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Harvest Family Fellowship

See inside back cover!

Kansas at the center of national prayer gathering



For many years Kansans have gathered for strategic prayer at the geographic center of the continental United States, located in Lebanon, Kansas.

This year, national leaders are starting at 8 strategic locations across the country and driving toward the heart of the nation, stopping at churches for prayer to see revival come to our nation.

Prayer at the Heart of America, For the Heart of America is a national call to prayer taking place Friday, July 23rd, from 2-8pm at the geographical center of the 48 contiguous states. This Prayer Gathering is the result of a vision birthed in the heart of Doug Small and his passion for a fresh awakening across the United States of America.

Prayer At the Heart is a call to the family of faith, and the invitation is extended to everyone who believes that God is able to heal our land and that He is our hope for revival and

■ Please see PRAYER page 2



The American Trinity:

The Three Values that Make America Great

By Dennis Prager

Race and ethnicity have defined every nation on earth. Except one: the United States of America. It is defined by values.

So, to understand America, you have to understand American values.

They are:

1. "E Pluribus Unum"
2. "Liberty"
3. "In God We Trust."

I call this "The American Trinity." I made up the name, but I didn't make

up the values. They are on every American coin.

The first, E Pluribus Unum, is Latin, meaning, "Out of many, one." When first adopted as an American motto shortly after the American founding in 1776, it referred to the thirteen American colonies becoming one nation. Over time, however, most Americans understood the motto to mean one people from many backgrounds. To quote The E Pluribus Unum Project, funded by the National Endowment for the Humanities, "Over

the years, E Pluribus Unum has also served as a reminder of America's bold attempt to make one unified nation of people from many different backgrounds and beliefs."

In other words, America doesn't care about your national or ethnic origins.

This explains why people who immigrate to America assimilate faster and more fully than immigrants to any other country.

Most of those who have immigrated to Europe, from, for example, Turkey –

■ Please see VALUES page 3

Cider Days Is Back In 2021



Cider Days Fall Market has been the official kick off to fall for the past 40 years! This family-friendly festival truly has something for everyone including fresh pressed apple cider, delicious food options, free entertainment and hundreds of artists, makers and antique pickers on display. The 40th annual event features an apple pie bake off and an apple pie eating contest.

"Last year was difficult for all of us, and many of our vendors were impacted financially from Covid-19. We want to feature the amazing small businesses that truly make Cider Days unique," Zach

■ Please see CIDER DAYS page 2

Goal reached for Choose Life plates

Kansans can now get their own "Choose LIFE" Kansas license plates, as the number of orders has reached a sufficient number to begin the program.

In February of 2018, Rep. Trevor Jacobs (R-District 4) was asked by a constituent if the state had Choose Life license plates. Rep. Jacobs researched the situation to find that Kansas did not have such plates. Without delay he introduced in the House Transportation Committee, HB 2678, that would make Choose Life license plates available for purchase in Kansas. He then asked Sen. Richard Hilderbrand (R-District 13)

to introduce a companion bill in the Senate, which he did.

HB 2678 was then combined with other groups wanting specialty plates. It passed both the House and Senate and was signed into law July 1, 2018 by Governor Jeff Colyer.

"Looking back, we give thanks to God for inspiring Rep. Jacobs at the time in which He did," said Barbara Saldivar, State Director for Concerned Women for America of Kansas. "Any later and it more than likely would not have been signed into law by today's governor."

To date 33 states have now passed pro-life license plate legislation.



The Procedure

Go to chooselifelifeplate.com, to order your Choose Life license plate. The cost to pre-order plates is \$40

per vehicle + \$1.50 processing fee for online orders. Complete all fields for each vehicle you are registering. Separate payments for each vehicle

■ Please see CHOOSE LIFE page 2

Poll: Nearly 70% believe moral values are getting worse

The country is sliding down a slippery slope of moral values according to a new poll.

The Gallup polling finds that 67 percent of Americans believe the state of moral values is getting worse, while just 28 percent say they are getting better.

There are major political divides, with 92 percent of Republicans and almost half (49 percent) of Democrats saying moral values are getting worse. Only seven percent of Republicans say moral values are getting better; for Democrats, it's 46 percent.

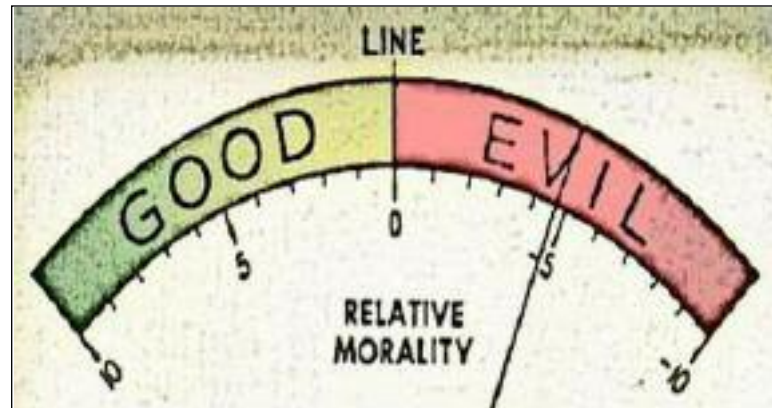
Forty-seven percent rate the state of moral values as poor, 37 percent as "only fair" and 15 percent as "good." Only 1 percent of Americans say the state of moral values in the United States today is "excellent." Although the 47 percent who answered "poor" matches the 2019 reading and is similar to the 2017

finding, the newest survey found a wide gap between Republicans and Democrats on the issue.

An all-time high of 66 percent of Republicans say the state of moral values is poor, compared to 30 percent of Democrats. Only seven percent of Republicans rate the state of moral affairs as excellent or good, while 22 percent of Democrats answered that way.

"Americans have long been dismayed by the state of moral values in the country," Gallup's Lydia Saad wrote. "But partisan shifts suggest that the transfer of power in Washington has had a stronger than usual effect on how partisans perceive the country's moral compass, with Democrats now the most optimistic they have been in two decades and Republicans the least."

"Republicans' views of the state of moral values in the country have grown sharply worse over the past



year, spanning the 2020 election and shift from Republican President Donald Trump to Democratic President Joe Biden," Saad wrote. "Before now, Republicans' ratings of moral values had been worsening

slowly, with no comparable surge in concern following the transfer of presidential leadership from Republican to Democratic control in 2009, nor decrease when Trump replaced Barack Obama in 2017."

Leading historian warns of 'fake religion' of woke culture

So-called woke culture is a fake religion that can have deadly consequences, a leading historian said.

Hoover Institution fellow Niall Ferguson, a Scottish author and historian, appeared on Fox News host Tucker Carlson's podcast "Tucker Carlson Today," where he explained why the political left does not focus on the economy much anymore compared to the past.

"The people on the left didn't really want to have a conversation about economics, because they had lost their arguments in the 1980s; they really hadn't been able to make the case for socialism successfully," Ferguson said. "And the conclusion was that there was more money to be made, or more power to be gained, by exploiting identity politics and emphasizing cultural, racial, gender differences."

Later in the podcast, Ferguson warned that Western society does not yet "fully realize, although it's becoming more and more clear, that wokeism, is in fact, a religion."

"It's not a secular political ideology... it's not really about economics," he said. "It is about salvation, membership of the elect of the woke. It's about persecuting heretics. It's about elaborate rituals of

speech that can only be pursued by the believers. It's rather cultlike, Matt Yglesias is not somebody I usually agree with, but he called it the Great Awakening. This was a very astute observation. So we are dealing not just with the decay of traditional religion but far worse, the rise of new fake religions, political religions, and one thing that's very clear from the 20th century is that when people take their religious feelings and they apply them to political ideologies, terrible things can happen."

Ferguson compared woke culture to previous dangerous ideologies.

"Central to what made communism so deadly was it's ultimately a religion, Marx is ultimately a prophet and Marxism is a kind of religion," he said. "The same was true of Nazism. The most ardent Nazis thought of Hitler and explicitly called him a redeemer of the German nation. So we've got to be very careful of political religions. Politics is not something that you should approach with a religious impulse. If you start feeling religiously about politics, take a lie down, you know, have some sleep, take a long walk and try again, because politics should not be imbued with religious sentiment."

CHOOSE LIFE

continued from page 1

are due at time of registration.

"Please pray that thousands of

people will purchase these plates so that the message of life is proclaimed all over the state," said Saldivar. "Pray these plates will detour those contemplating abortion, encourage many to minister to

PRAYER

continued from page 1

restoration.

Many today feel that our nation has turned its back on its Judeo-Christian heritage and foundation, and that the truth of God's Word is being ignored and rejected.

Biblically and historically, the call is for the people of God who are called by His name, to humble ourselves and pray, seek His face and turn from our wicked ways with the promise that He will hear our prayers, forgive our sins and heal our land.

Attendees are asked to bring water and lawn chairs, as thousands are expected to come from across the nation to gather under a huge tent. No food will be offered at the event.

To register for the event, go to eventbrite.com/e/prayer-at-the-heart-registration-158128987057

For more information about the event and the various prayer routes go to prayerattheheart.com

CIDER DAYS

continued from page 1

Haney, Owner of Cider Days said.

The festival, held annually the last weekend of September is located at the Stormont Vail Event Center in Topeka, KS. Featuring beautiful arts and crafts, vintage finds, small businesses and non-profits on display, contests, demonstrations and great entertainment.

"Our team was devastated to cancel last year's show, and we have been working hard to make the 40th annual Cider Days extra special. We are hopeful the community will come out and support these fine businesses in September," Haney said.

Ticket information will be released soon on the Cider Days website at www.ciderdaysmarket.com.

Those interested in joining Cider Days as a vendor or entertainer are asked to contact Heidi at hello@buzzeventsco.com.

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someone they know who is contemplating abortion, and inspire many to vote accordingly."

Specialty plates available because of lowered printing costs

Other specialty plates made possible by the bill include license plates for veterans of the Korean War, Operation Desert Storm, Operation Iraqi Freedom and Operation Enduring Freedom.

Similar attempts failed in the past because of high costs. Technology allowing digital printing of the plates have now substantially lowered the cost, according to Peterson.

"Digital printing will save our treasurer tons of money and make development much cheaper," Peterson said.

VALUES

continued from page 1

as millions have – are not considered fully German by fellow Germans or fully Swedish by fellow Swedes or fully Spanish by fellow Spaniards. This is even true of the children and grandchildren of those immigrants.

And, just as important, few of those immigrants – or their children or grandchildren – will ever feel fully German, Swedish, or Spanish. But a Turk who immigrates to the United States will be regarded as fully American – as American as any other American – the moment he or she becomes a citizen. And they – and certainly their children – will feel fully American.

Of course, America has not always lived up to this “e pluribus unum” ideal. But the ideal was always there. And it was applied to virtually every immigrant to America.

The second component of the American Trinity is liberty.

Now, you might ask, “Didn’t the French Revolution also enshrine liberty as a central national value? Wasn’t its motto “Liberty, Equality, Fraternity”?”

The answer is yes. America is hardly the only country to enshrine liberty; it is the only country to enshrine “Liberty,” “E Pluribus Unum,” and “In God We Trust.”

What’s the difference?

The difference is this: The moment you affirm equality, as the French Revolution did, you will lose liberty.



It is a basic American value that all human beings are born equal, and all must be equal before the law. But ending up equal – that’s a French and European value. And if you want people to end up equal, you must deprive them of liberty. Which is exactly what happened right after the French Revolution and in every other society that made equality its national goal.

America gives people the liberty to end up wherever their abilities, work ethic, and luck take them – meaning unequal. Therefore, professional athletes will make more money than teachers or doctors. That may be unfortunate, but that is what liberty allows. If you want equality, you will tell people how much they can earn – and that means the end of liberty.

And third, In God We Trust.

Unlike almost every other country, America never had a state religion. But it was founded on the principle that God – specifically, the God of the Bible – is the source of moral values. As the Declaration of Independence put it, all

people “are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.” In other words, rights come from God, not from men. If rights are given by men, men can take them away.

The American Trinity is the reason America became the world’s freest and most prosperous country. But many Americans want to, in the words of former President Barack Obama, “fundamentally transform” it. They wish to replace American values with European values – equality of result and an ever-expanding state, which greatly reduce individual freedom; the celebration of ethnic and racial identity, which is the opposite of E Pluribus Unum; and the removal of God as the source of morality and rights.

Which set of values Americans adopt will determine whether America remains free, prosperous, and the force for good in the world that it has been. With the exception of the Civil War, this is the greatest internal battle in

C5 luncheons continue

The July C5 Alive “POWER” Luncheon will be held July 8, 11:30 a.m. to 1:00 p.m. at The Peak, 1930 SW Gage Blvd.



The cost to attend a C5 luncheon is \$10 for C5Alive members and first-time guests who RSVP, and \$12 at the door. Non-members and repeat guests pay \$15. C5 luncheons are open to the public and everyone is welcome to attend, organizers said. RSVPs and inquiries can be sent to info@C5Alive.org.

C5Alive “POWER” luncheons are held on the second Thursday of each month. The next monthly C5Alive “POWER Luncheon” will be held Aug. 12.

For more details on these and other events, stay tuned to the C5Alive facebook page and website: www.C5Alive.org.

C5Alive is an organization founded in 2009, dedicated to developing and uniting Christian Leadership in the community,

involving businesses, non-profits and churches.

In addition to monthly “POWER” luncheons held on the second Thursday of each month, C5 also hosts periodic business fairs and other events, including EASTERFEST, the annual Topeka Easter Parade and Family Fun Fest, held on N. Kansas Avenue and in Garfield Park on the day before Easter (cancelled for 2021). The group is planning a Fall Fest this year on October 9 at The Vinewood venue.

C5 members may also sponsor luncheons and other events as a way to promote their organizations. For more information about C5, go to C5Alive.org, facebook.com/C5Alive, or call 785-640-6399.

Salvation Army offers summer feeding program

The Salvation Army is once again providing a Summer Feeding Program for children and families Mondays through Fridays, through July 30th, 2021.

Nutrition is an essential component to combat food insecurity in children. During the summer months many children go hungry because school is no longer there to provide hot, nutritious meals. The Salvation Army is there during the summer to provide a nutritious lunch for children in disadvantaged areas.

Capt. Cristian Lopez, corps officer of The Salvation Army states, “Food is a basic human need that we provide at The Salvation Army through our food pantry and community meal program year-round. Being able to expand services to feed children this summer is not only a great opportunity, but our responsibility in feeding all the children of our community.”

The Feeding Program will take place at the following locations and times: Timberly/Ripley Apartments, 339 SE Lawrence – 11:30 – 11:50am; Paradise Plaza, 1110 SW Powell St. Noon – 12:30pm; Deer Creek housing Unit, 423 SE Winfield, 12:30 – 12:50pm

The feeding program is FREE to all in the community. The Salvation Army is asking parents to accompany younger children to the sites for safety reasons.

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FINANCIAL PLANNING

Long distance flip?

Dear Dave,

I've been following your advice for about a year. I'm almost out of debt, and I live on a budget, but looking toward the future it seems like it will be very difficult to save up for a down payment on a home. I live in Chicago, and property prices are very expensive. I have a friend in Georgia who suggested I buy a less expensive property there, then fix it up and flip it to make the money I would need for a down payment. What do you think of this idea?

Erik

Dear Erik,

When you take on the kind of work you're talking about, you need to oversee what's happening every step of the way. You're working out details, keeping an eye on the crew, and having to handle a dozen other issues tied to the project. Plus, you can't just walk up to a house or see it online, buy it, and expect to come



DAVE RAMSEY

Financial author, radio host, television personality, and motivational speaker

davesays

out ahead in the deal.

People who flip houses for a living professionally eyeball dozens, sometimes hundreds, of properties to buy just one. It's not an easy way to make money, and it's definitely not something I'd recommend doing from a distance. In short, I wouldn't do it, Erik. Fixing and flipping properties is a hands-on business, and trying to do it from 700 miles away would be a nightmare.

Just keep on working the budget and save as much as you can. I'd consider getting a part-time job for a while to add to the down payment fund before I'd try

to fix and flip a house that far away.
—Dave

Being on the same page

Dear Dave,

My wife and I are in our 20s, and together we make about \$80,000 a year. Our first baby is due in early 2022, so being debt-free has become a top priority in my mind. Right now, we have two cars. The one I drive is paid off and has a lot of miles on it, but it's in really good shape. We still owe \$30,000 on the other one,

and the rest of our debt is about \$90,000 in student loans. My wife puts 40,000 miles a year on the other car traveling for work. I talked to her the other day about us moving down a little in car, but she's particular about what she drives. I even found out she has her eye on a newer vehicle that costs about \$48,000. I don't know what to do. Can you help?

Zach

Dear Zach,

Okay, let's start slow. I'm glad you've seen the wisdom in getting control of your money and getting out of debt. That's the first step toward financial peace.

Now, where the car thing is concerned, there's not a chance in the world

I'd do this. And honestly, I don't give a crap what your wife is particular about. You guys are broke! You're up to your eyeballs in debt, and now she's talking about buying a \$48,000 car—when you still owe \$30,000 on one—then putting 40,000 miles a year on it and destroying its value quicker than you can say "fast." This whole idea and attitude is dumber than a rock. Absolutely not! You may have seen the light where your finances are concerned, but it sounds like your wife is still in the dark and needs to grow up some. You two should have a long, serious talk about things, and get on the same page financially—especially with a baby on the way. Your family's future depends on it.

—Dave

How Low Can Interest Rates Go?

By Ryan Shumaker
Smartvestor Pro at
The Retirement Team



Looking back to the start of the century, interest rates have been in decline. Back then the Aggregate Bond Index was paying over 7%. Today? Just 1%. This means in order for investors to get the same amount of interest from

at something called 'average effective duration.' This is a measurement of how much the bonds will gain or lose when interest rates go up or down. Right now for the Aggregate Bond Index that number is about 6.5. What this means is that if interest rates rise just 1%, then the bonds will lose 6.5%. If interest rates go up 2%, then the bonds would lose a whopping 13%. Given that the bonds are only paying 1% in interest right now

market' in its name, it likely follows this popular bond market index. Many 'target date retirement funds' have a bond fund like this as their single largest holding. While that may have worked very well 20 years ago, it is mathematically impossible for that to continue to work as well today. We have never been in an interest rate or investing environment like we are in today. It is much more difficult to get a good return on conservative investments. In our opinion, it is important to seek out ones that instead of losing when interest rates go up will actually gain and pay higher interest when that happens. There are numerous investments out there that have this feature, but unfortunately many don't know where to look or don't have the expertise to select them.

As part of our firm's complimentary 3 step review, we help people find ways to get reliable income that isn't going to be hit when interest rates inevitably rise. We also find as much money as we can that is needless falling through the cracks to things like taxes. Every dollar saved on taxes is 1 less dollar of interest needed to get the same amount of income in retirement. Now more than ever it is important to get all of the other little things correct when it comes to retirement as the margin for error is so much smaller. With interest rates being more than 7 times less for people retiring today than what their parents would've experienced 20 years ago what worked well for them is unlikely to work well for someone retiring today.

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their bonds or bond funds they need a staggering 7 times as much money.

Bonds have been a great place to make decent money with lower levels of risk, especially 10-20 years ago. Why? Because not only were bonds paying a much higher interest rate then, but bonds also gain in value when interest rates fall. Things are much different today. Interest rates are at their lowest level in history, without much more room to go lower. If interest rates merely stay where they are, then investors are going to get an interest rate that is only 1/3 of what historical inflation has been. This means that every single day a person would be losing buying power with their money since their investment would be growing 3 times slower than what prices (inflation) are rising.

Things get much worse when interest rates rise. When that happens bonds lose value. Let me give an example. Let's say you go and buy a bond from a school that cost \$100 and is paying 1%. Now let's say interest rates go up to 2%. If someone can go buy a new bond from the school that is paying 2% for \$100 no one is going to want to give you \$100 for the one paying 1% that you own. You're going to have to take less. This is why when interest rates rise, bonds lose value.

The big question is 'how much do they lose?' To find that out with any bond index of bond fund you must look

we believe this is a pretty big risk to be taking for such a little amount of investment return.

We are concerned that with interest rates plummeting the last two years (which you can see in the chart) and bond funds gaining value because of this that too many people are being lured into a false sense of security with inappropriate expectations for how most bond index funds should perform. The unfortunate thing is that with this index the 'average effective duration' was actually SMALLER when interest rates have been going down the last 2 years than what it is now. This means that if interest rates merely go back to where they were in 2019 that investors will lose more as rates go back up than what they gained when rates went down.

3 things can happen with interest rates right now. They can go down more, but there's not too much further they can fall when they're already at 1%. They could stay the same, which would mean those invested in them would earn 3 times less than inflation, or they could go up causing losses that are likely more than what the interest the bonds are paying.

If you own any bond funds, we believe it is very important to know what risks are being taken. The largest bond fund in the world right now follows the exact index we're talking about in this article. If you have a mutual fund or ETF with 'total bond market' or 'aggregate bond

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Ready to Play Defense with Your Retirement Savings?

By Jim Hanna

For most investors, it's no surprise that markets are subject to up-and-down fluctuations over time. And if you are investing with a long-term perspective, it's pretty common for your portfolio to experience temporary declines in value. Given enough time, markets generally have shown an ability to overcome losses and help investors continue to accumulate wealth.

However, managing market declines is different if you are nearing or in retirement. Chances are your 401(k), 403(b) or other type of workplace savings plan represents one of your largest financial assets. You want to make sure a sudden market downturn doesn't put you in a difficult position.



Hanna

It takes time to recover from losses

While much of our focus tends to be on news about stock markets performing well, the fact is that for investors, avoiding large losses can make a real difference. This is why many investors focus on determining their risk tolerance level and building a well-diversified mix of assets that reflects their risk preferences. As you grow older, you likely may want to reevaluate your investment risk. That's because negative markets can be a lot more difficult to overcome if you are almost retired or you are already tapping your savings to meet current income needs.

Consider these examples that show what happens if there's a market decline at the same time you are withdrawing five percent of the portfolio's principal to meet retirement income needs:

- If your portfolio sustains a loss of 20 percent from a combination of investment declines and portfolio withdrawals, your portfolio will need to earn a 33 percent return to overcome that loss in the following year.

- The challenge intensifies with a larger loss. If your portfolio loses 35 percent in total, it would take a 67 percent return in the next year to regain that lost ground.

This points to the importance of modifying risk in your workplace savings plan later in life, as you close in on the time when you need to count on that pool of money for income.

What to do before or during retirement

If you don't have time on your side — i.e., you are within five years of retirement or already retired and drawing down your assets, make a priority of reviewing the level of risk in your portfolio. That may mean reducing your holdings of equities within your broader asset mix.

Yet stocks may still need to play a role. Given the realities that your retirement may extend for two-to-three decades or longer, you need to put your portfolio in a position to grow, even modestly, to help meet income needs over that span of time. Depending on your views on risk, the stock component may represent 50 percent or less of your asset mix. You'll likely want to consider increasing your holdings of fixed income, alternative investments, and cash to help mitigate the impact of short-term stock market swings.

The reality for most is that investing gets more complicated later in life. Talk to your financial advisor about how best to position your 401(k) or 403(b) portfolio to protect your long-term financial security.

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Kansas News Briefs from around the state

Governor: Kansas Will Keep Providing Extra COVID Food Aid

TOPEKA, Kan. (AP) — Governor Laura Kelly has moved to keep 63,000 households from losing extra food aid because Kansas is no longer under a state of emergency for the coronavirus pandemic. The announcement Tuesday that Kelly plans to continue the extra \$14.5 million a month in aid came two weeks after top Republicans in the GOP-controlled Legislature ended the state of emergency. The Democratic governor's chief of staff had told reporters that the extra pandemic-related aid would end once the state of emergency expired June 15. Republican leaders had argued that Kansas could continue to manage its pandemic response without an emergency declaration. The aid averages about \$230 a month per household.

Airline Adds Nonstop Service from Wichita to Florida

WICHITA, Kan. (AP) — Allegiant Airlines is adding a new nonstop route from Wichita to Florida. KSNW reports that the airline announced Tuesday that flights from Eisenhower National Airport to St. Petersburg-Clearwater International Airport will begin on Nov. 19, operating twice weekly. The company is offering introductory one-way fares for as low as \$49. This will be Allegiant's sixth destination from Wichita.

Report: Kansas Wheat Harvest Behind Schedule

MANHATTAN, Kan. (AP) — The government's latest crop snapshot shows the Kansas winter wheat harvest is running a bit slower than usual for this time of year. The National Agricultural Statistics Service reported yesterday (MON) that about 41% of the state's wheat has been cut. That is behind both the 44% at this time last year and the 48% five-year average for this date. The report reflects crop conditions as of Sunday and comes amid recent rains that have kept many combines out of fields. The agency also reported that 83% of the wheat had already matured.

Truman Presidential Library Set to Reopen after Two Years

INDEPENDENCE, Mo. (AP) — After

nearly two years of renovations, the Harry S Truman Presidential Library in Independence, Missouri, is ready to welcome visitors again. The museum looks similar from the outside, but the inside has been completely reimagined in how it presents Truman's story and his legacy for the modern world. The nearly \$30 million project is the most extensive since the museum opened in 1957. Work was slowed by the coronavirus pandemic. The new museum presents Truman's story from his Missouri childhood until his death. It has interactive exhibits and videos combined with hundreds of artifacts. Museum director Kurt Graham said a primary focus was explaining how decisions Truman made still affect today's world.

Officer Shoots, Kills Hays Woman

PLAINVILLE, Kan. (AP) — State authorities are investigating after a police officer shot and killed a woman with a gun in the small town of Plainville. The Kansas Bureau of Investigation said the shooting happened around 1 a.m. Sunday at a convenience store in Plainville, when an officer tried to arrest 29-year-old Nicole Dechant of Hays on an outstanding misdemeanor warrant. The KBI said Dechant pulled a gun out of her bag when the officer tried to arrest her. After Dechant ignored commands to drop the gun the officer fired several times and fatally wounded her. The officer wasn't hurt in the incident.

Topeka Police Arrest Suspect in Fatal Shooting

TOPEKA, Kan. (AP) — Police have arrested a suspect in a Topeka shooting death from last week. Topeka police said Sunday that 38-year-old Marshall Stewart IV has been arrested on charges of second-degree murder and being a felon in possession of a gun in connection with Thursday's shooting. Officers found 51-year-old Bradley Bellinder of Topeka with a gunshot wound after a shooting was reported Thursday night on Northwest Polk Street.

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opinion

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America is Paying for Disobeying God

In the Word of God, God promised to bless and protect His chosen Nation (Israel), if they believed in Him and obeyed His Laws and Commandments. Whenever they turned away from Him, He took serious corrective measures to get them back into the fold. When they failed to obey, God punished them severely.

Our founding fathers believed God would also bless America and provide protection and security, so long as America, believed and obeyed God.

Many of us still believe that God has been faithful in keeping His promise.

Unfortunately, America has failed terribly in keeping our end of the bargain, at least in the last several decades!

Like ancient Israel, America has forgotten to obey God's instructions, such as to teach each new generation all about Him and what He expects of us.

Each generation is to "tell its children of God's "mighty acts" and "proclaim His power." "One generation shall praise thy works to another."

Now instead of telling our children about the Mighty Creator of Heaven and Earth, and telling them God formed them in their Mother's womb and gave them life, they teach

them Man's garbage, such as Evolution.

They should be telling them about how our Founding Fathers went through great length to think out and write the "Constitution," and how they insisted on a "Bill of Rights", which respected individual rights, and restricted the new federal government, from infringing upon those rights.

The delegates at the Constitution Convention debated the proposed constitution for 17 weeks. Obviously, they realized the great importance of such a document.

But many in America today do not seem to appreciate this precious document and want to destroy it and everything it stands for.

America's disobedience of God and His Laws may very well be the reason of the craziness which is now going on in America today. America cannot even follow God's orders to love one another and "not to kill." Two or three thousand unborn babies are killed every day and half the population of America think its alright.

This could be a warning from God to return to Him, or, it could be, the beginning of His PUNISHMENT and destruction of our beloved country.

—Manuel Ybarra

Health and Trust

By Kerby Anderson

Whenever health is involved, trust is also important. You go to the doctor who prescribes a treatment or medicine. You may know something about anatomy and physiology, but you need to trust that your



Anderson

doctor is prescribing the right treatment or pharmaceutical. Trust is a l s o important when it comes to the health care establishment. Do you trust these health experts who have been making recommendations during this pandemic? Over the last year, some of them haven't given us lots of reasons to feel confident about their comments.

The question of trust surfaced in a recent radio interview I did about vaccine hesitancy. My guest explained that none of us have expertise in virology nor in the manufacture of mRNA vaccines. Therefore, we have to trust doctors and scientists who know much more

about these subjects than we know.

On the other hand, the public health establishment has been making statements that we can check. I mentioned the statements last year by Dr. Anthony Fauci and Surgeon General Jerome Adams, who advised the public not to wear masks. I did part of a radio program documenting their efficacy and correctly guessed they merely lied about masks in order to have enough for health care professionals.

A few weeks ago, the public health establishment suspended the Johnson & Johnson vaccine distribution. Six confirmed cases of a blood clot disorder were found out of seven million who already received the vaccine. If this was a one-in-a-million risk, why stop using the vaccine? Or do health authorities know of more cases and are not forthcoming with the evidence? Either way, we should have legitimate questions.

Trust is important in health care decisions, especially when recommendations are being made about masks, lockdowns, and restricting society. Americans have a right to be skeptical.

Kerby Anderson hosts the Point of View radio show.

The Deity of Jesus



CLINT
DECKER

President and
Evangelist
with Great
Awakenings, Inc.

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Jesus once said, "I and the Father are one" (John 10:30). This was an offensive statement to fellow Jews, so much so, they immediately picked up stones to throw at Him, not simply to injure, but kill. Why? Because in their mind, His statement was a violation of their religious laws and He was deserving of death. Yet, Jesus calmly responded to their flaming anger with a question, "I have shown you many good works from the Father; for which of them are you going to stone me?" (10:31) And His opponents made a striking response, "It is not for a good work that we are going to stone you but for blasphemy, because you, being a man, make yourself God" (10:32-33).

The statement from the Jews condemning Jesus, actually was a statement of truth, which they did not believe. Jesus was the One true God in

human form. This is a core doctrine of the Christian faith – the deity of Christ. Yet the claim of His deity, by Himself and His followers, was rejected by the Jews of His day and led to His death. Since the time of Christ until our modern times, this truth has been continually fought against. Many religions of the world acknowledge Jesus in their holy books, but only one, just one, states the truth that He is Almighty God. And this is good news for modern times. Here are four reasons why . . .

1) The deity of Jesus shows us there is a God and what He is like up close and personal. Jesus reveals that God is a not a myth, legend or lie, but is real and that all other gods are false. So not only is God real, but in Jesus, there is only one God and no other.

2) The deity of Jesus shows us there is a Savior for mankind and how it is Him. Mankind inherently looks for a savior, someone or something to save him from the things he has done wrong, his weaknesses, his failures, his sicknesses. He will look within himself, to other gods, religions or philosophies. Yet, the good news is that because Jesus is God, He is the Savior mankind desperately needs and truly seeks for.

3) The deity of Jesus shows forgive-



ness is possible. As people go to and fro trying to find something to ease their conscience for doing wrong, Jesus stands with arms open wide, letting men and women know that complete and total forgiveness can be found in Him and nowhere else.

4) The deity of Jesus shows He is someone we should fear. Since He is the physical embodiment of the one true living God, who is King of Kings and Supreme ruler of the universe, possessing all power, then every human being should humbly stand in fear and trembling before Him. And this should show itself in reverence, honor and ultimate worship of Jesus.

The deity of Jesus is good news for

all people. Call upon Him to save you right now that you might know Him today and forever.

A prayer for you - "Lord God, I pray you will bring people to truly believe in your one and only Son. That He truly was more than a man, but divine. Open our human eyes to see your greatness, and the glory of your Son. Then after people see the truth of who He truly is, may they turn to you with all their heart. In Jesus name. Amen."

Clint Decker is President of Great Awakenings. Hope for Today is a nationally syndicated column.

If God used one of Clint's columns to impact your life, share your story at cdecker@greatawakenings.org.

Exposing the Devil's Latest Tactic to Keep Us from the Bible

By Dr. Michael Brown

In a recent article, I mentioned that in 1647, the colony of Massachusetts passed the Old Deluder Act, with “the Old Deluder” referring to the devil himself. In the past, this act declared, Satan kept people from reading the Scriptures by confining the Bible to a tongue unknown by the common people (namely, Latin). Now, the colonists said, he is keeping people from reading the Scriptures by way of ignorance of the English language.

It was ordered, therefore, “that every township in this jurisdiction, after the Lord hath increased them to fifty households, shall forthwith appoint one within their town to teach all such children as shall resort to him to write and read.” This way, as the children learned to read English, they would be able to read the Bible.

In the 1500s, when William Tyndale translated the Bible into English, he paid for it with his life, being imprisoned, then strangled by hanging, then burned after death. And this was by the authority of the English Church, which had become corrupt in so many ways. Can you imagine “Christian” leaders wanting to keep the Bible out of the hands of Christians?

Thanks to the pioneering work of Tyndale, Church policies changed, and so, these early American settlers had the English Bible in their possession. (It was called the Geneva Bible, which preceded the King James Version and which they preferred to the King James, which they perceived to be the Bible of the Church of England.)



But the fact that they were free to practice their religion, with the Bible fully accessible in their native tongue, did not guarantee that they would actually read the Bible.

In their judgment, the greatest obstacle was now illiteracy, hence the passing of the Old Deluder Act, guaranteeing that every child would learn to read English.

Similar sentiments were expressed in the New Haven Code of 1655, which stated that the purpose of education was to equip children to be “able duly to read the Scriptures ... and in some competent measure to understand the main grounds and principles of Christian Religion necessary to salvation.” It was also assumed that this was the key to the colony functioning well: citizens who knew their Bibles would make the best citizens.

Of course, there are many aspects of colonial life that we would differ with today, most notably the enforcing of Christianity on the colonies. (Needless to say, where slavery was practiced, we would deplore that as well.)

But that is not my point here. Instead, my point is to say that these God-fearing, Bible-revering settlers realized that Satan was always working overtime to keep Christians from the Scriptures. That’s why they were determined to see their children educated. This way, they could read the Bible for themselves.

Today, Satan has a fresh new tactic, and it is working marvelously.

I’m not talking about suppressing English translations of the Bible.

To the contrary, there are more than 450 English translations of the Bible, many of them available free online.

(Check out BibleGateway.com or download the YouVersion Bible app.)

Many of us have numerous copies of the Bible in our home, and literally, at the tip of our fingers, we have instant access to dozens of translations of the Word. A simple click, and there it is: the Bible on your phone or tablet or PC.

We can even set up a program to remind us to read the Bible every day, with the passages in question appearing right on our screens.

As for literacy, while there are some Americans who never learn to read, that number is extremely low. And even for those who cannot read, they can listen to the Bible in audio form.

The Word of God, in one form or another, is available everywhere. In fact, Tyndale would be shocked beyond words to see just how available the Bible is in our day here in America. He would also be shocked beyond words to see just how much we ignore it.

The Bible is more accessible than ever, yet, relatively speaking, we hardly access it. There really is a “scandal of biblical illiteracy.”

The Old Deluder is at work again, and he is proving quite successful.

What is his key tactic today?

I believe it is distraction.

Never before have we had so many things vying for our attention.

It’s just not emails. And texts. And direct messages on Facebook and Twitter and What’s App (and a host of other platforms, all demanding our attention.)

It’s also endless cable TV channels, which are now being overshadowed by

endless internet options, including the ability to watch almost any past movie or TV show or current sports event by the hour.

It’s constant social media posts. And a 24/7 stream of news. And limitless ads pulling us in a million different (and oh-so-interesting) directions at once.

One night, while doing some research on YouTube, I noticed a fascinating nature video listed in the column to the right, which then led me to another fascinating video, this one about violent, predatory animals.

Soon enough, I was searching for videos on subjects like, “Lions vs. Hyenas” or, “How Strong Is a Gorilla?” – and on and on it went.

I’m not sure if I wasted 60 minutes or 90 minutes that night, but for sure, the time was wasted. I simply got distracted.

And how many have been distracted by things far more harmful than nature videos?

Of course, we can’t blame the devil for keeping us from the Word. That is our choice and our choice alone.

But we can recognize the temptations of our age, temptations which have even robbed us of the ability to concentrate. And we can make a fresh determination to put the Word of God first in our lives.

May I encourage you to avail yourself of the embarrassment of Scriptural riches we have today, making focused, devotional reading of the Bible a priority in your life?

If enough of us do that, putting into practice what we read, it will have a revolutionary impact on the nation. Literally.

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Why Vacation Bible School Still Matters



Vacation Bible School is the perfect way to immerse visitors into church culture and VBS provides a wide opportunity for volunteers to work in children's ministry.

Here are 3 reasons why Vacation Bible School is still important

Vacation Bible School is important for kids meeting Jesus.

VBS is the ideal ministry vehicle for introducing children to Jesus—and it's so much fun! From the music to the crafts, to the teaching, Jesus becomes more than a character in a Bible story. Through your efforts and through Vacation Bible School programs, children get to see how real the Bible truly is and how God's Word applies to them. Vacation Bible School offers children opportunities for salvation too.

And isn't that the central reason for bringing forth such effort? Roll out the welcome mat and get ready to share the love of Jesus with a spir-



itually hungry generation.

Vacation Bible School is important for families finding your church.

As I mentioned in my opening statement, VBS is the perfect event for showcasing your ministry and your church. To my mind, VBS is as important as a holiday event. My team and I think a lot about how a visitor feels. Is there someone to greet him or her when they arrive? Are there inclement weather volunteers ready with an umbrella? Is there a way to connect with visitors after the event ends?

Vacation bible school and other

children's ministry events force us to think about our friendliness level. Up your game at VBS and remind everyone to smile and shake as many hands as possible. Connect with all visitors, big and small. And

Hand him a puppet. Have a few of your seniors mentioned that they would like to help out with snacks? Put out the call and let all your volunteers do something for Jesus. Providing ministry opportunities to



if you really want to know what people think about your church, ask them to submit an anonymous questionnaire.

Ask questions like:

- "How many people greeted you when you arrived?"
- "Were the classes easy to find?"

Use the data to improve your future programs.

Vacation Bible School is important because it helps find new volunteers.

Yeah, it's Vacation Bible School time. If you have a plethora of tried and true volunteers, congratulations! You'll have plenty of helping hands to make this a memorable event. Put volunteers to work that may not normally get to participate. Got a recently graduated teen?

people that may not otherwise get the chance to minister will help the team grow, personally and corporately. Growth is always good.

And one more thing on volunteers: It's okay to ask for outside help. Reach out to fellow children's ministry leaders in your community. Be mindful when you do, have a few options. "Hey, would you mind coming to demonstrate this object lesson? I am sure our kids would love to see you in action." Be specific in what you need to avoid confusion and encourage participation. (That means you must be willing to return the favor.)

Yes, it's true. The church culture has to change with the times but Vacation Bible School remains an exciting and necessary ministry outreach.

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VACATION BIBLE SCHOOL - DESTINATION DIG - July 12-15, 9am-12pm, First Southern Baptist Church, 1912 SW Gage Blvd. Price: Free. Unearthing the Truth about Jesus. Ages 4 to completed 6th grade are welcome to join us for music, fun, snacks, bible teaching, and crafts! Register at fsbctopeka.org/vbs. Contact Info: nannette@fsbctopeka.org; 7852720443

BREAK-OUT VBS - July 25-28, 6:15-8pm, Eastside Baptist Church, 4425 SE 29th St. Escape Room theme - Breakout from the ordinary to the extraordinary! For kids K-9th grade. 785-379-9933 <https://esbcks.org>

CAGE GYMNASTICS CAMP - various dates in June and July. 785-266-4151. Cagegymnastics.com

KANSAS BALLET ACADEMY SUMMER DANCE CAMP. 785-383-7918, or KansasBallet.com

YMCA SUMMER CAMP - The YMCA offers several varieties of summer camps. Call 785-435-8651 or TerryJ@ymcatopeka.org

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Vacation locations close to home make great ‘Staycation’ options

By Sydney Hanna | Metro Voice

We are creatures of habit. We often associate feelings of positivity and comfort with familiarity, which is created by the repetition of tasks and the stability of certain things in our lives.

So, what is that one place where we feel the most familiar, the most comfortable, and the safest? Home!

During trying times, home is often where we turn. Statistics charting the travel patterns of Americans in 2020 during the COVID-19 pandemic reflect this tendency. The Transportation Security Administration reported a significant decrease in travelers across the United States since the start of the pandemic – which is reasonable, considering our natural desire to remain in the comfort of our home when life becomes uncertain. Although we must continue to be smart about maintaining our physical health, we also need to ensure our mental health, because it is just as important.

Structure and a consistent routine are healthy, but periodically it's important to step back, take a deep breath, and do something different. Studies have shown that taking a break from the stressful aspects of our lives can be remarkably beneficial to both mental and physical wellbeing.

Taking a brief vacation is an excellent way to get that breath of fresh air and relax, but traveling vast distances isn't always ideal. So, why not try a staycation? Staycations have been growing in popularity over the past few years, so let's jump on the bandwagon.

You may be thinking, "This is Kansas. What is there to do around Kansas?" The answer is... a lot! Here are a few ideas to get you started.

Kansas Museum of History

The Kansas Museum of History, located at 6425 SW Sixth Ave, Topeka, tells the story of Kansas. By strolling through this building, you will discover the history of our state's natives, early and current settlements, early means of transportation,



and monumental events that occurred on Kansas soil.

This museum features stunning



Weston Bend State Park

exhibits displaying one of Santa Fe's earliest locomotives, a biplane, tools used by Kansas natives, items belonging to historical figures, William Allen White's printing press and so much more. The Kansas Museum of History is a wonderful destination if you're looking to take a step into the past and uncover the history of your home state.

Weston, Missouri

Weston, Missouri is great daytrip destination. It's a small town located 77 miles from the heart of Topeka, but don't let its size fool you. Weston is always a vibrant experience thanks to its unique



Historic Weston Orchard and Vineyard

restaurants, bars, historic sites, orchard and vineyard, winery, and the joyous hospitality of the locals. Weston hosts exciting events featuring live music and outdoor dining as the leaves begin changing colors.

For history buffs, some popular attractions are the Weston History Museum, Lewis & Clark Exhibit, and the Bonnell Museum which all give visitors a peak into the past. For those who want to see more nature and adventure, Weston Bend State Park and Snow Creek are beautiful places to visit that offer travelers an opportunity to admire God's handiwork. Weston Bend State Park provides trails for hiking and

biking that take explorers to scenic views of the Missouri River.

Snow Creek Mountain Resort is stationed on bluffs above the river about seven miles from the heart of the town. This mountain resort is open during the winter months with hours varying due to weather. It's home to snowy slopes for skiers and snowboarders of all skill levels. This resort also offers guests the opportunity to go snow-



tubing.

Weston prides itself in being the "best small town in Missouri" and for having attractions of all different types so that no matter what you're looking for in your staycation, Weston has it.

Kansas Statehouse

The Kansas Statehouse, also known as the Kansas State Capitol Building, is another local attraction, located on 10th Avenue in downtown Topeka. Surprisingly, however, there are many Topeka locals whose only interaction with this magnificent building is driving by it.

Construction on the Statehouse started in 1866 and took 37 years to complete. In 2002, a 12-year-long renovation process began on the building to restore several murals, the dome, and other elements of this historical architectural piece. The Capitol's exquisite murals reflect monumental events from Kansas's history. The State Library with its glass floor is awe-inspiring. A trip to the Kansas Statehouse is both an educational and exciting experience.

The Capitol welcomes visitors Monday through Friday from 8AM to 5PM and Saturdays from 10AM to 1PM. Tours are free of charge during the week.

Wildwood Adventure Park

Wildwood Adventure Park is tucked into the Flint Hills near Manhattan, Kansas, which makes it only 56 miles from Topeka. It has 7 ziplines that will get your adrenaline pumping as you glide over the trees and catch glimpses of the beautiful Flint Hills. A full run on the ziplines takes about two hours to com-



Kansas Statehouse

plete, and features a 40 ft. freefall.

The Park also offers an exciting Trail Run that stretches for two miles, including more than 20 obstacles that are designed to build teamwork and provide an outlet for challenge seekers of all ages. This organized obstacle trek is happening on September 26, 2021 and is open to anyone who wants to join.

The Midwest has many astonishing

staycation destinations if you take time to look for them. Staycations are great for helping us focus on simple yet important things and enjoy what's already around us, while staying on a budget.

Sometimes, it's the best option for a family vacation, so next time you find yourself in need of a break from the monotony of everyday life, consider staying close to home and taking a staycation.



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Celebrate SUMMERTIME in Downtown Topeka!

Now that Downtown businesses are opening again after being closed for so long, they are really eager to serve you!

Summertime is the perfect time to visit Downtown Topeka, and help the merchants make up for lost time! There are many fun places and events to visit, and shopping downtown can also be fun, with all the unique shops and a bit of nostalgia in the air. It might remind you of a time when shopping was more exciting, more personal, and less of a chore.

There have been many improvements to the downtown area in the last couple of years! You can check out the many new street statues and other art on the downtown sidewalks. You might also run across some street musicians and sidewalk vendors at various times and places.

Whether you are in the mood for shopping, eating or looking at art, you will most likely find what pleases you in downtown Topeka!

Don't forget to check the list of downtown events – there is always something going on, especially at Every Plaza, and you wouldn't want to miss it!

Following are some tidbits from some of your friendly downtown merchants. Why not take a trip downtown and visit them? They are waiting to serve you!



Taking chocolate to a new level

Owners Nick & Terry Xidis at Hazel Hill Chocolate, 724 S. Kansas Avenue, have been a staple in Downtown Topeka for years.

Hazel Hill, Terry's grandmother, is a symbol of their dedication to a family tradition of "the best in everything they do." Nick is the third generation chocolatier, and they use only the finest ingredients, chocolate, fresh cream and butter, to produce handmade treats that explode with flavor.

Lately, Nick has been making handcrafted chocolate from cacao (coco beans) that import from around the globe. Much like fine wine, each cacao origin produces a unique flavor profile in the finished chocolate.

"There are only a couple of hundred

companies in the US that hand craft chocolate," Nick said. "We just put a new bar out made from cacao from the Semuliki Forest in Uganda. It's a 72% cacao dark chocolate that has a delightful flavor."

It's not just Topekans that delight in Hazel Hill chocolates.

"In 2019, three of our handcrafted chocolate bars won bronze in the International Chocolate Awards Americas competition," Nick said. "In 2020 our sea salt caramel won the gold medal in the Chocolate Alliance competition. Both of these competitions include entries from more than 400 craft chocolate professionals."

Whatever your preference may be – handmade chocolate truffles, home-style fudge, crispy-creamy caramel apples or something else – at Hazel Hill they fashion delightful treats for every palate.

Need a gift basket, gift box, or just a few delicious chocolates to go? They'll take care of all the packing and shipping, too!

Delicious treats for all to enjoy

Shana Cake opened at 435 S Kansas in 2015. Over the past couple of years there have been a few changes, but the most important thing has remained unchanged; we are as committed to pro-

viding your family gluten-free, allergy-friendly treats today as Kelly was when she opened the doors 5 years ago.



We have a variety of cupcakes, cookies, muffins, breads, and other treats that are free of gluten, dairy, soy, nuts, tree nuts, artificial colors and flavors, preservatives, and GMO's.

Most of our products can also be made egg-free, and we strive to offer vegan goods daily. We love feedback from our vegan customers, so we can bake more of the treats you are craving.

One of our favorite compliments is when a new customer tells us they can't tell our treats are gluten-free. We love having customers that have no dietary restrictions return simply because they enjoy our delicious treats.

Special orders, such as cakes, specific

flavors of cupcakes, or special treats are welcome and orders can be placed online at www.shanacake.com or by calling us at (785)408-1272.

When you need a break

For your coffee emergency, go Downtown to Juli's Coffee and Bistro – a locally owned, woman owned, Veteran owned and operated coffee shop offering legit house coffee and all manner of espresso drinks. This summer features "Made in the USA" coffee grown and roasted in Hawaii, with aloha flavors like toasted coconut, chocolate and vanilla macadamia nut. Buy a bag to take home! See the new place at 911 S. Kansas Avenue, having relocated from 8th Street. The new space has easier access – no more stairs to the front door. Local



favorites are still available, like the Turkey Lurkey and house made Cranberry Almond Chicken Salad for lunch. Fresh salads, wraps and tasty paninis like The Cristo Kicker make it perfect for casual dining. Catering is also a mainstay; box lunches, trays, coffee, baked goods and buffets. Check out the menus online at www.juliscoffeeandbistro.com and order online, pay online and pick up; catering is delivered or Eatstreet delivery.

The owner and staff at Juli's want to take this opportunity to thank the Topeka community for their undying support since 2016. Despite the pandemic and relocation Juli's remained OPEN normal hours and kept 80% of their staff on payroll throughout the pandemic. Community matters and that is the reason Topeka has been home for 6 generations of the Bistro family. Remember 911 Kansas for Great Coffee, Better Food!

A Full-Service Florist, Home Decor & Gift Shop Downtown

Absolute Design by Brenda, 629 S. Kansas Avenue, offers hand-selected flowers and exquisite designs with delivery throughout the Topeka area.

They have an expansive line of gifts, jewelry and home decor for all your holiday and year-round needs.

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SUMMERTIME Memories, Events, & Fun!

Check out these upcoming Summertime Events & Activities Downtown!



Save \$5.00 by using the coupon on this page!

You can also order or wire flowers 24 hours a day at their website: www.absolutedesignbybrenda.com.

Diamonds are Forever

You'll find many specials and gift ideas at David's Jewelers, 623 S. Kansas - a family business that has served Topeka for four generations. And this year they are now celebrating 50 years in business!

Diamond rings, pendants and earrings usually top the list but they also offer vivid colored gemstones in unique settings, watches, clocks, statues and fine crystal, as well as many other gift items, whether for yourself or someone else.

"Gifts can start at \$20.00 and go from there," said Mitzi from behind the counter at David's.

"We will be glad to help you find that special gift for that special someone."



Pancakes and more

Hanover's Pancake House at 1034 S. Kansas Avenue has been a local favorite since 1969! With a wide variety on the menu, and friendly service, it's a great place to stop for breakfast, lunch or brunch! They are also famous for the pork tenderloin sandwich, and it is huge!

With the friendly service and generous portions, you won't go away hungry!

There are so many other unique shops downtown you won't believe it! Don't stop with this incomplete list! There's plenty more to discover in Downtown Topeka this summer!

Don't forget to check out the Capitol Building and the many statues on the grounds there.

Bring a friend, or the family, and re-discover the joy of hanging out downtown!

While you're making your way around the downtown area, check out the new things to look at on both sides of the street -- there are lots of new features! And watch for these downtown events coming up:



ART WALK ON FIRST FRIDAYS – Downtown & NOTO arts district. Arts, antiques, fine crafts, many more items. Free shuttle will run from 5 pm to 9 pm. The stops are at the



NOTO Arts Center, 8th and Kansas, and 6th and Jackson. It runs every 15 minutes. The vehicle is handicap equipped. The Washburn University Improve will entertain you during your ride.

MARKET MONDAYS - Monday 3-7pm through October, Every Plaza. A farmers market and artisan market helping to increase access to fresh, locally produced foods and other products.



MOVIES AT EVERYGY PLAZA – Second Fridays til fall

DOWNTOWN TOPEKA FARMERS MARKET - Saturday's through Nov., 7:30am-noon, 12th & Harrison. The



open-air market is full of fresh fruits and vegetables, herbs, arts & crafts, flower, home-baked goods and more.

LIVE @ LUNCH – Wednesdays; 11am-1pm, Every Plaza downtown. Live music, food trucks, yard games & more.



EATS & BEATS – Every Thursday through August, 6:30pm-9pm, Every Plaza. Bring your lawn chairs. Food trucks & beer gardens.

LIVERPOOL LEGENDS – July 10, 7:30pm, TPAC. 785-234-2787, info@topekaperformingarts.org



A CHORUS LINE – Sep. 24-26, TPAC. 785-234-2787, info@topekaperformingarts.org

HOLLEY MILITARY MUSEUM – Downtown Ramada Inn. Featuring 5 galleries, named after world leaders. Featuring World War II artifacts, Air Force One exhibit, Kansas War Heroes, Space, Vietnam & more. Cost: Free. 10am-8pm daily.

KANSAS STATE CAPITOL – Mon.-Fri., 8am-5pm, SW 10th & Jackson St. Tours provided. For info: 296-3966 or www.kshs.org/capitol. Dome Tours M-F 10:30am-4:15pm.



CURTIS HOUSE MUSEUM – Every Sat., 11am-3pm; by appointment other times, 1101 SW Topeka Blvd. Former mansion of Charles Curtis, 31st Vice President of the US, and the only one of American Indian heritage. Cost \$5. For info: 357-1371 or 597-5380.

For Breakfast and Lunch it's...

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Hanover Pancake House...need I say more?

David's Jewelers
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Serving Downtown Topeka since 1968, David's Jewelers still considers quality to be a family tradition. They offer custom designed jewelry because each customer is one of a kind. They also offer in-store jewelry, watch and clock repair.

"We will be glad to help you find that special gift, from \$20 and up!"

David's is open Monday - Friday 9-5:30 and Saturday 9-3.
Call for information at 785-234-4808 or 785-234-3771

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Another new sculpture shows up in NOTO

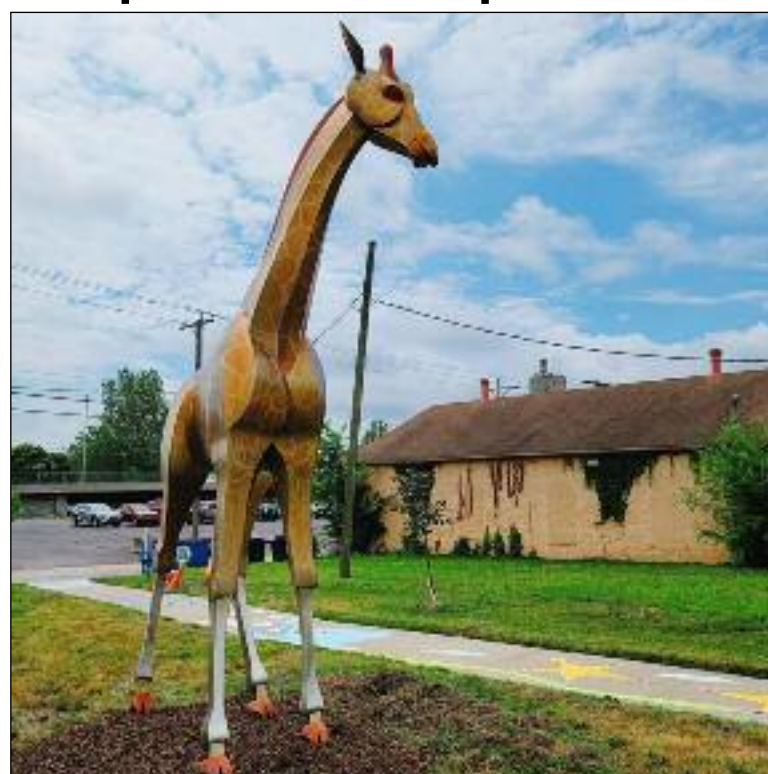
There's always something new happening in NOTO, and now there is a new giraffe sculpture to add to the growing collection of sculptures and street art in the area.

Live entertainment is also prevalent in NOTO, and Topeka Big Band will take the stage in Redbud Park from 1-3pm on July 3rd. Come and listen to music ranging from the 40's to the 80's while you shop the Saturday Market.

Of course, First Friday Art Walk & Market is the first Friday of every month. The North Topeka Arts District has become an attraction to Art Lovers and History Buffs alike with beautiful scenes of art and history. The restaurants, locally owned shops, art galleries antiques and studios have become a favorite art walk destination.

Art Walk Hours are 10 am to 9 pm. You can visit the NOTO Arts Center to pick up a map of participating businesses and view the newest exhibit at the Morris Gallery.

Also, a NOTO Saturday Vendor Market is now open on 1st & 3rd



Saturdays 10 a.m. to 3 p.m. in Redbud Park from now through October.

Don't forget NOTO 3rd Saturday Market is preceded by NOTO Night Out activities on Friday

evening.

Various local vendors will be available exhibiting; art, antiques, furniture, and handmade wares.

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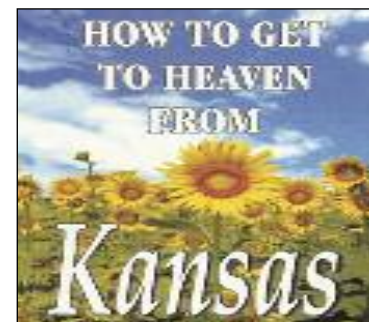
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More important than living in KANSAS is where you will live forever. Just as you would look at a map of KANSAS to find your way, so you must look at the Bible to find your way to heaven. The Bible says, "Narrow is the way, which leadeth unto life, and few there be that find it." (Matt. 7:14). Jesus said, "I am the way, the truth, and the life: no man cometh unto the Father, but by me." (Jn. 14:6). Jesus is the only way to Heaven and He gave these directions on getting there.

1. Realize you are a sinner. Everyone starts the same place spiritually. "For all have sinned and come short of the glory of god." (Rom. 3:23). Sin's penalty keeps you out of Heaven and condemns you to Hell, separating you from God. Romans 6:23 says, "The wages of sin is death." Sin brings both physical & spiritual death. "And death and hell were cast into the lake of fire. This is the second death." (Rev. 20:14).

2. Realize Jesus paid the penalty. Jesus Christ's death, burial, and resurrection provided a way for you to go to heaven and restore your relationship with God. "But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us." (Rom. 5:8). Since Jesus, God's Son, was the only One who could pay for our sin, He is the only Way to Heaven.

3. Repent of your sin and receive Jesus as your Savior. In order to go to Heaven from KANSAS, or anywhere else, you must accept Christ by calling on Him in prayer. He tells us in Romans 10:13, "For whosoever shall call upon the name of the Lord shall be saved." Use the following prayer, or one similar to it, to receive Him now:

Dear Lord Jesus, I know I am a sinner. I believe that you died and rose again for me. Please forgive me of my sin, become Lord of my life, and take me to heaven when I die. I am trusting you completely, and in nothing I can do. Thank you Jesus! Amen.

The Area's Most Complete Guide to the Family-Friendly Events You Want to See!

the events calendar

FREE LISTINGS! E-mail your events to: Voice@cox.net; mail to Metro Voice, P.O. 5724, Topeka, KS 66605; fax to 785-235-3340 or enter online at metrovoicenews.com Get your event **Highlighted in Blue in print, our online calendar and promoted in social media for only \$29!**

CONCERTS

KANSAS PRAIRIE PICKERS – Fourth Sun. ea. Month, 1pm, Auburn Community Center. Foot-stomping, hand-clapping tunes. Concessions available

TOPEKA ACOUSTIC MUSIC JAM - First Sat. of ea. month, 3-5pm, Potwin Presbyterian Church (enter south door), 400 S.W. Washburn: 286-0227 hagen1525@gmail.com.

THE BERRYTON PICKERS - First Sat. of ea. month, 7-9pm, Berryton Baptist Church. Bring snacks, have fun!

GRAND O' OPRY - 2nd & 4th Saturday, 6:30PM-pre-show, 7PM showtime, Ottawa Memorial Auditorium, 301 S Hickory, Ottawa. Tickets are \$10 and only at the door. Ph. 785-214-0013, email grandopry@gmail.com.

LIVE @ LUNCH - Wednesdays, 11am-1pm, Every Plaza downtown. Live music, food trucks, yard games & more.

EATS & BEATS - Every Thursday through August, 6:30pm-9pm, Every Plaza. Bring your lawn chairs. Food trucks & beer gardens.

COWBOY INC. COUNTRY DANCE HALL NIGHT - July 9, 7-10pm, The Vinewood 2848 SE 29th St. Live music and dance. All ages. Tickets \$10 - TheHistoricVinewood.com

LIVERPOOL LEGENDS - July 10, 7:30pm, TPAC. 785-234-2787, info@topekaperformingarts.org

FOR KING & COUNTRY - A SUMMER TOUR - July 17, 7pm, Providence Medical Center Amphitheater, 633 N130th St Bonner Springs, KS. Two-time GRAMMY award-winning duo for KING & COUNTRY makes a powerful statement with their much-anticipated third album, Burn the Ships, an epic, sweeping musical landscape that explores themes of new beginnings, forgiveness, hope, and love

THE HOUSE JUMPERS - LIVE MUSIC & DANCE - July 16, 7-10pm, The Vinewood 2848 SE 29th St. Electric blues, west coast jump and early rock & roll. All ages. Tickets \$10 - TheHistoricVinewood.com

STEVE KILE BAND - July 23, 7-10pm, The Vinewood 2848 SE 29th St. Live music and dance. All ages. Tickets \$10 - TheHistoricVinewood.com

GREATER VISION CONCERT - Aug. 13, 7pm, Wanamaker Woods Nazarene Church, 3501 SW Wanamaker Rd. No tickets needed; freewill offering. Doors open at 6pm. 785-273-2248. www.woodsnaz.com

<https://www.facebook.com/events/923288371572235>
CASTING CROWNS - Oct. 3, 7pm, Stormont Vail Event Center. Special guest will be Matthew West. For info: castingcrowns.com

SPECIAL CHURCH EVENTS

SENIOR FIT & FUN PROGRAM - every Mon., Wed., & Fri.,

1:30pm, Rolling Hills Christian Church, 4530 NW Hiawatha Place (US Hwy 75 & NW 46th St.) 785-286-0601 or office@rhctoepka.org

SENIOR SOLO'S - Every 3rd Tuesday from 3 to 6 p.m. at First Assembly Church, 500 SW 27th St, downstairs Fellowship Hall. Games & Fellowship, lots of Laughter & Fun. 785-817-3071.

HARVESTER'S PROGRAM FOR SENIOR CITIZENS - every second Sat., takes place at Christian Lord Ministries, 2421 SE California. Call 266-4979.

FREE WEEKLY COMMUNITY PANCAKE BREAKFAST - Sundays at 10am sharp, at Oakland Church of the Nazarene: 900 block of NE Oakland, followed by church services at 10:45am - followed at noon by The Hope House FREE Community Food & Clothing Banks.

FIRST WEDNESDAY WESLEY CAFE - First Wed., 6:15pm, Susanna Wesley UMC, 7433 SW 29th. A worship service will follow at 7:00. 785-478-3697 or www.swumc.org/wesley-cafe-sign-up.html.

FIRST SATURDAY BREAKFAST BUFFET - 7:30 AM - 10:00 AM, Shawnee Heights UMC, 6020 SE 44th

INSIDE OUT FELLOWSHIP - Every Saturday, 6:30pm. Faith Temple Church, 1162 SW Lincoln. For info: 785-380-7031 or rhaggertyjr@hotmail.com

GRAND OPENING - July 11, 10am, Jubilee Revival Center, 1020 SE Monroe St. in Topeka. A Nondenominational Untraditional Church providing healing, prophetic and deliverance ministry. Pastor Dan has been in ministry for 24 years. We are NOT a church that requires religion but rather a learning and healing center teaching from the bible; while still providing Worship and the Word on Sundays at 10AM. Services also offered every Wed. at 7pm, starting July 14th. For info email: jrc4christ2021@gmail.com

VACATION BIBLE SCHOOL - DESTINATION DIG - July 12-15, 9am-12pm, First Southern Baptist Church, 1912 SW Gage Blvd. Price: Free. Unearthing the Truth about Jesus. Ages 4 to completed 6th grade are welcome to join us for music, fun, snacks, bible teaching, and crafts! Register at fsbctoepka.org/vbs. Contact Info: nannette@fsbctoepka.org; 7852720443

CAMP INVENTION - July 12-16, Topeka Lutheran School. In-person or at-home options. A nationally recognized, nonprofit summer enrichment camp program from National Inventors Hall of Fame. For additional information or to register, visit invent.org/camp.

BREAK-OUT VBS - July 25-28, 6:15-8pm, Eastside Baptist Church, 4425 SE 29th St. Escape Room theme - Breakout from the ordinary to the extraordinary! For kids K-9th grade. 785-379-9933 <https://esbcks.org>

5 DAY REVIVAL - July 28-Aug. 1, 7pm, Croco Square 6115 SE US Hwy 40, Tecumseh. Josh Radford spreads the flame of revival each night at 7pm FREE of charge. For info email: jrc4christ2021@gmail.com

FAMILY-FRIENDLY EVENTS

SENIORS NUTRITIONAL LUNCH - Weekdays, except holidays, at noon at Auburn Civic Center, 1020 N. Washington Street. Minimal cost per person. Reservations/cancellations required 24 hours in advance by calling Meals on Wheels of Jefferson & Shawnee Co. at 295-3980. Each meal includes 1% milk & sugar-free items for diabetics. 215- 0064.

DOWNTOWN TOPEKA LIONS CLUB - 2nd & 4th Mondays at Noon, Madison Street Diner inside the Ramada Downtown, Guests are welcome.

MEDICARE MONDAYS - First Mon. ea. month, 1-3pm. Topeka/Sh. Co. Public Library, 1515 SW 10th. Jayhawk Area Agency on Aging offers Senior health insurance counseling. For info: 580-4545 or nhonl@tsopl.org

MARKET MONDAYS - Monday 3-7pm through October, Every Plaza. A farmers market and artisan market helping to increase access to fresh, locally produced foods and other products.

MONDAY FARMERS MARKET - Mondays 7:30-11:30am, May 10 to Oct. 4, Topeka & Sh. Co. Library, 10th & Washburn. (closed Memorial Day & Labor Day)

SILVER LAKE FARMERS MARKET - Tuesdays 6-8pm, June 1-Sep. 7, Silver Lake Library

LAWRENCE TUESDAY MARKET - Tuesdays, May 4-Oct. 26, 4-6pm, South Park, 1141 Massachusetts

SHEPHERDS CENTER PICKLEBALL GROUP - plays Mon. & Wed. Mon. at Countryside UMC, 32nd & Burlingame, from 3-5. Park on the NORTH side & use the furthest WEST door. Follow the hallway to gym. On Wed. at First Baptist, 30th & MacVicar, from 1-3. Park on the WEST side. Gym is right inside the doors.

TOPEKA SWING DANCE - Tuesdays, 7-8pm, Swing Dance Lessons, no partner required, Jayhawk Theatre, 720 SW Jackson. www.topekasingdance.com.

CARBONDALE FARMERS MARKET - every Wed. 4-6pm in Carbondale City Park. Vendor-grown or vendor-produced. For vendor information, call Mary at 836-7887.

SAFE STREETS COALITION MEETING - First Wed. of the month, 11:45am-1pm. Great Overland Station. For info: 266-4606 or jwilson@safeststreets.org

TOPEKA TWILIGHT LIONS BRANCH CLUB - 2nd Wednesdays, 6:30 pm, Madison Street Diner, inside Ramada Downtown. Guests are welcome

COUNTRY AND BALLROOM DANCING - Thursdays 6-9pm. Croco Hall. Info: Edwina 379-9538 or 478-4760.

SHEPHERDS CENTER LINE DANCING GROUP - meets 2nd & 4th Thur, 2-4 at First UMC, 6th & Topeka. Park on the west side & use west door. Immediately inside, turn left & walk the ramp to the library, then left to elevator. Push [B] for fellowship hall 785-249-3258.

FIRST FRIDAY ART MARKET - Downtown and NOTO arts district. Arts, antiques, fine crafts, flea market items, snacks & beverages, entertainment and more.

MOVIES AT EVERY PLAZA - Second Fridays til fall

DOWNTOWN TOPEKA FARMERS MARKET - Saturday's April 3 to Nov. 7, 7:30am-noon, 12th & Harrison. The open-air market is full of fresh fruits and vegetables, herbs, arts & crafts, flower, home-baked goods

MOTHER TERESA'S FARMERS MARKET - Saturdays, July 3 - Sep. 11, 8:30-11:30am, 2014 NW 46th St.

LAWRENCE FARMERS MARKET - Sat. 7:30-11:30, 824 New Hampshire St. Open April 10-Nov. 20

TOPEKA ACAPPELLA UNLIMITED AUDITIONS - Topeka Acapella Unlimited is looking for female singers who would like to sing four part acapella harmonies. Come be our guest via Zoom at our guest nights to meet the Director and learn more about our chorus. Topeka Acapella Unlimited is a Chapter of Sweet Adelines, International. Call Cindy Patton at 785-640-7403 for information on how to receive a Zoom invitation

SQUARE DANCING - Shawnee Swingers has monthly dances and sponsors lessons in the Fall. Call or text 785-845-2357; shawneeswingers@gmail.com. On Facebook: Shawnee Swingers Square Dance Club. wesquaredance.com

HARVESTERS MOBILE FOOD PANTRY, 1st & 3rd Saturdays, 2-3pm, Shawnee Heights UMC parking lot.

TERRITORIAL CAPITAL MUSEUM - Now Open, 640 E Woodson, Leocompton. (785) 887-6148 www.leocomptonkansan.com historiclecompton@gmail.com

FREE MOBILE FOOD DISTRIBUTION - Fourth Tuesday through November, 9am, 1231 NW Eugene St. Randal Ministries, Inc., in partnership with Harvesters and Family of God Church will be conducting its monthly food distribution. No ID or proof of income required, first

come first served. Distributing several tons of fresh produce and other items to families in need. (785) 234-1111 www.RandelMinistries.com

PARKS, TRAILS AND POOLS - Shawnee County parks, trails, pools & Adventure Cove are open beginning Memorial Day weekend

HEARTLAND NIGHTS! CRUISE-IN & DRAGS - July 3, 6-10pm, 7530 SW Topeka Blvd. (785) 861-7899

SPIRIT OF KANSAS FIREWORKS & BLUES FESTIVAL - July 4, at Lake Shawnee. Live music, kids activities, vendors, food trucks, car show, fireworks.

SUNFLOWER STATE GAMES - July 9-18. Go to sunflowergames.com/ for details

PICNIC ON THE PRAIRIE - July 10, 5:30-8pm, Old

Prairie Town at Ward-Meade Historic Site. Bring a picnic basket and enjoy a warm summer evening surrounded by the Ward-Meade Botanical Garden and the historic buildings of Old Prairie Town. Free tours of the gardens and buildings. The Mulvane General Store and Potwin Drug Store will be open late for your shopping convenience and old fashion treats.

C5Alive "POWER" LUNCHEON - July 14, 11:30-1.

• Cost: \$10 for C5 members & first-time guests who RSVP, \$12 at the door

• \$15 for non-members & repeat guests.

• Please RSVP to info@C5Alive.org, so we know how much food is needed!

Open to the public - Put POWER in your life with great



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PRAYER

AT THE HEART OF AMERICA

LEBANON, KS • JULY 23rd, 2 - 8 p.m.

WWW.PRAYERATTHEHEART.COM

PRAYING FOR THE HEART OF AMERICA
AT THE HEART OF AMERICA

Kansas will be the host state for thousands expected to come from across the nation for prayer and worship at the center of the continental United States in Lebanon, KS.


Teams that have circled the nation will have made their way to the geographic heart of the nation to "pray at the heart" appealing to the heart of God for revival in the land.

The call is for the people of God who are called by His name, to humble ourselves and pray, seek His face and turn from our wicked ways with the promise that He will hear our prayers, forgive our sins and heal our land.

Bring a lawn chair, and be ready to for worship and prayer for such a time as this as we make our Appeal to Heaven!

Register at:
eventbrite.com/e/prayer-at-the-heart-registration-158128987057

For information: www.prayerattheheart.com



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• Business • Non-profits • Churches

Membership open to all Christian businesses, non-profits, churches & individuals!
Luncheons & Tradeshow & other events open to the general public!

C5Alive POWER Luncheons are held 2nd Thur. each mo.

July 14, 11:30-1:

"POWER" Luncheon
at The Peak, 1930 SW Gage

RSVP to info@C5Alive.org. Open to the public.

Save the Dates!

- Aug. 12: POWER Luncheon: Details to follow
- Sep. 9: POWER Luncheon: Details to be announced
- Oct. 14: POWER Luncheon: Details to be announced

For info: www.C5Alive.org or Facebook.com/C5Alive

food, great speakers and great company! Invite a friend to join you!

SAVE THE DATE: C5 POWER Luncheon, Aug. 12, 11:30-1, C5Alive POWER Luncheon. Details to follow.

DALE EASTON'S THE DRUNKARD — July 16, 23, 24, 30, 31 at 8pm, VFW Phillip Billard VFW Post, 3110 SW Huntoon kat@astings@outlook.com

ADVENTURE RACE — July 17, 8am, Clinton Lake. An off-road triathlon with paddling instead of swimming. Races can be done solo or as a team. Divisions: Male - 3 person, 2 person, and solo. Female - 3 person, 2 person, and solo. COED - 3 person and 2 person. For info and to register: sunflowergames.com

8-IRON THERAPY GRAND OPENING — July 17, 10am-8pm, 2841 SE Croco Rd. Come try simulated golf in one of our three swing bays, use the putting green, and grab a drink!

SHAWNEE COUNTY FAIR - July 22 - 25, Stormont Vail Event Center. Thursday thru Saturday at 8:00am - 10:00pm; Sunday at 10:00am - 3:00pm. Animals large and small, competition exhibits, vendors, and food trucks are available all days. Find all the information on the fair at www.shawneecountyfair.org

PRAYER AT THE HEART OF AMERICA - July 23, 2-8pm, Lebanon, KS. A national call to prayer taking place at the geographical center of the 48 contiguous states. A vision for a spiritual awakening across the USA. National leaders are starting at 8 strategic locations across the country and driving toward the heart of the nation, stopping at churches for prayer to see revival come to our nation. prayerattheheart.com

TEE-PAC GOLF TOURNAMENT — July 23, 8am, GreatLife Shawnee Country Club. This benefit tournament will raise funds to support main stage programming and capital improvements at the Topeka Performing Arts Center. Register your team or sign up as a sponsor today. www.topekaperformingarts.org/events/2020/tee-pac-golf-tournament

FREE BREAKFAST LAST SUNDAY OF EVERY MONTH - July 25, 8am-12pm, VFW Philip Billard Post 1650, 3110 SW Huntoon. Free breakfast to all that come through the door. Pancakes, sausage, eggs, coffee, juice and some times biscuits & gravy. Donations are accepted and will go to helping vets in the Topeka area. vfw1650seniorvice@gmail.com; 785-383-299

BOB CUTTER GOLF CLASSIC — July 30, 10am shotgun, 9:30 registration and lunch, Lake Perry Country Club. Sunrise Optimist Club. 785-640-2340

VINEWOOD MARKET — July 30-Aug. 1, and Oct. 2-3: 8-4 Sat. & 8-2 Sun. The Vinewood, 2848 SE 29th St. Indoor & outdoor flea market & craft fair. Food Trucks. 785-260-6772 or thehistoricvinewood.com

SOLE REASON GOLF TOURNAMENT - July 31, Cypress Ridge Golf Course. 8-8:30 AM registration, 9 AM shotgun. Solereason@yahoo.com or 785-338-2965 Benefits children that need sneakers. Lots of prizes and silent auction items.

HARLEM GLOBETROTTERS — Aug. 6, Stormont Vail Events Center.

CIDER DAYS FALL MARKET — Sep. 25-26, Exhibition Hall - Stormont Vail Events Center. Explore over 175+ makers, creators, artisans and pickers at this weekend filled with amazing shopping, unique food and live entertainment.

YOUTH FOR CHRIST GOLF CLASSIC — Sep. 27, 11:30 reg., 10:30 shotgun start, Lake Shawnee. Several sponsorship levels available. Lots of prizes! 232-8296 or topekayfc.org

TOPEKA FALL FEST — Oct. 9, 10am-3pm, at the Vinewood, 2848 SE 29th St. Come out and enjoy the live music, a craft & vendor fair, food trucks, and a health & fitness fair, plus games and activities for kids. Fun for the whole family, and admission is free! Dozens of local businesses, non-profits & churches will operate games & activities such as Face Painting, Craft Stations, Photo Booth, Inflatables, Petting Zoo, Pony Rides, Ball Toss, Cake Walk, Trunk or Treat and more! We'll have a Health & Fitness Fair sponsored by Topeka Health & Wellness Magazine, featuring Health Screenings & Fitness Demonstrations, Information & Educational Booths, Health & Safety Products and more. For info email info@C5Alive.org.

MEETINGS & CLASSES

CONCERNED WOMEN FOR AMERICA MEETING - Join other concerned individuals to pray and unite in action for Shawnee Co. and our Nation. For info about monthly meetings: 785-260-5659 or ks.cwfa.org.

HEAT UP TOPEKA - Free fitness classes; learn and build healthy social & eating habits. Held at Trinity

Presbyterian Church, 4746 SW 21st St. Florence Crittenton: 785-233-0516 www.floritkansas.org

TOPEKA TREASURE HUNTERS CLUB - 3rd Sun. of each month except May, Sep. & Dec., 7pm, Papan's Landing Senior Center, 618 NW Paramore St. Family Memberships include children & grandchildren up to 18 yrs. A place to meet friends to discuss all aspects of Metal Detecting, club business, plus socializing & entertainment.

DEAF WORSHIP SERVICE — 3rd Sun., 3pm, Faith Lutheran Church, 17th & Gage. Also, every Sun. 9:30am service is interpreted.

FAMILY EXPERIENCE (FX) — Every Sun., 6:01pm, Fairlawn Church of Nazarene, 730 Fairlawn Rd. A time of high intensity, action packed, skit mania, worship music all centered around the word of God for 45 minutes. A free family worship event. For info: Emily Moore, 272-6322 or fxthelawn@gmail.com.

BOY'S TRAIL LIFE & AMERICAN HERITAGE GIRLS TROUPOUS - Every Mon. 6pm, Cornerstone Comm. Ch., 7620 SW 21st. Faith-based scouting programs, age 5-18. Register at cornerstonetopeka.com. 478-2929.

TOPEKA MANKIND PROJECT — Mondays, 6:30pm, 2112 SW Morningside Rd. Supports men in becoming their best selves, including physical, mental & emotional health & wellness. Open to any man. Brian Thomas: brian.thomas01@gmail.com or 785-727-9439

THE FORCE (Students Taking Action) — 1st Mon. & 3rd Tue., 6:30-8pm, Safe Streets, 2209 SW 29th St. Committed to being alcohol & drug free. Associate with like-minded peers, plan activities & get involved in the community. Youth 12-18 invited. 266-4606.

HEARTLAND HEALTHY NEIGHBORHOODS — 2nd Mon., 11:45am-1pm. Promoting neighborhood well-being by mobilizing people, ideas & resources. 233-1365.

TOPEKA LINCOLN CLUB — 1st Tue. of month, 7pm, Topeka Public Library. Discussing our greatest President, Abraham Lincoln, and his times. The public is welcome. For info, contact Kirk Nystrom 235-6977.

OUR LADY OF THE FAITHFUL — 1st Tues., 6:30pm Mass followed by Dinner, Most Pure Heart of Mary Catholic Church. A Catholic group for those in their 20-30s. Michelle Ann 580-3071 or ourladyofthefaithful@gmail.com. Facebook: "OurLadyoftheFaithful"

SUNRISE OPTIMIST CLUB — Every Tue., 6:30am, Sunrise Optimist Complex, 720 NW 50th St. 246-1291.

MENNINGER BIBLE CLASSES - Tuesdays 11am-12:30. Amerus Room, YWCA, 225 West 12th. A new study group for Year One of Flo Menninger's course on Four Years through the Bible. Read and discuss Genesis through First Kings. Nominal charge for materials. For info call the YWCA at 233-1750 or Clara Gamache at 785-408-5433. (The Bible study is also taught on Sat. mornings on 101.5 FM radio.)

FRATERNAL ORDER OF EAGLES Aerie 4319: First & Third Tue. 7pm; Auxiliary: Third & Fourth Tue. month 6pm, 2941 SE Fremont Street. The Fraternal Order of Eagles is an international non-profit organization uniting fraternally in the spirit of liberty, truth, justice, and equality, to make human life more desirable by lessening its ills and promoting peace, prosperity, gladness and hope. www.foe.com 785-266-7307

O.W.L.S. (Older Wise Loving Saints) - meets the second Tuesday of the month. Location varies and can be found at www.faithfamilylife.com

S.W.A.G. (Spiritual Warriors Anointed by God) youth group - Wed at 7:00 p.m. 3710 NW Topeka Blvd.

AWANA — Every Wed., 6-8pm, First Southern Baptist Church, 1912 SW Gage Blvd. Bible based program for children & youth ages 3-HS. For info: 272-0443.

AWANA — Every Wed., 6:30pm, Bethel Baptist Church, 4011 N. Kansas Ave. Bible based program for children & youth ages 3-HS. For info: 286-0467.

AWANA — Every Wed., 6:30-8pm, Auburn Christian Church. Bible based program for children & youth ages 3-HS. For info: 256-2515.

TOPEKA PRAYER GROUP - Every Wed., 6:30pm, 409 SW Buchanan St. Do you believe that God hears and answers prayers? Do you believe Jesus wants to lead His people by His Holy Spirit? Come join us in prayer as we seek His face for answers and direction. 785-845-1948; holmie2@sbcglobal.net

VIP LUNCHEON FOR SENIORS — Every Wed., 10:45 Bible Study and meal at Noon, Topeka Church of the Brethren, 3201 NW Rochester Rd. (1 mile north of Dillon's North). FREE lunch with Christian fellowship, devotions & entertainment provided by Topeka North Outreach. Free will donations accepted. For info: 785-224-8803 or vip@topekanorthoutreach.org

MACHINE EMBROIDERY CLUB — 1st Wed., 9am-3pm, Our Savior's Lutheran Church, 2021 SW 29th Street (east door). Anyone with an Embroidery machine is invited to attend, there are no dues or formal meeting agenda. Lunch is on your own. Teach each other, enjoy fellowship & complete projects. Call 379-5159.

SAFE STREETS MEETING — 1st Wed., 11:45am, Great Overland Station 266-4606.

STUDENT IMPACT — Every Wed., 6-8pm, First Southern Baptist, 1912 SW Gage Blvd. Youth games, teaching, worship, small groups. For info: 272-0443.

CHRISTIAN CHALLENGE — Every Thurs. 7-9pm, First Southern Baptist, 1912 SW Gage Blvd. Worship for college students.

INTENTIONAL MOM - 1st & 3rd Thurs., 9-11:30am, Topeka Bible Church Auditorium, 1135 SW College. For all moms, helping them to be intentional! 234-5545.

OPERATION BACKPACK — 1st Thurs., 6pm, Indian Creek Elementary School, 4303 NE Indian Creek Rd. Volunteers gather to assemble Weekend Snack Sacks for low-income students. No assembly in August. Sponsored by Topeka North Outreach. For info: 286-1370.

TOPEKA GENEALOGICAL SOCIETY — 4th Thurs., 7pm, Topeka Shawnee County Public Library, 1515 SW 10th St. No program in Nov. or Dec. Promotes & stimulates the education, knowledge & interest of the membership & the public in family history, genealogical records & research. 233-5762 or tgstopeka.org.

KINGDOM ADVISORS TOPEKA AREA STUDY GROUP — 3rd Thu., 11:30am, Northland Christian Church, 3102 NW Topeka Blvd. Christian financial professionals: financial planners, accountants, attorney's & insurance agents invited. kingdomadvisors.org or Jim.Hanna.james.c.hanna@ampf.com or 357-6278 x19.

TOPEKA (Downtown) OPTIMIST CLUB — Every Fri., noon, Top of the Tower. Serving the youth of Topeka. Anyone welcome. For info: 272-1099 or foster60@yahoo.com.

TOPS (Taking Off Pounds Sensibly) — Every Fri. 8:30 to 10:00 am at 3221 SW Burlingame Road. 800-932-8677. Support for your weight loss journey. tops.org

A GOOD YARN CLUB — 2nd & 4th Sat., 9-11am, Wanamaker Rd Baptist Church, 2700 SW Wanamaker. Doing Good for Others: Knitting & Crocheting for Local Charities, free yarn, needles, hooks & patterns. All are welcome. Anne, 272-9249 or kittens812@sbcglobal.net

BIBLE QUIZZING — 1st Sat. Learn God's Word & have fun with area Christian youth age 9-19. YFC/YEA style quizzing & rules. 913-593-6427 or biblequizzing.org.

MONTHLY SCORE MEETING — 1st Sat., 8-9:30am, Washburn Tech, 5724 SW Huntoon (enter east doors facing Huntoon). No RSVP or fee is required. Small business owners are invited to a Breakfast Roundtable discussion with members of SCORE (Service Corps of Retired Executives). Info: 234-3049.

TOPEKA GREAT LIGHT AGLOW — For meeting info contact Vickie Lynch at greatlighttopeka@gmail.com.

SUPPORT GROUPS

MIDLAND CARE GRIEF SUPPORT Groups: Building A, 200 SW Frazier Circle; Every Mon., 4-5pm: 12 Week Adult Group for Recent Loss 1st and 3rd Thu., 10:30am & 5:30pm—Ongoing Adult Group 1st

THE C5 ALIVE, METRO VOICE NEWS, AND TOPEKA HEALTH & WELLNESS MAGAZINE PRESENT

THE INAUGURAL TOPEKA Fall Fest

HOSTED AT THE VINEWOOD

COME OUT AND ENJOY THE FUN AND ACTIVITIES PRESENTED BY LOCAL BUSINESSES AND NON-PROFITS!

- Live Music
- Craft & Vendor Fair
- Food Trucks
- Health & Fitness Fair
- Face Painting
- Kids Games & Activities
- Photo Booth
- Inflatables
- Petting Zoo
- Pony Rides
- Win a bike at the Ball Toss
- Cake Walk
- Trunk or Treat
- Free Admission

WE ARE CURRENTLY ADDING VENDORS AND OTHER PARTICIPANTS WHO PROVIDE SUCH THINGS AS:

- Face Painting
- Kids Games & Activities
- Pony Rides
- Petting Zoo
- Food Service & Snacks
- Crafts & Gifts
- Household Items & Décor
- Clothing & Accessories
- Mascots
- Business Info & Education
- Home Services
- School/Church Info & Education
- Archery, Bubble Soccer, Laser Tag, etc.
- Non-profit Services & Info
- Pet Care/Adoption Services
- Entertainment
- Trunk or Treat

HEALTH & WELLNESS MAGAZINE'S HEALTH & FITNESS FAIR:

- Safety Instruction & Education
- Health Screenings
- Health Information & Education
- Health & Wellness Products & Education
- Fitness Information & Education
- Gymnastics, Dance & Martial Arts Information
- Emotional & Mental Health Information
- Personal Safety Items & Education

TITLE SPONSORS NEEDED FOR THIS EVENT, INCLUDING THE HEALTH FAIR, VENDOR FAIR, ENTERTAINMENT STAGE, FOOD COURT

FUNDS RAISED WILL BE SHARED WITH OPERATION FOOD SECURE AND OPERATION BACKPACK FOR KIDS

FOR MORE INFORMATION, PLEASE SEND EMAIL TO: INFO@C5ALIVE.ORG

Volunteers also needed! Contact: info@C5Alive.org or 785-640-6399

Like us on Facebook: [forinfo@C5Alive.org](https://www.facebook.com/forinfo@C5Alive.org)

SATURDAY, OCTOBER 9, 2021 • 10 AM - 3 PM
The Vinewood is located at 2848 SE 29th St, Topeka, KS 66605 (North side of Shawnee Lake)

MAY 15 & 16
JULY 31 & AUG 1
OCT 2 & 3

VINEWOOD MARKET

TOPEKA, KANSAS

SAT: 8am - 4pm
SUN: 8am - 2pm

THE HISTORIC VINEWOOD
OUTDOOR FLEA MARKET & CRAFT FAIR
Outdoor flea market and craft fair at The Historic Vinewood.
5+ beautiful acres by Lake Shawnee.

TheHistoricVinewood.com

Reserve Your Vendor Spot at TheHistoricVinewood.com or call 785-260-6772

Join us for three Vinewood Markets in 2021 at **The Historic Vinewood**, located by Lake Shawnee. This outdoor / indoor flea market and arts & craft fair includes food trucks and cash bar. Each market features local and regional vendors.

Learn more: TheHistoricVinewood.com

and 3rd Thu., 5:30pm: Ongoing Young Adult Group (4-18 years of age) For All Groups: Call for start dates and info packet. Group and individual grief support available upon request. Info: 785-232-2044 ext.341

CAREGIVER SUPPORT GROUPS - Jayhawk Area Agency on Aging provides an opportunity for caregivers to get together and share their ideas and feelings. **2nd Monday of the month**, 3:30pm, Topeka public library, Anton Rm. **3rd Friday of the month**, 12 noon, Jayhawk Area Agency on Aging, 2910 SW Topeka

ABORTION RECOVERY SUPPORT - Providing services for women & men who suffer from Post-Abortion Syndrome. Kay Lyn at KLCarlson20@cox.net.

AL-ANON FAMILY GROUPS - for friends & families of alcoholics. 785-409-3072 or topekaanon.org

PURSUIT FOR SEXUAL PURITY - Men struggling with pornography & sexual addiction. This bible study/accountability group uses the Pure Desire book by Ted Roberts. For info: 249-9509. All inquiries confidential.

ALZHEIMER'S SUPPORT GROUPS - Monthly support group meetings for caregivers of individuals with Alzheimer's disease or a related dementia. All of our programs have moved from in-person to virtual.

Caregiver support group via Skype 9:30am every other Wednesday. Email Hayley Young at hdyoung@alz.org or call 785.379.3067 for the meeting link and other info.

Caregiver Support Group via Google Hangouts, 4:30pm every other Wednesday. Email Hayley Young at hdyoung@alz.org or call 785.379.3067 for the meeting link and other info.

BIKERS AGAINST CHILD ABUSE - NE Kansas Chapter (B.A.C.A.) 3rd Sun., 4 pm American Legion, 3800 SE Michigan. Open to the public. For info: 817-5801.

CELEBRATE RECOVERY - Every Mon. 7-9pm at Topeka First Church, 500 SW 27th, Bldg 'B'. Healing our hurts, habits, and hangups. Learning to grow in a Christ-like maturity.

COMPASSIONATE FRIENDS/BEREAVED PARENTS

GROUP - Meets 4th Mon. in Formation classroom at Most Pure Heart of Mary, 17th & Stone. Discussion starts 7pm; fellowship & refreshments 8:30. 272-4895

GRIEF SUPPORT - Sponsored by Heartland Hospice for those dealing with death or major loss:

1st Mon., 5:30-7:30pm, Individual appointments; other times are available. Call Terry at (785)230-6730.

3rd Thurs., 11am, Lunch After Loss, Paisano's Ristorante, Fleming Place, SW 10th & Gage Blvd., For reservations or info: 785-271-6500.

EMOTIONS ANONYMOUS: a 12-step program for those suffering with emotional instability such as depression, anxiety, grief, etc. Meets every Tues. at Grace Episcopal Cathedral, Noon-1pm. For info: Sharon 785-633-7764

FIBROMYALGIA & CHRONIC FATIGUE SYNDROME SUPPORT GROUP - 2nd Tue., 7-9pm. First Congregational Church, 17th and Collins. For info: Randy at 785-969-4038 or topekaCFS@outlook.com.

GRANDPARENT/RELATIVE CAREGIVER SUPPORT GROUP - 3rd Tue., 6:30-8pm, 2nd floor meeting room, St. Francis Hosp, 1700 SW 7th. For info: Sharla, 286-2329; Jennie (English/Spanish) 231-0763.

"HEALING AFTER THE SUICIDE OF A LOVED ONE" ("HEAL") - or Survivors of Suicide" (SOS). 1st & 3rd Tue., 7-8:30pm, Pozez Education Center of Stormont Vail Hospital, 1505 SW 8th St. Serving anyone who has lost a loved one by suicide.

PRISON OUTREACH MINISTRY - Every Tue., 7-9pm, Topeka Women's Prison, 815 Rice Rd. Reaching out to those who can't come in, finding freedom behind bars, inspiring inmates to seek salvation during a difficult time. Providing support & guidance through the Holy Spirit to offer strength. Director: Don Garner, 286-0489 or faithfamilylifeministries@gmail.com.

GAMBLERS ANONYMOUS - Every Wed, 7pm, St. Francis Hospital, meeting room #8.

MOMS-IN-TOUCH PRAYER GROUP - Every Wed., 2:30-3:30pm, Library at Cair Paravel-Latin School. Experience God's power through prayer as we lift our

students, teachers, staff, administrators & board up to the Lord. For info: 357-0369.

DIVORCARE PROGRAMS - (For updates check www.divorcecare.org) locations and times:

WED. - 6:30pm, Topeka Bible Church, 1101 SW Mulvane. Cost: \$15. Child care provided. For info: 379-0505 or www.divorcecare.org.

WED. - 6:45 - 8:45pm, Walnut View Christian Church, 3634 SE 37th St. (just East of 37th & Croco). Cost: \$10 registration (scholarships available). The video seminar series featuring some of the nation's foremost experts on divorce and recovery topics, combined with support group discussion of the materials. Complimentary child care children up to the fifth grade. Info: 266-7550 or walnutviewcc@att.net.

WED. - 6:30pm, Northland Christian Church, 3102 NW Topeka Blvd. No Cost. 286-1204, www.northland.cc

PROSTATE CANCER SUPPORT GROUP - 1st Thurs., 7pm, Saint Francis Hospital 2nd floor conf. room of the cancer unit. For info: 266-9533.

CELEBRATE RECOVERY - Every Fri., 6pm, 1912 Gage Blvd. A Christ-centered program, based on 8 principles found in Jesus' Sermon on the Mount. Applying these Biblical principles, become free from addictive & dysfunctional behaviors. crtopekaks.org.

NICOTINE ANONYMOUS - Every Fri., 6:30pm, Town & Country Church Renaissance Room, 4925 SW 29th St, use west door cross red foot bridge. A fellowship of men & women helping each other to live free of nicotine. No fees. 402-321-486; Laboomaha@att.net

TOPEKA NAR-ANON FAMILY GROUP - For families & friends who are affected by someone else's narcotic addiction. Every Sat., noon-1:15 pm, rm. A, 1st Baptist Church, 3033 SW MacVicar, enter on S. side, door A. www.naranonmidwest.org

COVENANT KEEPERS - 3rd Sat. Group for people who want to see their marriage saved when their spouse wants out. For info: 816-453-0884 or 816-966-0927.



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Concert at **The Woods** at WANAMAKER
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entertainment

New series redefines personal story of enslaved Americans

Barry Jenkins, the director of “The Underground Railroad,” says that “before making this show ... I would have said I’m the descendant of enslaved Africans.”

“I think now that answer has evolved,” he continued in an interview on NPR’s Fresh Air. “I am the descendant of blacksmiths and midwives and herbalists and spiritualists.”

The series, showing on Amazon Prime is attempting to upend viewers’ notions of what it meant to be enslaved.

As a scholar interested in how modern representations of enslavement shape our understanding of the past, I am struck by the ways Jenkins seeks to change the way viewers think about – and talk about – Black American history.

In doing so, he takes the baton from scholars, activists and artists who have, for decades, attempted to shake up Americans’ understanding of slavery. Much of this work has centered on reimagining slaves not as objects who were acted upon, but as individuals who maintained identities and agency – however limited – despite their status as property.

In the past three decades there has been a movement among academics to find suitable terms to replace “slave” and “slavery.”

In the 1990s, a group of scholars asserted that “slave” was too limited a term – to label someone a “slave,” the argument went, emphasized the “thinghood” of all those held in slavery, rendering personal attributes apart from being owned invisible.

Attempting to emphasize that humanity, other scholars substituted “enslavement” for “slavery,” “enslaver” for “slave owner,” and “enslaved person” for “slave.” Following the principles of “people-first language” – such as using “incarcerated people” as opposed to “inmates” – the terminology asserts that the person in question is more than just the state of oppression imposed onto him or her.

Not everyone embraced this suggestion. In 2015, renowned slavery and Reconstruction historian Eric FONER wrote, “Slave is a familiar word and if it was



good enough for Frederick Douglass and other abolitionists it is good enough for me.”

What, then, to make of Barry Jenkins’ saying he wants to push past this terminology?

In that same NPR interview, Jenkins notes that “right now [Americans] are referring to [Black slaves] as enslaved, which I think is very honorable and worthy, but it takes the onus off of who they were and places it on what was done to them. And I want to get to what they did.”

I think that Jenkins is onto something important here. Whichever side you take in the ongoing terminology debate, both “slave” and “enslaved person” erase both personality and agency from the individuals being described. And this is the conundrum: The state of enslavement was, by definition, dehumanizing.

For artists, writers and thinkers it’s difficult to reflect on the dehumanization of masses of people without diminishing some of the characteristics that make them unique. And once you step onto that path, it’s a short journey to reducing the identity of the collective group – including their ancestors – to one that’s defined by their worst experiences.

Seeing slaves on screen

In some ways, because of the nature of their medium, filmmakers have fared better than their fellow artists at balancing the challenges of portraying the horrific experiences of enslaved people as a whole and

elevating the particular experiences of enslaved individuals.

So where does Jenkins fit in the lineage of cinematic depictions of enslavement?

From the start, comparisons to “Roots” – the first miniseries about American chattel slavery – abound.

“Roots,” which appeared in 1977, was the first miniseries on American television to explore the experiences of slavery on multiple generations of one Black family. It also created powerful oppor-

tunities for interracial empathy. As critic Matt Zoller Seitz notes, for “many white viewers, the miniseries amounted to the first prolonged instance of not merely being asked to identify with cultural experiences that were alien to them, but to actually feel them.”

Some Americans might remember those eight consecutive nights in January 1977 when “Roots” first aired. It was a collective experience that started and shaped national conversations about slavery and American history.

By contrast, “The Underground Railroad” appears in an age replete with representations of enslavement. WGN’s underappreciated series “Underground,” the 2016 remake of “Roots,” 2020’s “The Good Lord Bird,” “12 Years a Slave” and “Harriet” are just a handful of recent innovative portrayals of slavery.

The best of these series push viewers toward new ways of seeing enslavement and those who resisted it. “The Good Lord Bird,” for example, used humor to dismantle ossified perceptions of John Brown, the militant 19th-century abolitionist, and opened up new conversations about when using violence to resist oppression is justifiable.

A delicate dance between beauty and suffering

Looking at “The Underground Railroad,” I can see how and why Jenkins’ vision is so important in this moment.

In Jenkins’ films “Moonlight” and “If Beale Street Could Talk,” the director made a name for himself as an artist who can push past narrow, constraining visions of Black identity as one marked solely by suffering. His films are not free from pain, of course. But pain is not their dominant note. His Black worlds are places where beauty abounds, where the characters in the stories he tells experience vibrancy as well as desolation.

Jenkins brings that sensibility to “The Underground Railroad” as well.

Critics have commented on how Jenkins uses the landscape to achieve this beauty. I was struck by how the sun-soaked fields of an Indiana farm create a perfectly fitting backdrop for the rejuvenating love Cora finds there with Royal.

In “The Underground Railroad,” slavery – for all its horrors – exists in an environment nonetheless imbued with beauty. The curtain of Cora’s vacant cabin flapping in the breeze and framed by the rough timbers of the slave quarters evokes the paintings of Jacob Lawrence.

–The Conversation

MOVIES, STREAMING, BOOKS, MUSIC, INTERVIEWS & MORE!



A Quiet Place II delivers on thrills without the gore, again

A Quiet Place Part II follows the story of the Abbott family as they struggle to survive and outsmart the sound-sensitive and blind aliens that have invaded Earth. After losing their father (played by John Krasinski) and home in the first film, the remaining family members must venture out to find survivors and to survive themselves.

Evelyn Abbott (Emily Blunt) is on her own with two young teens and a newborn, and with no place to go. Evelyn must battle her grief, battle nearly indestructible monsters, and somehow find some small bit of shelter where she can hope to keep her kids safe.

But safe is a relative term in the world the Abbotts find themselves.

And it’s not just the aliens. Terrified survivors in the area near their burned-to-the-ground farm aren’t too keen on having a woman with an infant in their midst. Babies have such a hard time grasping the concept of being deadly silent.

So what does a woman like Evelyn do? Well, first she steps quietly. She walks with her kids for miles, quietly. She sweats and wheezes quietly under the weight of the family’s few vital possessions.

After that, all she can do is hope. She hopes that someone might offer some shred of assistance. She hopes for some little miracle, one tiny mustard seed of faith, a small bit of bravery from someone. Anyone.

And Evelyn is slightly surprised when she begins to see hints and glimpses of all those things in her teen daughter Regan. Regan is deaf—an auditory limitation that handicaps her doubly in a world where every tiny sound you make can end in nearly instant death. But Regan has always taken after her dad. And that’s made her resourceful, observant, honorable and willing to give everything to help someone in need.

All of those traits are exactly what Evelyn and the Abbott family need right now. They just have to live long enough to put those excellent character qualities to

use. For example, in a flashback scene that shows us how the alien attack began, Evelyn’s husband, Lee, quickly assesses the situation. He’s also instrumental in making brave choices and getting his family to safety. When A Quiet Place came out in 2018, some noted a pro-life theme when Evelyn chose to birth a child in extremely difficult and, indeed life-threatening circumstances. Evelyn also repeatedly puts her life on the line to protect her kids.

The Abbott kids bravely step into the fight, too. Regan (Millicent Simmonds who is deaf in real life, too) and Marcus (Noah Jupe) both make some less-than-wise choices along the way. But Regan, in particular, uses the lessons she’s learning to defeat the monsters. She also deciphers certain messages and clues in a radio message and bravely gives her all to save her family and others. “I can save them. I can save us!” she says in sign language when told that she needs to turn back. She also challenges Emmett to be a better and braver man.

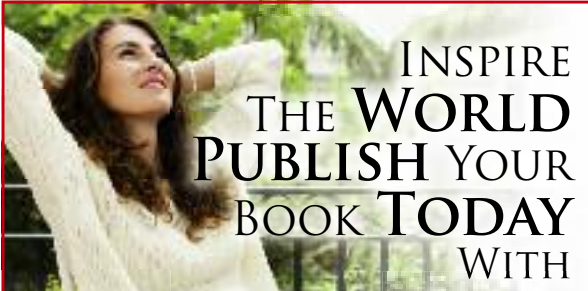
That aside, the movie does have violent, but not necessarily gory scenes.

An opening flashback scene featuring a flaming spacecraft crashing to the Earth, which gives a sense of context to the alien invasion and immediately ushers viewers in to the fact that A Quiet Place Part II is far more monster focused than the first film. A sense of rabid chaos delivered by multiple creatures carries over into the rest of the story.

The creatures’ talon-tipped attacks rip and rend everything from furniture and walls, to the metal exteriors of vehicles and farm buildings. We see scores of people and vehicles being quickly slammed around, with windows being smashed. The scenery, large and small, gets chewed to bits.

A Quiet Place Part II is available in theaters now. As Paramount+ intends to distribute its biggest releases after a 45-day window, the movie should get to the streaming platform after July 12.

–Bob Hoose | Focus on the Family



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Netflix's 'Blue Miracle' is one of the most inspiring films of the year

By Michael Foust

Omar is a man of faith with a big heart and a strong desire to save the street kids of Cabo San Lucas, Mexico.

He's also a man who puts his faith into action.

He and his wife, Becca, operate an orphanage of more than a dozen boys, teaching them right from wrong and instilling in them the traits that helped Omar survive, including hard work.

Some of the children were abandoned. Others were abused.

Unfortunately, though, Omar's orphanage is short on funds. Without a quick infusion of cash -- specifically, \$117,000 -- the bank will close the orphanage within a month. And those children will be sent back to the street.

Omar needs a miracle.

Perhaps a storm will help.

A hurricane hits Cabo San Lucas, flooding the orphanage and sending the rest of the community into chaos. This includes the Bisbee's Black & Blue Fishing Tournament, which is plagued with cancellations from international travelers and is needing participants.

Witnessing Omar's financial plight, a tournament official pairs Omar's orphanage with a has-been fisherman and enters them into the competition, waving the hefty fees.

Could the Bisbee Black & Blue -- the world's richest fishing tournament -- be the answer to Omar's financial plight?

The new faith-centric Netflix film *Blue Miracle* (TV-PG) recounts this unlikely tale, which is based on a true story about an orphanage, Casa Hogar, that was on the verge of closing when the unexpected happened. It stars Jimmy Gonzales (*Godzilla: King of the Monsters*) as Omar and Dennis Quaid (*I Can Only Imagine*) as the fisherman, Wade.

It's one of the most inspiring dramas of 2021, with themes involving second chances, fatherhood and prayer. ("God hears me every time," Omar tells one of the boys.) It even has a positive message about temptation (Omar and Wade briefly consider cheating in order to win).

Quaid has mastered the role of an aging, gruff man. Gonzales is marvelous, too.

Chris Dowling, a Christian filmmaker who helped make faith movies such as *Run the Race* and *Priceless*, co-wrote *Blue Miracle*. Reach Records, the Christian label co-founded by Lecrae, produced the soundtrack.

Thankfully, *Blue Miracle* also is family-friendly, with only minor language -- h-l-l (1), p---ed (1), OMG (1) -- and no sexuality or violence. Still, parents of small children may want to be cautious due to themes of abandonment and street violence.

Also worth watching this month: **Spirit Untamed** (Theaters, HBO Max) -- A young girl develops a passion for horses -- and horse-riding -- after being sent to the wide-open frontier out west. *Spirit Untamed* includes a family-centric plot and is one of the year's most kid-friendly movies. Rated PG for some adventure action.

Expedition Back to the Future (Discovery Plus) -- Explorer Josh Gates joins actor Christopher Lloyd to search for the famous DeLeorean time-traveling machine from the *Back to the Future* film series. Some families may not consider *Expedition Back to the Future* appropriate for young children -- it includes minor language and scenes from the films -- but parents who grew up in the 1980s probably will enjoy it. TV-14.

Oklahoma (Disney Plus) -- A farm girl is courted by two cowboys in this 1955 musical classic. It was nominated for four Oscars and won two (Best Music, Best Sound). *Oklahoma* stars Gordon MacRae, Rod Steiger, Gene Nelson and Shirley Jones. It includes some of the best tunes you'll ever hear in a musical. Rated G.

Meet the Meerkats (Discovery Plus) -- Meerkats rescued from the illegal trade are returned to the Kuruman River Reserve in Africa and then followed by cameras as they adapt to the wild. It's a fascinating animal documentary that has elements of a comedy and a drama.

Michael Foust has covered the intersection of faith and entertainment more than 15 years. He is the husband of a wife, Julie, and the father of four small children.

Candace Cameron Bure Wants Her Children To Date Other Christians

Outspoken Christian Candace Cameron Bure has one important rule for who her children date: they be a person of faith.

Speaking to *Us Weekly*, the "Full House" star admitted to telling her kids that she wanted them to find someone who loves Jesus as much as she does.

"When it comes down to it, I just want [their significant others] to love Jesus the way I love Jesus," Bure said.

"That's all I really want," she added. "Is that too much to ask for? Yeah. It's not too much."

The actress added that her 22-year-old daughter, Natasha, is "dating a lot now."

"She just wasn't telling me about all of her dates at the time. She is dating, and I'm good with that. I'm happy. She has to date the right guys," she said.

Candace Cameron Bure has been open about the significance of her Christian faith for several years now. Last year, when asked if she would ever return to co-host "The View," Bure said she would rather spend the time sharing Jesus.

"I just don't publicly want to talk about politics," Bure said. "Not because I don't believe that my viewpoints and opinions are important but I would much rather share Jesus with people. That's really my passion."

"I don't want to get into the political debate because it just is about division and separation. And I want to learn. I want to be [part of] a conversation about how to build a bridge," she continued.

Candace Cameron Bure became a



Christian at age 12 after her parents first took her to church. She described having felt "warm," recalling how happy church made her family.

"When I was twelve years old, my parents told us we were going to church; a friend had invited us. It was strange to me, and I giggled at the thought of God," she wrote in 2017. "But as we continued to go every Sunday, my heart felt warm, and I saw how happy my mom, brother, and sister were. I decided that I wanted to feel the same way. It was Jesus Christ that was producing this change in them, so one Sunday morning, I asked Jesus into my heart as my personal Lord and Savior. I was baptized along with some of my family at a later service. I was extremely excited about what I thought was my new Christian life."

Though Candace's relationship with church waned a bit during her teen years

as her role on the show "Full House" catapulted her to riches and fame, she eventually became more serious about her Christianity after reading the book "Left Behind."

"While I thought I was a good person compared to other people, I saw that I was a horribly bad person by God's standard," she said. "It was then that I truly recognized and understood my sin and what Jesus did for me. I broke the Law, and Jesus paid my fine. God has changed me in ways that words can't describe. He has transformed the way I think and live my life. Things that were once important to me are no longer. I can't help but share the Good News with everyone!"

Candace and her husband, hockey player Valeri Bure, have been married since 1996.

—Paul Bois | DailyWire.com

Gospel group brings their nationally-known sound to Topeka

Since December of 1990, Greater Vision has inspired audiences around the world with their rich vocal blend and their effective ability to communicate the message of the gospel. They have established a firm place at the pinnacle of Christian music, becoming the most awarded trio in the history of Gospel music.

Gerald Wolfe, the group's founder, serves as Pianist and Emcee. Multi-Award-winning Songwriter, Rodney Griffin, sings the Lead part for the trio. Chris Allman, Gospel Music's Favorite Tenor, and also a prolific songwriter, sings Tenor. Jon Epley is the newest member of the group having joined April of 2017 as the Baritone singer. He is also a songwriter.

Greater Vision appears regularly on the InTouch television program, hosted by Dr. Charles Stanley. They also appear on the Gaither Gospel Video Series. Gerald also served as a co-host on Bill Gaither's syndicated "Homecoming Radio" Show, for several years, which was heard weekly on almost 3000 radio stations around the world, as well as on satellite radio. One of their most recent endeavors is as a part of the very popular "Gospel Music Hymn Sing" DVDs and coinciding GMHS events across the USA.

The group will perform in Topeka at Wanamaker Woods Church of the Nazarene, located at 3501 SW Wanamaker Rd., on August 13 at 7pm. Doors will open at 6pm, and a freewill offering will be taken. For information call 785-273-2248 or go to wwood-



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www.facebook.com/events/923288371572235

Greater Vision's latest recording, "The Journey," celebrates the group's more than 30 years of ministry, with 5 new songs, penned by Rodney Griffin, Chris Allman, and Jon Epley, and completely new recordings of 8 "Greater Vision

Classics." The new project was produced by Gerald Wolfe and Trey Ivey, and is distributed by Daywind Records.

More than 175 times every year, Greater Vision presents the Gospel, through music, in a way that has endeared them to audiences around the world.

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50+ Lifestyles A Guide to Enjoying Life in the Best Years

How 'superagers' stay sharp in their later years

When it comes to retirement, experts recommend that everyone do some hard thinking. By this, they mean you should plan your finances responsibly, consider carefully where to live, and decide what colour beach chair to sit in all day as you sip strawberry daiquiris in the sun. But there's another reason to think hard about these details: hard thinking by itself – a strenuous mental workout – is good for your ageing brain.

My collaborators and I at Massachusetts General Hospital and Northeastern University in Boston study people over 65 who have incredible memories for their age, on a par with healthy 25-year-olds. Scientists call them "superagers" (a term coined by neurologist Marsel Mesulam at Northwestern University in Chicago). While nobody knows exactly why some people are superagers, we believe that one common factor is that they engage in demanding mental exercise. They continually challenge themselves to learn new things outside of their comfort zone.

Beginning in middle age, research shows, many people take steps to avoid unpleasantness: they quit their irritating jobs; take relaxing holidays instead of vigorous ones; they pursue happiness. Scientists call this phenomenon the "positivity effect".

Nobody wants a life filled with stress, so it's reasonable to indulge the positivity effect and divest yourself of negative things. In fact, stress that continues for a long time, a condition known as chronic stress, is toxic to your brain – it literally eats away at critical brain regions.

Not all stress is bad, however. Research suggests that you need some amount of stress in your life if you want to stay mentally sharp – in particular, the momentary stress that comes with hard work. Your nervous system evolved so that occasional bouts of stress, where you tax your body and brain for a short time, is necessary to keep your brain healthy as you age.

To understand why this is the case, consider how your memory works. Whenever you remember something, like where you left your car keys, you aren't retrieving a memory wholesale from some distinct crevice in your brain; instead, you construct memories in the moment, out of bits and pieces gathered from around your brain. This construction process is launched by an ensemble of brain regions that, according to our research, are thicker and better connected in superagers. Perhaps you've heard of some of these regions, which include the hippocampus, the anterior insula, the midcingulate cortex, and the medial prefrontal cortex, among

others.

The same "superager ensemble" of brain regions also assembles your thoughts, emotions, decisions, dreams, sights, sounds, smells, and everything else you perceive, using the same construction process that makes your memories. Anytime you feel happy or afraid, for example, your brain constructs those emotions out of bits and pieces of your past experience in similar situations, led by your brain's superager ensemble.

In addition, the superager ensemble performs the vital task of regulating your organs, hormones and immune system. These brain regions are responsible for predicting your body's energy needs in advance, to keep you alive and healthy. If you're getting the idea that they are hugely important, you're right: they are major hubs that coordinate communication throughout your brain. They show up in thousands of neuroscience studies on diverse topics. I'm calling them the superager ensemble only as a convenient shorthand.

All in all, when the key regions of your superager ensemble are thick and well connected, your brain can regulate your body and construct your experiences faster and more efficiently. But it's not always easy to keep these regions in good shape, because they also create the stressful feelings that you have when exerting yourself. Thinking hard can make you feel unpleasant in the moment, just as strenuous physical exercise can make you ache for a time. These unpleasant feelings invite you to stop working hard. Based on research in my lab, however, if you want to realise the brain benefits of superageing, you must push past the momentary discomfort. In many cases, the unpleasant feeling is a false alarm, and you actually do have the mental or physical resources to continue exerting yourself.

What enables superagers to persevere in the face of unpleasantness? That's an open question, but scientists have found that if they electrically stimulate one of the regions of the superager ensemble – the midcingulate cortex – subjects report a feeling of motivation to overcome difficult challenges. The psychologist and author Angela Duckworth calls this feeling "grit."

In the past, some researchers have described grit as the ability to regulate your emotions by thinking rationally. Modern neuroscience, however, has established that the human brain has no dedicated areas for thinking versus feeling. Our research suggests that grit is not so much a grand battle between cognition and emotion; it's more the ability to use your unpleasant feelings as fuel rather than as a reason to apply the brakes. Superagers, and other people who regularly cultivate grit, treat their unpleasant feeling as a signal to keep going.

So, what can you do to increase your



JRR Tolkien was in his 60s when Lord of the Rings was first published.

chances of being a superager? While there are no guarantees, here are some tips.

First, engage in strenuous mental activity on a regular basis, enough to make you feel unpleasant in the moment. Pick a topic that has always interested you, whether it's chemistry or gardening or sports statistics, and dive into it until your brain hurts. Take classes that you find challenging, or work on a project that's difficult. Learn to play a musical instrument, or study a foreign language. If you fail at your task, don't fret, just try something else. The key is to push past the discomfort that comes with learning a new subject or skill.

The head of my daughter's karate school, Grandmaster Joe Esposito, has a saying about pushing past discomfort, when he speaks to his nervous students before their black belt test: "Make your butterflies fly in formation." I suspect that superagers keep their butterflies exceptionally well trained.

Second, if you aren't exercising regularly, begin doing so if you can. Studies show that vigorous physical effort, again past the point of unpleasantness, may have similar effects on your brain as hard mental effort. The mechanisms are not yet known, but demanding exercise appears to improve the thickness and connectivity of the same brain regions. For example, in one study, people who exercised regularly in their 60s were more likely to be mentally fit in their 90s.

Third, eat healthy food and get enough sleep. Several studies have shown that a Mediterranean diet, rich in vegetables, fruits, fish and healthy fats like olive oil, is associated with better memory, less cognitive decline, and less brain atrophy in general. Sufficient sleep is known to be important for a healthy memory, and it even clears out certain "wastes" from your brain, known as beta-amyloid plaques, that are linked to dementia.

You may hear that you can exercise your brain by playing sudoku and visiting "brain game" websites. These relatively mild activities are not likely to increase your odds of becoming a superager, because the level of difficulty is too low. You have to work hard enough to feel the strain of effort.

Superageing is an area of ongoing

research, with important, unanswered questions. We cannot say definitively, for example, if superagers are born or made. We also don't know if some people have a head start on superageing because their superager ensemble starts out thicker or better connected than average. What we do know is that the regions of the superager ensemble tend to be thinner in people who have suffered adversity, particularly as a child or adolescent.

We also know that these regions are thicker for children and adolescents who exercise regularly. Exercise improves memory and school performance in children and also has an effect on brain structure, although more research is necessary to determine the exact range of effects.

Also, damage to the superager ensemble is associated with a long list of serious disorders, including depression, schizophrenia, autism, dyslexia, chronic pain, chronic stress, dementia, and Parkinson's disease.

In other words, it's never too early to start attending to your superager ensemble. Just as you should save money for retirement beginning at a young age, you can also start preserving your memory early. (Scientists call this your "cognitive reserve.") Don't wait until you're old to start saving – your future health may depend on it.

History is full of people who flourished late in life, such as Julia Child, who published her first cookbook when she was nearly 50, and Teiichi Igarashi, who climbed Mount Fuji at 99. Artists such as Mary Delany, who created 1,700 meticulously crafted paper flowers, and Louise Bourgeois, the sculptor of the giant metal spider Maman, did their most skilled work in their 70s and 80s. Judi Dench at 82 is still wowing audiences in a field that requires lots of memorisation.

So, if you want to stay mentally healthy into old age, don't just retire: rewire. Help to build up your brain circuitry through regular sessions of vigorous effort, whether physical or mental. Keep up the hard work, push past momentary discomfort, and have a happy "rewirement."

–Lisa Feldman Barrett

Retiring Single: 5 Strategies to Consider

Planning on retiring single? You aren't alone. Nearly 22 million Americans age 65 and older were unmarried in 2019, according to the U.S. Census Bureau, representing 41.5% of those in that age category. And for women, it's more likely to be the case. According to the Administration on Aging, 54% of older women are unmarried, as compared to 30% of older men.

"Retirement planning can be especially challenging for singles, who need to prepare without the decision-making and income support of a partner," says Scott Pedvis, financial advisor, Wells Fargo Advisors.

For those setting a course for solo retirement, Wells Fargo Advisors offers these five tips:

1. Create a fallback plan. Retirees commonly discover a gap between what they thought they'd need for retirement and what's actually needed. And if you're single, you may not have a second income stream to rely on should finances become unexpectedly disrupted. Periodically review your investment portfolio and build backup plans. Such contingency planning could involve more emergency savings and more robust disability and long-term care insurance protection than couples. You could also choose to take a part-time job for extra income.

2. Build a network of advisors. With autonomy sometimes comes a reluctance to seek advice. Consider forming a team of trusted professionals, including a financial advisor, accountant, attorney and healthcare providers.

3. Count on loved ones — to a point. Friends and family can be a lifeline in good times and times of need. However, ensuring they don't take advantage of your independent status

or create serious financial burdens for you is essential. For example, you should take extreme care before turning over financial matters to others. Stay actively involved and work with a trusted team to help make decisions in your best interests. Evaluate the possibility of engaging a corporate trustee to manage finances, should you become incapacitated.

4. Prepare key documents. According to Caring.com, more than half of American adults don't have estate planning documents such as a will or trust. Don't wait. Even if you've put some documents together, they may not ensure your wishes are carried out. Here are the key documents forming the foundation for most estate plans:

- Will
- Power of attorney (POA) for financial matters
- Durable power of attorney for health care
- Health Insurance Portability and Accountability Act (HIPAA) release authorization
- Living will
- Revocable living trust

To prevent confusion and misdirected bequests, carefully designate beneficiaries of IRAs, employer-sponsored retirement plans, insurance policies and annuities. Lay out clear directions for the distribution of remaining assets. Also, don't forget about digital assets and accounts. Will your executor

or trustee have proper authority to access and manage those items? Talk to your attorney about keeping digital planning secure and up-to-date.

5. Plan for change. Entering into a committed relationship could mean making adjustments. Look at your insurance coverage, emergency fund and future income plan. Think about having a frank discussion with your new partner about how you'll divide assets in the event of divorce or death.

If ex-spouses or children are in the picture, consider managing finances and estate plans separately. With the assistance of your financial advisor and estate-planning attorney, you can establish a basic estate plan, and, as appropriate, discuss other strategies for preserving wealth.

For more expert retirement guidance, visit wellsfargoadvisors.com.

"Planning for retirement is part of the financial journey. Key planning strategies can help you feel confident as you approach your golden years solo," says Pedvis.

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sports

Jennie Finch says God is 'so much more than' her Olympic gold medal



If anyone knows what it's like to win, it's Jennie Finch.

At the height of her game, the famed right-handed softball ace was simply unbeatable. Major League Baseball All-Stars cowered at the thought of batting against her. The 2001 Women's College World Series saw her showcase championship stuff. The 2004 Summer Olympics witnessed her gold-medal domination. Ditto for USA Softball, which saw her take seven titles, and the University of Arizona, for whom she went 119-16 with more than 1,000 strikeouts and an earned run average of just 1.08.

When reflecting on her prestigious career, however, the 37-year-old Finch doesn't hold any of her marvels from the mound as particularly satisfactory — at least compared to her belief in the God she says blessed her with so much talent.

And, of all places and times, the turning point for that attitude occurred when she won gold at the Olympics.

"There is so much more than that gold medal," Finch said on the Sports Spectrum podcast earlier this year. "God was speaking to me and saying, 'This is going to tarnish one day.' And part of me had to chuckle at the time, because I was like, 'God, really? You're going to use this moment to tell me I'm not nearly as cool and awesome and amazing as I thought I was and the world thinks I am right now?' ... But I'm so thankful, because what a testimony it is."

That testimony, according to Finch? It's all about making clear that, regardless of your personal achievements or otherworldly success in softball, the thing that

truly matters lies beyond this world.

"We can get caught up in so many other things, and it's like all of this is going to fade away one day," she said, "but our hope in Him is for eternity, and that's what we're living for ... we can always come back to that if we know and love and believe in Jesus Christ."

Was Finch great at her game? Yes. And did she embrace her dominance? Yes.

"This was a God-given gift and talent," she said.

Above all, though, her message is this: God is greater than His gifts. And He is the greatest of all.

A two-time Olympian who also won silver at the 2008 Beijing Games, Finch went a perfect 32-0 during her junior year

Alex Smith earns award for adversity, considers TV analyst role as next step

Former Kansas City Chiefs quarterback Alex Smith was presented with the 2021 George Halas Award by the Pro Football Writers of America in June. The award is given annually to a figure who has overcome significant adversity.

Smith has been a tremendous story across the NFL over the past couple years as he attempted to return to the field after a gruesome leg injury ruined his 2018 season. In the aftermath of a hit against the Houston Texans in which he suffered a compound fracture of his leg, Smith faced significant questions far greater than the game of football. It was a question as to whether or not he would be forced to lose his leg after subsequent surgeries left him dealing with infection and then sepsis.

What makes Smith's story so compelling is not only was he able to



rehabilitate his leg and return to walking normally again, but he remained committed to returning to the game he loved so much after a period of consideration and debate. In 2020, after over a year-and-a-half away from football, Smith climbed the depth chart of the Washington Football Team once again to claim the starting quarterback role.

Last season, Smith ended up starting six games for Washington down the stretch and won five of those contests. He completed 66.7 percent of his passes and threw for nearly 1,600 yards in that span.

Smith retired earlier this year when it was clear that Washington was going to move on at the quarterback position and no other obvious starting roles were going to be open to him. Looking back at his career, Smith was a key leader and performer for the Chiefs in their return to sustained success under Andy Reid and helped usher in the current Super Bowl run, mentoring Patrick Mahomes along the way.

Recently, Smith auditioned for an in-game NFL analyst role with CBS Sports, and also had a separate audition for FOX Sports and meetings with ESPN and NFL Network.

at Arizona, striking out 279 and logging a 0.54 ERA en route to a national championship. Named by the NCAA the No. 2 greatest college softball player, she retired in 2011 before operating Jennie Finch Softball Camps across the country and establishing her own softball academy in New Jersey.

—Cody Benjamin / sportsspectrum.com

Sunrise Optimist Club of North Topeka announces the

35th Annual Bob Cutter Golf Classic

Friday, July 30, 2021
Lake Perry Country Club
Ozawkie, Kansas

Tournament Host: Sunrise Optimist Club of North Topeka
Celebrating our 35th year of hosting a Golf Tournament!

TEE TIME: 10:00 a.m., but be there by 9:30 for lunch and pre-tee instructions.

LUNCH: Sack lunches with water or sodas will be available to all golfers at no charge.

COST: Available now Registration Forms with prices! Price includes green fees, cart, mulligans and cash prizes for 1st and 2nd place teams for two different flights.

SPECIALS: There will be prizes for Closest to the Line, Longest Drive, Closest to the Pin and Longest Putt.

FORMAT: Traditional four(4)-person scramble format with a shotgun start. The field of entries will be divided into two(2) flights with awards for 1st and 2nd place in both flights. Any ties will be determined by handicap holes.

Anticipated Tournament Sponsors for 2021:

- Golf package: Lake of the Ozarks(Golf & Lodging), Waters Edge Motel(Indian Rock Golf Course)
- Great Life Golf and Fitness • Ben Schraier
- Lake Ridge Bar & Grill, 2 Chefs Catering • Western Associates
- Rose Muffler & Car Care • Eagle Bend Golf Course, Lawrence, Kansas
- DeBackers, Inc. • Lewis Toyota • Kendall Construction

Raffle and Auction items will be available! • Donations always welcome!

If you have any questions or need additional information please contact Alan Rose, 785-640-2340, Scott Souther, 785-250-8102, Dan Lill, 785-414-0018 or Gary Damer, 785-256-5625.

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Sneakers and Smiles Golf Classic returns to Cypress

Sole Reason's 3rd Annual Sneakers and Smiles Golf Classic will be held July 31 at Cypress Ridge Golf course, with a 9:00 AM shotgun start. The tournament is a scramble format. Sole Reason collects new shoes and gives them free to needy children in Topeka and Northeast Kansas.

Sole Reason has set up programs with Boys & Girls Clubs of Topeka, the 501 School District and other organizations to identify needy children in our local area. Sixty-seven percent of families served are at or below the national poverty level. Fifty-four percent of these kids come from single parent households.

Jerry Hudgins, founder of Sole Reason, says the tournament proceeds help a lot of needy kids, adding to the thousands of pairs that have already been given away.

"Get ready for more sneakers and smiles!" he said. We are looking for hole sponsors and donations for our silent auction. We also need gift certificates



from local businesses or food trucks. This will help us reach even more local children who need shoes, and to put smiles on their faces!"

Hudgins says there will be lots of highly-desired items at the silent auction once again. There will also be a putting contest and prizes for closest to the pin, longest

drive and longest putt.

Entry fees are \$360 for a 4-person team and includes green fees, cart, drinks and lunch.

Registration for the tournament can be done at www.solereason.net, or by reaching out to Hudgins at 785-338-2965 or sole_reason@yahoo.com.

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Benefiting Local Kids In Need

4 Person Scramble Tournament
Saturday, July 31st, 2021

Cypress Ridge Golf Course
2533 SW Urish Rd, Topeka, KS 66614
Registration 8:00 - 8:30 AM

Shotgun Start: 9:00 AM

Entry Fee: \$360 per team or \$90 per person
Includes Green Fees, Cart, Drinks and Lunch

For More Information or to register, go to www.solereason.net
or contact Jerry at (785) 338-2965 or
e-mail sole_reason@yahoo.com

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- Longest Putt
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1. HIGHLAND HEIGHTS CHRISTIAN CHURCH

785-379-5642
 Sunday Services: 8:30 and 10:00 AM
 2930 SE Tecumseh Road
 Tecumseh, Kansas 66542
www.highlandheightsccc.com
 Jars of Clay Children's Ctr 785-379-9098

2. CHRISTIAN CAVALRY MINISTRIES INT.

Pastor Beaux Bryant
 Call about new meeting location for current services.
 785-224-5419 • www.church4bikers.org
 Sun. School 9:30 am
 Sun. Service 10:45 am
 Wed. Prayer & Bible Study 7pm

3. TOPEKA BIBLE CHURCH

1101 SW Mulvane St., Topeka
 785-234-5545
 Worship: 9:00 & 10:30 am
 Livestream at 9:00 am
 Sunday School & Bible Studies:
 9:00 & 10:30 am
www.discovertbc.com

4. NORTHLAND CHRISTIAN CHURCH

3102 NW Topeka Blvd., Topeka
 286-1204
 Worship Sun. 9:00 & 10:45 AM
www.northland.cc

5. INDIANA AVENUE CHURCH OF CHRIST

"Grace has dispensed, because Grace has redeemed"
 3510 SE Indiana Ave., Topeka, Ks. 66605

785-266-7788, www.Indianaavecofc.org
 Bible University – Sunday - 9:30 a.m.
 Classes for all ages.
 Morning Worship – Sunday – 10:45 a.m.
 Midweek Bible University – Wed. – 7pm

6. FIRST SOUTHERN BAPTIST

1912 SW Gage, Topeka, KS
 272-0443 www.fsbctopeka.org
 Sunday Services:
 8:30 AM Traditional Worship
 9:45 AM Bible study—all ages
 11 AM Contemporary Worship

7. TOPEKA BAPTIST CHURCH

"Finding NEW LIFE in CHRIST"
 Sunday Worship 9:15 & 10:45am, 6pm
 ~ Sunday School for all ages ~
 4500 SW Gage Blvd., Topeka
 785-862-0988
www.topekabaptist.org

8. WANAMAKER ROAD BAPTIST CHURCH

"Being and making disciples of Jesus Christ by the power of the Gospel, to the glory of God"
 2700 SW Wanamaker Rd., Topeka
 (785) 272-9323 www.wrbctopeka.com
 Traditional Sunday Worship 10:30am & 6pm
 Sunday School 9am • Wed. Prayer 7pm

9. GRACE COMMUNITY CHURCH

310 E 8th St (E. US 56 Hwy)
 Overbrook, KS; 785-665-7117
 Elvin Dillard, Senior Pastor
 Sunday School 9 am; Worship 10 am
www.gccinoverbrook.com
office@gccinoverbrook.com

11. COMMUNITY CHURCH

1819 SW 21st St., Topeka

233-3537 www.CommunityTopeka.com
info@CommunityTopeka.com
 Sun. 8:30am - Sunday School for all ages
 Sun. 10:00am - Worship & Word
 Sun. 10:00am Youth Service
 ~ Nursery care for all services ~

12. BUCK CREEK COUNTRY CHURCH

Meeting at Buck Creek School House
 5 mi. east of Perry on Hwy 24, 13th & Phillips Rd.
 Childrens Sunday School - 8:30 a.m.
 Worship Service - 9:00 a.m.
 Contacts: Logan Barnett 785-597-5498,
 or Scott Bond 423-0406

13. WANAMAKER WOODS NAZARENE

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 Dr. L.D. Holmes, Sr. Pastor
www.wwnaz.org
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 Children's Worship 9 & 11 am
 Sunday School 10 am, all ages
 Sun. Evening Various Children's Programs
 6 pm Life Groups: 6:30 pm Teen Service
 Wed. 6:30 pm Adult & Teen Life Groups
 Wed. 6:30 pm Kids University
 ~ Nursery care at all services ~

14. OPEN ARMS OUTREACH MINISTRIES COGIC

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 In person or conference call:
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 Supt. S. C. Mitchell, Pastor

15. OAKLAND UNITED METHODIST

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17. EAST SIDE BAPTIST CHURCH

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 AWANA Sunday at 5:45 p.m.
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 Student Ministries & Kid City
www.esbcks.org

19. SEAMAN COMMUNITY CHURCH

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 2036 NW Taylor, Topeka, KS
 354-8777 • www.seamanchurch.com
 Adult Sunday School - Sun. 9:30am
 Sunday Worship: 10:30am
 Children's Sunday School: 10:30am
 Youth group 1st & 3rd Sundays 4-6pm

20. HERITAGE BAPTIST CHURCH

1937 NE Madison St,
 Topeka, KS 66616 • 785-506-4594
 Pastor Dale Stockburger
 Sunday Worship: 11 am and 6pm
 Sunday School: Sun 10am
 Wed. Evening Worship: 7pm

21. HARVEST FAMILY FELLOWSHIP

Meets at 522 SW Polk
 785-220-5418
 Pastor Rey Rodriguez
 Sun. Worship 10:30 am
www.topekaharvest.vpweb.com

22. FAMILY OF GOD CHURCH

1231 NW Eugene St.
 Topeka, KS 66608
 Pastor Roger Randel

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 Wednesday Bible Study 7pm
 234-1111 • FOGchurch.com

24. TRINITY REFORMED BAPTIST CHURCH

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Get Your Patio Ready for Summer Living

It's time to extend your home's living spaces to the outdoors. To get your patio prepped for a summer of relaxation and fun, consider the following décor ideas and inspiration:

The Entryway

Your patio will be more enticing if you have beautiful sliding glass patio doors leading to it. If you do go in for this upgrade, it's important to know that patio doors can be customized in a number of ways that affect their look and function. To help you make sense of your options, shop with manufacturers that offer visualizer tools, such as the one available at ProVia, provia.com/app. This can help you see what colors and hardware look best in your home and find the combination you like best.



course, smooth, easy and quiet operation. After all, it's hard to feel relaxed if simply getting outdoors is a struggle.

Exterior Decorating

Boost comfort and ambiance by applying the same attention to detail when decorating your patio as you would indoors. Beyond furniture that's comfortable enough to lounge on all day or evening, incorporate throws, pillows and

even rugs. Add splashes of color and vibrancy by hanging outdoor wall art, or, if you're feeling extra creative, painting a mural.

Paper lanterns hung above your patio dining area can bring a touch of romance to meals enjoyed outdoors. And get inspired by the nature around you by ensuring your patio features greenery. Potted and hanging plants or even ivy, jasmine or roses grown against a wall or all good choices.

Their Aeris wood and vinyl sliding doors, for example, offer many customization opportunities, including wood stain finishes, interior and exterior colors; options for internal grids and internal blinds; and a wide array of decorative glass, privacy glass and tinted glass options.

Beyond beauty, be sure to prioritize high performance, particularly when it comes to energy efficiency, storm protection, and of

the bases of pergolas or columns.

Just be sure to select products that look like authentic stone even upon careful inspection, and are designed to withstand the elements. For example, the choices available from ProVia are artfully crafted to produce a realistic, dramatic effect, mimicking stones from unique geographic regions in a range of cuts. Unlike other

options on the market, their colors permeate throughout the entire stone, giving every manufactured stone a realistic look with hues that last for years. To learn more, visit provia.com/stone.

With a few stylish upgrades, you can get your patio in tip top shape for summer.

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one the knowledge of the authority Jesus gave us all. We are NOT a church that requires religion but rather a learning and healing center teaching from the bible; while still providing Worship and the Word on Sundays at 10AM. Come join us for an experience to really know Jesus!



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Get fired up by coming to hear Josh Radford spread the flame of revival! He served as youth pastor under Rodney Howard-Browne and longs to reach every lost child of God the Father. The event kicks off at 7pm, July 28th at Croco Square 6115 SE US Hwy 40, Tecumseh, KS. He is here to help us grow by the power of the Holy Spirit so that we can do all that God called us to! Join us each night at 7pm FREE of charge. For questions please email: jrc4christ2021@gmail.com