

**Topeka EDITION**  
includes Lawrence, Manhattan, Emporia & Holton  
The Area's Most Complete Event Guide



**MITCH MCVICKER** | Page 13

**FREE! TAKE ONE!**

# metro VOICE

**Summer Camp!**



**Camp Guide**  
Page 8

CELEBRATING FAITH, FAMILY AND COMMUNITY IN NORTHEAST KANSAS


*Celebrating our 13th year!*  
VOLUME 13 • NUMBER 9

**May 2019**

VISIT US AT [facebook.com/metrovoicenews](https://facebook.com/metrovoicenews)  
or [metrovoicenews.com](http://metrovoicenews.com)

TO ADVERTISE, CONTRIBUTE, SUBSCRIBE OR RECEIVE BULK COPIES, CALL 785-235-3340 OR EMAIL VOICE@COX.NET

**NEW RESIDENT churchguide**



Community Church

*See inside back cover!*

## Franklin Graham brings message of hope to Venezuelan refugees



Colombian citizens and Venezuelan refugees gathered at a soccer stadium in Cúcuta, Colombia, at the border of Venezuela, to hear Franklin Graham share the message of salvation over two nights this Easter weekend.

More than 400 local churches in Cúcuta joined Graham in inviting refugees and local families. The first night, a crowd of 52,000 people filled the city's fútbol stadium.

Graham said Monday that he believes God is using the physical needs of the refugees from Venezuela to open their hearts spiritually.

He said what happened at the services amazed him. "It was more than I ever expected," he said, "We had about 116,000 people come to 3 meetings. We had 7,000 or so make decisions for Jesus Christ. The hunger was incredible."

On Facebook Graham shared "We praise God for each one who made the most important decision of their lives—to repent of their sins and trust Jesus Christ as their Savior."

■ Please see REFUGEES page 3



Pastor Tim Throckmorton of the Crossroads Church in Circleville, Ohio, speaks out at the Faith and Freedom Rally

## Half of pastors are worried about offending someone if they speak out on social issues

Pastors are pressured from all sides to speak out on hot button issues, but struggle with just how to address those topics, such as LGBT issues and same-sex marriage.

In a new report from the Barna Group, Faith Leadership in a Divided Culture, nine out of 10 Christian pastors said they feel that helping Christians form biblical beliefs about

specific issues plays a major role in their job.

A divided and contested American culture raises the stakes for faith leaders as they address many of the controversial issues of the day.

"The stakes are high in the public square," the researchers wrote. "The issues pastors feel most pressured to speak out on are the same ones they feel

limited to speak on."

According to the study, half of Christian pastors occasionally or frequently feel limited in their ability to speak out about controversial issues out of concern they will offend people. When asked to identify the source of the concerns, pastors are much more likely to say that they feel limited by

■ Please see PASTORS page 10

## Kansans cut shopping equal to vetoed tax windfall



Governor Kelly vetoed the tax windfall bill, raising Kansans' income taxes to the tune of \$50 million. Near the same time, the latest state tax report shows Kansans decreasing shopping by \$40 million. Is this just a coincidence, or are Kansans preparing to pay for higher taxes again? It's possible Kansas's fiscal troubles and sluggish growth led to Kansans preparing for more uncertainty in their finances. Here are the facts.

In order to prevent a state tax increase from federal tax reform, the legislature attempted to pass SB 22. Like seeing someone mistakenly drop their wallet, passing SB 22 was the equivalent to returning the wallet to its owner. Ultimately, SB 22 was vetoed and the "wallet" is now in possession of the Kansas government.

■ Please see SHOPPING page 3

## Poll finds 'free time' a rare commodity

Busy, busy, busy. That's how most people would describe their life. But have they really figured out how much free time they get? Most people might even over-estimate it, thinking they're catching up on free time on the weekends. But a new survey finds that the average American adult logs just four hours and 26 minutes of time to themselves in a given week.

And if that amount seems high, you're also in good company. Four out of 10 people surveyed said they get even less free time than that total. In short, people are not getting the rest or time for themselves they need to be healthy individuals.

The survey of 2,000 adults, commissioned by Kansas City-based tax prepara-

tion service H&R Block, also found that the little bit of free time leaves the average person with 14 undone items on their to-do lists — though one in five respondents says there's at least 20 things to get done on their lists. Those lists include everything from running errands to paying the bills. The authors found that 60% of the participants are putting off basic administrative tasks like cleaning, going to the bank, or filing their taxes because they don't have the time.

Nearly the same amount, 59% of participants, said keeping their lives organized with everything they have going on is simply a "big struggle."

Among the tasks most commonly

■ Please see FREE TIME page 4





## National Day of Prayer calls Americans to Love One Another

A praying church has always been the hope of America.

On Thursday, May 2, thousands of prayer gatherings attended by hundreds of thousands of Christians will adorn the landscape of America on the 68th annual National Day of Prayer. This year's theme is a quote from Scripture: Love One Another.

There will be a Kansas statewide observance at noon in the second-floor rotunda of the capitol. State National Day of Prayer Coordinator Donna Lippoldt says, "Please come and pray with your legislators as we seek the Lord for righteousness in our state."

Other observances in and around Topeka will take place the same day. For example, El Shaddai Ministries Community Church will host one hour of morning prayer beginning at 5 a.m. A light breakfast will be available to go. The church is located at 920 SE Sherman Avenue.

Christians in the city are being encouraged to attend the citywide observance at the Big Gage Shelter House (next to the zoo). Worship will begin at 6:00 p.m., and prayer will begin at 6:30 p.m. The service will conclude before 7:30 p.m. Weather permitting, the gathering will be outdoors, so attendees should bring a lawn chair or other seating.

Prayer topics will include education, government, first responders, business,



healthcare, repentance, and revival. The goal is to apply the Love One Another theme to each of these.

Prayer leaders will include Dr. Dave DePue of Capitol Commission, Dr. Beryl New with Topeka Public Schools, Dave Sanford of GraceMed, Wally Roberts with the State Fire Marshal, Jay T. Ladenburger of Curtis 1000, Pastor Polo Delacruz of El Encuentro (The Encounter) Church, and Pastor Clarence Newton of New Life Baptist Church. The Rev. David Epps, the Shawnee County National Day of Prayer Coordinator, will emcee.

Members of Kingdom Encounter Worship Center will be joined by David Epps to lead worship.

Visit [TopekaNationalDayofPrayer.org](http://TopekaNationalDayofPrayer.org) for more information.

During the struggle for independ-

ence, it was the praying church that provided hope for the birthing of America. It was the praying church that contended for the end of slavery during the abolition movement. The praying church was the driving force behind the civil rights movement.

Once again, America needs a praying church.

"There have been many sweeping spiritual movements in America's history. The largest have earned the label of great awakening. We surely need another great awakening in America. Each of the great moves of God in our nation have begun with passionate, united prayer," said Epps.

He added, "We have a savior in Christ. We surely need his salvation now." Epps may be contacted at [worship.warrior@hotmail.com](mailto:worship.warrior@hotmail.com).

## Life Lessons From a Little One

### PROMISED VICTORY

by Jessica S. Hosman

Last month I wrote about a little boy who maintained a countenance of joy and hope, even when met with constant defeat along the way. A boy who aspires to be a famous soccer player later in life but had yet to experience any soccer wins or game-time goals. A boy who wore a constant and contagious smile during loss and continued to press on against the odds to stay in the game. Today, his perseverance has paid off and he is walking in the promised victory that in some shape or form will one day greet us all.

Three seasons: Zero wins, zero goals. Yet constant joy and focus on the end goal just the same. I imagine after a year of defeat, many would have wanted to give up and few would have the gumption to believe for anything different. But Zechariah wouldn't quit. And, as a result, he has stepped into a new season. One of victory and reward in exchange for the defeat he once knew.

Two recent games have brought two wins and seven total goals from this persistent player. He's stepped into his promised

land so-to-speak and is not looking back on the season behind. What I admire most is that he never stopped believing this season would come. Even though it seemed unlikely and maybe even impossible, he kept hoping and trusting and today is bearing the fruit. Maybe it will be short-lived and the rest of the season will be characterized by more loss. But he really doesn't care. He is focused now more than ever on enjoying the journey and staying focused on the prize. How I long to do the same. Being able to do so has little to do with the present-reality and more about our current perspective. If we can see clearly and remained focused on the real prize that awaits, we will find the joy and peace that Christ came to give us. Otherwise, we stay focused on the apparent defeat and remain discouraged and trudging through life not awaiting prom-

ised victory, but instead anticipating with dread the next challenge or loss. That is not the place in which God wants us to dwell.

We recently celebrated the resurrection of Jesus and the abundant life we are promised as a result. When we are walking in discouragement and focusing on the darkness of current or past seasons, we can't see clearly into the present-day blessing right in front of us. When Zechariah was met with repetitive defeat, he didn't focus on the score of the game; he focused on how much he was *enjoying* the game and used the defeat as stepping stones taking him to future victory. No doubt we all experience seasons like this when it seems nothing is turning out the way we had hoped. But we can't let our focus be there.



We have received an immeasurable gift of life from the One who loves us more than words can describe, and He wants to use all seasons as stepping stones towards the victory He promises we will all one day step into if we keep our focus on Him.

Attitude and perspective. The willingness to see beyond present-day with hopeful anticipation of what is to come. Zechariah's losing streak has been broken. And one day, ours will be too. Whether this side of heaven or the one to come, we will receive victory and if "we don't lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal." (2 Corinthians 4:16-18).

You may feel like you are losing the game today. But keep pressing on. When Jesus is your goal, you will see the prize. Stay encouraged and stay in the game. There is victory that awaits!



Jessica Hosman

## 'We Will Fight,' against opioid crisis says president

The Trump administration is increasing the commitment in the fight against the opioid crisis. Trump says the federal government will continue to invest billions of dollars into the fight and is finalizing plans to hold drug makers accountable.

At a drug summit Wednesday in Atlanta, Trump gave a progress report on the efforts of his administration.

"My administration is deploying every resource at our disposal to empower you, to support you and to fight right by your side," he said.

Trump's speech came one day after his administration brought its first criminal charges against a major drug distributor – Rochester Drug Co-Operative is accused of turning a blind eye to thousands of suspicious orders for opioid pain killers.

"There is just nothing going to stop us, no matter how you cut it," said Trump.

In his speech he also announced his administration's commitment to set aside \$6 billion for things like youth prevention and overdose-reversing drugs.

"We're going for even bigger numbers this year," he vowed, going on to list other administration accomplishments like convincing China to designate fentanyl, or synthetic heroin, as a controlled substance and cracking down on online sales.

Critics, though, say it's not enough.

Last year nearly 49,000 Americans died from opioid overdoses – that number up 17 percent from 2017.

Buying or selling a home?

**BOWES**  
(785) 414-9124

Ask for John!

[www.teambowes.com](http://www.teambowes.com)  
[bowes@teambowes.com](mailto:bowes@teambowes.com) Countrywide Realty, Inc.

All your protection under one roof®

**Roger Hood Agency, Inc.**

1920 SW Westport Dr. Ste 102,  
Topeka, Kansas 66604-1622

(785) 273-1622  
1-800-MYAMFAM (692-6326)  
[rhoon@amfam.com](mailto:rhoon@amfam.com)

**Karen Sivertson**  
is now at  
**HAIRSLINGERS**  
bringing  
32 years of  
experience as a  
Cosmetologist.

"I work with men, women and kids, specializing in haircuts, hair coloring, permanents, beard trimming & facial waxing. I enjoy working with the entire family and love seeing their smiling faces when they leave."

20 years experience  
at SuperCuts  
(17 as a manager)

**APPOINTMENTS  
AND WALK-IN'S**

For appointment, please call 785-233-4247  
**Hairslingers - 1406 SW 17th St., Topeka**



## Iowa girls stage walkout of high school to protest boy in girls locker room

Female students at an Iowa high school staged a walkout last week to protest the school's decision to allow a trans-identified student to enter the girls' locker room.

About 20 students protesting for privacy rights walked out of Abraham Lincoln High School in Council Bluffs at around 10:30 a.m. last Thursday and began a demonstration outside the school's main entrance.

According to WOWT, the walkout was triggered by a student who believes that her privacy rights are being violated because a biologically male student who

identifies as female is now allowed to use the girls' locker room.

Another group of about 40 other students also walked out around the same time to demonstrate in favor of the trans-identified student being able to use the girls' facilities. That group's demonstration took place on top of a hill just to the right of the school's entrance.

The demonstrations lasted about 15 minutes before students returned to class. "I believe if you have the male parts you go to the males' bathroom and if you have the female parts you go to a ladies

room and that's just the way I was raised," student Brandi Scherlund told the local news station.

Under Iowa state policy, schools are required to allow students to use bathrooms and changing facilities that correspond to their gender identity.

During the short demonstration, the female students who opposed the policy chanted: "We want our privacy! He is a male!"

"We felt very uncomfortable with a male who's not doing anything to be transgender going into the female restrooms," one student said.

## May C5Alive POWER Luncheons to Feature Business Building Tips

All business owners want to get the most out of their businesses.

At the May C5 Luncheon, Carl Fowler and Marshall Madill will demonstrate what can be accomplished with just a little bit of thought and time focused on what you would like your business image to be in the market place. In other words, what do your customers think of when they see your "brand?"

The goal of "Branding Your Business" is to jumpstart your thinking and prime your imagination to start on the road to a "brand" for your business that will send your activity to the highest orbit you've ever imagined. And you might be shocked at just how affordable this can be.

Fowler has worked with businesses both large and small. "You want to make sure that every time and everywhere your business shows up paints a picture of your business that accurately reflects the quality and value of service your business delivers to the customer," says Fowler. "And you want to make sure you're conveying the exact same "brand" every time and everywhere as well."

The May C5Alive "POWER" Luncheon will be held May 9, 11:30 a.m. to 1:00 p.m. at The Peak, 1920 SW Gage Blvd, Don't miss out on this exciting presentation

The meal will be catered by Aboud's/Engroffs Catering

The cost to attend the luncheon is \$10 for C5Alive members and first-time guests who RSVP, and \$12 at the door. Non-members and other guests pay \$15. C5 luncheons are open to the public and everyone is welcome to attend, organizers said. RSVPs and inquiries can be sent to

info@C5Alive.org.

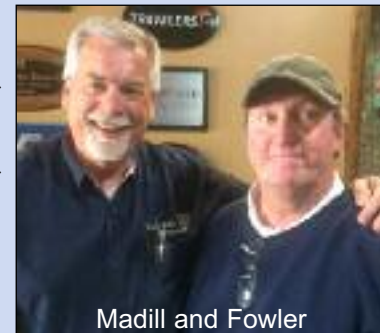
C5Alive "POWER" luncheons are held on the second Thursday of each month, and meals are catered by Aboud's/Engroffs or other fine caterers.

For more details on these and other events, stay tuned to the C5Alive facebook page and website: www.C5Alive.org

C5Alive is an organization founded in 2009, dedicated to developing and uniting Christian Leadership in the community, involving businesses, non-profits and churches.

In addition to monthly "POWER" luncheons held on the second Thursday of each month, C5 also hosts periodic business fairs and other events, including the annual Topeka Easter Parade and Family Fun Fest, held on N. Kansas Avenue and in Garfield Park on the day before Easter.

C5 members may also sponsor luncheons and other events as a way to promote their organizations. For more information about C5, go to C5Alive.org, facebook.com/C5Alive, or call 785-640-6399.



Madill and Fowler

## REFUGEES

continued from page 1

"It was Good Friday, and I shared the reason that Jesus came to earth. We are all sinners, and the price of sin is death," he added. "We all deserve to die, but He took our place. He went to the cross for us where He died, was buried, and rose again on the third day. The Bible says, 'But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us' (Romans 5:8)."

The second night, a crowd of 42,500 filled the stadium.

"The stadium in Cúcuta was filled again tonight with an incredible crowd of 42,500!" he wrote. "Cúcuta, Colombia, sits right on the border with Venezuela, and

people were there from both Colombia and Venezuela. We praise God for each one who came and for every heart that was changed for eternity by the power of the Gospel."

"The Bible says, 'that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved' (Romans 10:9). That's what we celebrate this Easter! Jesus Christ didn't stay in the grave. He rose from the dead and He's alive today," he continued. "He sits at the right hand of the Father and He is willing to come into any heart that will repent of their sins and put their faith and trust in Him."

"I'm deeply grateful to the Festival of Hope committee here in Cúcuta, the

churches and pastors, and all of the volunteers, who prayed and worked so hard to make this weekend possible. Join me in praying for all those who made decisions for Christ this weekend and for the churches who will be reaching out to them," he added.

The weekend also included a mission event for children to hear the gospel where over 20,000 refugees and local families came out.

Graham's charity, Samaritan's Purse, also held one of the largest US-based and faith-based humanitarian missions for Venezuelan refugees since the country started collapsing. Crews gave overnight shelter, food, hygiene kits, primary medical care and more to Venezuelan refugees in multiple locations.

## SHOPPING

continued from page 1

To better understand how the tax windfall affects you, look at your Schedule A on your 2017 federal return. Find the deductions of property tax, mortgage interest payments, expenses for medical care and gifts to charity. If the sum of those deductions are over \$15,000 (\$7,500 if single) on your 2017 return, but you took the higher federal standard deduction on your 2018 federal return (\$24,000 if married or \$12,000 if single), then your Kansas taxes likely went up...again.

The March State General Fund Receipts suggests Kansans are dealing with

those higher taxes and shrinking finances. Yes, it is true that total taxes to Kansas government are up \$136 million over the same time last year. However, nearly all of it comes from higher individual income and corporate income taxes, both tied to the federal tax windfall. Take this in contrast with sales (and use) tax which didn't see a rate increase yet hasn't grown at all. The Kansas government has more money - via the found wallet. However, the original owner, working Kansas taxpayers, has fewer dollars to spend on food, clothing, and general goods and services. Unfortunately, adjusting for price changes over the year makes Kansans' financial situation worse.

Though the change in sales tax, according to this report, is close to 0%, prices, which are not noted, increased. The Bureau of Labor Statistics reports consumer prices from the first 9 months of fiscal year 2019 grew 1.7%. This means to purchase the same amount of goods as last year, Kansans need to spend 1.7% more dollars this year. In other words, sales tax must 1.7% higher, a change of \$40 million.

Perhaps this tepid spending stems from the fact Kansas's high income, sales, property and excise taxes make it the 5th worst state for U.S. taxpayers. Wallethub compared state and local tax rates in all 50 states and the District of Columbia. Researchers found Kansas's effective tax rate on U.S. median income is the 5th highest tax burden on Americans.

Data points and third-party studies are painting a consistent picture of the plight of Kansas families. Kansans approach to the near constant creep of state taxes may be to pull back spending. On the contrary, Kansas government spends more than \$2 billion above inflation, emptying its reserves in a few short years. The state's high sales, property and excise tax, combined with record-setting income tax hikes are taking a heavy toll on Kansans. Their well-being relative to the rest of the country is suffering.

Some argue high taxes and spending are needed to have effective government programs. This is not true, as spending more money is no guarantee of substantially better outcomes. In addition, we must remember there is a setback to constant tax increases. As Margaret Thatcher famously quipped, government eventually runs out of other people's money to spend.

-kansapolicy.org

**Call the Residential Specialist!**

*"Defined by Service  
and Integrity"*



**JAMES NORWOOD, REALTOR**

785-246-6955 office

785-438-7731 cell

JNorwood@ReeceNichols.com

www.jnorwood.reecenichols.com



**ReeceNichols**  
REAL ESTATE

ReeceNichols  
1931 SW Gage Blvd.  
Topeka, Ks 66604

**Bath Innovations**  
**WALK-IN BATHTUBS**  
& Remodeling

**CALL TODAY**  
**for a FREE**  
"no high pressure"  
consultation  
**913-912-1750**  
[www.BathInnovationsMidwest.com](http://www.BathInnovationsMidwest.com)

**SMJ SHANE M. JONES**  
& ASSOCIATES, P.A.

**COUNSELING**  
**YOU CAN TRUST**

**Areas of expertise:**

- Marriage & Relationships
- Depression
- Anxiety
- Adoption
- Addictions
- Grief-Loss
- Foster Care

2708 N. Topeka Blvd., Ste. 202  
Topeka, KS • 785-266-7732

5040 Bob Billings Parkway, Ste. B  
Lawrence, KS • 785-832-8838

[www.shanemjones.com](http://www.shanemjones.com)



## 'Keep God in your life' is the secret says couple married 82 years

Willie Williams' joy was palpable as she spoke about the first time she met her 103-year-old husband, Daniel W. Williams. At 100 years old, the devout Christian woman can't remember all the details from the moment of their first meeting, but she knows that it's the best memory she has of the man she's been married to for the last 82 years.

She remembers they were at church. She was about 12 or 13. They were in Newberry, South Carolina.

"My best memory is when we first met," she recalled from her Charlotte, North Carolina, home in a soft, warm Southern drawl in an interview.

"We met at church. I think we became friends and started talking to each other ... that's been such a long time," she said.

A few years later when Willie turned 18 and Daniel was 21, the two would eventually marry. The exact details on how Daniel asked for her hand is also a bit fuzzy but Willie chuckled as she tried to imagine what he likely said.

"It's been so long I forgot the exact words," she said. "The only thing I could imagine he would say is 'honey, would you marry me?'"

Daniel doesn't hear so well these days but he remembers being struck by Willie's beauty when they first met.

"Oh, I don't know," he said a bit reluctantly before blurting out "her beauty!" when asked about what first attracted him to his wife.

The couple who have lived through wars, the Depression, and the civil rights era, recently had an anniversary party at the First Mayfield Memorial Baptist Church in north Charlotte courtesy of their adoring family members. And Willie says despite their age, she and her husband are both "feeling fine thank you."

"For our age I think we are [in very good health]," she said.

They still live independently for the most part. Willie cooks their meals and she gets help with cleaning, laundry, and groceries from her family.

As the years have gone by, says Willie, people from her community have sometimes reached out to them for advice on how they have managed to live so long together and their advice has remained the same.

"[They] want to know what we doing

to have such a long life. And we try to just tell them, clean living," said the devout Christian.

"Sometimes people will drink a lot and that's not good for you. I don't feel like drinking is a good thing for you," she said.

When asked about her diet, Willie didn't get very specific. She advises, however, that people should consume things that are good for their body.

"Just plain food, not too many rich foods," she said of their diet. "We try to eat the right things. If you feel like its good for you, if you eat something and it doesn't seem to do good for you, make you feel good, you don't eat it anymore."

She says for the most part, even if it's hard to believe, she and her husband don't take vitamins or are dependent on any medication to supplement their health.

"No, we don't take vitamins," she said chuckling proudly. "It's hard to believe huh?"

The only medication beyond an unspecified pill taken daily that Willie admits to using on an as needed basis is Tylenol.

"Well, like Tylenol if you have a headache or something like that, yeah. You take that," she said.

"If you mean we have to have a special type of medicine every day, we don't do that. You don't believe, but it's the truth," she said, laughing heartily.

Outside of attending church weekly and visits from family, Willie says she spends a lot of time with her husband every day and they enjoy a daily routine.

"Well, you get up and go out and get your paper. And we sit around the house and talk to each other. We have some sort of game or something we play," she said. "We do [enjoy each other's company]. We have been together so long, we do."

The lifelong Baptists say their faith has been a big part of their longevity.

"We go to church every Sunday. That's a must in our house. We must go to church. We were always taught to go in and it just stayed with us. Both of us go to church," she said.

She insists that if people follow the Spirit of the Christian faith they would treat each other better and learn a lot more from each other.

"You know you always know how to treat people and do the right thing when you're in church. To me, I would be different from the people that don't belong to the church," she said.

While she doesn't have much to say about why some Christian marriages fail, she offered a bit of advice for Christians who are struggling in their marriage.

"Well, one thing, you must keep God in your life. You can't go without Him now, you know. You're supposed to have God in your life and you pray and ask Him the way," she said.

Willie explained that when it came to dealing with challenges in her own marriage she couldn't recall any major struggles because they understood how to communicate effectively with each other.

"Now, you want to know the truth? You may not believe. We haven't had any rough times. We always sit down and talk about things. We sit down and both discuss it and see what was the best idea, the best way to deal with that," she said.

She stressed that life is really simpler when couples try to work things out together.

"We've always sat down together when

anything was wrong. We would sit down and talk about it together. You know, the two of us, just the two of us, and see what was the best method to take, don't you think?" she asked. "We just sit down and talk about it. Not carrying on. Just the two of us."

And her husband agrees that good and open communication has been a major linchpin in the success of their union.

"If you see something go wrong [with your spouse] just tell them about it. That's how I see it," said Daniel.

"When you do the thing that's right, stay out of trouble, and all that and you keep a clean life [things will all work out]," he said.

Willie said from very early on they also both understood that they had to contribute to the success of their marriage. So in addition to being committed to their faith, they also both worked to contribute to the finances of their household.

"Both of us worked. That was a must in our house. You're supposed to work," she said matter-of-factly.

She doesn't believe in the concept of a housewife.

"I worked at the nursing home and he worked at the meatpacking company for years. In the nursing home you take care of the elder people and I loved that," she said.

It's been so long since they retired that she doesn't remember how long it has been since they last worked to earn an income.

"Oh Lord, I can't really tell you that," she said. "I done forgot how long ago that was but it's been some time since we worked."

Willie also meditates a lot on the scripture Matthew 5:8 that says, "Blessed are the pure in heart: for they shall see God."

"I like 'blessed are the pure in heart: for they shall see God,'" Willie said. "I've just always loved that scripture."

—Leonard Blair /CPNews

## Nicole Kidman 'Teased' by Friends for Taking Her Kids to Church

Hollywood star Nicole Kidman, donning a flowing high-neckline black dress, was spotted spending quality time back in her home country, Australia, with husband Keith Urban, and daughters Sunday Rose, 10, and Faith Margaret, 8.

Rather than enjoying a day out on the sunny beach, the God-driven family paid a visit to a church in Sydney's Lavender Bay.

When you think of celebrities, who often find themselves caught up in fame, the last thing that tends to come to your mind is them going to church faithfully amid their hectic schedules.

However, contrary to the common perception, the Big Little Lies actress makes the effort to regularly attend church with her daughters and husband.

Perhaps it's rare to find a celebrity religiously going to church every week; thus, Nicole's friends often tease her for believing in God and bringing her daughters to the church.

"A lot of my friends tease me," the 51-year-old Nicole told Vanity Fair recently.

"That's how we are raising our children. Keith has his own beliefs but he comes, too," she said. "I had a very Catholic grandmother, and I was raised praying, so that had a massive impact."

In spite of the teasing, Nicole was adamant to pass on her strong belief in God to her daughters because for Australia's best-known actress, faith is important.

The popular star also revealed she was raised in an Irish Catholic family to a mother who was a nursing instructor in Sydney, and a father who was a biochemist, clinical psychologist, and author.

As a youngster, Nicole recalls having

conversations about philosophy and politics with her parents over dinner. She and her sibling were taught to give back to society.

"My mom always told us to 'get a cause!'" she said.

No doubt, Nicole was influenced by her God-fearing grandmother. She always wears a diamond-studded crucifix, which was gifted by her grandma.

Keith Urban, a country singer, discovered God's grace as he struggled with addictions. He has written many songs with religious meanings behind them; some of his songs have Bible verses in the title.

Nicole even studied theology at Pepperdine University in Malibu, California, months before her wedding on June 25, 2006.

"Catholicism guides me. I certainly have a strong belief. I try to go to church regularly, and I try to go to confession," she told the Philippine Daily Enquirer.

Though this Oscar winner makes sure to instill spirituality and faith in her children, she doesn't stop them from questioning her about their faith.

"I wouldn't say it's absolutism, there's constant questioning—I'm a willful, feisty girl," she said. "For me it's very important that I don't have judgment. My dad would always say, 'Tolerance is the most important thing.'"

The beloved actress also opened up about her religious convictions in another interview with Allure in 2018.

"I'm spiritual in that I absolutely believe in God," Nicole said. "I loved the idea of being a nun. Obviously, I did not choose to go that path, but I was very drawn to it."



## FREE TIME

continued from page 1

brushed aside by the study participants, cleaning topped the list, with 48% of adults postponing such chores. Another 40% admit they've put the brakes on car maintenance, while a third routinely push back plans to go shopping. More than a quarter of Americans (27%) said they put off making a doctor's appointment.

Of course, with the tax deadline looming on April 15, filing one's taxes is another common task that many of those surveyed are delaying. Half of the participants who haven't gotten around to their taxes say they just can't find the free time.

"According to the survey, a lot of Americans are letting things slide around the house simply because they're so busy," says Karen Orosco, Senior Vice President at H&R Block, in a statement. "Our new Tax Pro Go service lets consumers just securely upload their documents online and get paired with a tax pro who takes care of the rest. There's no need to even leave the house."

The research team compiled a top-ten list of tasks that survey respondents are currently putting off:

Doing odd jobs around the house

Going for medical check-ups  
Sorting out cabinets/spring cleaning  
Paying bills  
Sorting paperwork  
Taking unwanted items to the store or selling them online  
Fixing or mending items/clothing

Going for a haircut  
Catching up with friends  
Budget planning/reviewing your finances  
The survey was conducted by market research firm OnePoll in March 2019.

**DO YOU HAVE BIG DREAMS FOR YOUR SMALL BUSINESS?**  
CALL ME TODAY AT (785) 266-0500.

Kevin Litscher, Sales Specialist - All Lines  
Peter Bellucci Agency, Inc.  
peterbellucciagency.com  
fb.com/topekaamfam/  
kilsche@amfam.com

**AMERICAN FAMILY INSURANCE**

Member Family Mutual Insurance Company, Inc.  
Member Family Service Company  
5200 W. CENTER AVENUE, SUITE 100, SUITE 100  
TOPEKA, KS 66604 • (785) 266-0500

**K. KIRK NYSTROM, Attorney**

**Wills • Powers of Attorney  
Estate Planning • Probate • Trusts**

- Free Parking
- Evening & Saturday Appointments
- Emergency Hospital Visits

112 SW 6th Street, Suite 102  
Topeka, Kansas 66603

785-235-6977  
k.nystrom@att.net  
www.nystromlaw.net

"30+ years Experience"

*But let justice roll down like waters, and righteousness like an everflowing stream. - Amos 5:24*



# FINANCIAL PLANNING

## Dave Says: Play it Smart

**Dear Dave,**

Recently, the garage where I worked for a long time went out of business. I have a lot of my own tools, and I was thinking about taking out a loan of around \$20,000 to buy a few extra tools I need to open my own garage. It's always been a dream of mine to have my own shop, and this seems like the perfect opportunity. What do you think?

*Rick*

**Dear Rick,**

I love it when a person has the talent and drive to open their own business, but right now you're unemployed and looking at going into debt. That's a bad idea. You'll never hear me recommend going into debt to start a business. Did you know most new businesses fail within the first five years due to debt payments? I literally started my company on a card table in my own living room years ago, so I know for a fact you can launch a business without going into debt.

You said you have your own tools, plus you have lots of experience. My advice is to find a place that needs a good mechanic. Then, use the income from a new job to save up for the additional tools you need, and other startup costs associated with opening your own shop. If you play this smart and start slow, you could have a thriving business on your hands in a few years and no debt to eat up the money you make!

—Dave

### Get off the account today!

**Dear Dave,**

I opened a credit card account with a boyfriend several months ago in both of our names. We're no longer dating, and I was wondering if I can get my name off the account.

*Melody*

**Dear Melody,**

Yes, you can. Call the credit card compa-

ny right now, and tell them to take your name off the account immediately. Find out if there's a balance on the card. If there is, and it was charged up while your name was on the account, you'll still be liable for that amount. They won't release you from responsibility for those purchases, but you can get off the hook for any future charges.

Then, send them a certified letter—return receipt requested—stating that you are no longer liable for additional charges on the card going forward. It wouldn't be a bad idea to call them again in a few days to make sure they got the letter, too.

You're learning a hard lesson here, Melody. You should never open any kind of joint account with someone when you're not married. And stop using credit cards!

—Dave

### Insurance and savings

**Dear Dave,**

I just realized our insurance has a health savings account (HSA) option. We've considered dropping this insurance soon and going to a cheaper Christian medical sharing program. We've got about \$19,000 in debt between credit cards and a car payment, and we're on Baby Step 2 of your plan. Our thought was to fund the HSA for a period of time as a means of saving, cancel that policy, then go over to a medical sharing program we found that costs \$600 a month less. After that, we would start paying down debt again. What do you think?

*Amy*

**Dear Amy,**

There are two components to an HSA, the insurance component and the savings component. You don't have to participate in the savings component. The insurance component is simply a large deductible, 100 percent coverage after the deductible, cheaper-premium health



**DAVE RAMSEY**  
Financial author,  
radio host, television  
personality, and  
motivational speaker

**davesays**

insurance plan. If I were in Baby Step 2, I would not do the savings component. I would only do the insurance component, or I'd do the medical sharing program.

I'm not sure why you'd need to jump back and forth if you're going to permanently move to a medical sharing program. I get the idea of saving money, but what you're talking about isn't something I'd recommend for someone who's in debt. I wouldn't fund a savings account of several thousand dollars only for medical when you're not even on Baby Step 3, which is saving an emergency fund of three to six months of expenses. That money needs to be used to pay off debt first.

It's not the end of the world if you don't fund the HSA portion of your current insurance plan. If you went with a medical sharing program, and just saved up a large emergency fund, the only thing you'd really lose out on is the tax deduction associated with an HSA.

Good question!

—Dave

### Length of coverage?

**Dear Dave,**

My husband and I are 24, we're debt-free, and we're just a few weeks of saving away from having a fully-funded emergency fund. Each of us has a 401(k) plan at work, and right now we're concentrating on life insurance purchases. You always recommend term insurance, but how long should the coverage last?

*Jenny*

**Dear Jenny,**

Congratulations on being super smart with your money! It sounds like you two are starting out on the right foot.

Generally, I recommend 15- or 20-year level term policies—unless you have children. Since you didn't mention any kids, I can only assume they're not in the picture at this point. However, if you two decide to grow your family in the future, I'd advise converting those to 30-year term policies. You'll want the insurance there to protect everyone in the family, until the kids are grown and out on their own. In the years after, continued saving and wealth building will lead you to a point where you're both self-insured.

You two have done an excellent job with your finances. Keep up the good work!

—Dave

## Taxpayers should be aware of the top tax scams currently in vogue

By Peggy Beasterfield

Owner, Peggy's Tax and Accounting Service

The tax filing deadline has come and gone, but tax scammers continue to work. Again this year, the IRS highlights the twelve top scams in its "Dirty Dozen" list. These scams are often aggressive and happen throughout the year.

The schemes run the gamut from simple refund inflation scams to complex tax shelter deals. A common theme throughout all: scams put taxpayers at risk.

Here is a recap of the first six scams in this year's Dirty Dozen. Each one includes a link where taxpayers can go to learn more about that scam. This is the first tip of two tips recapping the list of all 12 scams.

**Phishing:** Taxpayers should be alert to potential fake emails or websites looking to steal personal information. The IRS will never initiate contact with taxpayers by email about a bill or tax refund. Don't click on one claiming to be from the IRS.

**Phone Scams:** Phone calls from criminals impersonating IRS agents remain an ongoing threat to taxpayers. The IRS has seen a surge of these phone scams in recent years as con artists threaten taxpayers with things like police arrest, deportation, and license revocation.

**Identity Theft:** Taxpayers should be alert all year long to tactics aimed at stealing their identities. The IRS, working in conjunction with the Security Summit partnership of state tax agencies and the

tax industry, has made major improvements in detecting tax return related identity theft during the last several years. The agency reminds taxpayers that they can help in preventing this crime. The IRS continues to aggressively pursue criminals that file fraudulent tax returns using someone else's Social Security number.

**Return Preparer Fraud:** Taxpayers should be on the lookout for unscrupulous return preparers. The vast majority of tax professionals provide honest, high-quality service. However, there are some dishonest preparers who operate to scam clients. These unscrupulous preparers perpetuate refund fraud, identity theft, and other scams that hurt taxpayers.

**Inflated Refund Claims:** Taxpayers should take note of anyone promising inflated tax refunds. Those preparers who ask clients to sign a blank return, promise a big refund before looking at taxpayer records or charge fees based on a percentage of the refund are probably up to no good. To find victims, fraudsters may use flyers, phony storefronts or word of mouth through community groups where trust is high.

**Falsifying Income to Claim Credits:** Con artists may convince unsuspecting taxpayers to invent income to erroneously qualify for tax credits, such as the earned income tax credit. This is important now for taxpayers who filed an extension of more time to file their taxes. No matter what time of the year, taxpayers should file the most accurate tax return possible because they are legally responsible for what is on their return. This scam can lead to taxpayers facing large bills to pay back taxes, interest and penalties.



**CD coming due?  
Compare our rates.**



**Kevin J Conley**  
Financial Advisor

3310 Se 29th Street  
Suite 700  
Topeka, KS 66605  
785-266-2265

**Edward Jones**  
MAKING SENSE OF INVESTING  
www.edwardjones.com

MKT-58941-A

**You've prepared for a rewarding retirement.  
I can help you make the most of it.**




**Jim Hanna, CFP®, MBA**  
Private Wealth Advisor  
785.357.6278, Ext 19  
601 S Kansas Ave  
Topeka, KS 66603  
james.c.hanna@ampf.com  
ameripriseadvisors.com/james.c.hanna

**Ameriprise Financial**

Ameriprise Financial Services, Inc. Member FINRA and SIPC. © 2019 Ameriprise Financial, Inc.

**Simplify Your Bookkeeping**



peggystaxs.com



Keeping your own books and records can be a real challenge, especially if you aren't well versed in the fundamentals of accounting. When you want help, you can always turn to our dedicated experts.

**Struggling with taxes? You're not alone.**  
With help from Peggy's Tax and Accounting Services, you can make sure you master tax season.

**Schedule a January appointment  
Receive \$25 off your return!**

- Incorporation
- Occupational License
- Government tax filing applications
- Prepare & E-file your taxes online
- Accounting and reporting based on each individual company needs
- Preparation of individual, partnership and corporate income tax returns
- Business Tax Preparation for Corporations, S-Corp and Partnership
- Electronic Filing and Fast Refund service available for individuals
- Tax advice and planning
- Monthly accounting and bookkeeping services
- Quick Books set up, train and support
- Small Business Bookkeeping
- Monthly Sales Tax
- Payroll Services

**300 SE 29th, Suite C  
Topeka, KS 66605  
(785) 286-7899**




# opinion

Got an Opinion? Share it with the Metro Voice!  
go to facebook/MetroVoiceNews, or email Voice@cox.net

## Founding Fathers: Without Virtue There Is No Freedom

BY JOSHUA CHARLES

The Founding Fathers believed one thing was absolutely essential to a free society: virtue. Sometimes the term they used was “self-government.”

What did it mean? Informed by thousands of years of philosophy and theology, first with Greeks like Aristotle, and later by Christian theologians such as Augustine of Hippo and Thomas Aquinas, the Founders understood “virtue” to be behavior (more specifically, habits) in accordance with the good—which both Aristotle and Aquinas, among others, defined as behaving according to “right reason.” Virtue was thus the willing sacrifice of one’s passions to a higher good, namely “right reason.”

Traditionally, the four “cardinal virtues” of antiquity were prudence, courage, temperance; and justice. The biblical book of Wisdom (8:7) listed the same virtues. Christian theology would go on to include the three “theological virtues,” namely faith, hope; and love (found originally in 1 Corinthians 13, written by Saint Paul). Hence, the famous “seven deadly sins” were the opposite of these virtues: lust, gluttony, greed, sloth, wrath, envy, and pride.

Benjamin Franklin, in his “Autobiography,” listed a similar set of virtues:

Temperance: Eat not to dullness, drink not to elevation.

Silence: Speak not but what may benefit others or yourself. Avoid trifling conversa-

tion.

Order: Let all your things have their places. Let each part of your business have its time.

Resolution: Resolve to perform what you ought. Perform without fail what you resolve.

Frugality: Make no expense but to do good to others or yourself, i.e. waste nothing.

Industry: Lose no time—be always employed in something useful—cut off all unnecessary actions.

Sincerity: Use no hurtful deceit. Think innocent and justly, and, if you speak, speak accordingly.

Justice: Wrong none by doing injuries or omitting the benefits that are your duty.

Moderation: Avoid extremes. Forbear resenting injuries so much as you think they deserve.

Cleanliness: Tolerate no uncleanness in body, clothes, or habitation.

Tranquility: Be not disturbed at trifles, or at accidents common or unavoidable.

Chastity

Humility: Imitate Jesus and Socrates.

Notice what each virtue requires: self-control; self-limitation. Indeed, the long tradition in both philosophy and theology had been to equate virtue with happiness—thus, for Jefferson, the “pursuit of happiness” meant something far closer to “freedom to pursue the good” rather than “freedom to do whatever I want.” The first makes a free society possible. The second destroys it, because to abandon the virtues



that the propitious smiles of Heaven, can never be expected on a nation that disregards the eternal rules of order and right, which Heaven itself has ordained [see Proverbs 14:34]; And since the preservation of the sacred fire of liberty, and the destiny of the Republican model of Government, are justly considered as deeply, perhaps as finally staked, on the experiment entrusted to the hands of the American people.”

Likewise, President John

Adams made this connection explicit:

“We have no Government armed with Power capable of contending with human Passions unbridled by morality and Religion. Avarice, Ambition Revenge or Gallantry, would break the strongest Cords of our Constitution as a Whale goes through a Net. Our Constitution was made only for a moral and religious People. It is wholly inadequate to the government of any other.”

In other words, a Constitution for a free people necessarily assumes they will exercise a degree of self-control that doesn’t take place in other societies.

During the Revolution, John’s cousin, the famous Samuel Adams, made the same point in a famous line about this great formula of freedom: “If Virtue and Knowledge are diffused among the People, they will never be enslaved. This will be their great Security.”

For the Founders, being educated was

always involves a violation of the integrity of the human person—either ourselves, or (more often) others. When such violations are not avoided, or mended, by individuals and families, it is “mended” by a far blunter instrument—government. When one does not control oneself, someone, or something else will—namely, the state.

The Founders were deeply aware of this reality.

For example, in his first Inaugural Address, George Washington made this connection quite forcefully, including a broad allusion to the Bible:

“[T]here is no truth more thoroughly established, than that there exists in the economy and course of nature, an indissoluble union between virtue and happiness, between duty and advantage, between the genuine maxims of an honest and magnanimous policy, and the solid rewards of public prosperity and felicity: Since we ought to be no less persuaded

metro  
**VOICE**

MANAGING EDITOR



Lee  
Hartman  
LHartman3@cox.net

ASSISTANT EDITORS

Nick Hartman  
Dwight Widaman

ADVERTISING CONSULTANTS

Lee Hartman

785-640-6399; Voice@cox.net

Darcy Childs 785-249-6203  
childs.darcy@gmail.com

NEWS & FEATURES

Jessica Hosman, Carolyn Cogswell, John Potter, Rob Mooney, Phil Boatwright, Marie Asner, Kharissa Forte, Alan Goforth, Leilani Haywood, Dwight Widaman, Lee Hartman

LAYOUT & DESIGN

Joe Boothe, Lee Hartman, Dwight Widaman

Metro Voice is published monthly and serves the communities of Topeka, Lawrence, Manhattan and other communities in NE Kansas. It is available primarily by bulk and subscription distribution to over 500 locations, including grocery stores, churches, schools, restaurants, bookstores, libraries, businesses and other retail outlets. Yearly subscriptions are available by mail at a cost of \$24.95. Written materials submitted become property of Metro Voice. The content of this publication, including all stories, advertising or other graphic symbols, may not be reproduced in any way, shape or form for commercial purposes or added to any web site without the express permission of Metro Voice. Advertising in MV is open to anyone wishing to reach the Christian community and the family market with family-friendly advertising. MV reserves the right to refuse any advertising deemed unsuitable.

Topeka Metro Voice is a member of the Christian Newspaper Association.



CONTACT INFO

Offices: 2611 SW 17th St.  
Correspondence & Payments:  
P.O. Box 5724, Topeka, KS 66605  
Phone/Fax: 785-235-3340  
Voice@cox.net  
MetroVoiceNews.com  
facebook.com/metrovoicenews

metro  
**VOICE**

Northeast Kansas' Monthly Christian News & Events Source One year subscription for only \$24.95 Call us at 235-3340

## WHY GOD? WHY?



CLINT  
DECKER

President and Evangelist with Great Awakenings, Inc.

hopefortoday

I was recently visiting with some high school seniors and asked them what their classmates thought about God. “They’re sometimes confused,” they said. I asked them to explain. “They see bad things happen in the world and wonder why. If God is God, then why didn’t He prevent it?” Immediately, I thought how so many adults wonder the same thing. No matter if we are a teenager or senior citizen, this is a common response to tragic situations.

We see stories of this in the Bible. This is one of many things I like about God’s Word. It shows what real life is like.

When Jesus, God’s only Son, hung on the cross and was near death, He looked toward heaven and cried out in anguish, “My God, my God, why have you forsaken me?” (Matthew 27:46)

When King David led the nation of Israel and was facing enemies who threatened the future of his nation he wrote, “Why, O LORD, do you stand far away?

Why do you hide yourself in times of trouble?” (Psalm 10:1)

When Moses was struggling to lead the Hebrew people, tragedy struck and the people rebelled. Moses lamented before God, “O Lord, why have you done evil to this people? Why did you ever send me?” (Exodus 5:22)

It is natural for us to question or even become angry at God when bad things happen. But when they do, how are we going to respond? It is one thing to analyze and talk about situations from a distance, but what about when your right in the middle of it? Here are four ways Jesus responded to the evil and injustice of His own circumstances.

1) **Accept the reality of evil and believe it can be defeated.** When Jesus faced His death, He understood the evil that exists in the human heart and the evil systems in our world. He accepted its reality, but determined to walk through it, knowing evil would not overcome Him, but He would overcome it. Do not live in denial of your painful situation. Accept it. But know that Jesus is bigger, greater and more powerful. And when you place the full weight of your trust in Him, you can overcome.

2) **Turn toward God, not away from Him.** As Jesus hung on the cross feeling the weight of the world on His shoulders, He cried out, “Why God?” Notice, He did



not complain to the thieves crucified next to Him or to others nearby. Rather, He turned His words of sorrow toward God, pouring out His heart and remaining faithful to Him, enduring to the end. Our emotions in the moment can lead us away from God, where we complain to others, mumble to ourselves or even lift our first toward the heavens. No matter how dark things get, keep turning to God. Do not believe your circumstances have the final say. Trust in God. Trust in Jesus.

3) **Face evil with a spirit of forgiveness and graciousness.** Jesus faced His unjust circumstances and accusers with forgiveness and graciousness. This does not come naturally. Our tendency is to lash out at others and become bitter and isolated. Only with the Spirit of Jesus in us can we live as He lived.

4) **Overcome evil with faith in God.** The Scripture teaches that Jesus faced His death with joy. How did He do that? He knew that He would rise again and con-

quer all the evil and injustice around Him. When devastating news comes, grab hold of Jesus. Endure. Persevere. If you have trusted in Christ, your suffering will be for a season. We do not know how long it will last, but our victory is certain. This is the believer’s certain hope, as Jesus rose again and overcame, so will we.

A prayer for you to pray - “Lord God, I take my questions, frustrations and anger, and lay them at your feet. I turn from my sin of unforgiveness toward others and anger toward you. Lord, be my Savior from my sin and my Savior in this dark valley. Rescue me oh God! Change my heart today. Give me hope. Give me You. In Jesus’ name. Amen.”

Listen to Clint Decker’s radio broadcast, *The Unbreakable Truth*, at 2:50am & 10:50am on Upper Room Radio, KFGB 97.7FM, Topeka’s local Christian radio station. He can be reached at cdecker@greatawakenings.org



an essential part of a free society, and part of virtue as well. Ignorance and liberty are not compatible in the long-term—a fact that our own social-media-saturated society seems to have forgotten, substituting base ideology, demagoguery, and lies for facts and evidence.

Samuel, writing in turn to his cousin who had just become Vice President (John), asserted in another place:

“Let Divines, and Philosophers, Statesmen and Patriots unite their endeavors to renovate the Age, by impressing the Minds of Men with the importance of educating their little boys, and girls—of inculcating in the Minds of youth the fear, and Love of the Deity, and universal Philanthropy; and in subordination to these great principles, the Love of their Country—of instructing them in the Art of self-government, without which they never can act a wise part in the Government of Societies great, or small—in short of leading them in the Study, and Practice of the exalted Virtues of the Christian system.”

In his final Farewell Address to the new nation, Washington used his last great moment before the nation to make the connection between virtue and liberty crystal clear:

“It is substantially true that virtue or morality is a necessary spring of popular government. The rule, indeed, extends with more or less force to every species of free government. Who that is a sincere friend to it can look with indifference upon attempts to shake the foundation of the fabric?”

He even went so far as to say that anyone who would undermine morality could not possibly be a patriot:

“Of all the dispositions and habits which lead to political prosperity, religion and morality are indispensable supports. In vain would that man claim the tribute of patriotism, who should labor to subvert these great pillars of human happiness, these firmest props of the duties of men and citizens. The mere politician, equally with the pious man, ought to respect and to cherish them. A volume could not trace all their connections with private and public felicity ... And let us with caution indulge the supposition that morality can be maintained without religion. Whatever may be conceded to the influence of refined education on minds of peculiar structure, reason and experience both forbid us to expect that national morality can prevail in exclusion of religious principle.”

Reams of examples could be cited, but the point is clear: for the Founders, virtue and freedom were necessary partners. To have one without the other was to violate a fundamental law of nature.

If we desire to maintain a free society in America, we can no longer ignore, let alone denigrate, the necessity of virtue in our private and public lives.

*Joshua Charles is a bestselling author, historian, researcher, and international speaker. He is a passionate defender of America's founding principles, Judeo-Christian civilization, and the Catholic faith, to which he converted in 2018. He loves telling, and helping others tell, great stories that communicate great truths. Follow him on Twitter @JoshuaTCharles or see JoshuaTCharles.com*

## How Child Molesters Think and Act and How to Protect Children from Them



As previously reported in the Metro Voice, scandals in Protestant, Catholic and non-denominational churches involving child molestation are rampant. The release of the documentary, *Leaving Neverland*, this month has increased the national conversation about pedophilia and child molestation.

A child molester is defined in a U.S. Department of Justice (DOJ) publication as “a significantly older individual who engages in any type of sexual activity with individuals legally defined as children.” The DOJ’s publication, “Child Molesters: A Behavioral Analysis For Law Enforcement Officers Investigating Cases of Child Sexual Exploitation,” points out that, technically, “pedophilia” is a psychiatric term.

*The Diagnostic and Statistical Manual of Mental Disorders* describes pedophilia as a psychological disorder with “recurrent, intense, sexual urges and sexually arousing fantasies, of at least six months duration, involving sexual activity with a prepubescent child. The person has acted on these urges, or is markedly distressed by them.”

### Profiling Pedophiles and Child Molesters

Law enforcement agencies provide a composite picture of how pedophiles think and operate. Knowing their profile and how they operate can help you protect your children, grandchildren and the children of others.

FBI Profiler descriptions of child molesters may surprise you. They are not always the suspicious looking persons you may notice at a park or other public places where children are present. Agents and detectives describe a common profile of child molesters. While they’re present in various income groups, “members of higher socio-economic classes are over-represented among child molesters,”

The DOJ and FBI clarify that some pedophiles do not act on their attractions with children, but only themselves. The profile of pedophiles and child molesters usually includes an attraction to and possession of child pornography. However, they are only, technically, child molesters if they act on their attractions and fantasies. Some pedophiles are charged and convicted for possession of child pornography only, without committing acts against children.

The DOJ warns that “to assume that someone is not a pedophile simply because he is nice, goes to church, works hard, is kind to animals, and so on, is absurd. Pedophiles span the full spectrum from saints to monsters.”

Child molesters having been exposed in churches substantiates warnings from law enforcement officials. They lament that “over and over again pedophiles are not recognized, investigated, charged, convicted, or sent to prison simply because they are ‘nice guys.’”

Officials also stress the importance to “recognize that, while pedophiles prefer to have sex with children,

they can and do have sex with adults. Adult sexual relationships are more difficult for some

pedophiles than for others.” As explained in *Child Sex Rings: A Behavioral Analysis*, by Kenneth V. Lanning, “one might have occasional sex with a single mother to ensure continued access to her children.”

### Where Pedophiles Target and Molest Children

Sexual predators of children, as defined by law, sometimes target their victims from positions of authority through faith communities, sports teams, schools, youth groups and other settings in which children participate. Children in multi-family housing can be more vulnerable than those in single family housing. Others use or target massage parlors that are sometimes fronts for prostitution, some of which have been exposed for trafficking underage girls.

Statistically, most cases of child molestation involve a relative, neighbor or friend. Most perpetrators (77%) of child sexual abuse (CSA) are male and range in age from teen to middle-age. Children are available and vulnerable targets. CSA by a child molester may be a one-time event or last years, as in the cases of serial pedophiles.

The home of the victim is often the setting for CSAs, but can also be the resident of the offender, a vehicle or secluded place in public. Boys are more often abused outside the home than girls. Offenders were often victims of CSA as children themselves. Many perpetrators lure victims through online activity, which may include offenders who traffic victims into CSA with multiple offenders.

## Socialism isn't free: millennials learn hard lesson

Free isn't always free. That's what a new study finds millennials are leaning when it comes to government programs and socialism. The survey by the Harvard Institute of Politics shows 18-to-29-year-old voters will play a vital role in the Democratic campaigns for the 2020 presidential election, making up more than a third of eligible voters. The reason for

teen and early-adulthood years of young Americans. However, for the first time, we now have evidence that the state of our politics is contributing to the mental health challenges millions of young Americans already face,” said John Della Volpe, director of polling for the Institute of Politics at Harvard Kennedy School.

“To empower young voters, to per-



the overwhelming support: “free” programs.

In the latest example of government aid for millennials, Sen. Elizabeth Warren announced her plan Monday to erase college debt. She's just one of the many Democratic 2020 candidates, some of whom have increasingly played upon the stresses of millennials, declaring their policies will “ease” the burdens they're facing.

“It is no secret that social media has exacerbated the stress and anxiety that is already so prevalent in the late-

suade them to vote requires candidates willing to share and align their values with this emerging generation — and understanding the stress inherent in our politics today is a critical first step,” he added.

However, the survey indicates the support of young people lowers once they find out the programs are not really “free.”

Interviewing more than 3,000 young people, the survey shows the percentage for the two biggest campaign promises to young people drops after they find out the truth.

In the case of the allegations against the late Michael Jackson, as documented in *Leaving Neverland*, a pattern of grooming was allegedly evident. Through grooming, child molesters gradually build relationship and trust with their child victims. As is alleged and portrayed in *Leaving Neverland*, Jackson built close relationships with the parents and siblings of his alleged victims.

### Child Molesters “Look Like the Guy Next Door”

State officials directing one of Missouri's Sex Offender Rehabilitation Treatment Services (SORTS) facilities say that child molesters usually “look like the guy next door.” Missouri law affords civil commitments for child molesters after they have completed their prison sentences through which they can be held indefinitely.

Ensuring the safety of children, grandchildren, extended child family members and the children of others requires being proactive. While not wanting to be paranoid or fearful, vigilance is called for to protect children. Today's society with online and social media access to sexual promiscuity and adult and child pornography has made the world much more dangerous for children.

Pedophiles and child molesters have more tools—particularly online—and sources of motivation to commit CSAs,

especially through luring children online. The spectrum of threats against children range from every parent's worst fear next to losing a child—abduction by sexual a predator—to offenders that target children through gradual grooming.

Remembering that 65 to 70% of sex crimes against children go unreported—with many offenders committing CSAs for years and even decades without consequences—should provide greater motivation to protect all children.

The number of children molested in childhood is 1 in 5 girls and 1 in 6 for boys. Many victims are fearful of exposing offenders, being manipulated by their threats or monetary and material benefits offenders provide them or their family. As the saying goes, “you can't be too careful.”

Here are practical ways you can be vigilant and protect your children, grandchildren, child members of extended family and the children of others from exploitation by sexual predators, child molesters and pedophiles. [LINK]

*For those who have been sexually exploited, molested or assaulted, confidential help is available at the National Sexual Assault Hotline at (800) 656-HOPE (4673) or online at rainn.org. Missouri's Child Abuse and Neglect hotline is (800) 392-3738. The Kansas Child Abuse hotline is (800) 922-5330.*





# WOW! Summer Camps

## Adventure, learning await your child

by **Dwight and Anita Widaman**

Whether looking for summer enrichment, spiritual growth and maturity, adventure or sports, there are hundreds of options for area parents looking at summer camp opportunities. Each year, from sea to shining sea, over 10 million kids head off to find adventure during the hot summer months. Some stay close to home and attend a day camp. Others pack a duffle bag and bug spray.

Summer camp has been an American tradition for 150 years. Until 45 years ago, when air-conditioning became common in American homes, summer camp was an

escape from hot city summers, which were miserable and, it seemed, unhealthy for kids. Leaving for the country became popular with kids and parents. During WWII, with millions of moms at work in the war's industrial effort, summer camps were encouraged in America's large cities where law enforcement was stretched by so many officers having been drafted, and many dads away from home—working extra shifts or serving in the armed forces.

Today, America's kids are much more pampered, and summer camp isn't related to the survival of the nation. Kids have different reasons for making camp a part of their lives.

**“Kids wax nostalgic about summer camp when you talk to them...”**  
**SARA COATS**

If you have narrowed your choices for camps down to two or three, how do you make the final decision?

Sara Coats with Camp Eagle Summit at Summit Christian Academy in Lee's Summit, says it's about the parents and not just the kids.

“Parents generally choose a camp they feel comfortable with, after weighing many things including safety.”

Coats says you must also weight the uniqueness of the camp and what opportunities it provides. “For kids, though, it's a different story,” she says. “Kids are looking for fun!”

But parents realize that kids need structure that allows them a variety of summer-related activities like a pool. “Kids wax nostalgic about summer camp when you talk to them,” she says, “much like parents remembering their own camp experience.”

Collin Sparks, director at Kanakuk Camps in Branson, says parents should consider additional information, like staffing.

“We look for young people who love the Lord and have a consistent walk,” says Collin. “We want staff who love kids and believe in the next generation.”

Sparks says that Kanakuk staffers are active and have high energy. “At Kanakuk, we know that it is a high calling to work with kids.”

So what exactly are the benefits of summer camp? Whether you are looking at a day camp or away camp, secular or spiritual, they often share similar factors for consideration

### TO MEET NEW PEOPLE

For many, camp allows kids of all ages to meet their peers from different walks of life, different states or even different countries. It's a great way to make cool new friends and learn about different places and cultures. In an interview with PBS, one girl, Michiko, 13, explained it this way: “I loved camp. I met this girl named Manny who lives in New York (I live in New Jersey) and she is cool. She speaks Spanish and I speak Japanese. We taught each other words. We liked to swim in the pool a lot. She was a really nice girl. We are going to camp again this summer.”

### TO TRY NEW THINGS

Modern camps offer amenities not found even 40 years ago. Now you're likely to find extravagant water sports, activities and games you are not likely to find in your backyard. You might try archery, sailing, pottery, dance, obstacle courses and a hundred other cool things. Today there are day camps designed around special interests. Kansas City's Union Station offers a popular Science Camp to encourage tomorrow's future engineers, doctors, researchers and teachers. Science City brings out the best in kids ages 6 to 12 and allows them hands-on fun that provides just as much learning as in the classroom but with a tremendous “wow” factor.

Science City has plugged into kids who realize staying home and doing “the same-old, same-old” can be boring, and camp can let kids mix things up. It is unlikely that your child will be bored at a summer camp.

### TO CHALLENGE YOUR KID

Not all the things that kids do at camp are easy—they're not supposed to be. Fresh challenges -- like trying new sports, learning new crafts and games, or

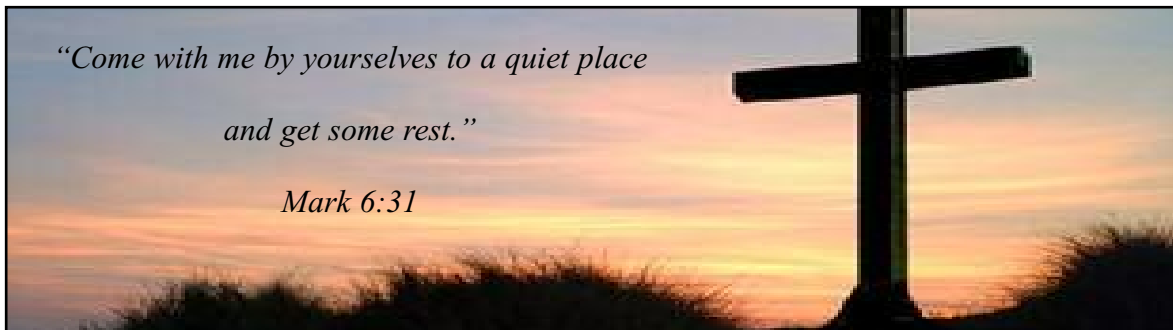


**Some day camps focus on creativity.**

pushing your child to achieve something -- can be very rewarding. One girl was excited at learning a life skill. “I went to summer camp and I passed my swimming test! I can barely swim, so it was a big accomplishment. I felt great afterwards.”

### TO APPRECIATE NATURE

There's a great big natural world out there, and going to camp helps kids learn how beautiful and important it really is. Without trees, soil, water and wildlife,



*“Come with me by yourselves to a quiet place*

*and get some rest.”*

*Mark 6:31*

**NOW IS THE TIME TO PLAN YOUR GETAWAY!**

Spring and summer are just around the corner so now is the time to plan your getaway weekend or vacation. And, what better way to relax, have fun and enjoy God's great creation than a leisurely canoe float down a pristine Ozark river. Living Waters Christian Canoe Ministry partners with two church camps to make a great weekend getaway or vacation for your family, church group or Scout troop at family-friendly prices that can't be beat. Check-out our website - [www.John738.com](http://www.John738.com) - and see for yourself.

**Living Waters** Canoe Camp

**MAKE YOUR RESERVATIONS TODAY**  
CALL TOLL FREE  
**1-877-851-8158**

[www.JOHN738.COM](http://www.JOHN738.COM)

## VBS & SUMMER CAMPS

### VACATION BIBLE SCHOOL AT WESTERN HILLS CHURCH

July 26th – Join us for some carnival fun and a morning of worship, food and games! Service times are 9:45am and 11am. Light lunch, snacks and carnival games immediately following 2nd service and noon.

Walk-In Registration: Monday - Wednesday!

July 27-29th we move to the evening from 6:30-8pm. Lots of fun is scheduled so make sure you don't miss out.

Parents and families are welcome to stay and join in all the fun! If you have any questions or are available to volunteer, please contact Darci Koci [dkoci@whillschurch.org](mailto:dkoci@whillschurch.org).

**VBS IS COMING TO BERRYTON BAPTIST CHURCH!** JUN 17-21 5-8pm. At Roar, kids explore God's goodness and celebrate a ferocious faith that powers them through this wild life.

6741 SE Berryton Rd, Berryton

**VBS - STORM THE CASTLE** at Topeka First Assembly. If you have a child, ages 3 years old to 6th grade, have them join us Monday, July 30 – Friday, August 3, from 6:00 p.m. – 8:30 p.m. Contact the church office by calling 785-234-5555, or by emailing us at [capitolkids@topekafirst.com](mailto:capitolkids@topekafirst.com).

**CAGE GYMNASTICS CAMP** – various dates in June and July. 785-266-4151. [Cagegymnastics.com](http://Cagegymnastics.com)

**KANSAS BALLET ACADEMY SUMMER DANCE CAMP.** 785-383-7918, or [KansasBallet.com](http://KansasBallet.com)

**YMCA SUMMER CAMP** - The YMCA offers several varieties of summer camps. Call 785-435-8651 or [TerryJ@ymcatopeka.org](mailto:TerryJ@ymcatopeka.org)



the Earth (and all the people on it) couldn't survive, and getting out into the woods, lakes and wide open spaces can give you a better understanding of how the web of life works.

#### TO GET A CHANGE OF SCENERY

Sometimes it's important to get away from familiar territory and find a "new place". Camp offers the perfect opportunity to make a fresh start, see and experience a variety of things, and find out how you think, feel, and act outside of normal surroundings. Many kids welcome it as a great get-away from older or younger siblings not to mention all the drama that goes with friends. Attending camp often allows kids to blossom and gain self-confidence outside of "comfortable" settings of family and friends.

For many the experience may be the first time away from home. What are the markers for younger children to stay overnight?

Matt Garcia, director at the YMCA of the Ozark's Camp Lakewood near Potosi, Mo., says parents should look see in their child an eagerness to attend and desire to try new things.

"If the child makes friends at school easily and is socially active," says Garcia, "They're a good candidate for summer camp".

Garcia says the Y's camps are designed to help kids who are weak in these areas. "We help them to be successful in independent experiences."

Collin Sparks, with Kanakuk, agrees.

"It is different for each child. I would like for kids to want to explore, confident to do new things, and willing to reach

out and make friends."

#### TO LEARN NEW SKILLS

All the activities and instruction at camp are great opportunities to learn something new -- such as pottery, sailing, tap dancing or building bridges like at a day camp at Science City -- that could end up being their favorite hobby.

Away camps can also help kids develop



important life skills like independence, self-reliance, and confidence. Since you'll be living with a whole group of people, it's also a great way to learn about cooperation, compromise, and tolerance.

#### PURPOSE

Many churches and denominations offer summer camps and Vacation Bible School opportunities. There are also para-church organizations that serve

several denominations. For Christian parents this is often the most important aspect of summer camp—an opportunity for a child to take ownership of their faith outside the expectations of parents or friends. Ownership is essential for children carrying their faith into their 20s and traversing the rocky road of college and young adulthood. Camp offers times of introspection, prayer and an opportunity to really hear what God is speaking.

#### WHAT TO EXPECT WHEN YOUR CHILD COMES HOME

All of the camp directors interviewed agreed that summer camp is about changing lives. Those changes are most visible to the parents when they pick their children up.

"Camp is an investment by parents in their kids. When they pick them up, they see that they are more confident and independent," says Sparks at Kanakuk. "Parents see that new friendships have developed. They see spiritual growth in their kids. When they see this, it has been a successful camp experience."

For kids attending a day camp not focused on spiritual themes, it means the child returning home with a renewed love for learning, an interest in something totally unexpected by the parents and which may not have been nourished if it were not for a summer experience.

#### INTENTIONAL PURPOSE

All of the camp directors shared that it's about intentionality. Realizing that you may have this child just one summer and that a connection needs to be made whether it is encouraging a nurturing a sprouting faith, or encouraging an interest in something not available in their regular environment.

"It really is the intentionality," says Sparks. "There have been 300,000 campers come through our program. We are intentional in small things, activities, and safety and most importantly, spirituality."

For Matt Garcia at Lakewood, kids are intentional in what they want to experience.

"What are the goals of camp for kids?" asks Garcia. "There are three things that kids want: to have fun, learn something new, and make friends. Its the same goal whether they are 10 or 16—just different experiences. If they do those three things, I feel that the kids had a great summer."

For Coats and Camp Eagle Summit the intentionality affects all activities from fun to seeing Christ. "We want to share the Word of God—even over a pop-sicle!"



## Why VBS matters

by **Kenneth Conely**

The minds of our kids are so easily distracted by social media, games and Netflix these days. Is there any value in something seemingly as old-fashioned as vacation bible school? When you plan for months and then pour your heart and soul into a week's worth of VBS, you've might sometimes ask yourself, "Is it worth the effort?"

At last year's VBS at my church, I was assigned to work with 5-year-olds, so I started out on Monday morning with nine well-behaved students. But because there was an abundance of 4-year-olds, my class was quickly adjusted.

Five of my 5-year-olds were "promoted" to the kindergarten room, leaving me four of my original students, but then I received 10 more 4-year-olds.

As the week went on, we picked up two more students. Three of the younger boys were pretty rambunctious, and they required constant attention.

With only one other teacher (and an additional one, at times), this did not make for the perfect teaching situation. However, we did have fun, and the kids learned a lot about the Bible and how Jesus takes care of us in all that we do.

But there were still times that I asked myself, "Why am I here?"

#### The Reason for VBS

VBS is the biggest and best evangelistic outreach event in the life of most churches. Good curriculum is designed so that each day's activities will help girls and boys learn more about God and Jesus. Through Bible stories, VBS encourages children to understand the Bible and apply those Bible truths to their lives, making God's Word both real and meaningful. But VBS also provides many unexpected benefits.

#### Unexpected Benefits

During VBS, lots of workers are needed, probably more than any other single event at church. Through this one event, teachers and students get to see the church functioning as the body of Christ that it was meant to be. All participants have a different job; all do their job; and in working together, the lives of children are changed.

#### Men Volunteer

At our church, men who are retired or work alternate shifts are eager to volunteer. This has proven to be a positive thing, especially for our school-aged boys, many of whom do not have positive male role models. Whether teaching, leading crafts, or overseeing recreation, men seem to make an impact on the lives of kids at VBS.

This year, men even organized and ran

our teacher's lounge (where teachers enjoy "snacks" at the same time as their kids, but in a separate location).

#### New Leaders Discovered

Adults and youth who have never held a leadership role will volunteer for VBS because it is a short-term commitment, and it allows them to work with children on a trial basis. Many excellent Sunday School teachers and leaders of other children's ministries have been discovered through VBS.

#### New Prospects Discovered

VBS provides an outlet for meeting new children and families in your com-



munity, whether they be unchurched, looking for a new church home, or already church members elsewhere. Every year, it seems that new families are added to our church at the conclusion of VBS. However, follow-up is essential to keep these "jewels" from slipping through your fingers.

People need to know they are needed and feel welcome when they return to your church for other functions.

#### The Ultimate VBS Benefit

Last year, surveys revealed that over four million children and adult workers participated in VBS across the nation. Hundreds of thousands of children professed faith in Christ. So you see, VBS is not only "worth it," it is essential to the life of a functioning, growing church and community. I came to know and serve Jesus Christ as my personal Savior as a 12-year-old at VBS, so it is extremely important to me.

My prayer is that as long as there are children and summer vacations, there will be VBS and the freedom to attend.

And I thank God for allowing me to do the kind of work I do and partner with Him to change the lives of children now and forever.

"Let the little children come to Me, and don't stop them, because the kingdom of God belongs to such as these. I assure you: Whoever does not welcome the kingdom of God like a little child will never enter it." (Luke 18:16)

the **Y** FOR HOPE DEVELOPMENT FOR FAITHY LEADERS FOR SOCIAL RESPONSIBILITY

**2019 BEST SUMMER EVER™**

YMCAs Summer Day Camp  
Southwest, North (3rd-6th)  
Hilltop Camp (K-2nd grade)  
May 28th—Aug. 2nd  
Mon—Fri. 7:30 am—5:30 pm  
Members: \$100 per week  
Non-Members: \$115 per week

FOR MORE INFORMATION:  
Terry Jones  
(785) 435-8651  
TerryJ@ymcatopoka.org



# Top Local Choice contest announces Top 10 in running for \$25,000 prize

After weeks of nominations across Topeka, the final 10 local Topeka restaurants have been selected out of 87 restaurants nominated in the Top Local Choice contest. It's part of an initiative to help ensure that locally-owned small businesses can continue to operate and thrive in a competitive market.

The Local Media Collective (LMC) and AHA Moment Marketing is sponsoring the contest, in which one lucky restaurant owner will receive a free year of 'Branding, Advertising and Marketing' and a full year of business support.

The top prize will include 1/3- & 1/2-page print ads and over 300 television and radio commercials per month. In addition, there will be a vast array of online website and social media promotions using various platforms, including videos.

The winner will also receive a complete evaluation of business processes, marketing plan, customer service, POS and reporting, insurance, accounting, product, vendors and image in the community for a full year. The total value of this package is over \$25,000.

The top 10 businesses selected will

now have 20 days to create a presentation to give to the LMC. The LMC will record these presentations, which will be used to choose the Top 5 best entries for the final phase of the contest.

The Top 5 will then be announced, and public voting will then open again June 1st in order to select the final lucky winner.

Restaurant owners and other businesses can contact AHA Moment Marketing at 785-554-4243 or [www.ahamomentforyou.com](http://www.ahamomentforyou.com) for details on boosting their businesses through this or other programs.

The Top 10 are:

- El Chilar, 2511 SE California Ave.
- Fugetaboutit Pizza, 1801 SW Wanamaker Rd
- The Prize Package, 1420 SE 6th Ave.
- Pizzeria Via, 738 SW Gage Blvd
- Nanny's Soul Food, 1000 SE 21st St,
- Diner 24, 2134 N Kansas Ave,
- Annie's Place, 4014 SW Gage Center Dr,
- Cooks American Grill, 1936 SW Gage Blvd.
- Tuptim Thai, 220 SW 29th St.
- HHB BBQ, 906 S Kansas Ave.



## PASTORS

continued from page 1

those inside the church than those outside.

Pastors are not only afraid of offending some in their congregation, but also pressured by others to speak up on those very same topics, including those related to the LGBT community, same-sex marriage rights, abortion, sexual morality and politics.

The Barna report tracked faith leaders' responses in surveys from 2014 to 2017. Among non-mainline pastors, 46 percent said it has become harder to speak out about biblical beliefs related to social issues than it was five years ago, while 49 percent said it is the same. Only 6 percent said it has become easier.

Barna Group president David Kinnaman told CBN News that a large majority of pastors feel constrained in what they can teach. "They actually feel pressured to not preach on certain topics or pressured to speak on topics that they are not ready to talk about," he said.

More than nine in 10 Pastors believe they have influence with their congregants when it comes to how they think about current issues in society (31% say "a lot" of influence, 60% "some" influence). Most leaders express optimism that their congregants are well-equipped to have conversations on sensitive topics.

The Role of Clergy in Preserving Religious Freedom

Large majorities of practicing Christians, and especially Millennials and evangelicals, report two confident attitudes: They feel their faith is a force for good (88%) and that it is essential for society (75%).

About three-quarters (76%) of faith leaders feel religious freedom is becoming less valued. Nearly half (44%) think that other freedoms will be at risk in coming years.

While a majority of pastors (65%) say it is a significant part of their role to help their constituents understand the nature of religious freedom in the U.S., far fewer see themselves as responsible for direct political and social engagement.

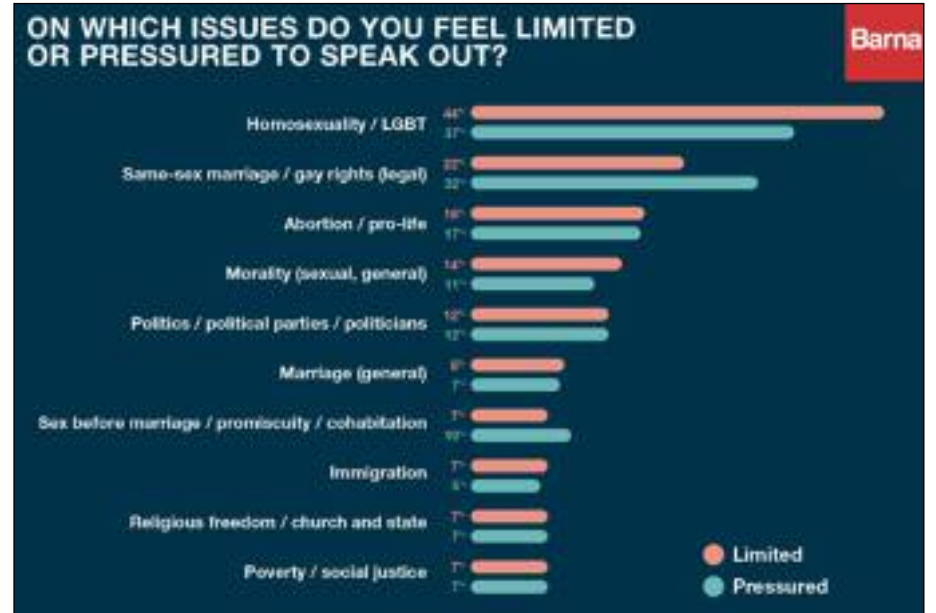
Just over half say it is part of their role to help Christians understand their responsibility to vote on specific issues (53%), and only one in five (21%) says it is part of their job to help Christians understand why they should vote for or against specific candidates. Less than half of Christian pastors (48%) say defending the

rights of other religious groups is a major part of their role.

More than 9 in 10 US clergy state that religious communities must remain free to teach a traditional definition of marriage, and 79 percent of American adults agree, and also feel that religious institutions should not

to speak out on, it is important to be certain those issues are a universal good for human flourishing and not a matter of personal discipline, spiritual transformation or church community."

Stone also addressed the pressure on faith leaders.

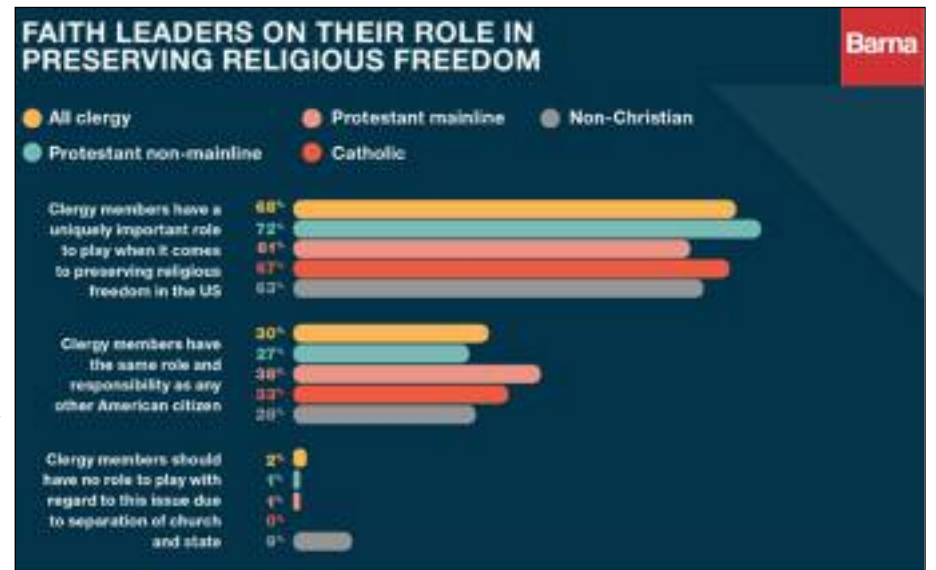


be legally compelled to perform same-sex weddings, according to Barna surveys.

"Much has changed in the political landscape over the last five years," says Roxanne Stone, Barna's editor in chief. "Today's changing, pluralistic socie-

"The pressure for leaders and especially faith leaders to satisfy everyone on all sides, and to avoid offense, is very real today, especially in the digital era," Stone said. "The public nature of social media only increases the stakes.

"As challenging as it may be, faith



ty requires a new kind of thinking and approach for Christians — who no longer hold a default majority worldview. In part, this requires a true reckoning with what laws are 'those of the land' and which are specific to our religious context. When spiritual leaders consider which political issues

leaders must work to cultivate humility, discernment and courage in the midst of a divided culture. Pastors must be committed for the long haul, educating and equipping their people to respond with love and conviction, in word and deed. This, after all, is the essence of discipleship."

**metro VOICE**  
Check Out Our Newly Redesigned, Mobile-ready Breaking-news Website.  
[metrovoicenews.com](http://metrovoicenews.com)

**MERIDEN ANIMAL HOSPITAL**  
Jeffrey F. Van Petten, DVM  
Veterinary Acupuncture & Chiropractic Care  
Member - AVMA, IVAS, AVCA  
7146 K-4 Hwy, Meriden, Ks  
785-484-3358 • Phone answered 24 hours  
staff@Meriden-Animal.com

Listen to  
**"The Voice of Faith"**  
RADIO BROADCAST  
With Rev. Max L. Manning  
Sundays — 9 am WIBW RADIO 580 AM  
Daily (Mon-Fri) — 10 am KFGF 97.7 FM  
[www.global-missions.com](http://www.global-missions.com)  
PO Box 161 Topeka KS 66601  
785-232-2992 or 785-231-8183

**Alpha Christian Children's Home & School**  
[www.alphachristianchildrenshome.com](http://www.alphachristianchildrenshome.com)  
WHAT WE DO:  
1. Share Christ to offer hope and healing  
2. Provide a Christian family safe haven  
3. Help the kids get caught up in school  
HOW YOU CAN HELP:  
1. Pray  
2. Volunteer  
3. Refer Children In Need To Us  
4. Monetary & Food Donations  
Find out more by calling  
785-597-5235  
Located East of Topeka  
15017 27th Street  
PO Box 727  
Perry, Kansas 66073





# Contractor “Do”s and “Do Not”s

Questionable contractors usually don't like written contracts. They say things like “we don't need a contract; we understand each other.” They want to avoid permits and building inspections (“they're just a money grab by the government”), don't like explaining how they plan to do aspects of the job, and aren't keen on showing you proof of liability insurance.

## Contractor “Do”s

When the work requires a professional license, work with licensed contractors, one who is licensed to do that particular business. All contractors should have a business license, but not all contractors have a state contractor's license. Other licensed construction professionals include electricians, utility, low-voltage contractors, plumbers and conditioned air (heat and A/C), architects and engineers. State licensed contractors have a “pocket card” to show you and you should make a copy. Be sure the license is valid and current. You can call the jurisdiction to confirm or verify online with the Secretary of State or the local jurisdiction, as appropriate. Be sure to verify the information on the card.

Always get the contractor's full name and complete business name, physical office address (not a PO Box), business

phone, cell phone number, truck license plate state and number. If they won't give you this – DON'T USE THEM! If they are not a state corporation registered with the Secretary of State, get a physical address and verify it. Check their driver's license for the correct name.

Verify the business phone and address, and check online in search engines such as Google, Bing or others for complaints and lawsuits by or against them. Also check with the Better Business Bureau, and with your state consumer agency or attorney general's office to see if previous customers have reported complaints.

Make sure the contractor has proof of general liability insurance and workers compensation coverage (when required by the State). Verify the coverage is sufficient and that the policy is valid and will not expire during the project. You should always contact your insurance agent for information and advice.

Get final or conditional lien waivers to protect yourself.

## Contractor “Do Not”s

Do not use a contractor who:

1. Is going door to door or who is calling because they are “in the neighborhood”. Often they are not “in the neighborhood.” Selecting a contractor on the basis of them coming to your door or via



phone call is always a questionable selection method. Would you pick a doctor for surgery who comes to your door?

2. Wants to “inspect” your property when you are not home. Take photos before, during and after an “inspection.” Some contractors have been known to cause damage intentionally during an inspection.

3. Asks you to get any required building permits. The party pulling a building permit is responsible, among other things, to assure code compliance.

4. Offers you a discount because they have “leftover materials.” This may be a signal that another consumer paid for the materials and the contractor failed to leave the materials or give proper credit, or that the materials may be stolen. You may find that you are the next one to be subjected to unethical practices.

5. Only accepts cash. Please do not pay cash. If you do pay cash, be sure to get a clear written receipt.

6. Claims you will get a great rate because your project will be a “demonstration.”

7. Offers exceptionally long guarantees or warranties.

8. Asks you to pay for the entire job up front.

9. Tries to scare you into repairs claiming they are urgent.

10. Asks you to “deed” or “transfer title” to your property or sign a promissory note secured by your home.

## Being Your Own Contractor

Does the thought of a shady contractor scare the heck out of you? Maybe you have decided to become your own contractor for your home improvement or home repair project. Here are some things you should know.

You may be responsible for local, state and federal taxes and may need to register with these entities as an employer. Be sure to have a clear understanding of the employment laws in your state.

You may be required to get worker's compensation insurance, disability insurance and make unemployment compensation contributions. It is always a good idea to check with your insurance agent and accountant for advice.

## YOU NAME IT HANDYMAN

Home & Mobile Home Repair, Painting, Barn Restoration & Property Cleanup, Building Maintenance, Skid Loader, Dump Truck, 61-foot Condor man-lift & 35-foot Bucket Truck for Hire

Terry Fox  
785-966-2628

No Job Too Small!



## Mickey's Handyman Service

Complete Home Repair & Improvement

Quality Work at a Lower Cost

785-383-0269



Winter, Spring, Summer & Fall,  
We Do Our Best to Kill 'Em All!



Roaches, Termites, Bed Bugs,  
Ants, Fleas, Spiders, Rodents,  
and ALL other household pests!

For fast and reliable service,  
call Danny or Terri:  
**(785) 232-6599**

[www.allseasonspestcontrolco.com](http://www.allseasonspestcontrolco.com)

We Offer Military and Senior Discounts!

**10% OFF** with this coupon!

**10% OFF** Furnace - AC Check  
Coupon Expires Jun. 30, 2019  
**5% Off Parts**

**DEBACKERS, Inc.**  
Since 1949  
Heating - Cooling New Construction & Replacement Systems  
232-2916 • 1520 E. 10th St.

**Complete Kansas-made Furnace and A/C system**  
**\$4995.00 • 10 year warranty**  
**12 month/0% interest financing**  
Expires 12/31/19  
**Call for appointment - 272-1633**  
Blue Dot Services, 3365 SW Gage Blvd.  
[www.bluedotkansas.com](http://www.bluedotkansas.com)

**Blue Dot**  
A/C • Heating • Plumbing • Electrical • and more

**May is Magnificent at Jackson's**  
Annette's Tip: We would appreciate your vote for Best of Topeka

The extended cold weather has delayed plant development by nearly 3 weeks this year. That means there is still time to plant your cool season crops such as cabbage, cauliflower & broccoli and brussels sprouts. You can still plant (or replant) seed potatoes, onions, garlic and shallots as well as radishes, beets and lettuce seed. Now is the time to apply the second step of your fertiome lawn care program, fertiome Weed-Out Plus Fertilizer. We also have the Weed-Out product without fertilizer if you don't wish to fertilize again this spring. If you missed applying your Crabgrass preventer, fertiome now has Weed-Out ProTurf fertilizer and Crabgrass preventer, which will kill crabgrass even after it has germinated. With pine trees now beginning new growth (candies) it is time to protect your Scots and Austrian pines from needle blight. Fertiome Broad Spectrum fungicide should be applied now together with Spreader Sticker to protect your trees from turning brown this summer.

**TOMATO TIME!** Choose from 75 varieties of tomatoes!  
Also 75 varieties of Peppers!  
All home grown and healthy!

**Perfect Patio Pots** Homegrown & Healthy  
The Big Box Stores' pots just don't compare!

**Succulents and Cactus!**  
Topeka's largest collection!  
Our Water Gardening Plants and New Fish have arrived!

**Home Grown Pansies**  
The best in town  
**\$19.99 Flat of 48 SALE!**

**JACKSON'S INC.**  
GREENHOUSE & GARDEN CENTER  
1933 Lower Silver Lake Rd  
Topeka, KS 66608 (across from fire station)  
M-F 8:30-6:00  
Sat 8:30-5:00  
Sun. 10:30 - 4:30  
785-232-3416 Visit our website at [www.jacksonsgreenhouse.com](http://www.jacksonsgreenhouse.com)

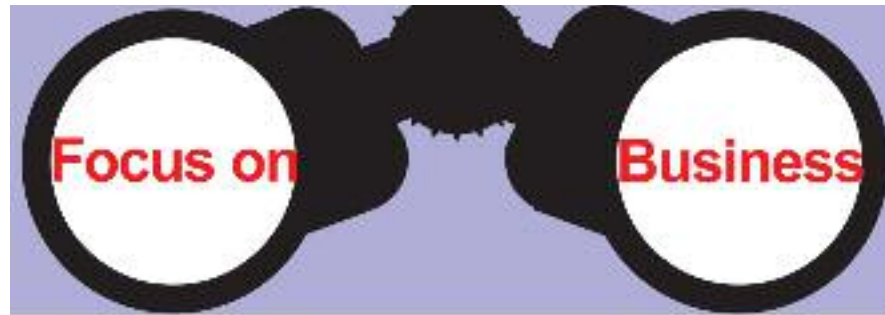


**Call the Capital City Tree Care professionals for all your tree care needs!**

- Proper care & planting of healthy trees
- Removal of unhealthy trees
- Free Estimates • Licensed & Insured
- We sell and deliver topsoil, mulch & gravel
- Commercial and Residential service
- Gutter Cleaning • Snow Removal



**3101 NW Highway 24 • 785-232-2030**  
**CapitalCityTreeCare.com**



**A SPECIAL ADVERTISING SECTION OF THE METRO VOICE! CALL 235-3340 TO BE FEATURED ON THIS PAGE!**

**Local agent strives for better customer service**

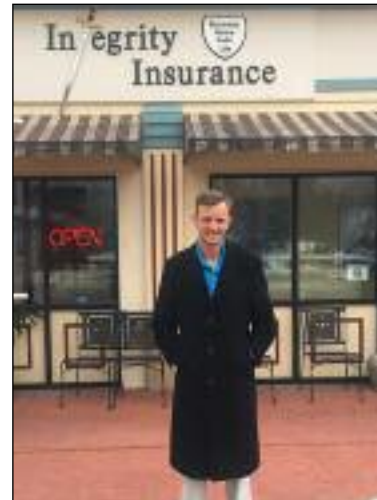
Chris Hobart, an independent agent with Integrity Insurance Agency, uses his attention to detail and persistence to obtain the best coverage at the lowest price is what drives him.

After high school Chris proudly served in the US Army as a Combat Medic. He graduated from Washburn University with a Bachelor of Business Administration, majoring in management and marketing. He has over 20 years experience managing companies.

"I can help with all types of insurance, both personal and commercial, but I specialize in commercial insurance, especially the hard to write policies," Chris says. "I am always available and work hard for my customers."

Unlike most agents who are tied to one insurance company, independent insurance agents will work with each client one-on-one to ensure that they get a solution that is tailored specifically to meet their specific needs. They do this by shopping multiple carriers to find the best deal for each client.

"Whether you are shopping for auto, home, or commercial insurance, I will work hard to find the right coverage at



a competitive rate, no matter what your needs are," Hobart said. "We also have carriers that provide insurance for classic cars and antique vehicles."

Chris says he also represents a carrier that specializes in clients that have excellent credit and few claims. He uses other carriers to tailor policies to fit clients in different circumstances.

"When faced with the unexpected, we understand that having the right insur-

ance policy makes all the difference," he said. "Make sure that your family, home, and other assets are protected with a quality plan from a trusted provider."

To find out how he can help with your insurance needs, contact Chris via email at [chris@integrityinsuranceagencyinc.com](mailto:chris@integrityinsuranceagencyinc.com) or on his cell phone at (785) 213-8132, and make an appointment to visit with him at 2047 SW Topeka Blvd. Suite C, in Harley Town.

When he's not providing his legendary customer service for clients, Chris is enjoying time with his wife Tonya, and their three children: Holden, Trinity and Jasmyne.

He is also very active in the community working with various non-profits. He is chairman of the Social Committee of Emerald City Cosmopolitan Club, which has established itself as a leader in the fight to identify, treat and research diabetes.

Chris also put together a local networking group, Partners in Excellence, to help business professionals grow their business. The group is free and all are invited. For more information text Chris at 785-213-8132.

**AUTO • HOME • COMMERCIAL**

**Chris Hobart**  
 "I am an independent agent; this means I shop many companies to get you the best deal."

Call (785) 213-8132  
[chris@integrityinsuranceagencyinc.com](mailto:chris@integrityinsuranceagencyinc.com)  
 Office (785) 233-5401  
[info@integrityinsuranceagencyinc.com](mailto:info@integrityinsuranceagencyinc.com)



**Inegrity Insurance**  
 2047 SW Topeka Blvd, Ste C  
 Topeka, Kansas 66612  
 (located in HarleyTown)



**Local tree care company owner says Emerald Ash Borer threatens Ash trees**

Craig Christopher, owner of Capital City Tree Care, has been providing tree care services for over 25 years.

He is passionate about his work and loves to share his knowledge about damage prevention.

"Winter and spring storms can cause severe damage to trees," Christopher said. "One way to minimize damage to your trees is to keep them thinned so the wind can blow through properly."

Christopher said it is important to

remove any dead or weak limbs that could fall on a person, vehicle or structure.

Capital City Tree Care will provide Certified Arborists that are fully licensed and insured. Their staff is qualified for

any job you may have. They perform



city contracts, power line clearance, tree trimming, tree removal, stump grinding, storm/debris cleanup and hauling and much more.

"We do it all," Christopher says. "Your satisfaction is our next job."

Christopher noted that the Emerald Ash Borer has been confirmed in Kansas and is highly destructive to Ash trees. All Ashes native to Kansas are susceptible to infestation by the Emerald Ash Borer. Trees become infested when adult beetles lay eggs on the bark and they hatch into larvae that bore into the tree. They disrupt water and nutrient movement, eventually killing the Ash. Capital City Tree Care can provide treatment that may save Ash trees. They provide free estimates, too.

They also offer delivery and put down of mulch and topsoil, as well as snow removal and spring/fall gutter cleaning. For more information call 785-232-2030 or email [capitalcitytreecare@yahoo.com](mailto:capitalcitytreecare@yahoo.com), or visit the website at [www.capitalcitytreecare.com](http://www.capitalcitytreecare.com)

**I-Design Graphic Services & Advertising Consultants**



**Irene Haws**  
 Owner/Designer Since 1999

*Celebrating 20 years in business!*

Promotional Products, Printed T-Shirts, Embroidered Caps & Polos, Logo Design  
 Printing services, direct-mail services & more  
 Graphic Design for Print, Advertising and The Web  
[irene@idesignGS.com](mailto:irene@idesignGS.com)  
**785-249-1913**

**Cindy Patton**  
**Attorney at Law**

- Trusts • Probate
- Avoiding Probate
- Wills
- Estate Planning
- Family Law
- Small Business Incorporations & LLCs
- Powers of Attorney & Durable Powers of Attorney for Health Care



**Phone: 785-273-4330**  
 534 S. Kansas Ave., Suite 1120, Topeka, KS 66603  
 Call for **FREE** initial conference!



**The Area's Most Complete Guide to the Family-Friendly Events You Want to See!**

# the events calendar

**FREE LISTINGS! E-mail your events to: [Voice@cox.net](mailto:Voice@cox.net); mail to Metro Voice, P.O. 5724, Topeka, KS 66605; fax to 785-235-3340 or enter online at [metrovoicenews.com](http://metrovoicenews.com)**  
**Get your event in **Highlighted in Blue** in print, our online calendar and promoted in social media for only \$29!**

## CONCERTS

**TOPEKA ACOUSTIC MUSIC JAM** - First Sat. of ea. month, 3-5pm, Potwin Presbyterian Church (enter south door), 400 S.W. Washburn: 286-0227 hagen1525@gmail.com.

**THE BERRYTON PICKERS** - First Sat. of ea. month, 7-9pm, Berryton Baptist Church. Bring snacks, have fun!

**GRAND O' OPRY** - 2nd & 4th Saturday, 6:30PM-pre-show, 7PM showtime, Ottawa Memorial Auditorium, 301 S Hickory, Ottawa KS. Ph. 785-214-0013

**KANSAS PRAIRIE PICKERS** - Fourth Sun. ea. Month, 1pm, Auburn Community Center. Foot-stomping, hand-clapping tunes. Concessions available

**SPECKS SUNDAY FUNDAY JAM** - Every Sunday 7-11pm, Specks Bar and Grill, 21st and Mission. Musicians / Bands of all ages and genres welcome! Family Friendly and Dog Friendly when held outside. Food available.

**PAT NICHOLS BLUES** - May 11, 7:30pm, Classic Bean in Fairlawn Plaza. Pat Nichols plays the blues from the delta and beyond. These are roots blues from the heart.

**MITCH MCVICKER IN CONCERT** - May 17, 7pm, Topeka Free Methodist Church, 3450 SE Indiana. Dove award winning singer/songwriter. Free will offering. 785-266-6610, [topekafmc@gmail.com](mailto:topekafmc@gmail.com).

**COMMUNITY CHAMBER ORCHESTRA** - June 2, 4pm, Life's Finer Moments Main Lodge, 1285 16th Rd, Clay Center. Classical guitar concertos, a guitar/viola duet, and solo Brazilian guitar music with Classical and Brazilian Guitarist Braulio Bosi. Tickets \$8 or \$18/family; \$1 discount for nonfamily groups of 5 or more. 785-926-4725. [www.kansasmusic.net](http://www.kansasmusic.net) [bclark@diodecom.net](mailto:bclark@diodecom.net)

**CAPITAL CITY CHORUS ANNUAL SHOW** - Jun. 15, 2pm, VA Auditorium (Building 24), 2200 SW Gage Blvd. This will be the Capital City Men's Barbershop Chorus' 73rd annual show. Special guest is Lemon Squeezy, 2016 International Silver Medalist Quartet. For tickets (\$15): [www.capitalcitychorus.com](http://www.capitalcitychorus.com).

## SPECIAL CHURCH EVENTS

**SENIOR FIT & FUN PROGRAM** - every Mon., Wed., & Fri., 1:30pm, Rolling Hills Christian Church, 4530 NW Hiawatha Place (US Hwy 75 & NW 46th St.) 785-286-0601 or [office@rhctopeka.org](mailto:office@rhctopeka.org)

**SENIOR SOLO'S** - Every 3rd Tuesday from 3 to 6 p.m. at First Assembly Church, 500 SW 27th St, downstairs Fellowship Hall. Games & Fellowship, lots of Laughter & Fun. 785-817-3071.

**SPIRITUAL PAUSE** - Every Wed., 12-12:30pm, Carole Chapel at Washburn Univ. Informal worship service. 785-233-1844

**HARVESTER'S PROGRAM FOR SENIOR CITIZENS** - every second Sat., takes place at Christian Lord Ministries,

2421 SE California. Call 266-4979.

**FREE WEEKLY COMMUNITY PANCAKE BREAKFAST** - Sundays at 10am sharp, at Oakland Church of the Nazarene: 900 block of NE Oakland, followed by church services at 10:45am with Pastor John Menkvelde - which is in turn followed at noon by The Hope House FREE Community Food & Clothing Banks.

**FIRST WEDNESDAY WESLEY CAFE** - First Wed., 6:15pm, Susanna Wesley UMC, 7433 SW 29th. A worship service will follow at 7:00. 785-478-3697 or [www.swumc.org/wesley-cafe-sign-up1.html](http://www.swumc.org/wesley-cafe-sign-up1.html).

**FIRST SATURDAY BREAKFAST BUFFET** - 7:30 AM - 10:00 AM, Shawnee Heights United Methodist Church, 6020 SE 44th

**ANNUAL SPRING DINNER** - Apr. 27, 4-7pm, Grantville UMC, 3724 South St. Ham or chicken casserole, vegetables, salads, pie and rolls. Free will offering. Bazaar, crafts, cake walk and bake sale 3-7 p.m. 785-246-3621 [grantvillechurch@grantvilleumc.com](mailto:grantvillechurch@grantvilleumc.com)

**DAUGHTERS OF THE KING CONFERENCE** - Apr. 27, 9-4pm, Topeka Bible Church, Mulvane Lower Auditorium. When women see themselves as daughters of the King, they understand their roles as single women, wives, mothers, widows, etc. \$12 per person includes lunch and materials. Childcare available for kids 0-5. [discoverbc.com](mailto:discoverbc.com)

**FREE MOVIE NIGHT** - Apr. 27, 6pm, Highland Heights Christian Church, showing "Paul, Apostle of Christ." Veggie Tales movie for children. Doors open 5:30. Free snacks.

**SPRING FLING DINNER AND BAZAAR** - Apr. 27, 4:30-6pm, Elmont UMC, 6635 N.W. Church Lane. Menu will include pork loin, mashed potatoes, dressing, gravy, green beans, slaw, cinnamon applesauce, rolls and dessert. \$8 for adults; \$4 for children under 12. Silent auction for gift baskets, baked goods and candy.

**HOW TO RECEIVE HEALING** - Apr. 27, 9:30am, Hilton Garden Inn - Kaw Room, 1351 SW Arvonita Place. Rev. Sarah Griggs will take you through scripture and show you how to position yourself to receive healing from God. 785-232-3417 [www.exodusministriestopeka.org](http://www.exodusministriestopeka.org) [exodusministries@aol.com](mailto:exodusministries@aol.com)

**JEWS FOR JESUS PRESENTATION** Apr. 28, 8:20 and 10:45am, Grantville United Methodist Church, 3724 South St. The topic will be "The Gospel in the Feasts of Israel." 785-246-3621 or <http://grantvilleksuc.org/>

**RICHETTA MANAGER IN CONCERT** - Apr. 28, 4pm, First Lutheran Church, 1234 S.W. Fairlawn. The Topeka native will offer gospel and revival music

**HOLocaust COMMEMORATION SERVICE** - Apr. 29, 1pm, Ramada Hotel and Convention Center, 420 S.E. 6th Ave. The speaker will be Holocaust survivor Gitla Doppelt. Clergy, choirs, students and political leaders are scheduled to participate in the program. A reception will follow.

**COMMUNITY DINNER** - May 2, 5-6:30pm, Tecumseh UMC. Pulled pork sandwiches, cheesy potatoes, baked beans, cole slaw, dessert and drink for a free-will donation. Meal-to-go available.

**FREE MOBILE FOOD DISTRIBUTION** - May 28, 9am, Family of God Church, 1231 NW Eugene St. No ID or proof of income required. Volunteers arrive at 8:30am. Fresh produce and other items to families in need.

**CARING FOR LOVED ONES WITH ALZHEIMER'S & DEMENTIA** - June 2, 4pm, Family Life Church, 1211 NW 46th St. Free. For info: [myfamilylifechurch.org](http://myfamilylifechurch.org) or 785-286-1889

**BIG SALE** - June 7-9, 8-2pm, Perry UMC Activity Center, 219 Oak St. Saturday-half price, Sunday-\$1.00 bag sale. Breakfast-8 a.m. to 11 a.m. (biscuits and gravy and homemade rolls. Lunch 11am-2pm (Sloppy Joe Meal Deal) served Fri. & Sat. 785-597-5478 or [cathouse40@hotmail.com](mailto:cathouse40@hotmail.com)

## SEMINARS & CONFERENCES

**MEDICARE MONDAYS** - First Mon. of ea. month, 1-3pm, Topeka/Sh. Co. Public Library (Auditorium) 1515 SW 10th. Jayhawk Area Agency on Aging and Senior Health Insurance Counseling for Kansas offers Senior health insurance counseling. For info: 580-4545 or [nhoil@tscpl.org](mailto:nhoil@tscpl.org)

**MEDICARE EDUCATIONAL SEMINAR** - May 7 & 21, 2pm. Learn the basics of Medicare and all its options. Seminars are designed for those becoming eligible for Medicare and those considering making a change. Seminar will be held at the Heart Center at 929 SW Mulvane. For info or to sign up: [centuryinsuranceagencyks.com](http://centuryinsuranceagencyks.com) or 270-4593 or [info@century-health.com](mailto:info@century-health.com). Snacks & beverages provided.

## FAMILY-FRIENDLY EVENTS

**SENIORS NUTRITIONAL LUNCH** - Weekdays, except holidays, at noon at Auburn Civic Center, 1020 N. Washington Street. Minimal cost per person. Reservations/cancellations required 24 hours in advance by calling Meals on Wheels of Jefferson & Shawnee Co. at 295-3980. Each meal includes 1% milk & sugar-free items for diabetics. 215- 0064.

**SHEPHERDS CENTER PICKLEBALL GROUP** - plays Mon. & Wed. Mon. at Countryside UMC, 32nd & Burlingame, from 3-5. Park on the NORTH side & use the furthest WEST door. Follow the hallway to gym. On Wed. at First Baptist, 30th & MacVicar, from 1-3. Park on the WEST side. Gym is right inside the doors.

**SENIOR STRETCHING EXERCISES** - each Mon., Wed., Fri.; 9:30-10:15am, Seaman Community Church, 2036 NW Taylor St. Enter on the east side of Fellowship Hall. No charge. 785-354-8777 or 785-213-6016

**MONDAY FARMERS MARKET** - Mondays 7:30-11:30am, Topeka & Sh. Co. Library, May 13-Oct. 7

**LIBRARY'S LEARN & PLAY BUS** - Every Tuesday 1-3pm, Auburn Community Center.

**SILVER LAKE FARMERS MARKET** - Tuesdays 6-8pm, June 6-Sep. 5, Silver Lake Library

**EAST TOPEKA FARMERS MARKET** - Tues. 3-7pm, Topeka Housing Authority, 2010 SE California.

**SAFE STREETS COALITION MEETING** - First Wed. of the month, 11:45am-1pm, Great Overland Station. For info: 266-4606 or [jwilson@safestreets.org](mailto:jwilson@safestreets.org)

**CAPITOL MIDWEEK FARMERS MARKET** - Wed. 7:30am-noon, May 15-Oct. 9, Jackson & 10th.

**CARBONDALE FARMERS MARKET** - Wednesdays 4-6:30, Carbondale City Park. Vendor-grown or vendor-produced. 836-7887.

**COUNTRY AND BALLROOM DANCING** - Thursdays 6-9pm, Croco Hall. Info: Edwina 379-9538 or 478-4760.

**SHEPHERDS CENTER LINE DANCING GROUP** - meets 2nd & 4th Thur, 2-4 at First UMC, 6th & Topeka. Park on the WEST side & use the WEST door. Immediately inside, turn left & walk the ramp to the library, then left to elevator. Push [B] for fellowship hall 785-249-3258. .

**SHEPHERDS CENTER HHHS WALKING GROUP** - meets 2nd & 4th Thur, 9:30-11 at HHHS, 21st & Belle. Entrance for walkers is on WEST side. To walk a shelter dog call Kelsey: 233-7325.

**NOTO MARKET ON FIRST FRIDAYS** - NOTO arts district. Arts, antiques, fine crafts, flea market

**SAVING DEATH ROW DOGS ADOPTION BOOTH** - Every Sat., 11am - 2pm, Petco, 1930 SW Wanamaker. Some Sat. adoption booths are held at PetSmart, 2020 SW Westport Dr. Updates at [savingdeathrowdogs.com](http://savingdeathrowdogs.com)

**SLIDERDAYS** - 12-1pm, Jayhawk Theatre, 720 SW Jackson. Join us every third Saturday for Line Dancing!!

Cost: Free-will donation!! 50% of your donation will be applied to the renovation of the Jayhawk Theatre.

**DOWNTOWN TOPEKA FARMERS MARKET** - Saturday's through Nov., 7:30am-noon, 12th & Harrison. The open-air market is full of fresh fruits and vegetables, herbs, arts & crafts, flower, home-baked goods and more.

**MOTHER TERESA'S FARMERS MARKET** - Saturdays, 8:30-11:30am, 2014 NW 46th St.

**TOPEKA FOLK DANCERS CLASSES** - Sundays, 2-4pm, 2637 SE 41st St. Dances from 20 countries. No partners or experience necessary. No fee. 215-0968.

**TOPEKA ACAPELLA UNLIMITED AUDITIONS** - Any Monday 7pm, at Seaman Community Church, Fellowship Hall, 2036 NW Taylor. More female singers are needed to sing four part acapella harmonies. Come be our guest any Monday night. Topeka Acapella Unlimited is a Chapter of Sweet Adelines, International. Call Cindy Patton at 785-640-7403 for more information.

**SQUARE DANCING** - Shawnee Swingers has monthly dances and sponsors lessons in the Fall. For info, call or text 785-845-2357 or email [shawneeswingers@gmail.com](mailto:shawneeswingers@gmail.com). On Facebook: Shawnee Swingers Square Dance Club. [wesquairedance.com](http://wesquairedance.com)

**MAY CYCLING EVENTS** - Various cycle rides are offered by Kansas Cyclist. [www.kansascyclist.com/](http://www.kansascyclist.com/)

**MAY OUTDOOR ACTIVITIES** - Outdoor events and activities. [www.getoutdoorskansans.org/calendar](http://www.getoutdoorskansans.org/calendar)

**TULIPS AT TWILIGHT** - Apr. 12-28, 6-10pm, Old Prairie Town. See more than 40,000 tulips illuminated by candle light and more than 30 lighted displays. Live music and Old Prairie Town building tours on Friday and Saturday evenings. \$5 donation; children 5 and under free. For info: 785-251-6991

**DISNEY ON ICE: FROZEN** - Apr 25-27, Kansas Expocentre. For info: Box Office: 785-251-5552. Order Tickets: 800-745-3000

**SHOOTING FOR SUCCESS** - Apr. 27, 9am, Ravenwood Lodge. Competitive shooting event. For info: [topekatiaba.org](mailto:topekatiaba.org)

**CAM PANCAKE FEED** - Apr. 27, 7am-12pm, Combat Air Museum. All you can eat pancakes, celebrity pancake flippers, entertainment, a fly-in market, and admission to the museum.

**4TH ANNUAL TRAIN FESTIVAL** - Apr. 27, 10-3pm, Atchison Railroad Museum, 200 South 10th.

**AUBURN CAR SHOW** - Apr. 27, 11am-2pm. All makes and models

**54TH ANNUAL BLINTZE BRUNCH AND JEWISH FOOD AND CULTURAL FAIR** - Apr. 28, 9am - 1:30pm, Temple Beth Shalom, 4200 S.W. Munson. Advance tickets \$12 at Briman's Jewelers, 734 S. Kansas Ave.; Einstein's Outdoor Outfitters, 1820 S.W. 10th Ave.; and the temple office. Tickets at the door: \$15. Children 5-12 \$6.

**STATE OF KANSAS HOLOCAUST COMMEMORATION SERVICE** - April 29, 1pm, Ramada Hotel, 420 SE 6th. Speaker will be Holocaust survivor Gitla Doppelt. Clergy, choirs, students and political leaders are scheduled to participate. Reception will follow.

**SWING DANCE LESSONS** - Apr. 30, Jayhawk Theatre, 720 SW Jackson St. Topeka Swing Dance continues beginner & advanced classes from 7 to 8pm. From 8 to 8:30, students will have time to practice, ask questions, and social dance. Tickets \$5. Water and snacks will be available. Dress in layers so you can remove sweaters, etc., as you warm up. No partner or prior dance experience needed. Wear shoes that will allow you to slide. All ages invited. For tickets or info: [jayhawktheatre.org](http://jayhawktheatre.org)

**NATIONAL DAY OF PRAYER** - May 2, 5am, El Shaddai Ministries Community Church, 920 SE Sherman Avenue. One hour of morning prayer. A light breakfast will be available to go.

**NATIONAL DAY OF PRAYER** - May 2, Statewide Event at Noon in the 2nd floor Capitol Rotunda in Topeka, For info: Dave DePue 785-249-7604, or [dave.depue@gmail.com](mailto:dave.depue@gmail.com); or David Epps. [worship.warrior@hotmail.com](mailto:worship.warrior@hotmail.com) 785-221-2788

**NATIONAL DAY OF PRAYER** - May 2, 6pm worship, 6:30 prayer, Big Gage Shelter. Dr. Dave DePue, Dr. Beryl New, Dave Sanford, Wally Roberts, Clarence Newton, Jay. T. Ladenberger, Polo Delacruz, David Epps. [worship.warrior@hotmail.com](mailto:worship.warrior@hotmail.com) 785-221-2788

**NATIONAL DAY OF PRAYER** - May 2, 7pm, Eastside Church of Christ, 2724 S.E. 10th Ave.

**WASHBURN TECH CAR SHOW** - May 3, 9am-2:30pm, Washburn Tech, 5724 Huntoon St. Custom/low riders, antique cars & trucks, muscle cars, motorcycles and special interest. Food, live music and games. For info: 785.670.3432.

**6TH ANNUAL SAFE KIDS DAY AT THE ZOO** - May 4, 9am-3pm, Topeka Zoo.

**KIDSFEST** - May 4, 10:30am-4pm, Expocentre. Free.



Inflatables, performances, food trucks, face-painting, balloon art, games, arts & crafts and more. More info at [kansaskidsfest.com](http://kansaskidsfest.com)

**WAKARUSA RIVER VALLEY MUSEUM AT CLINTON LAKE** – May 4, opening day.

**JESUS FEST** – May 4, 3pm, Salvation Army, 1320 SE 6th. Outside festival with artist from Texas Survant, Salute Garcia and Felipe Martinez, Chris McCluer Will Cloyse JQ Guest , INDEK, DJ LOOY and Derrick Hodam Free event, free food!

**KANSAS FOOD TRUCK FESTIVAL** – May 4, 4pm. Lawrence Warehouse Arts District, 810 Pennsylvania.

**CRUISE NIGHT CAR SHOW** – May 4, 3-8pm, Downtown Topeka. Free. Live music from Blazing Mojo from 4-5:45 and Stranded In The City from 6- 7:45. Food and drink trucks, vendors booths.

**SYDNEY POITIER - DOUBLE FEATURE** – May 4, 7pm, The Break Room, 911 S. Kansas. Doors open at 6pm. Guess Who's Coming to Dinner, and In the Heat of the Night. Full bar and food menu available. Advance Tickets sold at Vintage Stock \$10/each or you can purchase at the door.

**DAY OF PRIDE** - May 4, 9-12pm. Join Perry Pride and the Billtown Go-Getters 4H Club at the PES Learning Garden, 405 Cedar Street in Perry. Bring your tools and gloves. All are welcome

**4TH ANNUAL BREAKTHROUGH HOUSE GOLF TOURNAMENT** – May 6, 12:30pm. Four-Person Scramble, Cypress Ridge. (785) 213-8506 [www.breakthrough-house.org](http://www.breakthrough-house.org) E-mail [didi4@cox.net](mailto:didi4@cox.net)

**C5Alive "POWER" LUNCHEON** – May 9, 11:30-1.

• Cost: \$10 for C5 members & first-time guests who RSVP, \$12 at the door

• \$15 for non-members & repeat guests.

• Please RSVP to [info@C5Alive.org](mailto:info@C5Alive.org), so we know how much food is needed!

Open to the public – Put POWER in your life with great food, great speakers and great company! Invite a friend to join you!

SAVE THE DATE: Jun. 13, 11:30-1, C5Alive Power Luncheon

**TRUTH IN COMEDY** – May 9, 7pm, Jayhawk Theatre, 720 SW Jackson. A storytelling, stand-up comedy, and art show where humanity is the muse. Three individuals will tell a very personal story from their life, where they will be very open, honest, and vulnerable.

Afterwards, a comedian will perform a set inspired by the story. At the end of the night, an artist will present a triptych they created inspired by the stories as well. Tickets \$10 in advance; \$15 at the door.

**YOUTH FOR CHRIST GOLF CLASSIC** - May 10, 11:30 reg.; 12:30 shotgun start, Lake Shawnee. Several sponsorship levels available. Lots of prizes! 232-8296 or [tycoffice@gmail.com](mailto:tycoffice@gmail.com) or [topekayfc.org](http://topekayfc.org)

**23RD ANNUAL CELEBRATION WALK** - May 10, 6pm. Free children's activities, live music and release butterflies in memory of loved ones. Luminaries will be placed on the grounds and can be purchased for \$10.00 in memory of anyone you would like to remember. For info: [midlandcareconnection.org/19walk](http://midlandcareconnection.org/19walk) or 785-232-2044

**PRHS/PLHS ALUMNI BANQUET** - May 11, Social Hour 5:30pm; Dinner 6:30pm, Perry American Legion Hall. Reservations required. 785-597-5478 or [cathouse40@hotmail.com](mailto:cathouse40@hotmail.com)

**COUNTRY AND FOOD TRUCKS** - May 11, 3:30-9:30pm. 9th and Kansas. 4:15pm: Rachel Louise Taylor; 5pm: Bryton Stoll; 6:30pm: Lauren Jenkins; 8pm: Brandon Lay. For info: [visittopeka.com/country](http://visittopeka.com/country)

**FLOWER/PLANT SALE** – May 11, 8-noon, Auburn Lions Club, 1020 N. Washington (Auburn Civic Center).

Bedding plants, vegetable plants, porch pots & hanging baskets.

**MOTHERS DAY WEEKEND FLOWER/PLANT SALE** - May 11, 8am-12pm. Auburn Civic Center, 1020 N Washington.

**TWO BLOCK CHALK WALK** – May 11, 10:30am-8:30pm, 800-900 block of N. Kansas Ave. NOTO Arts District is getting out the sidewalk chalk and attempting to cover each square of concrete sidewalk within two blocks with art. There will be a box of chalk in front of each building for community use. Special guest artists will be featured on designated areas. 408-8996

**SKIN CANCER SCREENING** - May 11, 8am. Cotton O'Neil Cancer Center, 1414 SW 8th Ave. Free community skin cancer screening (suspicious moles, etc.). For info: [marketing@stormontvail.org](mailto:marketing@stormontvail.org) or 785-354-6120

**PERRY SENIOR CITIZENS LUNCH** - May 13, 11:15am. Perry Community Building. Free blood pressure checks followed by pizza at noon. Bring a dish to share, table service and \$1. The program will be about the Perry Lecompton Farmer's Market. 785-597-5478 or [cathouse@hotmail.com](mailto:cathouse@hotmail.com)

**EVANS UNITED SHOWS CARNIVAL** - May 20-31. Kansas Expocentre. For info: 235-1986.

**5K HOME RUN 2018** – May 27, 8:30am, South Park in Lawrence. 785-764-9506 x4.

[www.active.com/lawrence-ks/running/distance-running-races/5k-home-run-2019](http://www.active.com/lawrence-ks/running/distance-running-races/5k-home-run-2019). \$20-\$30. Supports Family Promise of Lawrence, an organization serving families experiencing homelessness.

**17TH ANNUAL ROD ROGERS MEMORIAL GOLF TOURNAMENT** – May 31. Dub's Dread Golf Course, KC, KS. 1pm shotgun. \$500 per team includes lunch, range balls, refreshments on almost every hole, and dinner. Lots of fun and prizes! Benefitting KU Cancer Center. For info: 913-461-8527 or [gagako@sbcglobal.net](mailto:gagako@sbcglobal.net)

**GERMANFEST** - June 1, 5-11pm & June 2, 10-5, Sacred Heart Catholic Church, 312 NE Freeman. German food, carnival, entertainment, auction, vendor booths & more. SacredHeartStJosephCatholic.org. 234-3338

**SACRED HEART-ST. JOSEPH 8TH ANNUAL BRAT TROT** - June 1, 8am, Sacred Heart parking lot, 312 NE Freeman. Brat Trot 5K Run/Walk loops through 3.1 miles of Oakland and returns to Sacred Heart. \$30 registration at [tinyurl.com/2019BratTrot](http://tinyurl.com/2019BratTrot); includes t-shirt & snacks.

**LIVING WITH PARKINSON'S** - June 3, 3pm. Stormont Vail Pozez Center, 1505 SW 8th Ave. 913-341-8828 or [parkinson.org/topeka](http://parkinson.org/topeka); [knitz@parkinson.org](mailto:knitz@parkinson.org)

**TOPEKA YOUTH PROJECT GOLF CLASSIC** – Jun. 14, Village Greens. 8am shotgun. 7:30 registration. Lunch follows tourney. Cash prizes! Two \$500 closest to pin prizes! Call 273-4141 to register.

**GET TEED OFF FOR KIDS GOLF TOURNAMENT** – Jun. 29, Cypress Ridge Golf Course. 9am shotgun. \$320/team includes cart, food, drink tickets, prizes. Silent Auction. 50/50 raffle. Chance to win Devonte Graham jersey! Sponsors needed – win autographed KU basketball! Benefits at risk youth. Jerry Hudgins – 785-338-2965. [www.solereason.golfgenius.com](http://www.solereason.golfgenius.com).

**WALK TO END ALZHEIMER'S** - Sept. 28, 8am. Lake Shawnee, Shelter House 1 and 2, 3400 SE Leisure Ln. For info: 913-831-3888 or [mkreichenberger@alz.org](mailto:mkreichenberger@alz.org)

**MEETINGS & CLASSES**

**CONCERNED WOMEN FOR AMERICA MEETING** - Join other concerned individuals to pray and unite in action for Shawnee Co. and our Nation. For info about monthly meetings: 785-260-5659 or [ks.cwfa.org](http://ks.cwfa.org).

**HEAT UP TOPEKA** - Free fitness classes; learn and

build healthy social & eating habits. Held at Trinity Presbyterian Church, 4746 SW 21st St. Florence Crittenton: 785-233-0516 [www.flocritkansas.org](http://www.flocritkansas.org)

Sunday: 4-5pm Yoga  
Monday: 12:12-4:5pm Kickbox Fusion  
Monday: 5:30-6:15pm STRONG by Zumba  
Monday: 6:15-7:00pm Pilates Fusion  
Tuesday: 12-12:45pm Yoga  
Tuesday: 5:30-6:15pm Zumba  
Tuesday: 6:15-7:00pm Cardio Interval  
Wednesday: 12-12:45pm Kickboxing  
Thursday: 12-12:45pm Pilates  
Thursday: 5:30-6:15pm Cardio Interval  
Thursday: 6:15-7:00pm Zumba  
Friday: 12-12:45pm Cardio Strength  
Saturday: 9:00-9:45am Cardio Remix

**TOPEKA TREASURE HUNTERS CLUB** - 3rd Sun. of each month except May, Sep., & Dec., 7pm, Papan's Landing Senior Center, 618 NW Paramore St. Family Memberships include children & grandchildren up to 18 yrs. A place to meet friends to discuss all aspects of Metal Detecting, club business, plus socializing & entertainment.

**DEAF WORSHIP SERVICE** – 3rd Sun., 3pm, Faith Lutheran Church, 17th & Gage. Also, every Sun. 9:30am service is interpreted.

**FAMILY EXPERIENCE (FX)** – Every Sun., 6:01pm, Fairlawn Church of Nazarene, 730 Fairlawn Rd. A time of high intensity, action packed, skit mania, worship music all centered around the word of God for 45 minutes. A free family worship event. For info: Emily Moore, 272-6322 or [fxthelawn@gmail.com](mailto:fxthelawn@gmail.com).

**BOY'S TRAIL LIFE & AMERICAN HERITAGE GIRLS TROUPE** - Every Mon. 6pm, Cornerstone Comm. Ch., 7620 SW 21st. Faith-based scouting programs, age 5-18. Register at [cornerstonetopeka.com](http://cornerstonetopeka.com). 478-2929.

**TOPEKA MANKIND PROJECT** – Mondays, 6:30pm, 2112 SW Morningside Rd. Supports men in becoming their best selves, including physical, mental & emotional health & wellness. Open to any man. Brian Thomas: [brian.thomas01@gmail.com](mailto:brian.thomas01@gmail.com) or 785-727-9439

**THE FORCE (Students Taking Action)** – 1st Mon. & 3rd Tue., 6:30-8pm, Safe Streets, 2209 SW 29th St. Committed to being alcohol & drug free. Associate with like-minded peers, plan activities & get involved in the community. Youth 12-18 invited. 266-4606.

**HEARTLAND HEALTHY NEIGHBORHOODS** – 2nd Mon., 11:45am-1pm. Promoting neighborhood well-being by mobilizing people, ideas & resources. 233-1365.

**TOPEKA LINCOLN CLUB** – 1st Tue. of month, 7pm, Topeka Public Library. Discussing our greatest President, Abraham Lincoln, and his times. The public is welcome. For info, contact Kirk Nystrom 235-6977.

**OUR LADY OF THE FAITHFUL** – Every 1st Tues., 6:30pm Mass followed by Dinner, Most Pure Heart of Mary Catholic Church. A Catholic group for those in their 20-30s. For info: Michelle Ann 580-3071 or [ourladyofthefaithful@gmail.com](mailto:ourladyofthefaithful@gmail.com). Facebook: "OurLadyoftheFaithful."

**SUNRISE OPTIMIST CLUB** – Every Tue., 6:30am, Sunrise Optimist Complex, 720 NW 50th St. 246-1291.

**MENNINGER BIBLE CLASSES** - Tuesdays 11am-12:30. Amerus Room, YWCA, 225 West 12th. A new study group for Year One of Flo Menninger's course on Four Years through the Bible. Read and discuss Genesis through First Kings. Nominal charge for materials. For info call the YWCA at 233-1750 or Clara Gamache at 785-408-5433. (The Bible study is also taught on Sat. mornings on 101.5 FM radio.)

**FRATERNAL ORDER OF EAGLES** Aerie 4319: First & Third Tue. 7pm; Auxiliary: Third & Fourth Tue. month 6pm, 2941 SE Fremont Street. The Fraternal Order of Eagles is an international non-profit organization uniting fraternally in the spirit of liberty, truth, justice, and equality, to make human life more desirable by lessening its ills and promoting peace, prosperity, gladness and hope. [www.foe.com](http://www.foe.com) 785-266-7307

**O.W.L.S. (Older Wise Loving Saints)** - meets the second Tuesday of the month. Location varies and can be found at [www.faithfamilylife.com](http://www.faithfamilylife.com)

**DADDY'S GIRLS EMPOWERMENT MEETINGS - Do you want MORE.** Come Join us for our More Luncheons where Real Women get together: share, learn and grow to return to our homes, families workplace, churches & other places of influence restored and rejuvenated to pursue God's MORE...at Topeka Public Library, 12 noon, every 3rd Wednesday. Sponsored by Daddy's Girls Inc. Please to RSVP make lunch reservations: [daddysgirlsinc@gmail.com](mailto:daddysgirlsinc@gmail.com) or 785-969-0491

**S.W.A.G. (Spiritual Warriors Anointed by God) youth group** - Wed at 7:00 p.m. 3710 NW Topeka Blvd.

**AWANA** – Every Wed., 6-8pm. First Southern Baptist Church, 1912 SW Gage Blvd. Bible based program for children & youth ages 3-HS. For info: 272-0443.

**AWANA** – Every Wed., 6:30pm, Bethel Baptist Church, 4011 N. Kansas Ave. Bible based program for children & youth ages 3-HS. For info: 286-0467.

**AWANA** – Every Wed., 6:30-8pm, Auburn Christian Church. Bible based program for children & youth ages 3-HS. For info: 256-2515.

**TOPEKA PRAYER GROUP** - Every Wed., 6:30pm, 409 SW Buchanan St. Do you believe that God hears and answers prayers? Do you believe Jesus wants to lead His people by His Holy Spirit? Come join us in prayer as we seek His face for answers and direction. 785-845-1948; [holmie2@sbcglobal.net](mailto:holmie2@sbcglobal.net)

**MACHINE EMBROIDERY CLUB** – 1st Wed., 9am-3pm, Our Savior's Lutheran Church, 2021 SW 29th Street (east door). Anyone with an Embroidery machine is invited to attend, there are no dues or formal meeting agenda. Lunch is on your own. Teach each other, enjoy fellowship & complete projects. Call 379-5159.

**SAFE STREETS MEETING** – 1st Wed., 11:45am, Great Overland Station 266-4606.

**STUDENT IMPACT** – Every Wed., 6-8pm, First Southern Baptist, 1912 SW Gage Blvd. Youth games, teaching, worship, small groups. For info: 272-0443.

**CHRISTIAN CHALLENGE** – Every Thurs. 7-9pm, First Southern Baptist, 1912 SW Gage Blvd. Worship for college students.

**INTENTIONAL MOM** - 1st & 3rd Thurs., 9-11:30am, Topeka Bible Church Auditorium, 1135 SW College. For all moms, helping them to be intentional! 234-5545.

**OPERATION BACKPACK** – 1st Thurs., 6pm, Lyman Learning Center, Lyman and N. Kansas Ave. Volunteers gather to assemble Weekend Snack Sacks for low-income students. Sponsored by Topeka North Outreach. For info: 286-1370.

**TOPEKA GENEALOGICAL SOCIETY** – 4th Thurs., 7pm, Topeka Shawnee County Public Library, 1515 SW 10th St. No program in Nov. or Dec. Promotes & stimulates the education, knowledge & interest of the membership & the public in family history, genealogical records & research. 233-5762 or [tgstopeka.org](mailto:tgstopeka.org).

**KINGDOM ADVISORS TOPEKA AREA STUDY GROUP** – 3rd Thu., 11:30am, Northland Christian Church, 3102

**For Breakfast and Lunch it's...**



**HANOVER PANCAKE HOUSE**

1034 S. Kansas Avenue - (785) 232-1111  
[www.hanoverpancakehouse.com](http://www.hanoverpancakehouse.com)



**Hanover Pancake House...need I say more?**

**Take TV25 with you!**



**40 live TV channels**

**5 Radio Stations**

**Video on demand**

**Android/Iphone/PC**

**30 days FREE when you sign up for 6 months**

**Only \$5.95/month!**

**TV25.tv/app**





**NW Topeka Blvd. Christian financial professionals: financial planners, accountants, attorney's & insurance agents invited.** [kingdomadvisors.org](http://kingdomadvisors.org) or [Jim Hanna, james.c.hanna@ampf.com](mailto:JimHanna.james.c.hanna@ampf.com) or 357-6278 x19.

**TOPEKA (Downtown) OPTIMIST CLUB** – Every Fri., noon, Top of the Tower. Serving the youth of Topeka. Anyone welcome. For info: 272-1099 or fostern60@yahoo.com.

**TOPS (Taking Off Pounds Sensibly)** – Every Fri. 8:30 to 10:00 am at 3221 SW Burlingame Road. 800-932-8677. Support for your weight loss journey. [tops.org](http://tops.org)

**VIP LUNCHEON FOR SENIORS** – Every Fri., Noon, North Topeka Baptist Church, 123 NW Gordon. FREE lunch with Christian fellowship, devotions & entertainment provided by Topeka North Outreach. Free blood pressure checks the last Friday of every month, and birthday celebrations the 4th Friday. For Info: 286-1370.

**A GOOD YARN CLUB** – 2nd & 4th Sat., 9-11am, Wanamaker Rd Baptist Church, 2700 SW Wanamaker. Doing Good for Others: Knitting & Crocheting for Local Charities, free yarn, needles, hooks & patterns. All are welcome. Anne, 272-9249 or [kittens812@sbcglobal.net](mailto:kittens812@sbcglobal.net)

**BIBLE QUIZZING** – 1st Sat. Learn God's Word & have fun with area Christian youth age 9-19. YFC/YEA style quizzing & rules. 913-593-6427 or [biblequizzing.org](http://biblequizzing.org)

**MONTHLY SCORE MEETING** – 1st Sat., 8-9:30am, Washburn Tech, 5724 SW Huntoon (enter east doors facing Huntoon). No RSVP or fee is required. Small business owners are invited to a Breakfast Roundtable discussion with members of SCORE (Service Corps of Retired Executives). Info: 234-3049.

**TOPEKA LOVE AGLOW** – Once a month on Sat. morning. A time of worship, prayer and encountering God. Call Tawny Barton at 785-409-0232 or Linda Williams at 785-267-0600 for details.

**FREE ENGLISH CLASSES** – Every Sat. 9-10:30am, Central Congregational Church, 1248 SW Buchanan. For info: 235-2376.

**RUSSIAN HOUSE OF PRAYER** – Every Sat., 4pm, Williamstown Assembly of God, 1225 Oak St., Perry/Williamstown. For info: 597-5228.

**SINGLES PLAY CARDS SR.** – 1st Sat., 6-9pm, St. Peter's UMC, NW 35th & Hwy 75

**SAVING DEATH ROW DOGS ADOPTION & EDUCATION** - every Sat. 11am-2pm, Petco, 1930 SW Wanamaker.

**UPPER ROOM COMMUNITY** – second Sat., 10 am, Capitol Building

**SUPPORT GROUPS**

**MIDLAND CARE GRIEF SUPPORT** Groups: Building A, 200 SW Frazier Circle

Every Mon., 4-5pm: 12 Week Adult Group for Recent Loss 1st and 3rd Thu., 10:30am & 5:30pm— Ongoing Adult Group 1st and 3rd Thu., 5:30pm: Ongoing Young Adult Group (4-18 years of age)

For All Groups: Call for start dates and info packet. Group and individual grief support available upon request. For info: 785-232-2044 ext.341

**ABORTION RECOVERY SUPPORT** – Providing services for women & men who suffer from Post-Abortion Syndrome...we can help mend a broken heart! For info: Kay Lyn at [KLCarlson20@cox.net](mailto:KLCarlson20@cox.net).

**AL-ANON FAMILY GROUPS** – for friends & families of alcoholics. For info: 785-409-3072 or [topekaalanon.org](http://topekaalanon.org)

**PURSUIT FOR SEXUAL PURITY** – Men struggling with pornography & sexual addiction. This bible study/accountability group uses the Pure Desire book by Ted Roberts. For info: 249-9509. All inquiries confidential.

**ALZHEIMER'S SUPPORT GROUPS** – Monthly support group meetings for caregivers of individuals with Alzheimer's disease or a related dementia. For info: Alzheimer's Association, Heart of America Chapter, 271-1844 or email [cindy.miller@alz.org](mailto:cindy.miller@alz.org).

**"HEALING HEARTS" support group/Bible study** – Sundays 6-8pm. For women whose husbands struggle with pornography addiction or have had affairs. Video & workbook will give you hope for your marriage & emotional healing. For info: Janet Mitchell, 633-4294.

**BIKERS AGAINST CHILD ABUSE** – NE Kansas Chapter (B.A.C.A.) 3rd Sun., 4 pm American Legion, 3800 SE Michigan. Open to the public. For info: 817-5801.

**COMPASSIONATE FRIENDS/BEREAVED PARENTS GROUP** – Meets 4th Mon. in Formation classroom at Most Pure Heart of Mary, 17th & Stone. Discussion starts 7pm; fellowship & refreshments 8:30. 272-4895

**GRIEF SUPPORT** – First Monday each month, 3:30-4:30pm, 400 SW Oakley. Call Donna Park for info: 783-7527 or [valeotopeka.org](http://valeotopeka.org). Open to public. Free.

**GRIEF SUPPORT** – Sponsored by Heartland Hospice for those dealing with death or major loss:

1st Mon., 5:30-7:30pm, Individual appointments; other times are available. Call Terry Frizzell at (785)230-6730.

3rd Thurs., 11am, Lunch After Loss, Paisano's Ristorante, Fleming Place, SW 10th & Gage Blvd, Dutch treat luncheon to meet new friends who have sat where you are sitting. For reservations or info: 785-271-6500.

**EMOTIONS ANONYMOUS:** a 12-step program for those suffering with emotional instability such as depression, anxiety, grief, etc. Meets every Tues. at Grace Episcopal Cathedral, Noon-1pm. For info: Sharon 785-633-7764

**OSTOMY SUPPORT GROUP** - First Tue. each month at

St. Francis Health, 1700 SW 7th St. Meeting Room, 2nd floor, 6-7:30pm. Anyone with an ostomy may attend. The goal is to provide education and ongoing support for individuals with an ostomy. Contact Teresa Kellerman at 785-295-5555 for info.

**GRANDPARENT/RELATIVE CAREGIVER SUPPORT GROUP** – 3rd Tue., 6:30-8pm, 2nd floor meeting room, St. Francis Hosp., 1700 SW 7th. For info: Sharla, 286-2329; Jennie (English/Spanish) 231-0763.

**THE GREATER TOPEKA MULTIPLE MYELOMA** – 3rd Tue., 7-8:30pm, Faith Lutheran Church, 17th St. & Gage Blvd. Open to Multiple Myeloma patients, their family members & friends. Share support, information & friendship. For info: Donna, 903-918-9553.

**"HEALING AFTER THE SUICIDE OF A LOVED ONE" ("HEAL")** – or Survivors of Suicide" (SOS). 1st & 3rd Tue., 7-8:30pm, Pozez Education Center of Stormont Vail Hospital, 1505 SW 8th St. Serving anyone who has lost a loved one by suicide.

**PRISON OUTREACH MINISTRY** – Every Tue., 7-9pm, Topeka Women's Prison, 815 Rice Rd. Reaching out to those who can't come in, finding freedom behind bars, inspiring inmates to seek salvation during a difficult time. Providing support & guidance through the Holy Spirit to offer strength. Director: Don Garner, 286-0489 or [faithfamilylifeministries@gmail.com](mailto:faithfamilylifeministries@gmail.com).

**GAMBLERS ANONYMOUS** – Every Wed, 7pm, St. Francis Hospital, meeting room #8.

**MOMS-IN-TOUCH PRAYER GROUP** – Every Wed., 2:30-3:30pm, Library at Cair Paravel-Latin School. Experience God's power through prayer as we lift our students, teachers, staff, administrators & board up to the Lord. For info: 357-0369.

**DIVORCECARE PROGRAMS** – (For updates check [www.divorcecare.org](http://www.divorcecare.org)) locations and times:

WED. – 6:30pm, Topeka Bible Church, 1101 SW

Mulvane. Cost: \$15. Child care provided. For info: 379-0505 or [www.divorcecare.org](http://www.divorcecare.org).

WED. – 6:45 – 8:45pm, Walnut View Christian Church, 3634 SE 37th St. (just East of 37th & Croco). Cost: \$10 registration (scholarships available). The video seminar series featuring some of the nation's foremost experts on divorce and recovery topics, combined with support group discussion of the materials. Complimentary child care children up to the fifth grade. Info: 266-7550 or [walnutviewcc@att.net](mailto:walnutviewcc@att.net).

WED. – 6:30pm, Northland Christian Church, 3102 NW Topeka Blvd. No Cost. 286-1204, [www.northland.cc](http://www.northland.cc)

**PROSTATE CANCER SUPPORT GROUP** – 1st Thurs., 7pm, Saint Francis Hospital 2nd floor conf. room of the cancer unit. For info: 266-9533.

**NICOTINE ANONYMOUS** – Every Fri., 6:30pm, Town & Country Church

**CAREGIVER SUPPORT GROUPS** – Jayhawk Area Agency on Aging provides an opportunity for caregivers to get together and share their ideas and feelings.

1st Wednesday of the month, 1pm, Baldwin Methodist Church, 708 Grove... Baldwin City.

2nd Monday of the month, 3:30pm, Topeka public library, Anton Rm.

3rd Thursday of the month, 2-3pm, Topeka Library, Perkins Room

3rd Friday of the month, 12 noon, Jayhawk Area Agency on Aging, 2910 SW Topeka Blvd.

Christian Church Renaissance Room, 4925 SW 29th St., use west door, cross red foot bridge. A fellowship of men & women helping each other to live free of nicotine. No fees. 402-321-486; [Laboomaha@att.net](mailto:Laboomaha@att.net)

**CELEBRATE RECOVERY** – Every Fri., 6pm, 1912 Gage Blvd. A Christ-centered program, based on 8 princi-

ples found in Jesus' Sermon on the Mount. Applying these Biblical principles, become free from addictive & dysfunctional behaviors. [crtopekaks.org](http://crtopekaks.org).

**TOPEKA NAR-ANON FAMILY GROUP** – For families & friends who are affected by someone else's narcotic addiction. Every Sat., noon-1:15 pm, rm. A, 1st Baptist Church, 3033 SW MacVicar, enter on S. side, door A. [www.naranonmidwest.org](http://www.naranonmidwest.org)

**COVENANT KEEPERS** – 3rd Sat. Group for people who want to see their marriage saved when their spouse wants out. For info: 816-453-0884 or 816-966-0927.

The news and information you want...on-line. [metrovoicenews.com](http://metrovoicenews.com) & [Facebook.com/metrovoicenews](https://www.facebook.com/metrovoicenews)


**Harvey House Luncheon**  
**June 6 • 11am - 2pm**  
**\$23.50/person**  
**RSVP by May 29**



These uniquely elegant luncheons are served by our very own costumed Harvey Girls who enjoy sharing their knowledge of the historical Harvey Houses. Following lunch, a docent in authentic Sante Fe ticket agent uniform gives a guided tour of the Great Overland Station.

**Reservations Required! Call 785-232-5533**  
**Great Overland Station • 701 N. Kansas Ave.**

**PreK3-12th Grade Christian Education**



**Heritage Christian**  
 FINE ARTS • ACADEMICS • SPORTS  
*"The Best Kept Secret in Topeka!"*  
**CALL (785) 286-0427 FOR YOUR TOUR! HCSTOPEKA.ORG**

**Sat., June 1, 5 - 11 pm • Sun., June 2, 10 am - 5 pm**

A benefit for Sacred Heart-St. Joseph Parish, supporting Holy Family Catholic School and Hayden High



**Germanfest**

**Saturday, June 1**  
 4 pm Mass - outdoors  
 6 pm - German Food Line Opens

**Sunday, June 2**  
 10 am - German Food Line Opens  
 10 am-3 pm - Carnive, Games, 11 am-2 pm - Bingo  
 2 pm - Gral Auction, Drawings

**Saturday & Sunday**  
 Authentic German Food, Mobile Video Game Theater, Children's Inflatables, Mini-Train, Baseball Booth Silent Auction, Fancy Booth, Full Table, Country Store, Jewelry Booth, T-shirts & Souvenirs, Entertainment, Snack Bar, Bier Garten  
 Chardon Polka Band - Sat. 7-11 pm, Sun. 10:30 am - 1:30

**Drawings**  
 Cash Drawing - \$10 donation/ticket + \$10,000 cash  
 Wow Drawing - \$7 donation/ticket + X-Box ONE X + Roomba i7 Robot Vacuum + Ring Alarm Wireless Home Security + \$200 Regal Movie Theater Gift Card + YETI Hopper Two Cooler & Tumblers  
 Handmade Quilts - \$7 donation/ticket  
 Three beautiful handmade quilts donated by St. Anthony's Guild  
 Winners responsible for applicable taxes/fees. Must be present to win.

**Sat., JUNE 1, 8:00 am: 8th Annual BRAT TROT - 5K Run/Walk**  
 \$30 registration includes t-shirt, snacks & bratwurst. Loop through 3.1 miles of Oakland; Begin and end at Sacred Heart. Register at: [tinyurl.com/2019BratTrot](http://tinyurl.com/2019BratTrot)

Sacred Heart Church, 312 NE Freeman, Topeka KS • 234-3338  
 More info at: [SacredHeartStJosephCatholic.org](http://SacredHeartStJosephCatholic.org)  
 Rides from Satellite Parking at the North end of BNSF parking lot, Seward Ave & Chandler St to Sacred Heart Church grounds - Seward Ave & Freeman Ave. • Saturday 3-4 & 5-11 am. & Sunday 10 am-5 pm

**Shop at TRM Ministries Boutique on the Boulevard**  
**All proceeds benefit TOPEKA RESCUE MISSION MINISTRIES!**




**3400 SW TOPEKA BLVD.**  
**TUESDAY - SATURDAY 10AM-5PM**

**FIND US ON FACEBOOK!**



# entertainment

MOVIES, STREAMING, BOOKS,  
MUSIC, INTERVIEWS & MORE!

## God's Resurrection Power Shines in Breakthrough

God's power didn't cease to move on this earth once Jesus ascended to heaven. Miracles, even resurrections, still happen.

Just ask Joyce Smith and she'll tell you her story.

On January 19, 2015, Joyce's 14-year-old son, John Smith, died for 45 minutes. His doctors and nurses couldn't save him, so they sent Joyce in to say her good-byes. What happened next, as Joyce stood over her son's lifeless body, is a modern-day miracle.

In that ER room, Joyce cried out to God. And, her desperate prayer brought John back to life.

Fascinated by this present-day resurrection, Hollywood producer DeVon Franklin (*Miracles from Heaven*) jumped at the chance to help bring the Smiths' miraculous story to the big screen.

"*Breakthrough* brings hope. *Breakthrough* brings the power of prayer to life. And, it's truly one of the most unforgettable stories I've ever come across," Franklin says. "Patient dead. Mother prayed. Patient came back to life."

"The moment I heard that I was like, 'OK, I've got to bring this to the big screen. I've got to tell this story. I've never heard that before. How did that happen? What were the circumstances surrounding it?'," he says. "It captivated me the moment I heard it and still captivates me today."

Based on Joyce's book, *The Impossible: The Miraculous True Story of a Mother's Faith and Her Child's Resurrection*, *Breakthrough* details what happened to John, and his family, that cold January day in 2015 after he was trapped in icy water for 15 minutes.



Faith is at the core of this Twentieth Century Fox film. *Breakthrough* declares the power and goodness of God. Scenes centered on speaking life instead of death and the purposes and love God has for us are encouraging.

"Sometimes we don't speak life because we are so focused on the outcome," Franklin says. "We're afraid if we speak life and then life doesn't happen, then we get discouraged. What Joyce did, it's a model for all of us. She spoke life and left the result to God. If she didn't speak life, John would be dead."

The alive and well John Smith initially had some questions when talk of making a movie started ramping up. His concerns eased after conversations with his parents.

"Mom's thing from the beginning is that the story needs to be shouted from the mountaintops because it inspires so many people," John says. "It just gives God all the glory and it proves to people that God is not dead. I really trusted mom with this and I said, 'OK, if this is something that'll give glory to God and it will honor Him, then let's do it.'"

A graduating senior, John plans to go to college next year to become a pastor.

Full-time ministry wasn't really one of John's aspirations, but this incredible journey has taken him down roads he never thought he'd travel.

"It's been a journey for him, really," John's pastor Jason Noble says. "I mean, the two years after the accident were probably more profound for him than even the accident itself."

"I wasn't saved before," John explains.

At the time of John's resurrection, he was not a believer. His mom's faith and God's grace brought him through it all. Some years later, after a basketball game, John made a decision to follow Jesus Christ.

"I got on my knees and I said, 'OK God, you have it all. I'm giving my life to you. You take complete control.'", John recalls. "I can remember kind of like a shift in my life. That was really a turning point where God was just having complete control... It's amazing."

It's an unbelievable story with an unbelievable ending, the salvation of its lead character. And to top it all off, news is that Tommy Shine, the first responder who rescued John from the icy lake, just got saved as well.

"To be able to see him turn his life to the Lord is awesome because that's what it's all about," Pastor Noble says. "The whole thing is all about reaching people who are far from God."

*Breakthrough* released in theaters on April 17, 2019, and stars Chrissy Metz, Tophier Grace, Josh Lucas, Marcel Ruiz, Dennis Haysbert, Rebecca Staab, Sam Trammell, Mike Colter.

—cbn.com



## Hit film 'A Quiet Place' leads this month's streaming lineup

By Michael Foust

I don't watch many horror movies. In fact, I typically avoid them like the plague.

My reasoning is simple. I enjoy sleeping in peace at night. I like being able to walk into a dark room without creepy thoughts lurking in my mind. And, most significantly, I believe many horror films glorify violence. Simply put, I don't find them entertaining.

But, occasionally, a horror film grabs my attention.

Such is the case with *A Quiet Place* (PG-13), the 2018 hit movie that stars John Krasinski and Emily Blunt. It began streaming April 2 on Amazon Prime and Hulu.

The dystopian-like film tells about a family that's trying to survive after Earth has been invaded by large, bug-like creatures. These monsters, though, are unique. They have ultra-sensitive ears but no eyes. They're blind.

This means they hunt for food via sound. Of course, this also means the people better be quiet. *Very quiet*.

These creatures have eaten most of the population. One heroic family, though, has thrived, out in the country, because they know sign language. That's because their daughter is deaf.

But now their very existence is threatened because the mom is pregnant -- and will deliver a crying baby any day.

*A Quiet Place* ranks among my favorite horror/thriller films because it's not graphic. Most of the scares and thrills are implied. It's also void of coarse language (not even a "heck") and sexuality (not even a kiss).

It also ranks among my favorite scary films because of its positive messages about parenting, family and love. Most importantly, it has a pro-life message -- a loud pro-life message -- that you can't miss.

Also streaming this month:

**For adults/teens**

*Nate Bargatze: The Tennessee Kid* (Netflix) -- If you like clean comedy, then you'll probably love Bargatze, who is so talented he's appeared on *The Tonight Show* starring Jimmy Fallon. His comedy is dry, smart and hilarious. It's also mostly rated G. It began streaming March 26.

*You vs. Wild* (Netflix) -- Adventurer



Bear Grylls travels the globe and puts the viewer in control in this interactive series based off his popular *Man vs. Wild* program. "You're in charge here. ... You decide," he says. No doubt, viewers will learn a lot about survival. April 10.

*Valkyrie* (Netflix) -- There were at least six assassination attempts on Hitler's life. This film tells the story of one of them -- by Colonel Claus von Stauffenberg. Of course, it also raises ethical questions about war. Rated PG-13 for violence and brief strong language. April 1.

*Rick Steves' Europe: Complete Season 10* (Hulu) -- The PBS traveling personality shows us Scotland, Portugal, England and Greece, among other locations. April 7.

**For children**

*Spy Kids* (Netflix) -- Carmen and Juni Cortez learn the spymaster ways of their mother and father -- and in this first installment, help rescue their parents, too. A few OMGs and a misuse of "shitake mushroom" keep this one from being 100 percent family-friendly. Rated PG for action sequences. April 1.

*Happy Feet* (Hulu) -- A young penguin who can't sing learns to survive in a world where singing is essential. This animated film won an Oscar. Caveat: Some parents may find some of the song choices inappropriate for children. Rated PG for some mild peril and rude humor. April 1.

*Michael Foust has covered the intersection of faith and entertainment more than a decade. He is the father of an amazing wife, Julie, and the father of four small children.*

## The Cure for Our Culture of Contempt: Love Your Enemies

New York Times bestselling author and economist Arthur C. Brooks says America is being ripped apart by bitterness and contempt, fomented by public bullies and self-interested leaders -- but following the plan in this book, *Love Your Enemies: How Decent People Can Save America from Our Culture of Contempt*, we can fight back to reunite the nation around principles of respect, kindness, and dignity.

Battered by partisan rancor and caustic public discourse, America is tearing at the seams. Across the political spectrum, we are told by divisive leaders that our ideological opponents are worthless. And as both history and leading social science show, the consequences of this growing culture of contempt are calamitous and lasting. Without a solution, this will destroy America from within.

"93 percent of Americans hate how divided we've become," Brooks told

Gordon Robertson on Friday's 700 Club. "One in six Americans has stopped talking to a family member or close friend because of politics since the 2016 election. And every single person watching us today loves somebody with whom they disagree politically," he said.

He argues that contempt is not what we want, and a popular backlash is coming. A large majority of Americans are sick of being bullied and terrorized by the fringes, do not assent to the claim that those with whom we disagree are knaves and fools, and are sick of the political warfare that makes progress impossible. The bullies will soon have their comeuppance.

"Nobody in history has ever been insulted into agreement," Brooks observed. "It's also immoral. When we're hating people because of political disagreement in America, we're behaving in a

way that's quite contrary to our faith. I think we can get around it and we can bring the country back together."

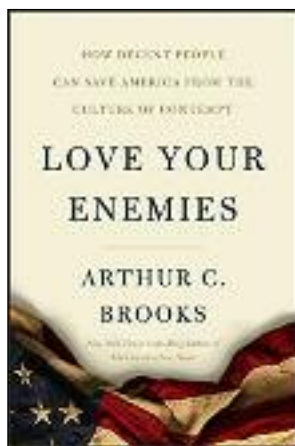
Because of its anonymity, social media drives much of the culture of contempt, Brooks says.

"Social media is the ultimate kind of anonymity and the ultimate way we dehumanize ourselves. So social media, the way that we talk to each other, is a real contempt machine. I mean treating each other as utterly worthless. It's beneath our obligation, our opportunity, to love each other."

This book shows the way for a new generation of unifying leaders to harness this backlash and turn it into a force for progress and unity. The key is not bland agreement, but rather a culture of warm-heartedness toward our political foes, a vigorous -- but respectful -- competition of ideas, and the courage to stand up to dividers on our own side.

Brooks' work reveals in a very practical way how each of us can be a force for unity -- in our families, in our communities, and in a country desperate to free itself from the culture of contempt.

—cbn.com







## family-friendly spotlight

### Netflix's 'You vs. Wild' leads this month's family-friendly spotlight

By Michael Foust

*Editor's note: This monthly series, "5 Family-Friendly Things," spotlights five family-friendly entertainment choices on film, DVDs, streaming or television.*

When *Man vs. Wild* first aired on the Discovery Channel in 2006, I was hooked. It seemed there was little that survival expert Bear Grylls couldn't do -- from finding water in a dry desert to building a fire in the pouring rain.

And even when it was disclosed that Grylls sometimes receives help off-camera, I remained a fan.

*Man vs. Wild* went off air in 2011, but a new series by Grylls -- Netflix's *You vs. Wild* -- may be even better. Like *Man vs. Wild*, this newest show spotlights Grylls as he battles nature and the elements and fights for survival. But unlike that earlier show, *You vs. Wild* puts the viewer in control.

"You're in charge here," Grylls says in one episode. "You're on this journey with me. You decide."

***You vs. Wild* leads this month's list of "5 Family-Friendly Things."**

It's a cross between a video game and a survival show. It's the next best thing to Grylls phoning you and asking, "What do you think I should do next?"

Here's how it works: Every few minutes Grylls faces a decision. (Such as: crossing a ravine via a log or a swinging vine.) You then make a choice with your remote control, and Grylls follows your command. (Don't worry: He doesn't die.)

Season 1 includes eight episodes. The scenarios are apparently staged, but that doesn't detract from the thrill of the show.

It's ultra-entertaining and educational, as we learn about survival in a unique interactive format.

It's also family-friendly. (Unless, that is, you're troubled by video of someone eating bugs.)

The show contains no faith elements that I've seen, although Grylls himself is a

Christian. YouTube includes a handful of videos of him giving his testimony.

Also worth watching this month: **'Run the Race'**

This faith-based sports-themed movie follows the story of two brothers who see football as the ticket out of their small town -- until tragedy strikes. Tim and Robby Tebow were executive producers of this inspiring PG-rated film which begins streaming on digital platforms May 21. It releases on DVD and Blu-ray June 18.

**'Apollo 11'**

If you weren't alive when man first landed on the moon, or you simply want to relive the moment all over again, then this documentary is a must-watch. *Apollo 11* takes advantage of never-before-broadcast footage and couples it with newscaster audio from 1969 to give you a unique, trip-back-in-time experience. It releases on DVD and Blu-ray May 14. It's rated G but includes two mild coarse words.

**'The Carol Burnett Show'**

Remember when broadcast television was funny, family-friendly and clean? Here's proof. Amazon Prime recently added more than a dozen episodes of *The Carol Burnett Show*, which began airing in 1967 and featured Burnett and an all-star cast performing skits so funny even they couldn't keep a straight face. The cast included Vicki Lawrence, Harvey Korman and Tim Conway.

**'The Lego Movie 2: The Second Part'**

Full disclosure: I'm not a big fan of *The Lego Movie* series, even though my children are. They're just too busy and frantic. But I must admit: *The Lego Movie 2* (PG) is family-friendly. There's no language. There's no sexuality. The violence is minimal. It even includes a few positive messages -- if you're patient.

*Michael Foust is the husband of an amazing wife named Julie and the father of four small children. Follow his blog, MichaelFoust.com.*



## musicreviews

by CBN.com

### Hillsong UNITED's Wonder

Considering they've sold more than 17 million albums, have countless songs that



serve as the Sunday morning soundtrack of worship services across the globe, and have checked every possible box in terms of music industry accolades, it's safe to say that whenever a new Hillsong UNITED album drops, there's pretty high expectations attached to it.

Like the overachieving kid in school who's graded so much harder than his/her peers because he/she is capable of so much more, Hillsong UNITED's *Wonder* is, no doubt, a strong effort, but on the heels of 2015's groundbreaking *Empires*, it doesn't quite have that awe-inspiring quality befitting of its name.

While there are a couple of standout moments, most notably the bright, anthemic title track that celebrates the beauty of the world despite the pervasive despair and hopelessness that grabs all the headlines or the inspired call to worship of "So Will I (100 Billion X)", there's a same-y, indistinguishable quality about the remaining tracks, especially musically, that's difficult to ignore.

### Crowder's American Prodigal

Leave it to David Crowder to shake up the familiar sounds of Christian radio.

Known simply as Crowder, the Contemporary Christian artist released his sophomore album recently to some pretty good acclaim. *American Prodigal* is its name; and this critic joins the ranks in welcoming it with open arms.



The swamp pop-infused record features foot-stomping tunes and reverent worship songs. Its first radio single, "Run Devil Run", feels like a favorite. And the two-time Grammy nominated singer calls it out as the track that's basically "the overall attitude of the album shoved into one place."

Centering on the life-changing journey of walking with God -- from deliverance to saving grace, *American Prodigal* tells a beautiful faith story.

The fiddles and banjos on "Keep Me" will get your feet movin'. "Prove It (ft. KB)" has a driving beat with harmonica riffs that make it another favorite. Crowder also enlists Native American chanting on "Shouting Grounds" and a Gospel choir on "All My Hope".

Though most of the songs are fresh and offer variety to the Christian music landscape, there are a couple of "ehh" tracks that keep it from being downright great.

### Jeremy Camp's 'Reckless'

With more than 1.2 million Facebook friends, 32 No. 1 songs and 4 Gold albums, Jeremy Camp is one of Contemporary Christian music's most popular male vocalists. His fans will be delighted with the Grammy-nominated artist's new project, *Reckless*.

The 11-track album from BEC Recordings continues the worship focus Camp honed in his last record, *We Cry Out: The Worship Project* (2010). Its title track encourages listeners to be unafraid of surrendering to God, calling us to live reckless "because He's endless". The album follows that theme, declaring God's greatness, His relevance and radical love. *Reckless* leads us in a worshipful response to God 'till the world comes alive'.

The album isn't mind-blowingly inventive, musically speaking. But, *Reckless* has some instrumental surprises along the way. Listen intently to the lyrics, and you'll get lost in the songs' awakening power.

### Kari Jobe's 'Where I Find You'

One of the things that sets certain singers apart from others is the distinctiveness of their voice. They are just unique.

That was the thought I had while listening to Kari Jobe's new album, *Where I Find You*. Jobe has been one of the best-selling artists in Christian music since her self-titled debut album released in 2009 -- and her distinctive voice, along with her sincere and worshipful lyrics, may be the reason.



The orchestration in this album is a nice balance of lush instrumentation and straightforward pop. The album opens with the driving "Steady My Heart", as Jobe declares our trust in God's love despite what may be happening in our lives. This theme of vulnerability and trust in God's faithfulness is found throughout the album.

The second cut is Jobe's first radio hit, "We Are", which has spent multiple weeks as Billboard's Most Added Christian single and is climbing the National Audience chart, and also the iTunes Christian and Gospel charts.

"We Are" is a song of commission for us as believers," says Kari, "to be reminded of what we've been called to, and that is to impact people's lives in everything we do."

*Where I Find You* is an engaging project that stretches Jobe both sonically and thematically. In addition to emphasizing the beauty found in God's presence, *Where I Find You* is a call for listeners to truly experience a relationship with Jesus to the fullest, even in the midst of personal storms.

## Capital City Barbershop Chorus annual show features Lemon Squeezy

The Capital City Chorus will present its annual show, "Places In Our Heart" along with featured quartets Lemon Squeezy, 2016 BHS International Silver Medalists, and Harmonium, 2016 CSD champions and BHS International semifinalists, on June 15th.

Other quartets performing from the chapter will be DoubleStuf (2018 CSD 5th place finalists), Young At Heart, and Capital



Sound. The audience is invited to stay after the show for an "afterglow" with the featured quartets. Light refreshments will be provided. There is no additional cost, but donations will be

accepted.

This year's annual show will take place June 15, 2pm, at the VA Auditorium (Building 24), 2200 SW Gage Blvd. This will be the Capital City Men's Barbershop Chorus' 73rd annual show.

For tickets (\$15) go to [www.capitalcity-chorus.com](http://www.capitalcity-chorus.com).

The Capital City Barbershop Chorus has been bringing four part harmony to the city of Topeka and surrounding area since its founding in 1946. While they actively work to improve their vocal talents, they also work to help improve the community as well. Since 2007, they have raised more than \$29,000.00 to help feed, cloth, and house the less fortunate in the Topeka community.

For information email [info@capitalcity-chorus.com](mailto:info@capitalcity-chorus.com) or call (785) 217-4321.

### THANKS TO OUR SPONSORS FOR MAKING THIS SECTION POSSIBLE!

**CRUISE PLANNERS**  
Travel With Davis - Where your Dream Vacations come true.  
Now Certified in Special Needs traveling and Faith-Based trips.  
Contact Irene Davis at 785-580-8127 or [irene.davis@cruiseplanners.com](mailto:irene.davis@cruiseplanners.com)  
[TravelWithDavis.com](http://TravelWithDavis.com)

**SolidRock**  
SOUND MACHINE  
Mobile Entertainment Company  
[SolidRockSoundMachine.com](http://SolidRockSoundMachine.com)

**BOTT RADIO NETWORK**  
[www.bottradionetwork.com](http://www.bottradionetwork.com)

**Sponsor this spot!**  
Just \$15 per month for 12 issues or \$19 per month for 6 issues.  
(Double Spots Available)

**TOPEKA Health & Wellness Magazine**  
[TopekaHealthandWellness.com](http://TopekaHealthandWellness.com)





## Bucket List Travel Destinations for 2019

Taking time to go on vacation or to just unplug from everyday life can be beneficial, and there's certainly no lack of options when it comes to choosing an ideal vacation spot. The options for experiencing an amazing vacation are so plentiful, such as exploring a cruise port, eating and drinking your way around a city or simply visiting a new destination, you may find yourself struggling to narrow down the choices.

By focusing first on what type of vacation experience you would enjoy most, the details of the location may more easily fall into place.

"Often, would-be vacationers get so hung up on figuring out where they want to go, they forget to consider what they'll do when they get there," said Matthew Phillips, director of travel for AARP Services, Inc. "It makes sense to keep location in mind when it comes to considerations like climate, but knowing what types of activities, entertainment and sights you hope to experience

can help ensure you plan a travel experience of a lifetime."

Once you've determined how you'd like to spend your time, you can begin to explore some hot travel destinations, such as these:

**California:** Rent a car and take a road trip down the California coast and experience sunshine, culture and more as you drive from Los Angeles to San Francisco. It may be one single coastline, but California is filled with scenic views of the Pacific Ocean and tourist attractions, such as the Golden Gate Bridge and Hollywood sign.

**Caribbean:** There are few better ways to escape the cold weather than with a Caribbean cruise, where breathtaking excursions, first-rate cuisine, exciting nightlife and spectacular entertainment fill every day and night. There are dozens of cruise options available, so it's a good idea to do plenty of research and look into special incentives and offers to complement the experience. For example,

the AARP Travel Center powered by Expedia provides exclusive offers to members on select cruises, including up to \$1,000 in onboard credit.

**Florida Gulf Coast:** The warmer seasons are perfect for unplugging and relaxing by the sand and water. Head to the beaches of Florida and get a room with a view so the water is never out of reach. For example, Sarasota, Florida offers miles of beaches, including Siesta Key, known for its majestic waters and luxurious amenities.

**Southwest France:** Explore the beautiful wine-growing region of Southwest France through a fascinatingly historical and invigorating river cruise. For example, the Uniworld Bordeaux river cruise allows guests to sail three rivers: the Garonne, the Dordogne and the Gironde. The experience blends land and water with archaeological and historical tours, artisanal wine tastings, sprawling gardens and charming villages to explore. Take your experience a step further and see the sights



while feeling like a local by going on a spotlight tour, an intimate way to uncover hidden gems.

**Singapore:** If you want to immerse yourself into a completely new and unique culture, hop on a flight and explore Singapore, commonly referred to as a "shopper's paradise" for its emerging brands and bargain stores. Enjoy both the urban and natural attractions while indulging in the eclectic dining scene. Singaporean cuisine is full of diverse plates, such as bak kut teh, laksa and friend carrot cake, derived from several ethnic groups.

If you're ready to start planning a satisfying getaway, a resource like AARP Member Benefits can assist with planning and saving money along the way. Learn more at [AARPBenefits.com/travel](http://AARPBenefits.com/travel).

—Family Features

## Simplify Your Morning Routine to Get More Out of Your Day

(Family Features) Some people wake up each morning refreshed, bright-eyed and ready to take on the day. Others slap the snooze button repeatedly and drag themselves begrudgingly from a cocoon of blankets. Whether you embrace the morning or muddle through, there's little doubt that those early moments set the stage for the day ahead.

Give yourself the opportunity to focus on what matters most each day with these tips to simplify your mornings.

**Prepare the night before.** Many of your morning tasks will flow more smoothly if you take time to plan the night before. Consider what you'll

wear and ensure your outfit is clean and ready for the next day. If you brought work home, collect everything back into your bag or briefcase so nothing gets left behind in the morning rush.

**Stick to a routine.** Especially when you're groggy, it can be easy to miss important steps. There's no right or wrong way to go about your routine, but make it consistent. If you follow the same general pattern every day, habits will form so you can cross each task off your list in order.

**Fuel up naturally.** Busy mornings make it tempting to skip a morning meal, but a nutritious breakfast can help you reach optimal physical and

mental function. When pouring your morning cup of coffee, consider non-dairy creamers. Simple, easy-to-pronounce ingredients like almond milk, coconut cream and real vanilla go into natural bliss Half and Half, providing an innovative, plant-based twist on the classic coffee creamer. Additionally, Oat Milk creamer is another non-dairy option that can replenish your body for the day ahead. Each flavor is crafted to offer simplicity and bliss in your morning routine.

**Build in time for exercise.** Get moving with some light exercise to get your blood pumping and metabolism revved up. Exercise need not be strenuous or lengthy. Even a half hour of yoga or brisk walking can jumpstart your system. Remember part of exercising is the nourishment that takes place before and after to refuel.

Unplug at breakfast. Once you find the discipline to regularly enjoy your breakfast at home, take the enjoyment one-step further by declaring the breakfast table an unplugged zone. Consider stirring an option like natural bliss



Toasted Coconut creamer into your coffee, which offers a flavor that can transport you to an island oasis. Use the time to enjoy a moment for yourself or mentally prepare for the day ahead without the interruption of electronic pings.

**Make your commute count.** A lengthy commute can make a long day seem even longer, but those moments don't have to be wasted. Use this time to

find your workplace state of mind or review tasks and meetings to prioritize your plan of attack once you reach your desk. You might even use this time to give a presentation one last practice run.

Transform your mornings and find the full creamer portfolio at [Coffeemate.com](http://Coffeemate.com).

—Family Features

**Does your Loved One  
with mental illness need Residential Services?**

We have openings in our licensed group homes and independent apartments:

- Group homes provide meals and medication monitoring
- Independent apartments include 24/7 phone assistance

**Breakthrough House**  
Supporting Mental Health Recovery

Call Theresa at 232-6807 x105 or email [tdouhani@breakthroughhouse.org](mailto:tdouhani@breakthroughhouse.org)



# How to Know if Your Parent Has Dementia

By Marlo Sollitto

We've all forgotten a person's name, where we put our keys, or whether we locked the front door after we've left home. While these things indicate lapses in memory, experiencing them from time to time doesn't mean we have dementia. It's normal to forget things occasionally. However, forgetting how to make change for a transaction, how to use the telephone, or how to find your way home probably points to a more serious underlying memory problem, such as mild cognitive impairment, the early stages of Alzheimer's disease, or another form of dementia.

## What is Dementia?

Dementia is not a specific disease. It is a term used to describe a collection of symptoms that include changes in thinking, memory and other cognitive functions. These symptoms can be associated with a number of different types of dementia that each affect the brain in various ways. People with dementia have significantly impaired intellectual functioning that interferes with their ability to participate in day-to-day activities and maintain relationships. Seniors with dementia may also lose the ability to solve problems and control their emotions, and they may experience personality changes and behavioral problems, such as agitation, delusions, and hallucinations.

Signs of dementia or other serious memory problems may also include:

- Asking the same questions or telling the same stories repeatedly
- Becoming lost in places a person knows well
- Not being able to follow directions
- An impaired concept of time
- Confusing or failing to recognize or remember people and places
- Not taking care of oneself or one's home (eating poorly, not bathing or being unsafe)
- Significant changes in logic and judgement



- Difficulty communicating with others

- Changes in one's attention span and ability to focus

The above symptoms may come on slowly and be very subtle at first. However, even one of these cognitive issues can have serious real-world consequences, like making it difficult for a senior to pay their bills on time, manage and attend appointments, keep a household in order, feed themselves, or socialize with family and friends.

While memory loss is a common symptom of many kinds of dementia, changes in memory alone do not mean that a person has dementia. Doctors will diagnose an individual with dementia only if two or more brain functions—such as memory and language skills—are significantly impaired. Some of the diseases that can cause symptoms of dementia are Alzheimer's disease, vascular dementia, Lewy body dementia, frontotemporal dementia, Huntington's disease and Creutzfeldt-Jakob disease.

Doctors have identified other conditions that can cause dementia or dementia-like symptoms, including reactions to medications, normal pressure hydrocephalus, metabolic problems and endocrine abnormalities, nutritional deficiencies, urinary tract infections, brain tumors, anoxia or hypoxia (conditions in which the brain's

oxygen supply is either reduced or cut off entirely), and heart and lung problems.

Although it is increasingly common in elderly individuals, dementia is a serious medical condition and not a normal part of the aging process.

## How to Address Changes in a Parent's Memory and Behavior

Caregivers who are worried about their aging parents' cognitive health should ensure they make an appointment with a doctor as soon as possible. The doctor will conduct or order a thorough physical and mental health evaluation to make a diagnosis. Your elderly parent will need to have a complete checkup, including bloodwork and urine tests to rule out other causes of cognitive decline. They will likely undergo a series of mental assessments as well to check their memory, problem solving skills, and math and language skills.

A complete medical exam for memory loss should review the person's medical history, including their use of prescription and over-the-counter medications, diet, past medical problems and general health. A correct diagnosis depends on accurate details, so in addition to talking with the patient, the doctor might ask a family member, caregiver or close friend for additional information.

Diagnostic imaging may be necessary as well. A computed tomography (CT) scan or magnetic resonance imaging (MRI) scan of the brain may help rule out some causes of changes in cognition. These pictures can also reveal abnormal changes in areas of the brain that can aid in making a diagnosis.

It is important to note that there is no single, definitive diagnostic test for dementia. Physicians like neurologists, geriatricians and psychiatrists typically use a combination of any of the above tests and assessments to diagnose dementia.

## Treatment Options for Dementia

Prescription medications to specifically treat some symptoms of progressive dementias are now available. Although these drugs do not halt the disease or reverse existing brain damage, they can minimize the worsening of symptoms temporarily. This may

day-to-day lives independently for longer.

If your elderly loved one is showing signs of dementia, it is important to schedule these tests and assessments immediately. Although a dementia diagnosis might not be made when symptoms initially present, the results of these tests can be used as a baseline for comparison against the results of future testing. Establishing a cognitive baseline is important for anyone who is concerned about their future cognitive health. Early diagnosis is crucial for allowing patients and their families to plan as quickly and effectively as possible for an uncertain future.

—agingcare.com




## CPAP

### Supplies & Services LLC

**Specializing in all your CPAP needs**

**785-289-3188**

512 SW 6th Ave.  
Topeka, KS
29th & Gage  
Topeka, KS



**Aldersgate VILLAGE**  
RETIREMENT COMMUNITY

Independent Living  
Assisted Living  
Memory Care  
Skilled Nursing Care

Rehabilitation Services  
Sub-acute Program  
Transportation

**Call (785) 478-9440 or visit [aldersgatevillage.org](http://aldersgatevillage.org)!**  
**7220 SW Asbury Drive | Topeka, KS 66614**

taking can help seniors maintain their

**TOPEKA**

# Health & Wellness

MAGAZINE

## Seeking partners for a Healthier Topeka!

Topeka Health and Wellness Magazine depends on our local sponsors and content experts to guide Topekans toward a healthier lifestyle.

**Will you help us?**

We need partners to help us provide expertise in these and other areas:

Family medicine practitioner • Optometrist  
Dentist • Massage therapist • Sports Medicine  
Fitness coaching • Pediatrician • Emergency Care • Nursing  
Health insurance provider • Ear, nose, and throat doctor • Pet care  
OB / GYN • Senior Health and Wellness provider • Health Care Finances



By partnering with us, you can contribute to healthier lives of our loyal readers by sharing your expertise!  
For more information, contact Kevin Doel at 785-554-5336 or [Kevin@topekahealthandwellness.com](mailto:Kevin@topekahealthandwellness.com).

*A Home-Like Environment!*



**Our Talent is caring...  
Accepting New Residents NOW!**

*"Opening's for Day Care and Respite Care"*

**Hillsdale Place is a private home for 8 residents to live.**

We provide 24 hour Nursing care assistance with your loved ones daily needs.

We are located in the Hillsdale area at 1402 SW Lancaster Street Topeka, Kansas 66604

Semi-Private Rooms starting at \$4,000 for Full Care

We have a private room available with a private bath - call Tammy Gonzalez for a tour! 785-383-7094

**Hillsdale Place L.L.C.**



# sports

## Virginia coach Bennett finds peace and perspective in his faith in Christ



After earning a No. 1 seed in the NCAA Tournament for the second straight year, Virginia couldn't avoid the talk of losing in the first round again. In 2018, the Cavaliers became the first top seed to lose to a No. 16 seed in NCAA tourney history.

And it came close to happening again this year. Virginia found itself down by 14 points to 16th-seeded Gardner-Webb in the first round, and trailed 36-30 at half-time. But the Cavs outscored the Bulldogs 41-20 in the second half to secure the win, then cruised in the second round, and went on to win the championship.

"It's unlike anything — well, no college basketball team really in the history of the game has had to go through that," head coach Tony Bennett said. "It's our doing. We were the first 1 seed to lose last year, and then all of a sudden to fight back and become a 1 seed, and then to be in that situation again. You talk about trying to focus in and then getting down, it was real."

But Bennett doesn't lose his perspective of where this tournament lies in the grand scheme of things. He says he talks to his players about "living in plenty" and "living in want," but they need to find their peace and perspective from something unconditional.

"That has to be your center, and you dwell on what is good because there is a bigger picture to all of this," he said.

For Bennett, his peace and perspective come from his faith in Christ and the love from his family.

"I know I have that in the love of my family — unconditional acceptance and love. That's huge. And I know I have that in my faith in Christ. That's, for me, where I draw my strength from, my peace, my steadiness in the midst of things," he said.

"Going through those refining moments, they're tough," Bennett said. "But you look back on them and in a way they're sometimes painful gifts that draw you nearer to what truly matters."

Bennett has been outspoken about his faith and says it is Christ that he leans on to guide him in his life.

"I have great things in my life — my love for my wife, my love for my family, my love for coaching, my love for basketball," he said in 2014. "Those are wonderful things, but when you line them up in comparison to Christ and the relationship you have with Him, with what He's done for you and with what He's given you, they don't compare. That's the greatest truth I know."

## FROM THE CHEAP SEATS

By Rob Mooney

The Kansas City Chiefs traded their first round draft pick in this year's draft to Seattle for defensive end Frank Clark, and they immediately became the odds-on favorite to win the Super Bowl next year.

Like it or not, another player with a troubled past is joining the team. However, I'm pretty sure that everyone who is against Clark now will be singing his praises next season if they do indeed find themselves in the Super Bowl.

I'm not going to get caught up in the troubles of Clark or Tyreek Hill with this column. We'll address that later but let's just trust the Chiefs management to do what's right in every situation.

Let's look at the off-season revamping of the defense. Everyone can agree that last year's defense was the major contributor to the Chiefs not reaching the Super

Bowl. It's funny how people have loyalty to players. I'm thinking of Dee Ford, Justin Houston and Eric Berry. All three of them have been major contributors

for several years for the Chiefs but they are all gone now. Before we get too teary-eyed, let's look back at last year's defense and remember how bad they really were. I know injuries played a roll, but having these guys on the team didn't help. New direction!

Enter new defensive coordinator Steve Spagnuolo, a former NFL head coach and assistant under head coach Andy Reid in Philadelphia. Spagnuolo is turning the defense upside down and I believe that the changes will benefit the team.

Do you realize that the Chiefs will run out six new starters this year? Clark will be joined by Emmanuel Ogbah,



whom they acquired through a trade with Cleveland. Notable free agent signings are Damien Wilson (Dallas), Bashaud Breeland (Green Bay), Tyrann Mathieu (Houston) and Alex Okafor (New Orleans). This is all before the draft took place. I can't believe that they will start Daniel Sorenson this year, so look for another defensive back to be on the field, probably acquired through the draft.

We're looking at six, probably seven new starters on the defensive side of the ball. That's important that they improve drastically there because the offense won't be able to duplicate last year's success. Sure, they'll still be highly successful, but there are question marks around the receiver position, especially with Hill's status uncertain. Is Sammy Watkins really a first option type guy? What about the running back position? I look for them to draft a couple of receivers and possibly a tight end for the future. The experts are saying that this year's draft is full of quality tight ends.

The Chiefs will be much improved next year and it just might be that magical season that Chiefs fans have been waiting for since Lenny Dawson laced them up!

## Youth Project offers two \$500 closest to pin prizes in Golf Tourney

The 22nd Annual Topeka Youth Project's Tee Off for Youth Golf Tournament will take place Friday, June 14, 2019, at Village Greens Golf Course in Ozawkie. The tournament is sponsored by Reser's Fine Foods and other local organizations.



ment/life skills program with emphasis on drug and alcohol prevention. The youth become productive tax paying citizens in our community.

Youth Court and Youth Council are two other programs that benefit our youth and help prepare them for adulthood.

The funds from the golf tournament

go directly to the programs of the Topeka Youth Project, where administration costs are only 10% of the budget. If you would like to support the youth project in our community by participating in the golf tournament, call 785-273-4141, or go to [TYPGolf19.wodifylive.com](http://TYPGolf19.wodifylive.com) to register for the tournament.

There's no time like **ANYTIME**

Always open Welcoming environment Friendly support

Sign up and get started with two FREE fitness consultations!

1921 SW Gage Blvd, Topeka, KS  
785-272-2819 • [anytimefitness.com](http://anytimefitness.com)

Offer valid with a minimum 12-month membership agreement at participating locations only. Terms and conditions may vary based on applicable state laws and regulations. Monthly dues still apply. Each location is independently owned and operated. ©Anytime Fitness, LLC Expires 12/31/19

Registration will begin at 7:30 AM for the 4 Person Scramble format tournament. Breakfast burritos will be furnished along with drinks. Shotgun start is at 8:00 AM.

Lunch will be served after the tournament. Prizes will be awarded for 2 flights and 2 places, as well as Men's Longest Drive, Women's Longest Drive and Most Unusual Golfing Attire. There will also be Two \$500 Cash Prizes for Closest to the Pin awarded.

Entry Fees, which Include Green Fees, Cart Rental, Beverages and Lunch, are \$400 for a team; or \$425 for a team with a Hole Sponsor Sign. A Hole Sponsor Sign only is \$100. Individual Golfers may enter for \$100.

A Golfer Package is available for \$20 that includes 2 Mulligans, Gary Woodland Drive and 1 attempt at the \$500 hole. There will be two guaranteed payouts of \$500 each for closest to the pin prizes.

Topeka Youth Project (TYP) is a 501 C3 grassroots organization and has been serving the youth in our community since 1983. Their Mission is to empower youth in our community to become productive and responsible adults by providing constructive opportunities to prevent high risk behaviors.

Jobs for Young Adults (JYA) is the backbone of TYP and has served over 6,000 young adults. JYA is an employ-

Youth Project's "Tee Off for Youth"  
21st Annual Golf Tourney  
Sponsored by Reser's Fine Foods

Friday June 14  
4 Person Scramble  
7:30 AM Registration, Breakfast Burritos  
8:00 AM Shotgun Start  
Village Greens Golf Course - Ozawkie, KS

Two \$500.00 Guaranteed  
Closest to the Pin Prizes!  
Sponsored by Reser's Fine Foods

Cash Prizes - 2 flights, 2 places  
Men's Longest Drive, Closest to Pin  
Women's Longest Drive, Closest to Pin

Lunch 11:30-1:30 • Awards at 1:30

Entry Fee Includes: Green Fees, Cart & Lunch  
\$400 = Team  
\$100 = Individual Golfer  
\$425 = Team + Hole Sign  
\$100 = Hole Sign

Call 273-4141 to register or go to [TYPGolf19.wodifylive.com](http://TYPGolf19.wodifylive.com)





## "Best tournament of the year" benefits Pancreatic Cancer research

Spring is here, summer's near, and it's that time of year – time to gear up for the 17th Annual Rod Rogers Memorial Golf Tournament benefitting KU Cancer Center. The tourney will be held once again at Dub's Dread Golf Course, 12601 Hollingsworth Rd., Kansas City, Kansas, on Friday, May 31.

"We're excited to host this awesome tournament once again at Dub's Dread," said Marylyn Rogers Owens, tournament organizer. "We do this not only to honor Rod's memory, who lost his battle to pancreatic cancer in 2002, but more importantly to bring attention to this deadly disease and raise much needed funds to fight it. We hope to one day be able to offer a cure or at least diagnostic testing to give patients a fighting chance."

Rodney Max Rogers, a businessman and lifetime resident of Wyandotte County, was diagnosed at age 62 with pancreatic cancer, the deadliest, most painful, untreatable form of cancer...and the least funded. He succumbed to it 7 months later, which is more time than most people with this horrific disease get.

"We are honored once again to have some of the drs/researchers



"I said golf for Rod"

from KU Cancer Center participate and share the latest news of the progress they are making in their fight against pancreatic cancer," Owens said. "We would like to thank our sponsor, Midwest Distributors, Inc. for their continued support and KC Cause, a local non-profit fund raising organization for making this tournament possible."

The tournament continues to grow stronger, and has been labeled by many as the "Best Tournament of the Year," so it's best to get your reservations in early. Midwest Distributors is the sponsor for the tournament, which features plenty

of refreshments on almost every hole, contests, prizes, a large silent auction and fun. Lunch will be served before the tourney on the patio, fresh off the grill, and dinner is served afterwards! "Grammy's" famous Frito Pies will once again be served at the turn. Plenty of range balls are available at the driving range prior to the tournament.

A full dinner with all the fixin's is served afterwards during the Awards Ceremony. Then the winners of the Silent Auction can pick up the items they have won.

The tournament begins with a shotgun start at 1pm. Registration and lunch is 10:30 a.m. – 12:30 p.m. If you would like to be involved, or donate an item for the auction, contact Marylyn Rogers Owens at (913) 461-8527 or gagak@sbc-global.net. Registration for the tourney is at [www.rogersgolftournament.com](http://www.rogersgolftournament.com).

Over \$350,000 has been raised so far for cancer research by the tournament.

*"The most rewarding things you do in life are often the ones that look like they cannot be done."*

– Arnold Palmer



*"Concentration comes out of a combination of confidence and hunger."*

– Arnold Palmer



Chance to Win Autographed Devonite Graham Jersey

Get Teed Off For Kids!

SOLE REASON

Net Proceeds Benefit At Risk Youth

Cypress Ridge GOLF COURSE

**Saturday June 29th, 2019**

Cypress Ridge Golf Course  
2533 SW Urish Rd, Topeka, KS 66614

**4 Person Scramble Tournament**  
Shotgun Start: 9:00 AM  
Entry Fee: \$320 per team

Includes Green Fees, Cart, Food, Drink Tickets, Prizes and Contest Holes  
Hole Prizes - 50/50 Raffle - Silent Auction  
Optional On Course Contests: Bull's Eye Hole & Gary Woodland Drive

Register online at: [www.solereason.golfgenius.com](http://www.solereason.golfgenius.com)  
Or Mail Registration To:  
700 NE Green St., Topeka, KS 66616  
(Checks Payable to Sole Reason)

For More Information, go to [www.solereason.net](http://www.solereason.net)  
Donate a New Pair of Sneakers and Change A Life

*"The most fun you'll ever have at a golf tournament!"*

THE 17TH ANNUAL

*Rod Rogers*

**MEMORIAL GOLF TOURNAMENT**

Dub's Dread Golf Course  
12601 Hollingsworth Rd.,  
Kansas City, KS

The 17th Annual  
**Rod Rogers Memorial Golf Tournament**  
Benefitting KU Cancer Center - Help Cure Pancreatic Cancer!  
**FRIDAY, May 31, 2019**

Registration & lunch: 10:30-12:30 • Driving Range Balls Provided  
Shotgun Start: 1 pm • Dinner & Awards Banquet: 6 pm  
Sponsored by Midwest Distributors, Inc.

Fill out and mail in, or call 913-461-8527, or search for Rod Rogers on Eventbrite

Team Registration	\$500.00	_____
Hole Sponsor Package (Includes 1 Team, Dinner for all and Signage)	\$1,000.00	_____
Hole Sponsor Only (Dinner & Signage Only)	\$500.00	_____
Beverage Cart Sponsor	\$100.00	_____
Cart Sponsor	\$50.00	_____
Single Player	\$125.00	_____
Tickets for Dinner/Auction Only	\$ 20.00	_____
I cannot attend, but enclosed is my donation:	\$	_____
<b>Total Enclosed: (Due by May 22)</b>	<b>\$</b>	<b>_____</b>
<input type="checkbox"/> Check is enclosed in the amount of	\$	_____
<input type="checkbox"/> Discover <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa	\$	_____
Name	_____	
Card #	_____	Expires _____
Signature	_____	

**Make checks payable to KC Cause and mail to:**  
Marylyn Rogers Owens, 6921 Greeley Ave., KC, KS 66109



# New Resident Church Guide

- 1. SOUTHWEST TOPEKA BIBLE CHURCH**  
4141 SW 53rd (53rd and Gage)  
Topeka, Ks 66610  
785.266.0100  
Sun. Services: 9:30 Bible Study Classes  
10:45 Worship Service  
www.swtbc.org
- 2. CHRISTIAN CAVALRY MINISTRIES INT.**  
Pastor Beaux Bryant  
c/o Seaman Baptist Church  
2015 NW Buchanan, Topeka Ks 66608  
785-224-5419 • www.church4bikers.org  
Sun. School 9:30 am  
Sun. Service 10:45 am  
Wed. Prayer & Bible Study 7pm
- 3. TOPEKA BIBLE CHURCH**  
1101 SW Mulvane St., Topeka  
785-234-5545  
Worship: 8:00 - 9:30 & 11am  
Sunday School & Bible Studies:  
9:30 & 11am  
www.discovertbc.com
- 4. NORTHLAND CHRISTIAN CHURCH**  
3102 NW Topeka Blvd., Topeka  
286-1204  
Worship Sun. 8:00, 9:30 & 11am  
www.northland.cc.
- 5. INDIANA AVENUE CHURCH OF CHRIST**  
"Grace has dispensed, because Grace has redeemed"  
3510 SE Indiana Ave., Topeka, Ks. 66605  
785-266-7788, www.Indianaavecofc.org  
Bible University - Sunday - 9:30 a.m.  
Classes for all ages.  
Morning Worship - Sunday - 10:45 a.m.  
Midweek Bible University - Wed. - 7pm

- 6. FIRST SOUTHERN BAPTIST**  
1912 SW Gage, Topeka, KS  
272-0443 www.fsbctopeka.org  
Sunday Services:  
8:30 AM Traditional Worship  
9:45 AM Bible study--all ages  
11 AM Contemporary Worship
- 7. TOPEKA BAPTIST CHURCH**  
"Finding NEW LIFE in CHRIST"  
Sunday Worship 9:15 & 10:45am, 6pm  
~ Sunday School for all ages ~  
4500 SW Gage Blvd., Topeka  
785-862-0988  
www.topekabaptist.org
- 8. WANAMAKER ROAD BAPTIST CHURCH**  
"Being and making disciples of Jesus Christ by the power of the Gospel, to the glory of God"  
2700 SW Wanamaker Rd., Topeka  
(785) 272-9323 www.wrbcctopeka.com  
Traditional Sunday Worship 10:30am & 6pm  
Sunday School 9am • Wed. Prayer 7pm
- 9. GRACE COMMUNITY CHURCH**  
310 E 8th St (E. US 56 Hwy)  
Overbrook, KS; 785-665-7117  
Elvin Dillard, Senior Pastor  
Sunday School 9 am; Worship 10 am  
www.gccinoverbrook.com  
office@gccinoverbrook.com
- 10. LORD'S HOUSE CHURCH**  
300 SW Roosevelt, Topeka KS 66606  
Pastor Marilyn Hahn McGinnis  
10 a.m. Sunday (Non-traditional Service)  
See "About Us" at our website  
www.kawriverkeruv.com  
Questions? kawriverlordshouse@att.net
- 11. COMMUNITY CHURCH**  
1819 SW 21st St., Topeka  
233-3537 www.CommunityChurchKS.com  
Sun. 9:30am - Sunday School for all ages  
Sun. 10:30am - Worship & Word, Children

- Wed. 6:30pm - Children, Youth, Adult  
~ Nursery care for all services ~
- 12. BUCK CREEK COUNTRY CHURCH**  
Meeting at Buck Creek School House  
5 mi. east of Perry on Hwy 24, 13th & Phillips Rd.  
Childrens Sunday School - 8:30 a.m.  
Worship Service - 9:00 a.m.  
Contacts: Logan Barnett 785-597-5498,  
or Scott Bond 423-0406
  - 13. WANAMAKER WOODS NAZARENE**  
Serving Christ - Loving People  
3501 SW Wanamaker Rd • 273-2248  
Dr. L.D. Holmes, Sr. Pastor  
www.wwnaz.org  
Sun. Worship: 9am (Hymns) & 11 am  
Children's Worship 9 & 11 am  
Sunday School 10 am, all ages  
Sun. Evening Various Children's Programs  
6 pm Life Groups; 6:30 pm Teen Service  
Wed. 6:30 pm Adult & Teen Life Groups  
Wed. 6:30 pm Kids University  
~ Nursery care at all services ~
  - 14. GRACE LIFE CONNECTION**  
Living grace inside-out  
in an upside-down world  
Saturdays @ 5:00 PM  
Bible Study Thursdays @ 6:00 PM  
Meeting at Highland Park Baptist  
29th & Pennsylvania, Topeka, KS  
Pastor Pete Whitebird
  - 15. OAKLAND UNITED METHODIST**  
801 NE Chester, Topeka, KS 66616  
235-1010 • oumc@att.net  
Shawn O'Trimble, Pastor  
Sunday School 9:15am, Worship 10:30am  
Children's worship time 10:30am  
Hear us on WREN Radio Sun. 10-11am  
Like us on Facebook!  
All are welcome - Come and see us!
  - 16. HOUSE OF THE LORD CHURCH**  
A Spirit-filled, Word-centered church  
2531 SE Wittenberg Rd., Topeka  
Sunday Worship 11am & 6pm  
Wed. Prayer & Praise 7pm  
785-266-LOVE (5683)  
J. Michael Borjon, Pastor
  - 17. EAST SIDE BAPTIST CHURCH**  
4425 S.E. 29th St., 379-9933.  
Sunday Worship 10:45am & 6:00pm



Reach new residents and seekers by placing your church information in this Church Guide for only \$12!

- AWANA Sunday at 5:45 p.m.  
See our website for info on our Student Ministries & Kid City  
www.esbcks.org
- 18. CHRIST THE KING CATHOLIC CHURCH**  
Voted 2015/16 Best Church in Topeka!  
5973 SW 25th St.  
Topeka, KS 66614 • 273-0710  
Reconciliation: Sat 3-4pm  
Weekend Masses: Sat 4:30pm  
Sunday 7:30, 9, 11am, 6pm  
www.ctktopeka.org  
Fr. Matthew Schifflbein, Pastor  
Fr. Carter Zielinski, Associate Pastor
  - 19. SEAMAN COMMUNITY CHURCH**  
Independent Christ-Centered Bible Church  
2036 NW Taylor, Topeka, KS  
354-8777 • www.seamanchurch.com  
Adult Sunday School - Sun. 9:30am
  - Sunday Worship: 10:30am  
Children's Sunday School: 10:30am  
Youth group 1st & 3rd Sundays 4-6pm
  - 20. HERITAGE BAPTIST CHURCH**  
1937 NE Madison St,  
Topeka, KS 66616 • 785-506-4594  
Pastor Dale Stockburger  
Sunday Worship: 10 am and 6pm  
Junior Church for kids: Sun 10am  
Wed. Evening Worship: 7pm
  - 21. HARVEST FAMILY FELLOWSHIP**  
Meets at 522 SW Polk  
785-220-5418  
Pastor Rey Rodriguez  
Sun. Worship 10 am  
www.topekaharvest.vpweb.com
  - 22. FAMILY OF GOD CHURCH**  
1231 NW Eugene St.  
Topeka, KS 66608
  - Pastor Roger Randel  
Sunday Worship 10:30am & 6pm  
Wednesday Bible Study 7pm  
234-1111 • FOGchurch.com
  - 23. HIGHLAND HEIGHTS CHRISTIAN CHURCH** 785-379-5642  
Sunday Services: 8:30 and 10:00 AM  
2930 SE Tecumseh Road  
Tecumseh, Kansas 66542  
www.highlandheightsccc.com  
Jars of Clay Children's Ctr 785-379-9098
  - 24. TRINITY REFORMED BAPTIST CHURCH**  
Holding to the authorized King James Version and the 1689 London Baptist Confession of Faith  
Sunday 10 a.m. Wednesday 6 p.m.  
Pastor Bob Spagnuolo 785-273-3506  
meeting in our home:  
4307 SW 30th Ter., Topeka  
www.TrinityReformedBaptist.org

# classified

Place your classified ad with us! 785-235-3340 or Voice@cox.net, or metrovoicenews.com

Payment in advance required: \$12 for the first 25 words; 25 cents for each add'l word.  
(classified ads also go immediately online)

**SERVICES:**

**PAINTER** - professional handyman, semi-retired: interior-exterior, decks, wall repairs, wallpapering, wood rot, plumbing, etc. Call Bill at 785-438-9458

**FOR RENT:**

**ROOM FOR RENT** - \$425 per month, includes all utilities & free secure wi-fi. Female tenant only. Available April 1st. Call 785-249-1913

**BUSINESS OPPORTUNITY**, entrepreneur/franchise, coffee boutique, professional offices, etc. 3200 sq. ft., distinctive GEM

Bldg. downtown (on historic register). Reasonable rent, 16 ft. ceilings. 785-233-9930

**OFFICE SPACE** available, great for therapists, health and wellness companies, small business owners & more! Complementary desks/chairs furnished. All utilities plus Wi-Fi/Ethernet included. \$100 VISA cards to new leases if you mention this classified ad! College Park Office Suites, 2611 SW 17th St. Call or text 785-430-1657. info@cpoficesuites.com



**FOR SALE:**

A very nice 2 BR, 2 bath, remodeled Mobile Home with 8' X 22' add-on to make a large living/dining area! 1100 sq. ft. Open floor plan, ceiling fan, wood-burning fireplace, refrigerator, dishwasher, storage building with electricity, double carport, large covered front porch/patio.

Separate utility/laundry room. Near 45th and Adams: 783 SE Ridgeview Dr - located in a very nice, clean, friendly South Topeka manufactured home park with neighborhood pool, club house, park area/playground for children and storm shelter (Ridgewood Estates), community activities, with a park across the street. Shawnee Heights School District. Remodeled and upgraded. Easy living, low housing costs! Price reduced to sell at \$8,900. Possible lease to own option with \$1000 or more down payment, then about \$200/mo for about 4 years. 785-640-6399

**BRUSHLESS AUTOMATIC WASH** featuring **ZERO SPOT RINSE**

**OTTO CAR WASHES**  
5821 SW 21st St just west of I-470

**Self-Service Bays with BUSTER BRUSH and Detail Areas with FREE Vacuums**

**AUTOMATIC CAR WASH STARTING AT \$7.00**

Open 24 Hours  
Major Credit Cards Accepted  
1 Topeka and 4 Kansas City Locations

Text "OTTO" to 71441

**GOLF CLUBS** - a 2013 model Cleveland Driver SL 290, 10.5 Degree, regular flex shaft. Retail \$339, asking \$49, only played a few rounds. New Warrior 10 degree Driver, only hit a few at the range with it, \$39. 640-6399

**WANTED:**

**PART-TIME ACCOUNT REP** - Work your own hours. Call on businesses, churches & non-profits about their advertisements in Metro Voice. Generous commission on all ads you place; no base. Call 235-3340 or email Voice@cox.net

**TOPEKA BIBLE CHURCH**  
1101 SW Mulvane, Topeka, KS 66604  
1135 SW College Ave., Topeka, KS 66604  
234-5545 www.discovertbc.com

First Service: 8:00 - 9:10am  
Second Service & Sunday School: 9:30 - 10:40am  
Third Service & Sunday School: 11am - 12:10pm  
Senior Pastor: Jim Congdon

**Local Christian Radio**

Listen at work!  
UpperRoomRadioOnline.com

**KFGB 97.7 FM**  
Upper Room Radio

**Bodine's Pest Control** Call 228-9962

Free estimates!  
• Business & Residential  
• Honest & Reliable Service  
• Licensed and Highly Trained

bug-man@sbcglobal.net

Ask about our Total Home Care Package!

**GOD FIRST • VETERAN OWNED**

Mention this ad for 10% OFF!



# Welcome... TO NORTH TOPEKA!

**THE PAD RESTAURANT**



Every Monday, 3 pm - closing:  
**35% OFF Burgers!**

234-3596  
1730 N. Topeka Blvd.



**Davidson Funeral Home & Cremation Services**

Family Owned & Operated for over 100 years  
1035 North Kansas Avenue  
Topeka, Kansas  
(785) 233-4088



Ed & Carolyn Popkess, Owners

"Stick With The Best!"  
**HERMAN'S BEEF & SAUSAGE HOUSE**

823 N.W. Gordon St. Topeka, KS 66608  
**(785) 233-7328**

We Specialize In Meat & Deli Items



PHONE: (785) 286-2390 FAX: (785) 286-2393  
TOLL FREE: (800) 894-2390 EMAIL: RICH@TARWATERS.COM  
MOBIL: (785) 234-6298

**TARWATER FARM & HOME SUPPLY**

RICH TARWATER  
OWNER

4107 N TOPEKA AVE  
TOPEKA, KS 66617



BECAUSE OF THE CUSTOMER... WE EXIST!

**Faerie Tale Gardens**

919 North Kansas Ave in North Topeka (NOTO)

Mother's Day is May 12th  
Come in today & make her an adorable garden  
Then pick it up on right before Mother's Day

www.faerietalegardens.com 785.220.1477

Thu & Fri 10:00 - 5:00 & Sat 10:00 - 3:00  
WE ARE OPEN LATE EVERY FIRST FRIDAY!

## North Topeka activities include Chalk Walk

NOTO Arts District is getting out the sidewalk chalk and attempting to cover each square of concrete sidewalk within two blocks with art. The 6th Annual Two Block Chalk Walk will be held May 11 from 10:30 a.m. to 8:30 p.m. in the 800-900 blocks of N. Kansas Ave.

The aim is to cover both sides of the street with chalk art by the community, all the kids, big and small, young and young at heart. There will be a box of chalk in front of each building for community use. Special guest artists will be featured on designated areas.

The event is free and fun for the entire family. Families are encouraged to bring their favorite chalks and cameras.

The Chalk Art Competition is open to teams of 2 to 4 people. Preregister at Amused, 907 N. Kansas Ave.

Don't forget First Friday, which has been bringing people to the area in record numbers, especially during the warmer months. Besides the Art Walk in NOTO, other North Topeka businesses have begun joining in and coordinating complementary events.

Entertainment can also be found on First Fridays, at various venues during the artwalk up and down N. Kansas Avenue, as well as streetside vendors. The restaurants, locally owned shops, art galleries and studios have also become favorite art walk destinations.

### More North Topeka events:

**FREE MOBILE FOOD DISTRIBUTION** - May 28, 9am. Family of God Church, 1231 NW Eugene St. No ID or proof of income required. Volunteers arrive at 8:30am. Fresh produce and other items to families in need.

**CARING FOR LOVED ONES WITH ALZHEIMER'S & DEMENTIA** - June 2, 4pm. Family Life Church, 1211 NW 46th ST. Free. For info: myfamilylifechurch.org or 785-286-1889

**SAFE STREETS COALITION MEETING** - First Wed. of the month, 11:45am-1pm. Great Overland Station. For info and to order lunch: 266-4606 or jwilson@safeststreets.org

**MOTHER TERESA'S FARMERS MARKET** - Saturdays, 8:30-11:30am,



2014 NW 46th St.

**SENIOR FIT & FUN PROGRAM** - every Mon., Wed., & Fri., 1:30pm, Rolling Hills Christian Church, 4530 NW Hiawatha Place (US Hwy 75 & NW 46th St.) 785-286-0601 or office@rhctopeka.org

**LADIES' CONFERENCE** - Apr. 26, 6pm & Apr. 27, 10am, Bethel Baptist, 4011 N. Kansas Ave. Beth Weedor, author & missionary to Liberia is guest speaker. \$30 includes dinner & refreshments. RSVP by April 21 to 785-286-0467 or bethelbaptist17@yahoo.com betheltopeka.org


**ANNUAL SPRING DINNER** - Apr. 27, 4-7pm, Grantville United Methodist Church, 3724 South St. Menu is Ham or Chicken Casserole, Vegetables, Salads, Pie and Rolls. Free will offering. Bazaar, Crafts, Cake Walk and Bake sale 3-7 p.m. 785-246-3621

**Dr. John E. Chance**

**Capitol City Chiropractic**

Hours:  
Mon-Thu: 9 AM - 6 PM  
Fri: 9 AM - 12:30 PM

785-234-0900 • www.capcitychiro.com  
1835 N. Topeka, Ste. 209, Topeka, KS 66608



**TRM MINISTRIES**

**TOPEKA RESCUE MISSION MINISTRIES**

**FAITH WITH ITS SLEEVES ROLLED UP**

Main: 785.354.1744  
Non-Cash Donations: 785.357.4285  
Volunteer Services: 785.354.1744 ext. 393  
Boutique on the Boulevard: 785.478.5744  
Thrift Store: 785.235.9094  
TRMonline.org

600 N Kansas Ave  
Topeka, KS 66608

P.O. Box 8350  
Topeka, KS 66608

*Come and be a part of what God is doing at*

**Family of God Church**

1231 NW Eugene St.  
Sunday 10:30am & 6:00pm  
[FOGchurch.com](http://FOGchurch.com)

**IN GOD WE TRUST**

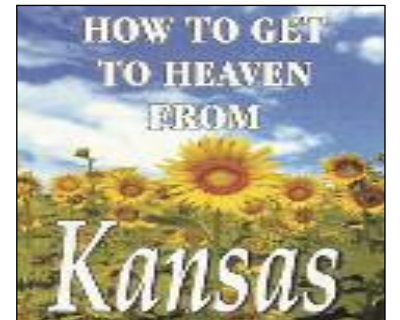
**Biker Sunday...Every Sunday!**

**Christian Cavalry Ministries Int.**  
c/o Seaman Baptist Church  
2015 NW Buchanan, Topeka, KS 66608  
785-224-5419  
[www.church4bikers.org](http://www.church4bikers.org)

**FOR JESUS WE RIDE**

Christian Cavalry M/M

Sunday School 9:30 AM  
Sunday Service 10:45 AM  
Wednesday Prayer & Bible Study 7:00 PM  
*All are welcome, casual dress ok!*

More important than living in KANSAS is where you will live forever. Just as you would look at a map of KANSAS to find your way, so you must look at the Bible to find your way to heaven. The Bible says, "Narrow is the way, which leadeth unto life, and few there be that find it." (Matt. 7:14). Jesus said, "I am the way, the truth, and the life: no man cometh unto the Father, but by me." (Jn. 14:6). Jesus is the only way to Heaven and He gave these directions on getting there.

1. Realize you are a sinner. Everyone starts the same place spiritually. "For all have sinned and come short of the glory of god." (Rom. 3:23). Sin's penalty keeps you out of Heaven and condemns you to Hell, separating you from God. Romans 6:23 says, "The wages of sin is death." Sin brings both physical & spiritual death. "And death and hell were cast into the lake of fire. This is the second death." (Rev. 20:14).

2. Realize Jesus paid the penalty. Jesus Christ's death, burial, and resurrection provided a way for you to go to heaven and restore your relationship with God. "But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us." (Rom. 5:8). Since Jesus, God's Son, was the only One who could pay for our sin, He is the only Way to Heaven.

3. Repent of your sin and receive Jesus as your Savior. In order to go to Heaven from KANSAS, or anywhere else, you must accept Christ by calling on Him in prayer. He tells us in Romans 10:13, "For whosoever shall call upon the name of the Lord shall be saved." Use the following prayer, or one similar to it, to receive Him now:

Dear Lord Jesus, I know I am a sinner. I believe that you died and rose again for me. Please forgive me of my sin, become Lord of my life, and take me to heaven when I die. I am trusting you completely, and in nothing I can do. Thank you Jesus! Amen.



# EASTER PARADE & FUN FAIR A BIG HIT WITH TOPEKA FAMILIES

