IMPACT - Every Wed., 6-8pm, First Southern Baptist, 1912 SW Gage Blvd. Youth games, teaching, worship, small groups. For info: 272-0443.

CHRISTIAN CHALLENGE - Every Thurs. 7-9pm, First Southern Baptist, 1912 SW Gage Blvd. Worship for college students.

INTENTIONAL MOM - 1st & 3rd Thurs., 9-11:30am, Topeka Bible Church Auditorium, 1135 SW College. For all moms, helping them to be intentional! 234-5545.

WELLS FARGO FINANCIAL EDUCATION EVENTS - Blue Moose Bar & Grill, 11:30 AM on the third Thu & Fri each month. Free, but RSVP required. On Thu Brian discusses family wealth strategies. On Fri. Amy discusses wealth strategies that apply to women. 785-271-2536 Jennifer.Ward@wellsfargoadvisors.com

OPERATION BACKPACK - 1st Thurs., 6pm, Lyman Learning Center, Lyman and N. Kansas Ave. Volunteers gather to assemble Weekend Snack Sacks for low-income students. Sponsored by Topeka North Outreach. For info: 286-1370.

TOPEKA GENEALOGICAL SOCIETY - 4th Thurs., 7pm, Topeka Shawnee County Public Library, 1515 SW 10th St. No program in Nov. or Dec. Promotes & stimulates the education, knowledge & interest of the membership & the public in family history, genealogical records & research. 233-5762 or tgstopeka.org.

KINGDOM ADVISORS TOPEKA AREA STUDY GROUP - 3rd Thu., 11:30am, Northland Christian Church, 3102 NW Topeka Blvd. Christian financial professionals: financial planners, accountants, attorney's & insurance agents invited. For info: kingdomadvisors.org or Jim Hanna, james.c.hanna@ampf.com or 357-6278 x19.

TOPEKA (Downtown) OPTIMIST CLUB - Every Fri., noon, Top of the Tower. Serving the youth of Topeka. Anyone welcome. For info: 272-1099 or fostern60@yahoo.com.

TOPS (Taking Off Pounds Sensibly) - Every Fri. 8:30 to 10:00 am at 3221 SW Burlingame Road. 800-932-8677. Support for your weight loss journey. tops.org

VIP LUNCHEON FOR SENIORS - Every Fri., Noon, North Topeka Baptist Church, 123 NW Gordon. FREE lunch with Christian fellowship, devotions & entertainment provided by Topeka North Outreach. Free blood pressure checks the last Friday of every month, and birthday celebrations the 4th Friday. For Info: 286-1370.

A GOOD YARN CLUB - 2nd & 4th Sat., 9-11am, Wana-maker Rd Baptist Church, 2700 SW Wanamaker. Doing Good for Others: Knitting & Crocheting for Local Charities, free yarn, needles, hooks & patterns. All are welcome. Anne, 272-9249 or kittens812@sbcglobal.net

BIBLE QUIZZING - 1st Sat. Learn God's Word & have fun with area Christian youth age 9-19. YFC/YEA style

quizzing & rules. 913-593-6427 or biblequizzing.org.

MONTHLY SCORE MEETING - 1st Sat., 8-9:30am, Washburn Tech, 5724 SW Huntoon (enter east doors facing Huntoon). No RSVP or fee is required. Small business owners are invited to a Breakfast Roundtable discussion with members of SCORE (Service Corps of Retired Executives). Info: 234-3049.

TOPEKA LOVE AGLOW - Once a month on Sat. morning. A time of worship, prayer and encountering God. Call Tawny Barton at 785-409-0232 or Linda Williams at 785-267-0600 for details.

FREE ENGLISH CLASSES - Every Sat. 9-10:30am, Central Congregational Church, 1248 SW Buchanan. For info: 235-2376.

RUSSIAN HOUSE OF PRAYER - Every Sat., 4pm, Williamstown Assembly of God, 1225 Oak St., Perry/Williamstown. For info: 597-5228.

SINGLES PLAY CARDS SR. - 1st Sat., 6-9pm, St. Peter's UMC, NW 35th & Hwy 75

SAVING DEATH ROW DOGS ADOPTION & EDUCATION - every Sat. 11am-2pm, Petco, 1930 SW Wanamaker.

UPPER ROOM COMMUNITY - second Sat., 10 am, Capitol Building

SUPPORT GROUPS

MIDLAND CARE GRIEF SUPPORT Groups: Building A, 200 SW Frazier Circle

Every Mon., 4-5pm: 12 Week Adult Group for Recent Loss 1st and 3rd Thu., 10:30am & 5:30pm— Ongoing Adult Group 1st and 3rd Thu., 5:30pm: Ongoing Young Adult Group (4-18 years of age)

For All Groups: Call for start dates and info packet. Group and individual grief support available upon request. For info: 785-232-2044 ext.341

ABORTION RECOVERY SUPPORT - Providing services for women & men who suffer from Post-Abortion Syndrome... we can help mend a broken heart! For info: Kay Lyn at KLCarlson20@cox.net.

AL-ANON FAMILY GROUPS - for friends & families of alcoholics. For info: 785-409-3072 or topekaanon.org

PURSUIT FOR SEXUAL PURITY - Men struggling with pornography & sexual addiction. This bible study/accountability group uses the Pure Desire book by Ted Roberts. For info: 249-9509. All inquiries confidential.

ALZHEIMER'S SUPPORT GROUPS - Monthly support group meetings for caregivers of individuals with Alzheimer's disease or a related dementia. For info: Alzheimer's Association, Heart of America Chapter, 271-1844 or email cindy.miller@alz.org.

"HEALING HEARTS" support group/Bible study - Sundays 6-8pm. For women whose husbands struggle with pornography addiction or have had affairs. Video

& workbook will give you hope for your marriage & emotional healing. For info: Janet Mitchel, 673-4294.

BIKERS AGAINST CHILD ABUSE - NE Kansas Chapter (B.A.C.A.) 3rd Sun., 4 pm American Legion, 3800 SE Michigan. Open to the public. For info: 817-5801.

FRIENDS WITH M.S. - 3rd Mon., 6:30pm, Our Savior's Lutheran Church, 2021 SW 29th. (Enter East door). A Multiple Sclerosis support group. 266-7383 or 273-0799.

INCARCERATED PERSONS & FAMILIES - 1st Mon., 6:30-7:30pm, YMCA, 421 Van Buren. 286-2329.

COMPASSIONATE FRIENDS/BEREAVED PARENTS GROUP - Meets 4th Mon. in Formation classroom at Most Pure Heart of Mary, 17th & Stone. Discussion starts 7pm; fellowship & refreshments 8:30. 272-4895

GRIEF SUPPORT - First Monday each month, 3:30-4:30pm, 400 SW Oakley. Call Donna Park for info: 783-7527 or valeotopeka.org. Open to public. Free.

GRIEF SUPPORT - Sponsored by Heartland Hospice for those dealing with death or major loss:

1st Mon., 5:30-7:30pm, Individual appointments; other times are available. Call Terry Frizzell at (785)230-6730.

3rd Thurs., 11am, Lunch After Loss, Paisano's Ristorante, Fleming Place, SW 10th & Gage Blvd, Dutch treat luncheon to meet new friends who have sat where you are sitting. For reservations or info: 785-271-6500.

OVEREATERS / UNDEREATERS ANONYMOUS:

MON., 7pm - Westminster Presbyterian, south door, upstairs in Library; 233-6724.

WED., 7pm - St. Francis Hospital meeting room 6, 2nd floor; 234-8020.

SAT. - 9am - St. Francis Hospital meeting room 8, 2nd floor; 862-2326.

For info: 357-8774; sunflowerintergroup.org.

NAMI TOPEKA - Every 2nd Tue., 6:45pm, lower level of Valeo, 330 SW Oakley. If door is locked, call 608-1317 to get in. 1st hour is often a discussion of an important topic or video. 2nd hour is usually a support talk time, w/ separate consumer & family groups. 608-1317.

KC TRAUMA AND PTSD SUPPORT GROUP - Every Tue. 10am and Thu. 6:30pm. Call Denise at 816-885-9530.

EMOTIONS ANONYMOUS: a 12 step program for those suffering with emotional instability such as depression, anxiety, grief, etc. Meets at Grace Episcopal Cathedral, weekly, Tuesdays, Noon-1:00. N/C. For more information contact Sharon at 785-633-7764

PARENTS OF ESTRANGED ADULT CHILDREN SUPPORT GROUP - Third Tue. Ea. Month, 6:45-8:45pm, Topeka Public Library, Rm 202. Info: Jeff Landers - 224-5946

OSTOMY SUPPORT GROUP - First Tue. each month at St. Francis Health, 1700 SW 7th St, Meeting Room, 2nd floor, 6-7:30pm. Anyone with an ostomy may

attend. The goal is to provide education and ongoing support for individuals with an ostomy. Contact Teresa Kellerman at 785-295-5555 for info.

GRANDPARENT/RELATIVE CAREGIVER SUPPORT GROUP - 3rd Tue., 6:30-8pm, 2nd floor meeting room, St. Francis Hosp, 1700 SW 7th. For info: Sharla, 286-2329; Jennie (English/Spanish) 231-0763.

THE GREATER TOPEKA MULTIPLE MYELOMA - 3rd Tue., 7-8:30pm, Faith Lutheran Church, 17th St. & Gage Blvd. Open to Multiple Myeloma patients, their family members & friends. Share support, information & friendship. For info: Donna, 903-918-9553.

"HEALING AFTER THE SUICIDE OF A LOVED ONE" ("HEAL") - or Survivors of Suicide" (SOS). 1st & 3rd Tue., 7-8:30pm, Pozee Education Center of Stormont Vail Hospital, 1505 SW 8th St. Serving anyone who has lost a loved one by suicide.

PRISON OUTREACH MINISTRY - Every Tue., 7-9pm, Topeka Women's Prison, 815 Rice Rd. Reaching out to those who can't come in, finding freedom behind bars, inspiring inmates to seek salvation during a difficult time. Providing support & guidance through the Holy Spirit to offer strength. Director: Don Garner, 286-0489 or faithfamilylifeministries@gmail.com.

GAMBLERS ANONYMOUS - Every Wed, 7pm, St. Francis Hospital, meeting room #8.

JAYHAWK AREA AGENCY ON AGING - 4th Wed., 1pm, Rosehill Place Clubhouse. Monthly support group for caregivers of seniors. For info: 235-1367 ext.30.

MOMS-IN-TOUCH PRAYER GROUP - Every Wed., 2:30-3:30pm, Library at Cair Paravel-Latin School. Experience God's power through prayer as we lift our students, teachers, staff, administrators & board up to the Lord. For info: 357-0369.

DIVORCECARE PROGRAMS - (For updates check www.divorcecare.org) locations and times:

WED. - 6:30pm, Topeka Bible Church, 1101 SW

Mulvane. Cost: \$15. Child care provided. For info: 379-0505 or www.divorcecare.org.

WED. - 6:45 - 8:45pm, Walnut View Christian Church, 3634 SE 37th St. (just East of 37th & Croco). Cost: \$10 registration (scholarships available). The video seminar series featuring some of the nation's foremost experts on divorce and recovery topics, combined with support group discussion of the materials. Complimentary child care children up to the fifth grade. Info: 266-7550 or walnutviewcc@att.net.

WED. - 6:30pm, Northland Christian Church, 3102 NW Topeka Blvd. No Cost. 286-1204, www.northland.cc

GRIEFSHARE - Every Thur. 6:30 pm to 8:30 pm at Susanna Wesley UMC, 7433 SW 29th St., Mar 1 thru May 24. A Christ-centered program for those who have lost a loved one may be struggling and have questions on how to go forward. The class includes a video, sharing of stories, and a workbook (free). Call Shari Combs at 785-478-3697 for more information.

NAMI WASHBURN - 4th Thurs., 6-8pm, Spirit Building Room, University United Methodist Church, 1621 SW College Ave. NAMI is a student-run, student-led organization that provides mental health support, education, & advocacy in the Washburn Univ. setting.

PROSTATE CANCER SUPPORT GROUP - 1st Thurs., 7pm, Saint Francis Hospital 2nd floor conf. room of the cancer unit. For info: 266-9533.

NICOTINE ANONYMOUS - Every Fri., 6:30pm, Town & Country Christian Church Renaissance Room, 4925 SW 29th St., use west door cross red foot bridge. A fellowship of men & women helping each other to live free of nicotine. No fees. 402-321-486; Laboomaha@att.net.

CELEBRATE RECOVERY - Every Fri., 6pm, 1912 Gage Blvd. A Christ-centered program, based on 8 principles found in Jesus' Sermon on the Mount. Applying these Biblical principles, become free from addictive & dysfunctional behaviors. crtopekaks.org.

Indiana Avenue Church of Christ Women's Ministry PRESENTS



Ladies Prayer Breakfast
Sat. Mar. 17, 2018, 9:30am - 12:30pm

Lake Shawnee Event Center
2025 SW Croco Rd., Topeka, Ks

Featuring Guest Speaker: Shawna Watkins
Twin City Church of Christ, Texarkana, Tx

Tickets: \$7: 785-266-7788 or info@indianaavecofc.org
For more information contact Reola Stewart at
785-506-4755 or reolasteward@yahoo.com

Sponsored by Indiana Avenue Church of Christ Women's Ministry
3810 SE Indiana Avenue, Topeka, Ks

All About the Kaw: A Speakers Series
March 14, 12pm-1pm
"Fish Tales from the Kaw"
with Ned Kehde

Ned Kehde was a long-time friend of "River King" Tom Burns who fished with him and has written about him. Ned is a former columnist for the Topeka Capital-Journal and Lawrence Journal World, and currently writes a twice-weekly column for in Fisherman. This speakers series complements our current exhibit *The Kaw: A Prairie River Shapes a State* and is FREE to members. Non-members pay regular admission. Bottled water available but no food—bring your own lunch! Visit www.greatoverlandstation.com for more information!

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entertainment

3 major faith-based films hit theaters in March

movienews

by Michael Foust

If you like faith-based movies, then you're going to love March. That's because three high-profile faith films will release on three consecutive weekends this month.

Here is a quick rundown:

I Can Only Imagine (PG, March 16)

– Made by the same filmmakers behind *Woodlawn* and *Mom's Night Out*, this one tells the story behind one of the most popular Christian songs of the modern era. It also shows the humble beginnings of the group behind that song, MercyMe.

MercyMe lead singer Bart Millard wrote the song after his father – an alcoholic who beat him as a child – became a Christian.

“It's an incredible true story behind the most played Christian song of all time,” said co-director Jon Erwin. “His dying wish was to reconcile with his son, and it was that reconciliation and redemption of that relationship that inspired what's brought hope to millions of people.”

It stars newcomer J. Michael Finley as Millard, Dennis Quaid (*The Rookie*, *The Day After Tomorrow*) as Millard's father, and singer Trace Adkins (*Mom's Night Out*) as Millard's manager.

I Can Only Imagine is rated PG for thematic elements, including some violence.

Paul, Apostle of Christ (PG-13, March 23) – He wrote nearly half the books in the New Testament, but few movies have been made about the Apostle Paul.



Paul, Apostle of Christ is being released by AFFIRM, the same film company that released *War Room* and *Miracles from Heaven*.

Writer/Director Andrew Hyatt said the film picks up on Paul's life after the apostle has been convicted and is awaiting execution. Paul's friend, Luke, sneaks into Rome to bring him comfort. James Faulkner (*Downton Abbey*) plays Paul, while Jim Caviezel (*The Passion of The Christ*) plays Luke.

In the film, Hyatt said, Paul reminds Luke and his fellow Christians that “it



all began with Christ.” Hyatt said the movie also tackles the question: How did Christians live amidst persecution and still exhibit love?

Christians of all denominations will enjoy the film, Hyatt added.

“This is just the Gospel. There is no agenda,” Hyatt said. “... I completely believe that this is going to be for every-

body.”

Hyatt understands the hesitancy by Christians not to trust Hollywood with Bible films. But this one is different, he said.

“This is a film by people who believe the Bible just as much as they do,” he said.

Paul, Apostle of Christ is rated PG-13 for some violent content and disturbing images.

God's Not Dead: A Light In Darkness (PG, March 30) – It's the third film in the *God's Not Dead* series,

although – like the first installments -- it's being billed as a stand-alone movie. This one tells the story of a pastor who fights to rebuild his church after a deadly fire destroys it. The catch? The church building was located on university property – and the school believes the congregation should move elsewhere. Not wanting to give up, the pastor (David A.R. White) acquires the help of his estranged brother Pearce (John Corbett), who is an attorney and an atheist. The pastor's faith is tested as he faces the age-old question: Where is God when bad things happen? It's being released by Pure Flix.

Veteran actor Ted McGinley (*Do You Believe?*), a Christian who has worked on previous Pure Flix projects, said the tone of the newest *God's Not Dead* is different than the first two. The filmmakers' goal was to be fair to the “other side” and not present atheists “as this boogeyman in the corner.” McGinley has a major role in the movie.

The film's plot also is timely, said McGinley, who pointed to the many divisions within contemporary culture.

“This is sort of a mirror of all of us, in that we often can't even hear the other side because we're so pumped up to get our point across,” he said.

God's Not Dead: A Light In Darkness is rated PG for thematic elements, including some violence and suggestive material.

Michael Foust is a movie critic, a husband, and the father of four small children.

MOVIES, STREAMING, BOOKS, MUSIC, INTERVIEWS & MORE!



streaming

‘The Nut Job 2’ leads March’s streaming releases

By Michael Foust

Surly is a city squirrel with a big character flaw: He doesn't like to work.

But what Surly lacks in worth ethic, he makes up with shrewdness. That comes in handy after a local store -- Maury's Nut Shop -- goes out of business and leaves behind a massive supply of nuts. Why hunt for nuts when you can just gorge on nuts someone else shelled? Dig in!

Surly and his city squirrel friends are seemingly set for life ... until disaster strikes. It seems that one of Surly's lazy friends forgot to shut off a basement boiler. That, in turn, led to the building blowing up, which in turn led to their nuts being vaporized.

What will they do now? Andie – an optimistic female friend – has an idea: They'll hunt for food in the local park.

“Hard work always pays off,” she says.

And it's a great idea, until they learn that the evil, money-hungry mayor has other ideas for that beautiful plot of land. He wants to turn it into an amusement park.

These squirrels aren't going down without a fight, though. They'll fight the mayor and his construction crew by any means necessary.

It's all part of *The Nut Job 2: Nutty by Nature* (PG), an animated film that begins streaming on Amazon Prime March 3. It was widely panned by critics when it was released in theaters in 2017, but I enjoyed it. It's funny and includes a great lesson about laziness and hard work, even if it does have a few minor content problems. (The violence is a little excessive for a cartoon and the jokes about regurgitation are disgusting. It contains no coarse language.)

Paul told the church at Thessalonica: “If anyone is not willing to work, let him not eat” (2 Thessalonians 3:10). Centuries earlier, Solomon wrote: “The desire of the sluggard kills him, for his hands refuse to labor” (Proverbs 21:25).

The Nut Job 2 give us one character (Andie) who believes squirrels should work for their food, and one character (Surly) who wants the easy path.

“We work hard. We store. We save. ... ‘Easy’ doesn't build character. ‘Easy’ doesn't last,” Andie says.

The Nut Job 2: Nutty by Nature is rated PG for action and some rude humor.

Other family-friendly content streaming this month:

Netflix

Benji (TV-PG, 2018) – The classic about the friendly dog is getting updated, and Netflix is aiming it directly at families. I haven't screened it, but the trailer looks promising.

“People all over the world grew up having watched 'Benji' with their families,” Scott Stuber, head of original film at Netflix, told *The Los Angeles Times*. “We knew this film will allow our members around the world to keep sharing this story with their families. ... And who doesn't love an adorable dog?”

It begins streaming March 16. Meanwhile, the original films – *Benji* (1974) and *For the Love of Benji* (1977) – begin streaming March 1.

Hulu

March of the Penguins 2: The Next Step (unrated, 2018) – The follow-up to the marvelous 2005 documentary, this one features the same filmmaker (Luc Jacquet) and narrator (Morgan Freeman) as they tell a new story of a father and a son battling the elements of an Antarctic winter. Jacquet used airborne drones, under-ice diving and 4K cameras to capture the footage. Begins streaming March 23.

Michael Foust is a movie critic, a husband, and the father of four small children.



DVDs

'The Last Jedi' leads March DVD releases

By Michael Foust

Ask any *Star Wars* fan their thoughts on *The Last Jedi*, and you'll either start an argument or find a new friend.

There were few middle-of-the-road opinions on this blockbuster.

At RottenTomatoes.com, 90 percent of movie critics liked it but only 48 percent of fans did so. One fan on the site called it "the worst *Star Wars* movie ever made." Another labeled it a "pile of bantha poodoo."

Still, it got an "A" grade in the CinemaScore exit polling – and I'm among the moviegoers who loved it.

The Last Jedi is fourth on my list of favorite *Star Wars* films, trailing only *The Empire Strikes Back*, *A New Hope* and *The Force Awakens*. Yes, the director and the producers took liberties with the plot and the story arc, but the film also included more twists and turns than an episode of *24*.

Here's the good news: *The Last Jedi* releases on digital platforms on March 13, two weeks before the DVD and Blu-ray versions release on March 27. If you haven't watched it yet, you can decide for yourself!

The Last Jedi contains a moderate amount of violence and about six coarse words, but no sexuality.

Of course, this newest *Star Wars* film – like every other film in that universe – has elements of pantheism (the belief that everything and everyone is "god.") The Jedi teachings also are called a "religion." The worldview is definitely worth a post-movie discussion if you have children.

The Last Jedi is rated PG-13 for sequences of sci-fi action and violence.

Other notables on DVD this month:

The Man Who Invented Christmas (PG, DVD March 6, Digital Feb. 20) – It's the untold story of how Charles Dickens created *A Christmas Carol*. I considered this film an instant Christmas classic, even though I wasn't crazy about the movie title. (It was Jesus, and not Charles Dickens, who invented Christmas.) Rated PG for thematic elements and some mild language.

Thor: Ragnarok (PG-13, DVD March 6, Digital Feb. 20) – Minus two sexually suggestive jokes and a bit of language, this movie could have been the clean version of *Guardians of the Galaxy*. Oh well. Take that stuff out, and it's quite entertaining. Rated PG-13 for intense sequences of sci-fi violence and action, and brief suggestive material.

Justice League (PG-13, DVD March 13, Digital Feb. 13) – I enjoy superhero films, but *Justice League* may be the worst one I've watched. Most of the characters aren't likeable, the humor falls flat, and the plot is confusing. Rated PG-13 for sequences of sci-fi violence and action.

Ferdinand (PG, DVD March 13, Digital Feb. 27) – Based on the 1936 children's book *The Story of Ferdinand* about a lovable bull, this animated film has tons of life lessons for children. It was nominated for an Oscar. Rated PG for rude humor, action and some thematic elements.

Jumanji (PG-13, DVD March 20, Digital March 6) – Have you ever hated a movie that seemingly everyone loved? That's me and *Jumanji*. There's too much language (55 coarse words), too many sexually suggestive references (I lost count) and humor better suited for immature middle schoolers. Rated PG-13 for adventure action, suggestive content and some language.

Michael Foust is a movie critic, a husband, and the father of four small children.

Forget the Hollywood Award Season – These Are the Top Films and TV Shows That Will Affirm Your Faith

Movieguide | CharismaNews.com

Here is the list of nominees for Movieguide®'s 26th Annual Faith & Values Awards

Best Movies for Families

- The Boss Baby (DreamWorks/20th Century Fox)
- Cars 3 (Pixar/Walt Disney Studios)
- The Case for Christ (PureFlix Films)
- Despicable Me 3 (Illumination/Universal Studios)
- The Emoji Movie (Columbia Pictures/Sony Pictures Ent.)
- Ferdinand (Blue Sky/20th Century Fox)
- The LEGO Batman Movie (Warner Bros. Pictures)
- The Man Who Invented Christmas (Bleecker Street Media)
- Smurfs: The Lost Village (Columbia Pictures/Sony Pictures Ent.)
- The Star (Columbia Pictures/Sony Pictures Ent.)

Best 2017 Movies for Mature Audiences

- All Saints (Sony Affirm/Sony Pictures Ent.)
- Bitter Harvest (Roadhouse Attractions)
- Darkest Hour (Focus Features/Comcast)
- Dunkirk (2017) (Warner Bros. Pictures/Time Warner)
- Justice League (Warner Bros. Pictures/Time Warner)
- Pirates of the Caribbean: Dead Men Tell No Tales (Walt Disney Studios)
- The Promise (2017) (Open Road Films)
- Thor: Ragnarok (Marvel/Walt Disney Studios)
- Wonder (Lionsgate Films)
- Wonder Woman (Warner Bros. Pictures/Time Warner)

Epiphany Prize for Most Inspiring Movie

- All Saints
- Bitter Harvest
- The Boss Baby
- The Case for Christ
- Let There Be Light
- The Promise (2017)
- The Star

Epiphany Prize for Most Inspiring TV Program

- Blue Bloods: "Cutting Losses"
- The Crown: "Veregangenheit"
- Last Man Standing: "Take Me to Church"
- Little Big Shots: "Tiny Dancer"
- The Long Road Home: "Black Sunday, Part 2"
- Victoria: "An Ordinary Woman and The Queen's Husband"

Faith & Freedom Award for Movies

- Bitter Harvest
- The Boss Baby
- Darkest Hour
- Dunkirk (2017)
- The LEGO Batman Movie
- The Promise

Wonder Faith & Freedom Award for TV

- Blue Bloods: "Cutting Losses"
- The Crown: "Veregangenheit"
- Five Came Back
- The Long Road Home: "Black Sunday, Part 2"
- The Middle: "The 200th"
- Victoria: "An Ordinary Woman and The Queen's Husband"



Losses
Jenna Coleman for Victoria: An Ordinary Woman and The Queen's Husband

Grace Award Nominees for Movies

- Erika Christensen for The Case for Christ
- John Corbett for All Saints
- Oscar Isaac for The Promise (2017)
- Kevin Sorbo for Let There Be Light
- Sam Sorbo for Let There Be Light
- Terrence Stamp for Bitter Harvest
- Dan Stevens for The Man Who Invented Christmas

Christie Peters Grace Award Nominees for TV

- Tim Allen for Last Man Standing: Take Me to Church
- Len Cariou for Blue Bloods: Cutting

- Bill Engvall for Last Man Standing: Take Me to Church
- Claire Foy for The Crown: Veregangenheit
- Steve Harvey for Little Big Shots: Tiny Dancer
- Tom Hughes for Victoria: An Ordinary Woman and The Queen's Husband
- Michael Kelly for The Long Road Home: Black Sunday, Part 2
- Tom Selleck for Blue Bloods: Cutting Losses
- Paul Sparks for The Crown: Veregangenheit



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Brochures	Gloss, full color, two sided tri-fold	over 1,000	\$0.35 each
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Postcards	12 pt, full color, two sided, 8.5x5.5	1,000-1,999	\$0.18 each
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healthy living



RESOLVE TO IMPROVE YOUR MEMORY

Never too late for one last resolution.

As we turn the calendar page to February, many people have already given up on their New Year's resolution. But, it's never too late to resolve to improve your memory. First, start by understanding what's normal and what's not. Alaa Mira, MD, Chief of Geriatric Medicine, St. Luke's University Hospital says some absentmindedness, such as forgetting where you left your glasses, can be expected as we age.

Changes in the brain related to aging can lead to some forgetfulness. For example:

The hippocampus, the area of the brain involved in forming and retrieving memories, may decline.

Reduced levels of certain hormones and proteins may affect the ability to protect and repair brain cells and stimulate neural growth.

Decreased blood flow to the brain may influence processing and memory. This may be worsened by decreased activity.

In addition, emotional problems, such as stress, anxiety or depression, may cause memory loss and may mimic more serious problems like dementia.

"It's important to determine the cause of the senior's forgetfulness," Dr. Eldin says. "Some memory loss may be a symptom of a more serious condition, such as Alzheimer's disease. The sooner we know the cause, the sooner we can begin treatment to address symptoms and slow the progression of the disease. If you suspect that you or a loved one is experiencing significant memory loss, talk with your doctor and have a thorough evaluation."

St. Luke's Center for Positive Aging offers a comprehensive senior assessment program that provides a physical, mental and social evalua-

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Five Tips for Improving Your Memory as You Age

1. Stay Active Mentally

Like any muscle, to keep your brain strong you have to use it. Continue to be involved in mentally challenging activities, such as book-keeping, or playing chess, bridge or Scrabble. Continuously challenge yourself by learning something new. Take a math course, plan a garden, learn a new language or play an instrument.

2. Stay Active Physically

Decreased blood to the brain can cause cognitive decline and memory loss. As you age, continue to exercise.

An American Academy of Neurology study found that older adults who walked between six and nine miles per week had more gray matter in their brains nine years after the start of the study than people who didn't walk as much.

3. Limit alcohol use

Heavy or binge drinking over time can cause memory loss and permanent brain damage.

4. Get adequate sleep

During sleep, the brain solidifies memories. Most healthy adults should strive for seven to nine hours of sleep each night.

5. Socialize

Depression and stress both contribute to memory loss and both can be lessened through regular social interaction. Having a loved one or good friend to talk to goes a long way in improving your mood.

Source: lifestylesover50.com

thecaregiver

Anna came to the United States around the turn of the century with her family when she was four years old. She was not old enough to be fearful of her new life away from Italy, but she knew things had changed. Children at school, and even teachers, laughed as she struggled to speak English. Eventually, she learned and found her way in life, marrying a first generation young Italian. The experiences molded her character to being strict and serious.

The young couple settled down and had three children. Father had a good paying sales job and life was typical for the family. The children grew up, started families of their own and moved away, only coming back and engaging on a regular basis when the aging couple's health began to fail. Or at least, I did. When my father had a stroke and it became obvious that my mom, Anna, had dementia, my two older brothers relegated all responsibilities for decisions and care to me. They were devastated, and so was I, but I was forced to take the lead. I had a family of my own but I re-prioritized my life to address the issues of my aging parents. Visits in skilled nursing, rehabilitation, adult day care facilities, caregiver support groups, Alzheimer's education, modifying the house so mom could live with us, coordinating 24/7 live-in care, and finding senior living --- I experienced it all. I saw the dementia convert mom's austere personality from being tough and rigid to light-

REFLECTIONS ON CARING FOR MOM



hearted and affectionate, even if she barely recognized me. Emotionally draining and physically fatiguing, it was one of the most difficult things that I have done in my life. It is also one of the greatest things that I have done in my life.

As I reflect, I have tremendous peace and satisfaction that I answered the call to love and care for my parents in their time of need. If you are a weary caregiver I hope that you find com-

fort in fulfilling your responsibility to care for those who so lovingly, at one time, cared for you.

Elissa Clausnitzer not only cared for her aging parents but also her mother-in-law. Being a real estate agent gave her the flexibility that she needed to be with her family. Being a caregiver gave her the understanding and patience needed to work with seniors through their transitions.

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Lessons on Aging Well, From a 105-Year-Old Cyclist

By GRETCHEN REYNOLDS

At the age of 105, the French amateur cyclist and world-record holder Robert Marchand is more aerobically fit than most 50-year-olds — and appears to be getting even fitter as he ages, according to a revelatory new study of his physiology.

The study, which appeared in December in *The Journal of Applied Physiology*, may help to rewrite scientific expectations of how our bodies age and what is possible for any of us athletically, no matter how old we are.

Many people first heard of Mr. Marchand last month, when he set a world record in one-hour cycling, an event in which someone rides as many miles as possible on an indoor track in 60 minutes.

Mr. Marchand pedaled more than 14 miles, setting a global benchmark for cyclists age 105 and older. That classification had to be created specifically to accommodate him. No one his age previously had attempted the record.

Mr. Marchand, who was born in 1911, already owned the one-hour record for riders age 100 and older, which he had set in 2012.

It was as he prepared for that ride that he came to the attention of Veronique Billat, a professor of exercise science at the University of Evry-Val d'Essonne in France. At her lab, Dr. Billat and her colleagues study and train many professional and recreational athletes.

She was particularly interested in Mr. Marchand's workout program and whether altering it might augment his endurance and increase his speed.

Conventional wisdom in exercise science suggests that it is very difficult to significantly add to aerobic fitness after middle age. In general, VO2 max, a measure of how well our bodies can use oxygen and the most widely accepted

scientific indicator of fitness, begins to decline after about age 50, even if we frequently exercise.

But Dr. Billat had found that if older athletes exercised intensely, they could increase their VO2 max. She had never tested this method on a centenarian, however.

But Mr. Marchand was amenable. A diminutive 5 feet in height and weighing about 115 pounds, he said he had not exercised regularly during most of his working life as a truck driver, gardener, firefighter and lumberjack. But since his retirement, he had begun cycling most days of the week, either on an indoor trainer or the roads near his home in suburban Paris.

Almost all of this mileage was completed at a relatively leisurely pace.

Dr. Billat upended that routine. But first, she and her colleagues brought Mr. Marchand into the university's human performance lab.

They tested his VO2 max, heart rate and other aspects of cardiorespiratory fitness. All were healthy and well above average for someone of his age. He also required no medications.

He then went out and set the one-hour world record for people 100 years and older, covering about 14 miles.

Afterward, Dr. Billat had him begin a new training regimen. Under this program, about 80 percent of his weekly workouts were performed at an easy intensity, the equivalent of a 12 or less on a scale of 1 to 20, with 20 being almost unbearably strenuous according to Mr. Marchand's judgment. He did not use a heart rate monitor.

The other 20 percent of his workouts were performed at a difficult intensity of 15 or above on the same scale. For these, he was instructed to increase his pedaling frequency to between 70 and 90

revolutions per minute, compared to about 60 r.p.m. during the easy rides. (A cycling computer supplied this information.) The rides rarely lasted more than an hour.

Mr. Marchand followed this program for two years. Then he attempted to best his own one-hour track world record.

First, however, Dr. Billat and her colleagues remeasured all of the physiological markers they had tested two years before.

Mr. Marchand's VO2 max was now about 13 percent higher than it had been before, she found, and comparable to the aerobic capacity of a healthy, average 50-year-old. He also had added to his pedaling power, increasing that measure by nearly 40 percent.

Unsurprisingly, his cycling performance subsequently also improved considerably. During his ensuing world record attempt, he pedaled for almost 17 miles, about three miles farther than he had covered during his first, record-setting ride.

He was 103 years old.

These data strongly suggest that "we can improve VO2 max and performance at every age," Dr.



Billat says.

There are caveats, though. Mr. Marchand may be sui generis, with some lucky constellation of genes that have allowed him to live past 100 without debilities and to respond to training as robustly he does.

So his anecdotal success cannot tell us whether an 80/20 mix of easy and intense workouts is necessarily ideal or even advisable for the rest of us as we age. (Please consult your doctor before beginning or changing an exercise routine.)

Lifestyle may also matter. Mr.

Marchand is "very optimistic and sociable," Dr. Billat says, "with many friends," and numerous studies suggest that strong social ties are linked to a longer life. His diet is also simple, focusing on yogurt, soup, cheese, chicken and a glass of red wine at dinner.

But for those of us who hope to age well, his example is inspiring and, Dr. Billat says, still incomplete. Disappointed with last month's record-setting ride, he believes that he can improve his mileage, she says, and may try again, perhaps when he is 106.

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sports

Tony Dungy Defends His On-Air Comments About Nick Foles' Faith

By Steve Warren | CBN

[CBN News] Former NFL coach and now NBC Sports commentator Tony Dungy is responding to criticism on social media about his analysis of the strength of Philadelphia Eagles Quarterback Nick Foles' Christian faith in helping the Eagles defeat the New England Patriots in Super Bowl LII.



A strong Christian himself, Dungy responded in a tweet Tuesday writing, "NBC pays me to express my opinion. And it was my opinion that Nick Foles would play well because his Christian faith would allow him to play with confidence. And that he's a good QB. I think I was right on both counts."

To date, Dungy's tweet has been retweeted more than 7,000 times and has received more than 45,000 likes.

Dungy followed up with another tweet

"Why would you find it hard to believe that the Holy Spirit could speak to Nick Foles just as much as a coach could speak to him? If he credited a coach for saying 'Stay calm and be confident' that's good. But if he tells me Christ says that to him, I shouldn't report it???"

to a non-Christian responder a few hours later writing, "Why would you find it hard to believe that the Holy Spirit could speak to Nick Foles just as much as a coach could speak to him? If he credited a coach for saying 'Stay calm and be confident' that's good. But if he tells me Christ says that to him, I shouldn't report it???"

CBN Sports Reporter Shawn Brown has interviewed Dungy this season and in the past. He also interviewed Foles several times this season. Brown says Dungy is correct in his commentary and Foles was

thinking about quitting the game at the beginning of the season.

"Tony Dungy is right and Nick would agree. Tony knows what it's like to have people doubt your ability," Brown told CBN News. "After all, he was fired from Tampa Bay, replaced by Jon Gruden who won a Super Bowl with a team Dungy put together. You'd have to believe Dungy went to God with questions. He relied on his faith to get back in the saddle and lead the Colts to the Super Bowl," Brown said giv-

ing perspective on the matter from Dungy's own life. "In the same fashion, Nick Foles was about to walk away from the game this off-season. He was traded by the Eagles to St. Louis Rams, who released him to Kansas City. After he wasn't signed there he had no job. He was about to throw in the towel," Brown explained. "Through prayer and putting faith in what He believes God had for him when the Eagles signed him as a "backup" he humbled himself believing that His opportunity would come. When

FROM THE CHEAP SEATS

By Rob Mooney

First, the Kansas City Chiefs traded quarterback Alex Smith. Then they released linebacker Derrick Johnson. If that wasn't enough, they followed that up by trading cornerback Marcus Peters, sending radio talk shows and fans into a frenzy.

Some people have stated that they traded Peters because he wasn't standing for the national anthem. I don't believe that was it at all. Sure, I believe that the Hunt family, who owns the Chiefs, wanted him traded, but for other reasons. He was a constant distraction. He was called for unsportsmanlike conduct against the New York Jets after he threw an official's flag into the stands. He then left the field, thinking he had been suspended. He came back, but without socks and leg pads.

What about the Washington game when he had a pregame scuffle with Redskins players and then yelled profanities at the crowd later in the game. He's also

had several run-ins with the Chiefs coaching staff. You can't be surprised by this. You also can't be surprised by what the Chiefs received for compensation from the Los Angeles Rams. The Chiefs will receive a 2018 4th round draft pick and a 2019 2nd round draft pick. That's it! I guess there wasn't much interest in Peters around the league. Doesn't surprise me that the Chiefs had a hard time unloading the two-time all-star.

Moving across the parking lot, the Kansas City Royals lost 1st Baseman Eric Hosmer and they appear to be in complete rebuild mode. Pitcher Jason Vargas left for the New York Mets and center fielder Lorenzo Cain departed for the Milwaukee Brewers. Third baseman Mike Moustakas has yet to sign with anyone and he has been working out in a free agent camp in Florida.

Obviously, the Royals will have a much different look when they take the field in

his number was called, HE WAS READY," Brown went on to say.

"For those that don't understand how faith works, players rely on many things to keep their thoughts and perspective in check. For Foles, it was his faith," Brown

noted. "I suppose it would be much more accepting to say Foles just put in extra work, but that simply wasn't the case. He relied on his faith to save him from himself. Which at the end of it all was the only thing that would have stopped him."

April, but it should be fun and exciting to see them rebuild. After all, didn't general manager Dayton Moore build the team that went to two consecutive World Series, winning in 2015? The one thing that is different this time around, however, is the depleted farm system they're left with. It currently ranks 30th in the major leagues. We'll see if Moore is able to turn this one around.

Don't look now, but the Kansas State Wildcats are beginning to play some good basketball. Sure, they lost to TCU this past Tuesday, but they're currently 9-8 in the Big 12 and 20-10 overall. I'm sure that record will get them into the tournament. After that, it's all about matchups. I'm not sure how far they'll go in the tournament this year, but it looks like they're setting themselves up for a great season next season.

Two seniors, averaging a combined 2.1 points a game this year. That's it. Everyone else is an underclassman. Barry Brown, Dean Wade and Kamau Stokes are juniors this year. Xavier Sneed and Makol Mawien are sophomores and Cartier Diarra is a freshman. With Shaun Williams set to join the team next year, the Wildcats should be one of the top Big 12 teams in 2018-2019.

As CBN News has reported, Christian players expressing their faith isn't new in the NFL. It's the revival that swept through the Eagles locker room during the season that people just can't stop talking about.

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Billy Graham: 'A golf course is an island of peace in a world often full of confusion and turmoil'

Obviously, God was at the center of the Reverend Billy Graham's universe, but golf was usually never more than a 9-iron away. The religious leader, who died on Wednesday at 99, was more an avid player than a casual one, which is reflected in his autobiography, "Just As I Am."

Golf is mentioned on 39 different pages of the book. On one of them, he recounts how in 1938 he was on a golf course, Temple Terrace Golf and Country Club outside Tampa, Fla., when he committed his life to the ministry.

"[D]id I want to preach for a lifetime?" he wrote. "I asked myself that question for the umpteenth time on one of my night-time walks around the golf course. The inner, irresistible urge would not subside. Finally, one night, I got down on my knees at the edge of one of the greens. Then I prostrated myself on the dewy turf. 'O

God,' I sobbed, 'if you want me to serve you, I will.'"

At the time, Graham was attending the Florida Bible Institute, then located adjacent to the golf course. Graham caddied there, too.

"Golf can turn an extrovert into an introvert, and vice versa," Graham wrote in an article for Golf Digest in 1961. "It brings out the boy in a man (and the man in a boy). For me, a golf course is an island of peace in a world often full of confusion and turmoil."

Former Golf Digest and Golf World writer Pete McDaniel often caddied for Graham at Biltmore Forest Country Club in Asheville, N.C.

"I was a fresh-faced teenager when I first met Dr. Billy Graham," McDaniel wrote on Facebook. "He was playing a round of golf at Biltmore Forest CC, and I

was blessed to be caddying for a member of his foursome. In several return trips to BFCC, Dr. Graham honored me with the privilege of carrying his clubs around the hilly track. Unlike some of the members at the club, Dr. Graham was a generous tipper. He was also a kind and humble servant.

"I've written many times of my encounters with those blessed with the 'it factor.' My contention is that the truly special folk exude a certain aura, a force field of energy if you will, unlike us ordinary humans. Dr. Graham was my first encounter with that aura. I could feel it emanating from his countenance. He was also a pretty good player. The only nega-



Above: Graham with Gerald Ford.
Below: With Arnold Palmer



tive was his brown leather golf bag that felt like it was weighted down with every soul he'd attempted to deliver from damnation. RIP Doc. If anyone deserves to lay down their burdens, it's you."

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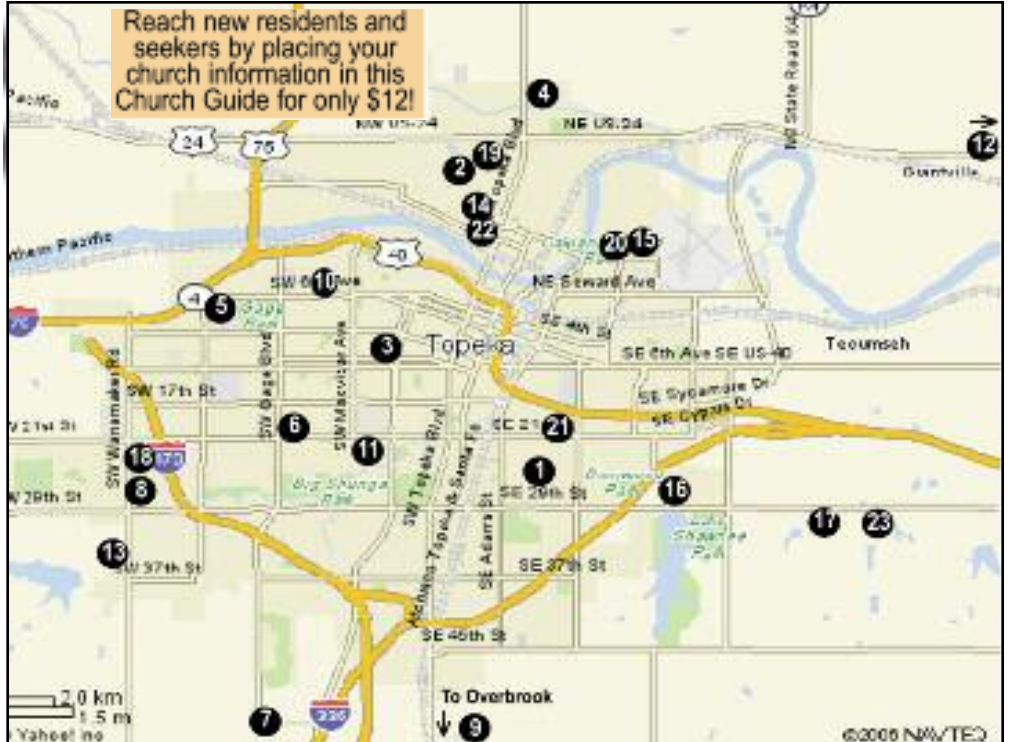
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WANTED: Vendors for EasterFest Mar. 31 at Garfield Park. Over 3000 attendees last year! info@c5alive.org or 785-640-6399 for details.

WANTED - Business Systems Analyst - Topeka & sites thruout US - Analyze detailed systems/processes to refine their formulation & convert to programmable formats. Lead improvement efforts to enhance performance & provide increased functionality, incl. proactive maintenance for continued space availability, monitoring activity, documenting changes. REQ: MBA Tech. Mgmt or related + min. 6 mos related exp. Resume to Cosmos IT Solutions, 3706 SW Topeka Blvd, Ste. 418, Topeka, KS 66609

PANCAKE BREAKFAST AND SILENT AUCTION - The Sunflower Lions Club will hold their next semi-annual Pancake Breakfast and Silent Auction at First Christian Ch. 1880 SW Gage, on Saturday March 31, beginning at 7:00am until 11:00am. Cost is \$5 at the door. Proceeds are used for Vision Screening small children, and purchasing eye examinations and eye glasses in the Topeka community.

GARAGE SALE - The next semi-annual Seekers Garage Sale will be Friday and Saturday April 6 & 7, 8am-noon, at First Christian Ch., 1880 SW Gage, (enter from 19th and Stone) Something for everyone; no clothes. Proceeds are used for community and youth activities at First Christian Ch.

DONATE TO A PROJECT - Only 50 cents will send one book to a student who may not have

ever held a book. Please send to: Chamwino Library Project (Lincoln Law) Am. Peace Corps Books for Africa 26 East Exchange St., Suite 411 St. Paul, MN 55101

WANTED: Housekeeper for disabled veteran requiring aid & attendance. 3 Days per week, Mon., Wed, Fri., hours flexible. Pay negotiable. Call for details. 785-608-5397

FOR SALE: GOLF CLUBS - a 2013 model Cleveland Driver SL 290, 10.5 Degree, regular flex shaft. Retail \$339, asking \$59, only played a few rounds. New Warrior 10 degree Driver, only hit a few at the range with it, \$49. 640-6399

WANTED: PART-TIME ACCOUNT REP - Work your own hours. Call on businesses, churches & non-profits about their advertisements in Metro Voice. Generous commission. Call 235-3340

TOPEKA BIBLE CHURCH
1101 SW Mulvane, Topeka, KS 66604
1135 SW College Ave., Topeka, KS 66604
234-5545 www.discovertbc.com

Leading People to Life in Christ

First Service: 8:00 - 9:10am
Second Service & Sunday School: 9:30 - 10:40am
Third Service & Sunday School: 11am - 12:10pm
Senior Pastor: Jim Congdon

DARLENE LOLLAR
SEWING & GIFTS
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WEST END OF GAGE SHOPPING CENTER
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Topeka, Kansas 66604

Part-Time Income

Work flexible hours

Call on businesses, churches, and non-profits about advertising options in Metro Voice.

Generous commission paid on any ads placed.

Call 235-3340 or email voice@cox.net

BRUSHLESS **AUTOMATIC WASH**

featuring **ZERO SPOT RINSE**

OTTO CAR WASHES

5821 SW 21st St just west of I-470

Self-Service Bays with BUSTER BRUSH and Detail Areas with FREE Vacuums

Open 24 Hours
Major Credit Cards Accepted
2 Topeka & 4 KC Metro Locations

AUTOMATIC CAR WASH STARTING AT **\$6.00**

**Welcome...
TO NORTH TOPEKA!**

North 75 Barbershop  **Ron & Lacy**
 Tue-Fri 8-5:30
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 1904 N Central Avenue 233-4281

THE PAD RESTAURANT  
Every Monday, 3 pm - closing:
35% OFF Burgers!
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Come and be a part of what God is doing at
Family of God Church
 1231 NW Eugene St.
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 **northland** *Love God. Love People.*
Loving God, Loving People
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 Th 9am - 12pm
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HERMAN'S BEEF & SAUSAGE HOUSE
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 **We Specialize In Meat & Deli Items**

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 Non-cash Donations: 785-357-4285
 Volunteers, Tours: 785-354-1744 ext. 393
 Finances: 785-354-1744 ext. 316
 Policies, Speakers: 785-354-1744 ext. 315
 Thrift Store (1312 N. Kansas): 785-235-9094
www.trmonline.org

 600 N. Kansas Ave.
 Topeka, KS 66608
 P.O. Box 8350
 Topeka, KS 66608

PHONE: (785) 286-2390 FAX: (785) 286-2393
 TOLL FREE: (800) 894-2390 EMAIL: RICH@TARWATERS.COM
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IN GOD WE TRUST

FOR JESUS WE RIDE
Christian Cavalry M/M
Biker Sunday...Every Sunday!
Christian Cavalry Ministries Int.
 c/o Seaman Baptist Church
 2015 NW Buchanan, Topeka, KS 66608
 785-224-5419
www.church4bikers.org
 Sunday School 9:30 AM
 Sunday Service 10:45 AM
 Wednesday Prayer & Bible Study 7:00 PM
All are welcome, casual dress ok!

EasterFest comes back to North Topeka

EasterFest comes back to North Topeka with a parade on N. Kansas Avenue and a fun fair in Garfield Park. It all takes place on March 31, beginning at 10 a.m. when the parade begins in NOTO Arts District at the tracks and proceeds to Garfield Park, where the fun fair will continue until 3pm.

Food Trucks will be on hand along with various other vendors offering snacks, food and baked goods.

Of course there will be a big Egg Hunt, beginning right after the parade at the playground in Garfield Park.

The fun fair will be held in the Park, in the Shelter House & in the Gym, and will include vendor booths, children's games, food, face-painting, bands and other entertainment. For info: info@C5Alive.org or 640-6399

Here are a few more scheduled events in the North Topeka Area:

ROLLING HILLS CONCERT – Mar. 4, 6pm, Rolling Hills Christian Church,

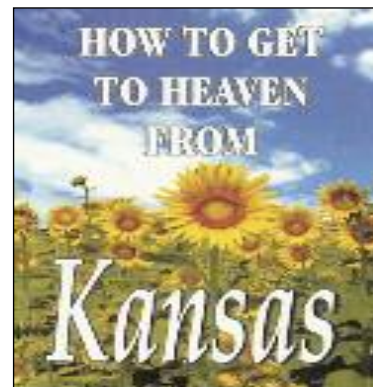


4530 NW Hiawatha Pl. An evening of encouragement, laughter, and smiles

FOOD FIGHT – Mar. 4, 5pm. Rolling Hills Christian Church, 4530 NW Hiawatha Place. Competitors will sign up for Appetizers, Chili, Soup, or Dessert. Attendees vote on their favorites. Concert by And He Walks With Me follows dinner. For info: 286-0601 or office@rhctopeka.org

EASTER EGG HUNT – Mar. 28, 5:30-7pm, Topeka Rescue Mission Ministries, 600 N Kansas Ave.

MOONLIGHT EGG HUNT – Mar. 29, 8-9pm, Shawnee North Nature Trail and Fitness Loop Trail, 300 NE 43rd St. \$10 pre-registration required. For info: 251-6800



More important than living in KANSAS is where you will live forever. Just as you would look at a map of KANSAS to find your way, so you must look at the Bible to find your way to heaven. The Bible says, "Narrow is the way, which leadeth unto life, and few there be that find it." (Matt. 7:14). Jesus said, "I am the way, the truth, and the life: no man cometh unto the Father, but by me." (Jn. 14:6). Jesus is the only way to Heaven and He gave these directions on getting there.

1. Realize you are a sinner. Everyone starts the same place spiritually. "For all have sinned and come short of the glory of god." (Rom. 3:23). Sin's penalty keeps you out of Heaven and condemns you to Hell, separating you from God. Romans 6:23 says, "The wages of sin is death." Sin brings both physical & spiritual death. "And death and hell were cast into the lake of fire. This is the second death." (Rev. 20:14).

2. Realize Jesus paid the penalty. Jesus Christ's death, burial, and resurrection provided a way for you to go to heaven and restore your relationship with God. "But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us." (Rom. 5:8). Since Jesus, God's Son, was the only One who could pay for our sin, He is the only Way to Heaven.

3. Repent of your sin and receive Jesus as your Savior. In order to go to Heaven from KANSAS, or anywhere else, you must accept Christ by calling on Him in prayer. He tells us in Romans 10:13, "For whosoever shall call upon the name of the Lord shall be saved." Use the following prayer, or one similar to it, to receive Him now:

Dear Lord Jesus, I know I am a sinner. I believe that you died and rose again for me. Please forgive me of my sin, become Lord of my life, and take me to heaven when I die. I am trusting you completely, and in nothing I can do. Thank you Jesus! Amen.

5th
ANNUAL



March
31st

TOPEKA **EASTER** PARADE AND FAMILY FUN FAIR

Police vehicles!
K9 units!

Firetrucks!
Antique vehicles!

Sat., March 31, 10 am - 3 pm

*It all takes place on N. Kansas
Avenue and at Garfield Park!*

Food Trucks
will be there!

FREE to the public!

Fun Fair open 10:00 am - 3:00 pm at Garfield Park! **Live music** at Garfield Park 11:00 am - 3:00 pm!
Parade starts at 10:00 am! (From NOTO to Garfield Park) • **Food Trucks** located in Garfield Park!
Easter Egg Hunt following parade at Garfield Park playground! • **Vendor Market** open 10:00 am - 3:00 pm!
Dance troupes, martial arts, gymnastics, ballet, demonstrations & more at the **Health Fair!**
Craft stations, Facepainting, Easter Photos, Games & more kid's activities!
Win a Bicycle at the **Football Toss!** • Win Cakes, Pies & Cupcakes at the **Cake Walk!**

For booth, sponsor and parade entry information:
info@C5Alive.org or 785-640-6399

Volunteers needed! Contact:
info@C5Alive.org or 785-640-6399

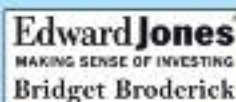
Sponsors needed for: • Vendor Market • Food Court • Entertainment Stage • Health Fair

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Topeka Easter Parade & Family Fun Fair

Presented by



Sponsors:



Sponsors needed! Contact:
info@C5Alive.org or 785-640-6399

