



metro VOICE

FREE! TAKE ONE!

Summer Streaming Movies
Page 16



CELEBRATING FAITH, FAMILY AND COMMUNITY IN NORTHEAST KANSAS

Now in our 19th year!

VOLUME 19 • NUMBER 12

August 2025

VISIT www.facebook.com/metrovoicenews
US AT or at www.metrovoicenews.com

TO ADVERTISE, CONTRIBUTE, SUBSCRIBE OR RECEIVE BULK COPIES, CALL 785-235-3340 OR EMAIL VOICE@COX.NET

NEW RESIDENT churchguide



Highland Heights Christian Church

See Inside Back Cover!

High School Students Ride Buses Free



The Topeka Metro board of directors has approved for the 2025-26 academic year, that all high school students with a valid student ID can ride fixed bus routes for free.

Paratransit users will need to apply for eligibility. Middle school and grade school students are not included in this promotion.

To ride free, high school students will only need to present their valid student ID to the bus driver. High schoolers can not only ride to school, but to work, a friend's house or elsewhere.

■ Please see RIDE FREE page 2



America's Sins and America's Hope

By **Clint Decker**

John Adams was the 2nd President of the United States and signer of the Declaration of Independence. In a letter to Thomas Jefferson, he reflected on the founding of America, "The general principles on which the fathers achieved independence were the

general principles of Christianity," Noah Webster shared similar views. He was a Revolutionary War soldier and also known as the "Schoolmaster to America." He wrote, "The moral principles and precepts found in the Scriptures ought to form the basis of all our civil constitutions and laws."

When one studies the speeches,

diaries, and letters of the Founding Fathers of the United States and does the same for important documents like the U.S. Constitution, Declaration of Independence, the Bill of Rights and others, he will see the principles of Christianity and the Scriptures embedded in them.

■ Please see HOPE page 2

Project 2 Restore to host 3rd Annual 5K Walk/Run



Project 2 Restore is hosting its Annual 5K Walk/Run on Saturday, August 23rd at Lake Shawnee, Shelter House #1. Check in/late registration will open at 8:00 am and the event will start promptly at 8:30 a.m.

The cost of the event is \$50.00 per person aged 13 and above. Children 12 and under are free.

Participants may register at www.theproject2restore.org. Sponsors or donors may contact the organization through the website as well.

Proceeds from this event will go toward

■ Please see R2R RUN/WALK page 3

Here's How KS & MO Families Fare Under the "Big, Beautiful Bill"

Missourians and Kansans are set to see financial gains from the "Big, Beautiful Bill" according to figures released by the White House. The administration unveiled a new interactive map that breaks down those benefits, which include tax cuts, referring to them as a rocket boost for the economy.

Clicking on Missouri or Kansas on the new map, residents will see numbers that hit close to home. In Missouri, the expected real wage increase ranges from

\$3,400 to \$6,100, while a typical family with two kids can look for a bump in take-home pay between \$7,000 and \$9,800. About one million Missouri seniors are expected to benefit from the elimination of taxes on Social Security. A solid 5% of the state's workforce could see relief from the new provision that wipes out taxes on tips, and 24% of workers are expected to benefit from no taxes on overtime pay, with up to 64%

■ Please see BBB page 3



'Hollywood Exposed': Actress Tina Griffin Empowers Parents, Teens

At age 20, Tina Griffin left the Wisconsin farm where she'd grown up milking cows and baling hay and drove 2,000 miles to Hollywood to take her shot at acting. She was a working actor for 10 years, appearing in movies and TV shows.

Over time, Griffin became aware of the gap between the roles played by her fellow actors and their lifestyles off the set. Many of them were glamorizing or at least prompting negative behavior and values on the screen while sheltering their own children from such influences.

Eventually, she left acting and began speaking out about the disparity in Hollywood between fiction and reality. Since that time, Griffin has spoken to countless thousands of teenagers and parents at home and abroad, in venues ranging from schools to cruise ships to music festivals. "I always hated lies and deception," Griffin said.

"And I loved exposing the truth so that they could get the answers they needed to make an informed decision."

In her on-the-road show, "Hollywood Exposed," she shares the "secrets" of Hollywood celebrities, explaining how they kept their children from

viewing violent or obscene entertainment. She also lifts the curtain on the false premises presented in the media—about drugs, partying, and promiscuity—that lose their glamour and destroy the innocent in real life. She talks with teens about the dangers of drug and alcohol usage, how to deal with the low self-esteem so often created by social media, and how pop culture fads can be avoided.

Her "Counter Culture Mom Show" features an array of issues and guests with a focus on the destructive effects of media and pop culture on young people.

"It's critical that we don't allow our kids to be raised on technology," Griffin said. "What are they going to get out of it? Most of it is not good entertainment, not even good media, and they'll spend all their time doing that instead of developing the talents and gifts they have within them."

From her parents' example, her experience as a mother, and her many encounters with teens and parents of all backgrounds, Griffin shared below some core lessons on helping the young become mature, happy adults.



Give Kids a Sense of Purpose

"If our kids saw that they could give back to the culture, and they were nurtured in that way, we'd have a lot less suicides, a lot fewer kids doing drugs or cutting," Griffin said. "A lot of them don't have people investing in them, spending the time to help them build their purpose and mission in life."

"When people have a sense of purpose, they flourish, they're successful, and they have a reason to live. Once our kids grasp the purpose and reason for why they're here, we will see the culture change quickly."

Control What Comes Into Your

Home

Controlling influences from outside the home is crucial to this goal of purpose. "We've got to raise the bar. We have to have 110 percent control over what comes into our house," Griffin said. "It'll take some time and effort, but it'll be a lot less traumatic and more rewarding if we spend the time now being diligent on what we allow in our homes and in our children's hearts and minds."

Instill a Good Work Ethic

One additional focal point of Griffin's message is the value of instilling a work ethic in the young. "Growing up on a dairy farm in Wisconsin, we didn't have much, but both of my parents were very hard workers. My dad always said, 'You never give up. If something doesn't work, Tina, you just try something different.'"

Besides helping on the farm, Griffin worked several jobs during her high school years, like waiting tables in restaurants, babysitting, and marketing for an advertising firm. "I loved working," she said. She and her husband have planted this passion in their children. The oldest has founded a busi-

ness selling cookies, his younger brother operates a lawn care business with a friend across the street, and a daughter works regularly as a babysitter.

All the kids pitch in when they go on tour with Mom. "I had a couple of guests on for parenting, and they encouraged our audience and me to get our kids involved in doing tasks with us, even if it might take longer, because we're spending quality time together and teaching them something in the long run," she said.

'Stick It Out'

To weary parents everywhere, Griffin offered this encouragement: "When we're battling a dull, dark time in our history, our light needs to shine brighter. If we're gold, our light will shine brighter. We just have to stick it out. The hardest job parents have is being a parent, but the payoff is great."

Griffin's last thought—"The hardest job parents have is being a parent"—may seem like circular reasoning, but its meaning hits home with all moms and dads trying their best to raise good kids.

By Jeff Minick / The Epoch Times

HOPE

continued from page 1

The Founders were intentional with this, because they wanted to have a just and moral foundation for which their new nation would be built on. They knew just laws could provide a restraint on the evil actions of people and promote virtuous conduct.

This began on July 4, 1776. Prior to the date of independence, America's 13 colonies were bound to the laws of Great Britain and were under the authority of King George. After Independence they were bound to their own laws, which were built on Christian principles. Between 1776 and 1804, according to Wall Builders, "nearly half of the states passed laws to abolish slavery." Wall Builders also reports that "from 1790 to 1810 the number of free blacks in America increased from 59,466 to 108,395."

The British Empire brought the evil of slavery to America, but when the Founders separated from the Crown, they began dismantling the institution. Why? Because it was inconsistent with the laws of God. However, only half of the states were for abolishing slavery, while the other half (southern ones), persisted in continuing the evil trade. This illustrates a point, that just because the Founders sought just laws did not mean it automatically created a just and moral people. The law can restrain evil in people, but it cannot eliminate it. This is why among some places in America slavery was held onto tightly, and why some in the government committed atrocities against the Native Americans. And today, this is why millions of women have aborted their babies, and why Jewish students are threatened and abused on some college campuses.

Laws, systems, structures, institutions...they can only go so far, and our

Founders knew that. They knew we needed to encounter God personally. This is why from time to time there would be a call for days of prayer and fasting. On May 15, 1776, just weeks before America's independence came, General George Washington stated, "The Continental Congress having ordered Friday the 17th instant to be observed as a Day of Fasting, Humiliation and Prayer, humbly to supplicate the mercy of Almighty God, that it would please Him to pardon all our manifold sins and transgressions, and to prosper the arms of the United Colonies..."

Our nation needed God in 1776, and we desperately need Him now. Our hearts must be changed to rid our cities of the wickedness displayed in them. And the heart is where the root of our problems lay. Jesus said, "...out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, coveting, wicked-

ness, deceit, sensuality, envy, slander, pride, foolishness." (Mark, 7:21-22) So many of the vile periods in our history and today, come from these sins. Because of this we deserve the judgement of God. But due to His mercy, He sent

His only Son to be our hope. If we as a people, humble ourselves and call upon the Savior of all mankind by faith, then hearts of stone can receive new life.

RIDE FREE

continued from page 1

For students who have not ridden

Topeka Metro's service or are not sure where a bus stop is near their residence, call customer service at 785-783-7000 for assistance. You can also access information on the website at

www.topekametro.org.

As a reminder, the Kids Ride FREE! promotion for youth 18 and under is still in effect until August 15, 2024.

K. KIRK NYSTROM, Attorney

Wills • Powers of Attorney
Estate Planning • Probate • Trusts

• Free Parking • Emergency Hospital Visits
• Evening & Saturday Appointments

*We've Moved
Upstairs!*

112 SW 6th Avenue, Suite 509
Topeka, Kansas 66603

785-235-6977

k.nystrom@att.net

www.nystromlaw.net



"30+ years Experience"

*But let justice roll down like waters, and righteousness
like an everflowing stream. - Amos 5:24*

City of Topeka Invites Public to National Night Out

The City of Topeka invites all residents to join in on the fun at this year's National Night Out celebration, hosted by the Office of Inclusive Communities and City of Topeka staff, on Saturday, August 9, from 12:00 to 5:00 p.m. at Agriculture Hall, 1 Expocentre Drive.

This free community event brings neighbors together for a day of connection, entertainment, and family fun. The celebration will feature Touch-a-Trucks, a talent show, resource fair, face painting, and so much more!

"National Night Out is a great opportunity for our city to come together and celebrate what makes Topeka strong, our people," said



City Manager Dr. Robert Perez. "It's about building safer neighborhoods through community partnerships, and I encourage everyone to stop by and enjoy the day with us."

Hosted each year in cities across the nation, National Night Out

promotes police-community partnerships and neighborhood camaraderie to make communities safer, more caring places to live.

"This event is truly about inclusion, connection, and joy," said Monique Glaudé, Director of the Office of Inclusive Communities. "Whether you're new to your neighborhood or have lived in Topeka your whole life, National Night Out is a chance to meet your neighbors, learn about local resources, and celebrate the strength of our community."

All ages are welcome, and no registration is required. Join us for a day filled with activities, music, food, and community spirit!

R2R RUN/WALK

continued from page 1

the 24/7 care and programs for Project 2 Restore residents. Project 2 Restore pro-

vides support and shelter for victims of sex trafficking who are seeking recovery from the trauma of sex trafficking and are starting a new life. The faith-based program provides spiritual care, mental

health counseling, educational programs and life skills training. For more information, contact Angie Boles at angie@theproject2restore.org.

BBB

continued from page 1

potentially affected.

Just across the state line, Kansans will see similar gains. The map also shows a projected real wage increase between \$3,400 and \$6,100. Take-home pay for a typical family with two kids is expected to rise by \$7,000 to \$9,900. Half a million Kansas seniors could benefit from the new no-tax-on-Social Security rule, and 6% of Kansas workers are expected to gain from the end of taxes on tipped income. Overtime relief could hit 27% of the workforce, with up to 64% eligible.

Local Republicans and Democrats were vocal

Missouri's Congresswoman Ann Wagner was optimistic in the bill's potential to jump-start the economy to levels not seen since the first Trump administration, stating the legislation is "pro-worker, pro-family, pro-business, and America First". Her colleague, Representative Blaine Luetkemeyer, echoed that enthusiasm, calling it "historic tax relief for families, seniors and American workers. It cuts wasteful spending, strengthens our economy and puts more money back in the pockets of Missourians," according to KCTV5 news in Kansas City.

In an email to Metro Voice, Congressman Sam Graves, who represents north-

ern Missouri, questioned Democrat talking points, saying, "Folks on the other side of the aisle claimed this was all about helping billionaires, but how many billionaires do you know that work for tips, work an hourly job that pays overtime, or live off of Social Security?"

Kansas lawmakers are striking a similar note. "The tax cuts in the One Big, Beautiful Bill will raise the wages for Kansas workers by \$3,300" Rep. Ron Estes told the Kansas Reflector. And Senator Jerry Moran pointed to the bill's reach beyond just paychecks, noting it "would extend federal income tax provisions Trump signed into law in 2017 and invest \$320 billion in border security and defense." All told, lawmakers on both sides of the state line are touting the bill as a win for their constituents.

Democrat Rep. Emanuel Cleaver, who represents Kansas City, called it the "One, big, ugly bill," alleging it cuts Medicaid. In reality, there are no cuts to the program. It calls only for a limit to its growth and allows for 6% growth the first two years and 4% per year following. Authors of the bill state that one goal is to remove able-bodied young men off the social welfare program, requiring them to work.

Highlights of the Big, Beautiful Bill

The largest tax cut in history for middle- and working-class Americans. According to the Joint Committee on

Taxation, the tax bill will most benefit workers and families making less than \$50,000 per year.

Bigger paychecks of \$10,000+ more in annual take-home pay for families.

Eliminating taxes on Tips.

Eliminating taxes on Overtime.

Eliminating tax on Social Security.

A \$12.5 billion modernization of the air traffic control system.

Permanently increasing the Child Tax Credit for more than 40 million families.

New ICE officers and Border Patrol agents.

Expansion of domestic oil and gas production capacity.

A tax deduction on Made in America auto loan interest.

Protection for two million family farms from punitive double taxation.

Tax Savings Accounts for every American newborn.

Reducing the deficit by cutting \$1.5 trillion in spending.

Eliminating waste, fraud, and abuse and blocking illegal immigrants from receiving Medicaid.

Modernization of the US Military

The bill's path to Trump's desk was anything but smooth, facing resistance from both parties over the debt ceiling hike. But on Independence Day, the president signed it, calling it "a new day for American families." Now the numbers — and the map — are online for all to verify that it's true.

Pat Yancey of Let's Help to speak on Food Security

The August C5Alive POWER Luncheon will be held on the 14th at 11:30am at Celtic Fox, 8th & Jackson.

The program will feature Pat Yancey of Let's Help. In 2024, Let's Help provided over 53,000 meals through their food pantry and served more than 23,000 hot meals to neighbors in need—believing that 'No one should go hungry in our community.'

Come learn more about the program and how you can help.

Admission is free, and lunch can be ordered from the menu on site. RSVPs and inquiries can be sent to info@C5Alive.org.

"POWER" luncheons are held the 2nd Thursday each month and are open to the public. C5Alive is dedicated to creating Christian culture in the Capital City, by developing and uniting leaders in community busi-

nesses, non-profits and churches.

Upcoming luncheon dates are September 11 with Barry Feaker,, October 9. November 13, and December 11 (Christmas at the Mall).



Yancey

C5 also hosts other events, including EASTERFEST, the annual Topeka Easter Parade and Fun Fair, held on N. Kansas Avenue and at Great Overland Station on the day before Easter.

C5 members also sponsor luncheons and other events as a way to promote their organizations.

C5 is currently holding a membership drive with special incentives for new members. Lower-priced memberships for small and home-based businesses are now available. Individuals may join for \$20. A list of current members and more information is available on the website at www.C5Alive.org.

"OLDEST COMPANY, LOWEST PRICES"

HUTTON MONUMENTS, INC.

201 SW Topeka Blvd

785-354-7005

huttonmonuments.com



SERVING KANSAS

SINCE 1873



**Since 1987
with 7 locations**



**Prices You
Can Afford**

**Chapel Oaks Cremation
& Funeral Services**

**Susan Pettit Hutton
Asst. Funeral Dir.**

**235 SW Topeka Blvd
785-783-7753
chapeloaksne.com**

COSMOS COURT
EVERYTHING UNDER THE STARS

PIZZA BY THE SLICE



\$3

11AM TO 9PM

**ALL DAY
WEDNESDAY!!!**

\$3

909 S KANSAS AVE
WWW.COSMOSCOURT.COM

Has the True Cana—Site of Jesus' First Miracle—Been Discovered?



Although Jesus performed his first miracle by turning water into wine at a wedding feast in Cana, scholars have been uncertain about where the event actually occurred. Now, a team of archaeologists claims they've pinpointed the spot.

Excavations began in 1998, by an archaeological team led first by the late Professor Douglas Edwards. Now, Tom McCollough, a former history professor at Centre College in Kentucky, believes the actual site of the miracle is five miles north of the traditional site, the town of Kafr Kanna, now an Arab community in the Galilee. "We have uncovered a large Christian veneration cave complex that was used by Christian pilgrims who came to venerate the water-to-

wine miracle," he said.

That cave is at the archaeological site of Khirbet Qana, which was a Jewish town for several hundred years between 323 B.C. until A.D. 324 A.D. According to Wikipedia, "Crusader maps have been cited as evidence, as they identify Khirbet Qana with the biblical Cana." A collection of tunnels used by Christians there 1,500 years ago contain markings of different kinds of crosses and references to Jesus. "No other village has the ensemble of evidence that makes such a persuasive case for Khirbet Qana," McCollough said.

During his excavation, McCollough also uncovered an altar and a shelf with a stone vessel. He noted that there was space for five additional jars, consistent with the

biblical account of six stone jars. On the walls of the complex, his team also uncovered references to Kyrie Iesou, a Greek phrase meaning Lord Jesus.

"The pilgrim texts we have from this period that describe what pilgrims did and saw when they came to Cana of Galilee match very closely what

we have exposed as the veneration complex," he said.

The biblical story of the first miracle is described in John: "On the third day a wedding took place at Cana in Galilee. Jesus' mother was there, and Jesus and his disciples had also been invited to the wedding."

When Mary, Jesus' mother, discovers the hosts have run out of wine, she tells her son. Although he asks, "Why do you involve me?" Mary instructs the servants to do as Jesus tells them. He directs them to fill six large stone water jars, containing 20-30 gallons apiece. The servants filled them completely. Jesus told them to draw some of the water out and take it to the master of the ban-

quet.

Then, the Apostle John wrote, "The master of the banquet tasted the water that had been turned into wine. He did not realize where it had come from, though the servants who had drawn the water knew. Then he called the bridegroom aside and said, 'Everyone brings out the choice wine first and then the cheaper wine after the

guests have had too much to drink; but you have saved the best till now.'"

John 2:11 concludes, "What Jesus did here in Cana of Galilee was the first of the signs through which he revealed his glory; and his disciples believed in him."

—Alan Goforth / Metro Voice

To our local community,

Help Us Bring Our Church Home Up to Code

Open Arms Outreach Ministries has long served as a place of hope and healing in the heart of Topeka. From offering food, clothing, and shelter to meeting spiritual and emotional needs, we strive every day to serve the most vulnerable members of our community. Our small congregation may be few in number, but we are mighty in service—and deeply committed to making a lasting impact.

Since October 2024, seven men who were being housed in our church have been displaced due to necessary code upgrades identified by the City of Topeka and the local fire department. Over the past months, we have worked tirelessly and in good faith with city officials to bring our building up to code so we can welcome these men home again.

Now, only one final step remains: replacing our windows to meet safety requirements.

We are asking for your help. If just 600 people give \$50, we will reach our goal of \$30,000 to complete the work and open our doors once again.

Would you consider being one of the 600?

Ways to Give:

- Mail: 2401 SE 11th St, Topeka, KS 66607
- Cash App: \$OAO20
- Givify: Open Arms Outreach Ministries
- Call Pastor Sam at (785) 217-5560 to give or learn more

At Open Arms, we believe in second chances, dignity for all, and the power of community. We hope you'll join us in restoring not just a building—but a home for those in need.

With gratitude,
Open Arms Outreach Ministries
Small Congregation with a Big Impact
2401 SE 11th St., Topeka, KS 66607



FINANCIAL PLANNING



**DAVE
RAMSEY**

Financial author,
radio host, television
personality, speaker

davesays

WEALTH MAGNIFIES WHAT'S THERE

Dear Dave,

My fiancé and I are getting married this year. We're both in our 40s with kids, so we'll be a blended family. The thing that worries me is that we have drastically different views on handling money. I'm a saver, and he's a spender. I also make significantly more money than he does. He's been trying to get his production company in Tampa off the ground for about 10 years, making \$50,000 a year. I'm an accountant, and I make \$300,000

a year. Considering the uniqueness of the situation, would it be easier for us to keep separate financial lives? I've got a feeling it's going to be hard talking him into being more responsible with money at his age.

Lisa

Dear Lisa,

You're going to burn a lot of calories either way, aren't you? Either you folks are going to do the hard work of getting on the same page together, or you're going to essentially work against each other and underperform. In your lives and your finances.

All the data we've collected shows that the couple who win with money are the couples who work together. Nearly 80% of the 10,000+ millionaires we interviewed in "The National Study of Millionaires" were married. On top of that, 80% of them said they were able to build that kind of wealth because they were

working together financially with their spouse, instead of despite their spouse. As far as your fiancé and his business are concerned, it doesn't take 10 years to get a business off the ground. If you know your stuff, it takes about 10 months. So, he doesn't really have a small business. He has a hobby. Don't get me wrong. I admire the dude's commitment and ambitious spirit. It may just be a case of him being good at what he does but not being good at running a business. Accidental entrepreneurs happen a lot, and

that's not a sin. He may just need to educate himself on the how of running a business successfully. Along those lines, I'd recommend that he pick up a copy of "The E-Myth" by Michael E. Gerber. It's a great read for anyone looking to evaluate their small business and get it moving in the right direction. But if that's not the answer, he needs to find a different career. My guess is he could double what he's making now working for someone else in the production world in a place like Tampa.

Looking at you two on the surface, you've got a chance to build a beautiful life together. That's not going to happen, though, if one or both of you are in denial about a job or your finances. The awkwardness of you making literally six times what he makes — and his business situation — needs to be discussed with a good pre-marital counselor before you two walk down the aisle. God bless you two, Lisa!

—Dave

Roth Conversions in 2025: A Window of Opportunity You Might Be Overlooking

By Susan Shumaker
Tax Professional at
The Retirement Team



If you've been steadily building your nest egg in a traditional IRA or 401(k), chances are you've done a lot of things right. You saved. You invested. You planned ahead. But now, as retirement inches closer, you may be facing an unexpected issue: taxes. The very accounts designed to secure your future could come with a hefty price tag once Required Minimum Distributions (RMDs) and Social Security benefits kick in.

Enter the Roth conversion. Done strategically, it can help reduce your future tax burden and give you more control over your retirement income. But timing and planning are everything.

Why Now Might Be the Right Time

Many people assume Roth conversions only make sense when tax rates are about to rise. And yes, that's part of the story. But the real magic of a Roth conversion lies in creating long term flexibility. If you recently retired, sold a business, or experienced a dip in income, you may be in a lower tax bracket than usual. That's your opening. By converting traditional IRA funds into a Roth account now, you can pay taxes at today's lower rates and shield those funds from future

RMDs.

The Retirement Sweet Spot

There's a window of time, often right after retirement but before RMDs begin, when Roth conversions can be especially effective. This could be your chance to "fill up" lower tax brackets gradually without bumping into Medicare premium surcharges or capital gains hikes.

Spreading conversions over several years could help keep your income steady and avoid triggering unintended financial consequences. A little planning can go a long way.

Still Working? Think Roth Contributions

If you're still earning income and not yet retired, contributing to a Roth 401(k) or Roth IRA may make sense. This is particularly true if you expect to be in a higher tax bracket in the future. Roth dollars grow tax free and come with the bonus of no RMDs. That gives you freedom in retirement to decide when and how to access your money.

Legacy Planning with a Purpose

Roth IRAs also shine when it comes to estate planning. Heirs who inherit Roth IRAs receive tax free distributions, though they are now required to empty the account within ten years. That makes strategic planning just as

important after you're gone as it is while you're alive.

Paying Taxes the Smart Way

One final note: a Roth conversion is most effective when you can pay any income taxes due from a source other than the account you are converting. If you need to dip into the converted funds to cover the tax bill, it might not be worth it.

Don't Miss the Window

2025 could be the ideal time to take a fresh look at your retirement tax strategy. Roth conversions aren't for everyone, but when used wisely, they can help you keep more of your hard earned money.

You may contact Susan Shumaker at The Retirement Team today at 785-478-7808 for a complimentary consultation on your specific tax situation.

The Retirement Team is a team of Financial professionals, which includes a Dave Ramsey SmartVestor Pro, that specialize in helping retirees keep more of their hard earned dollars. They are located at 5909 SW 28th St, Ste 100, Topeka, KS. The phone number is 785-478-7808.

Copyright 2025 The Retirement Team, Next Generation Investing LL



— THE —
**RETIREMENT
TEAM**

KsRetire.com

785-478-7808

5909 SW 28th St., Ste 100

Topeka, Kansas 66614



Advisory Services offered through Next Generation Investing, LLC.

A Second Act: Financial Benefits of Working in Retirement

By Jim Hanna

Retirement for many marks the end of a career and a transition into a work-free life, but that does not mean you have to stop working completely. Many retirees find satisfaction and comfort in transitioning from a main career to a second act that may require less time. If you are on the fence about whether to continue your career, transition to a new full or part-time role or retire completely, you are not alone. Consider the following benefits of working another year or more in retirement.

Boost your nest egg. Continuing to earn a paycheck provides more time to save and invest in your future. You can use this extended earning period to make catch-up contributions to your retirement accounts and maximize employer contributions to your 401(k), if applicable. Allowing your investments to continue to grow can strengthen your ability to weather potential market volatility down the road. Additional savings may also give you confidence that you'll have enough money to live the lifestyle you want in retirement.

Plan your healthcare strategy. Approaching retirement means planning for how to maintain healthcare insurance coverage while costs for care are on the rise. Working farther into retire-



Hanna

ment can give you time to figure out your game plan for managing these expenses, while possibly remaining on an employer's health plan. Starting at age 65, you can register for Medicare. Do your research to ensure you understand what expenses are covered by Medicare Parts A and B, and drug insurance (Part D) and consider if you need to purchase supplemental insurance to fill in any coverage gaps. Also, review your long-term care policy, health savings account (HSA) or other designated healthcare funds, so that you know how you can handle potential health expenses. Determining your retirement healthcare strategy while on an employer's healthcare plan can allow time to evaluate which plan is right for you without being underinsured.

Maximize Social Security. Retirement income often comes from a complex patchwork of sources, and a key income source for many is Social Security. Working a year or two into or beyond retirement to attain supplemental income can allow you to delay the starting date of Social Security. Each year you delay, your overall benefits from Social Security increase, which can help establish an income cushion for your later retirement years. Keep in mind that Social Security benefits max out at age 70, so working beyond then may not be to your advantage.

Working longer gives you time

to figure out what's next. Crafting a retirement plan is about more than money. It's also about deciding what activities you'll pursue to make your retirement meaningful. Use the last months or years of your career to plan your next chapter. If you're not ready to leave the workforce, explore your options for part-time or consulting work. Or consider community service, board or advocacy roles you may not have had time for while working a full-time job.

Extra time in the workforce can help supplement your savings and grant time to plan for your ideal retirement. Work with your financial advisor and tax professional to determine the right time for you to leave the workforce.

Jim Hanna, CFP®, MBA, CKA®, is a Private Wealth Advisor and Certified Kingdom Advisor® with Heart Financial Partners a private wealth advisory practice of Ameriprise Financial Services, LLC. in Topeka, Kansas. He specializes in fee-based financial planning and asset management strategies and has been in practice for over 25 years. To contact him, ameripriseadvisors.com/james.c.hanna, 785.358.6278 x19, 601 S Kansas Ave., Topeka, KS 66603.

Certified Financial Planner Board of Standards, Inc. (CFP Board) owns the CFP® certification mark, the CERTIFIED FINANCIAL PLANNER™ certification mark, and the CFP® certification mark (with plaque design) logo in the United States, which it authorizes use of by individuals who successfully complete CFP Board's initial and ongoing certification requirements.

Ameriprise Financial is not affiliated with any religion or faith-based financial advisor organization.



Jim Hanna, CFP®, MBA, CKA® | Private Wealth Advisor
Heart Financial Partners
 A private wealth advisory practice of Ameriprise Financial Services, LLC
785.357.6278 x19
 601 S Kansas Ave, Topeka, KS 66070
james.c.hanna@ampf.com
ameripriseadvisors.com/team/heart-financial-partners

Certified Financial Planner Board of Standards Inc. owns the certification marks CFP®, CERTIFIED FINANCIAL PLANNER® and CFP (with plaque design) in the U.S. Ameriprise Financial is not affiliated with any religion or faith-based financial advisor organization. Securities offered by Ameriprise Financial Services, LLC. Member FINRA and SIPC. © 2025 Ameriprise Financial, Inc. All rights reserved.

Ameriprise
 Financial



How the Big Beautiful Bill Raises Taxes on Retirement Accounts

By Ryan Shumaker
 Smartvestor Pro

Ryan hosts a radio show Saturdays at 7:30am & Sundays at 8am on FM93.5/AM1440. Listen anytime at RetireLawrence.com/Radio



The nine most terrifying words in the English language are "I'm from the government and I'm here to help," according to Ronald Reagan. Shortly after the Big Beautiful Bill passed, the Social Security Administration sent out an email to all with an online account that the bill had essentially eliminated taxation on Social Security. The problem is that this was not true and a few days later a correction was posted on their website. Notably no second email or alert was sent out correcting the false statement, just a footnote on their webpage.

What really happened with the Big Beautiful Bill is that anyone that is 65+ will now pay tax on \$6,000 less of their income, whether it is Social Security or something else, through a new bonus deduction. So unless you were in a very small group of people that paid tax on \$1 to \$6,000 of your Social Security

and no tax on anything else; taxation on Social Security was not eliminated. There is one big caveat to this new deduction too if you're not a member of this very small group. If your income starts getting too high, you start losing the deduction. For those filing single that threshold is \$75,000 and married \$150,000 and is before you start subtracting off deductions.

So how does this new deduction lead to an increase in taxes on retirement accounts? Simple. If you want to take money out of a pretax retirement account like an IRA, or most 401ks, and you're near or above these thresholds you'll start facing a double tax. You'll pay the normal taxes due on the retirement account withdrawal plus you'll have to pay additional taxes due from losing some or all of the new tax deduction. We walked someone through a scenario recently that would have seen them pay an over 48% tax on a pretax retirement account withdrawal because of this scenario! Since this person had assets in other accounts, we recommended they

■ Continued on page 11

Ryan Shumaker
RetireFromTaxes.com



Proud to Be Serving
Ramsey Fans

Investment advisory services offered through Retirement Portfolios, LLC.

opinion

Got an Opinion? Share it with the Metro Voice!
go to facebook/MetroVoiceNews, or email Voice@cox.net

**metro
VOICE**

MANAGING EDITOR



Lee Hartman
LHartman3@cox.net

CONTRIBUTING EDITORS

**Lorraine Jessepe,
Dwight Widaman**

ADVERTISING CONSULTANTS

Lee Hartman
785-640-6399
Voice@cox.net

NEWS & FEATURES

Carolyn Cogswell, Rob Mooney,
Alan Goforth, Clint Decker,
Hannah Allen, Dwight Widaman,
Lee Hartman, Lorraine Jessepe

LAYOUT & DESIGN

Joe Boothe, Lee Hartman, Dwight Widaman

Metro Voice is published monthly and serves the communities of Topeka, Lawrence, and other communities in NE Kansas. It is available primarily by bulk and subscription distribution to over 400 locations, including grocery stores, churches, schools, restaurants, bookstores, libraries, businesses and other retail outlets. Written materials submitted become property of Metro Voice. The content of this publication, including all stories, advertising or other graphic symbols, may not be reproduced in any way, for commercial purposes or added to any web site without the express permission of Metro Voice. Advertising in MV is open to anyone wishing to reach the Christian community or the family market with family-friendly advertising. MV reserves the right to refuse any advertising. Metro Voice is a member of the Christian Newspaper Association and the Evangelical Press Association.



CONTACT INFO

Offices: 2611 SW 17th St. (by appt.)
Correspondence & Payments:
P.O. Box 5724, Topeka, KS 66605
Phone/Fax: 785-235-3340
Voice@cox.net
MetroVoiceNews.com
facebook.com/metrovoicenews

Trump's biggest peace deal 'may be the one we all overlooked'

There's no doubt President Donald Trump is trying to restore peace around the globe, after multiple wars broke out under the U.S. leadership of Joe Biden.

Some have been reduced, while others still rage. Key right now are the wars between Iran and Israel and Russia and Ukraine. The Israel-Iran conflict appears to be subsiding, while the Russia-Ukraine conflict isn't.

But among the various projects on which Trump has worked is a peace deal between Rwanda and the Democratic Republic of Congo.

Vice President JD Vance praised Trump's role, "If I think about what I know about these two countries, for 30 years, pretty much the entire time that I

can remember these two countries being in the news, much of the story has been about them fighting one another, about them killing one another. And now, we can look forward to a future where my children will look at this moment as the beginning of a new story, a story of prosperity and peace."

And while that one hasn't been the topic of nightly news reports, or even weekly reports, a commentary at the Washington Stand notes it may be the most important of all, the "one we all overlooked."

That's because of the atrocities involved. Random beheadings en masse. Mass rapes. Dozens of bodies of decapitated victims, lootings, burnings, terrorism, butch-



ery, for decades.

"This is the hellish situation that the Trump administration has been intensely negotiating behind the scenes to stop," the commentary explained.

"They were going at it for many years, and with machetes," the president emphasized. "It is one of the worst wars that anyone has ever seen. And I just happened to

■ Continued on next page

An URGENT Warning for Religious People



**CLINT
DECKER**

President and
Evangelist
with Great
Awakenings, Inc.

Speaking Truth

A Florida teenager once made national news after he was arrested for an impersonation stunt. Matthew, an 18-year-old, wormed his way into being a Physician's Assistant at a local hospital. He had an I.D. badge, the right clothes and was even trusted by a doctor to do CPR on a patient.

Matthew was a fake, a pretender or an actor. In a word he was a hypocrite. It is a term often used in religious settings. Perhaps you have heard someone say, "Hey, that church downtown, they preach one thing and do another," or maybe "I visited the church on main street once. I know many of them, and they're a bunch of hypocrites," or perhaps "Religious people are just fakes living by a double standard, that's why I don't go to church anywhere."

Sometimes we can unknowingly associate hypocrites with God when we see sinful things in the lives of professing Christians. Know that it is with

great force that God condemns them. Jesus once said, "You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye." (Matthew 7:5) Another time Jesus directly stated, "Woe to you, scribes and Pharisees, hypocrites! For you clean the outside of the cup and the plate, but inside they are full of greed and self-indulgence." (Matt. 23:25) Jesus also forcefully commented, "Well did Isaiah prophesy of you hypocrites, as it is written, 'This people honors me with their lips, but their heart is far from me...'" (Mark 7:6)

In ancient times, actors and actresses in Greek plays wore masks to portray their characters. They were affectionately known as hypocrites. It was not a demeaning word like it is today but was just a simple term that described their professional craft. According to one source, "Hypocrite refers to a performer acting under a mask," a "two-faced person," or "someone who says one thing, but does another."

The only people Jesus ever accused of being hypocrites, were the religious leaders of His own nation. They studied, were highly trained, considered experts in the Scriptures and bore the responsibility of teaching them to the people. Yet, as a group, they were considered hypocrites in the eyes of Jesus.



How? Because they knew better, by teaching at times what they knew was a lie and what they did not practice.

This angered Jesus because of the harmful influence that had. He scolded them saying, "But woe to you, scribes and Pharisees, hypocrites! For you shut the kingdom of heaven in people's faces. For you neither enter yourselves nor allow those who would enter to go in." (Matt. 23:13) Through the influence of their words and life, it was like they were slamming heaven's door right in front of people's noses. Jesus did not mince words. He was furious with religious hypocrites. He once told a story about a master that clarified where two-faced religious actors will spend eternity, "[The master] will cut him in pieces and put him with the hypocrites. In that place there will be weeping and gnashing of teeth." (Matt. 24:51)

Outside of Jesus, not too many of us can point fingers on this issue. There is a Bible verse I have prayed for myself many times, "O Lord God of hosts; let not those who seek you be brought to dishonor through me..." (Psalm 69:6) It is only by the grace of God that I am, who I am. The greatest fear of my life is that I will somehow misrepresent God in my teaching or fail Him in my choices, and cause others to reject Him. May God have mercy on me and you, if that shall ever be said of us. Today, by the grace of God, stop being a pretender and start being real.

A prayer for you – Lord God, may the work of your Holy Spirit convict men and women of any hypocrisy in their life. And if there is any, enable them by your power to repent and find mercy at the cross. In Jesus' name. Amen.

—Clint Decker is President of Great Awakenings.

Beacon of Truth: Why Lara Logan Won't Stop Fighting to Save Journalism

Lara Logan is a truth-teller with courage to stand against the tide and great empathy for the vulnerable. Born in South Africa under apartheid, she said she felt deep pain at the injustice around her even before she fully understood what apartheid was. It was perhaps inevitable, then, that she became a journalist to shine a light on the darkness in the world. At a time when political violence raged in South Africa, 17-year-old Logan, still in high school, sought out a job at her local newspaper.

"The truth is so much bigger than me. I've always understood that," Logan told *The Epoch Times*. "I know my purpose, I know what I was born to do, I know why I was created, and that was to do the best I can to tell the truth to people about things that matter, in a way that reaches them."

The renowned investigative journalist has interviewed heads of state and mass murderers, terrorists as well as human trafficking survivors. When she reported from Afghanistan shortly after the September 11 attacks, some of her colleagues told her that, as an attractive young woman, she wouldn't get far. Her work spoke for itself and she landed a job at CBS News, where she became a 60 Minutes reporter, chief foreign correspondent, and chief foreign affairs correspondent. She also hosted the show *Lara Logan Has No Agenda* on Fox Nation.

But after an award-winning career in network television news, Logan has gone rogue. Earlier this year, she launched the podcast "Going Rogue" as an independent journalist.

"It's really hard," Logan said. She is confronting obstacles to producing serious journalism when podcasting expectations are entirely different from those of traditional news reporting, and

there are people who actively try to discredit others. Logan is frank about the challenges: investigative journalism takes time and money, and both are scarce when you strike out on your own.

She says the decision to go independent was not entirely her own. Logan points to a media environment where journalists were quick to report and give airtime to people who made claims, without evidence, that Donald Trump was a Russian spy. "They're not going to hire me," she said. "I can't compromise on something that's either true or not true."

Logan is far from alone in her view, as Americans are reporting historic low confidence in mass media, according to Gallup. Logan testified on media, censorship, and free speech in a Senate hearing last year, warning that "these are the worst of times for the media in this country" and sharing her own experience with "cancel culture."

"Everybody says they want the truth. But when people stand up and tell the truth, then get attacked for it, a lot of people run away," she said.

Still, she isn't pointing fingers. She says that she is not one to play the great visionary with plans of tech platforms and industry reforms, and that isn't what she thinks will save journalism.

"We're the only people with the knowledge and the experience and the understanding to do the heavy lifting," she said. "If journalists don't fight to save journalism, how can we expect anyone else to?"

Logan can immediately name a dozen good journalists, and she knows there are more out there. Many have also struck out on their own with Substacks and podcasts after storied careers,



and she's talked to some about consolidation, noting that young journalists today will miss out on mentorship that came with the traditional newsroom because "it's each man for himself in independent media."

It's a lot to contend with, she said. "Today what I lean on more than anything else is God. I understand that I am here to do as much as I can humanly do and beyond that, I give it up to Him."

"My strength comes from that, from knowing that I'm going to get up tomorrow morning and I'm going to be less tired and I'm going to have more strength to take on whatever it is that's in front of me."

Journalist Lara Logan of CBS News questions U.S. Soldiers in Camp Victory in Baghdad, Iraq, Nov. 17, 2006. (Chris Hondros/Getty Images)

Journalist Lara Logan of CBS News questions U.S. Soldiers in Camp Victory in Baghdad, Iraq, Nov. 17, 2006. Chris Hondros/Getty Images

Truth and Courage

From war zones to the world of child sex trafficking, Logan's investigative reporting has taken her into dark dens where humanity is lost, and when she was younger, she spent many years angry with God.

"I could not reconcile the suffering and pain of innocent people, especially children, whether it was poverty, or it was death, or terrible injury, or anything. I just could not reconcile suffering with the idea that God is in control and God is in charge of everything," she said.

But having seen both the best and

worst of humankind over the years, the anger subsided.

"I have lived through many dramatic events, many times surviving things people don't expect to survive. And sometimes you don't understand how or why you survived. And I've seen terrible suffering but I've also seen incredible greatness. I've seen human beings sink into darkness but I've seen human beings rise against all the odds. So I have a profound belief in good," Logan said.

"The truth is just like a fire in me, honestly. And good is also a fire. It overpowers everything else," she said. Her decision to walk with God in her life has also given her the peace to let go of what is beyond her control.

"I understand when something is overwhelming, it's God telling me, 'It's not up to you to solve it all,'" she said. "You just have to do the right thing. Do the right thing for the right reasons, and the rest is up to everybody else to do the right thing for the right reasons."

Logan said she understands "not everyone is born to be an outlier," and doesn't expect everyone to take a stand the way she does, but would encourage everyone to find what it is they can do.

"If you're unhappy with the way things are out there, it's on each one of us to figure out what we can do," she said.

"I think I have experienced so much good in my life, and that visceral experience of the power of good. I never, ever doubt that good is stronger than evil because I have experienced that," she said, becoming emotional as she spoke of the compassion she has witnessed in others. "When you see true compassion, or honor, or dignity in the face of suffering—it just outshines everything else."

Continued from previous page

have somebody that was able to get it settled."

The Washington Stand explained, "In an incredible development, the president celebrated a peace deal between the two nations, which could end the decades-long bloodshed that has ravaged the two bordering countries."

"We just ended a war that was going on for 30 years with six million people dead," Trump said, as the foreign ministers flanked him. "No other president could do it."

The ceasefire "is one of the most consequential achievements of Trump's

term," the commentary said.

The article cited multiple atrocities, include when "rebels" founded up Christians, tied them together and hauled them to a nearby church where later the grisly scene "defied imagination," as there were bodies of dozens of men, women and children, all decapitated. Many of the attacks are by Islamic terrorists on members of the Christian population.

"While Americans' attention has been on Israel, Iran, Ukraine, Russia, China, and our own borders, a vicious war has raged between Rwanda and the DRC, a systematic campaign of rape, terror, and butchery against the predominately Christian nation of the DRC. For months, that quiet

invasion has only intensified, as a rebel force linked to Rwanda — the M23 — along with the Islamist Allied Democratic Forces (ADF) tried to seize key territories of the second largest country in Africa and control the mineral-rich land, said to be sitting on \$24 trillion worth of natural resources," the commentary said.

"Thousands have been killed — shot in cold blood, blown to pieces with shoulder-fired rockets, or caught up in the massive explosions since the conflict peaked earlier this year," it explained.

"In just two months, more than 10,000 cases of rape and sexual violence — almost half against children as young as 10 — have been documented (countless oth-

ers were not). Until recently, the locals 'describe[d] a state of near lawlessness in city centers, where gangs of armed men, some escaped from local prisons, prey on civilians using weapons left behind by the Congolese army,'" it said.

"Under the terms of the agreement, The Washington Post reports, the two sides agreed to 'halt aggression against each other and to cease support for armed groups on each other's territory.' They also pledged to try to cooperate economically, including on 'mining and processing materials and other resources that link both countries, in partnership, as appropriate, with the U.S. government and U.S. investors.'"

Joel Kappa, a Fulbright alumnus and resident of Congo, told the Stand, he is "deeply grateful to President Trump's administration and its commitment to end the war."

"I'm praying," Kappa continued, "that God will continue to use President Trump's administration to end this long and meaningless conflict between DRC and Rwanda. I'm convinced that the time for peace has come, and we must learn now to love and live together like brothers and sisters. That's what God wants from us as His children, and I'm happy to see that President Trump and his administration understand it clearly."

-Bob Unruh / WND.com

Kansas City Christian Software Firm Expands Church Communication Tools

A Christian texting software company based in Kansas City has successfully integrated three companies that it acquired in 2024. Text in Church purchased First Impressions, PastorsLine and Huddle Talks to position the company as the most comprehensive communication and leadership platform in the ministry space, according to the company.

These acquisitions have empowered Text In Church to offer a fully unified suite of tools, training and resources that help churches simplify communication, deepen relationships and lead with confidence. Since the acquisitions, the company has added nearly 1,500 new churches to its community and significantly expanded its capabilities to better serve ministry teams.

“These acquisitions represent a clear



step forward in how we support church leaders,” co-founder and CEO Tyler Smith said. “We are dedicated to providing straightforward, effective tools that simplify and enhance the impact of ministry. By bringing together First Impressions, PastorsLine and Huddle Talks under the Text In Church umbrella, we offer churches a comprehensive solution that combines practical

training, powerful software and a shared heart for ministry.”

In May 2025, more than 600 church leaders participated in the First Impressions Online Conference. With more than 150 churches now enrolled in First Impressions Academy, ministry teams are gaining real-time access to best practices for creating welcoming church environments and enhancing

guest retention. Academy members have exclusive access to monthly training modules, playbooks and systems; live coaching sessions; and a community of likeminded ministry leaders.

Through Huddle Talks, pastors and church leaders have access to leadership coaching, team communication resources and proven strategies for building healthy ministry cultures.

Meanwhile, the PastorsLine acquisition

has strengthened the texting platform with new features such as voice broadcasts, expanded page functionality and enhanced integrations with leading church management systems. These upgrades help churches centralize their communication efforts and improve engagement between Sundays.

For more information, visit www.textinchurch.com.

Canadian Jews Move to U.S. Amid Rising Antisemitism

Celebrities often threaten to move from the United States to Canada when they disagree with the outcome of an election. But now, Canadian Jews are starting to move to the United States to escape growing antisemitism, “National Review” reported.

Antisemitic incidents in Canada increased by nearly 125 percent from 2022 to 2024, according to B’nai Brith Canada. Canada’s Jews make up 0.9 percent of the population but are the victims of 70 percent of religious hate crimes. There have been weekly anti-Israel protests nationwide since Oct. 7, 2023, often featuring praise for Hamas, calls for intifada and celebrations of Islamist “resistance.”

Some of these rallies also have seen Nazi salutes; chants of “death to Jews,” “explode the head of Zionists” and calls for a “final solution”; protesters dressing up as Hamas militants; the burning in effigy of Israeli Prime Minister Benjamin Netanyahu, along with Israeli and Canadian flags; and the flying of Hamas, Hezbollah and Taliban flags. Meanwhile, an anti-Israel protest against a NATO summit saw demonstrators torch cars and smash the windows of buildings.

Multiple shots have been fired at Canadian Jewish schools, several syna-

gogues have been firebombed and vandalized and Jewish businesses have been hit with property damage and boycott campaigns. A coordinated bomb threat has targeted more than 100 Canadian Jewish institutions, and most recently, the

national Holocaust memorial in Ottawa was desecrated. According to a survey conducted by the Centre for Israel and Jewish Affairs, 82 percent of Canadian Jews feel less safe in their country post-October 7.

DENTAL Insurance

Great coverage for retirees.

Coverage for **cleanings, fillings, crowns** – even **dentures!** Get **dental insurance** from Physicians Mutual Insurance Company.



Get your **FREE** Information Kit
Ask about the Premier Plan –
our most popular option!

1-844-488-2656
Dental50Plus.com/Topeka

Get your Info Kit
SCAN NOW!



Product/features not available in all states. Contact us for complete details about this insurance solicitation. To find a network provider, go to physiciansmutual.com/fin-dentalist. This specific offer not available in CO, NV, NY – call 1-800-969-4781 or respond for a similar offer in your state. Certificate C254/B465, C250A/B438 (ID: C254ID; PA: C254PA); Insurance Policy P154/B469 (GA: P154GA; OK: P154OK; TN: P154TN). 6347-0125

HISTORIC LECOMPTON TERRITORIAL CAPITAL OF KANSAS 1855-1861

CIVIL WAR HISTORY



- National Landmarks
- Constitution Hall
- Territorial Capital Museum

9 - 5 p.m. Wed-Sat. • 1-5 p.m. Sun.

TOURS 785-887-6148

WWW.LECOMPTONKANSAS.COM

Lecompton Turnpike Exit

10 miles East of Topeka on U.S. 40 & 24

Open Winner Scottie Scheffler Declares Family First Priority

Scottie Scheffler delivered a candid press conference at the British Open.

He talked about winning major tournaments, walking off with a trophy and then sitting down asking, "What's for dinner?"

The high wears off. Fast.

Scottie Scheffler, the world #1, said yesterday he will quit professional golf if the sport ever negatively affects his family and personal life. The most

dominant player on the planet shares life with his wife, Meredith, and their one-year-old son, Bennett.

"Every day when I wake up early to go put in the work, my wife thanks me for going out and working so hard. When I get home, I try and thank her every day for taking care of our son. That's why I talk about family being my priority, because it really is. I love playing golf. I love being able to compete. I love living out my dreams. I love being a father. I love being able to take care of my son. I love being able to provide for my family out here playing golf."



"This is not the be all, end all. This is not the most important thing in my life. That's why I wrestle with, why is this so important to me? Because I'd much rather be a great father than I would be a great golfer. At the end of the day, that's what's more important to me."

He's a 29-year-old husband and father, self-described Christ Follower/Pro Golfer on his Instagram profile — and the newest winner of the British Open, the game's oldest and grandest championship. He now has four majors, and he got there in the exact same amount of time, to the day, as Tiger Woods. He

is, per Rory McIlroy and others, playing the most dominant golf the game has seen since the Woods 1999-2001 heyday. And yet he's unlikely to ever become a global sensation, an international superstar. There's something wrong with him, in this take-a-selfie era. He's missing the chip that desires more and more fame. More to the

point, he doesn't want it.

"I think he's a family man," DeChambeau said. "He wants that to be the most important thing for him. I have full respect for that. For Scottie, I think it's more important to take care of his family. He's done a great and tremendous job of balancing the two, being the best golfer in the world and being a family man."

"This win still doesn't satisfy the deepest parts of me," Scheffler said.

"That's Christ alone."

He is also on record for proudly telling Golf Digest: "I'm blessed to be able to come out here and play golf. But if my golf ever started affecting my home life or it ever affected the relationship I have with my wife or with my son, that's going to be the last day that I play out here for a living... I would much rather be a great father than I would be a great golfer."

RYAN SHUMAKER

continued from page 7

take the money they needed from a non retirement account rather than face losing nearly half to Uncle Sam.

This isn't the only new hit a retiree can face under the Big Beautiful Bill either. If you pay a lot in state and local taxes, you might get hit with a new phase out on those deductions as well. If you itemize your deductions and do charitable giving, you'll only be able to deduct any charitable gift that is over 0.5% of your income and will actually see a tax increase compared to before. Higher earners will see the worst of this when it comes to charitable giving as they'll only get 35 cents on the dollar as a deduction instead of 37 cents on top of not being able to deduct the first 0.5% of their income. Thankfully a provision similar to what happened during COVID where an individual can deduct up to \$1,000 (married is \$2,000) of any cash gifts to charity even if not itemizing deductions made its way into the final version of the bill, but those that do more giving will still be worse off than before.

These are just a few of the many gotchas in the new tax code

coming with this new bill. Some have already gone into effect, while others won't start until next year or even further in the future. Tax planning for and in retirement just got even more important and impactful than it was before if keeping more of your own money is important to you. After passing the Big Beautiful Bill there's been a lot of declarations similar to "I'm from the government and I'm here to help." Those in or near retirement would be wise to heed what Reagan said about those words and even wiser to seek help from a financial advisor or firm that specializes in the type of tax planning we do at Retirement Portfolios, LLC.

Other great articles about retirement, investing, and tax reduction can be seen at RetireFromTaxes.com/Blog.

Material discussed is meant for general/informational purposes and is not intended to be used as the sole basis for any financial decisions, nor be construed as advice to meet your particular needs. Please consult a financial professional for further information. Investment advisory services offered through Retirement Portfolios, LLC.

Ryan can be contacted at 785-330-9292

Donaldson's
JEWELERS

Family owned, full line jewelry store and repair shop

Home of Dave Horn Jewelry Repair & Design

Online Store at www.donaldsonsjewelersks.com

902 N Kansas Ave. in NOTO Arts District • 785-273-5080

SMJ SHANE
M. JONES
& ASSOCIATES, P.A.

COUNSELING
YOU CAN TRUST

Areas of expertise:

- Marriage & Relationships
- Depression
- Anxiety
- Adoption
- Addictions
- Grief-Loss
- Foster Care



2708 N. Topeka Blvd., Ste. 202
Topeka, KS • 785-266-7732

www.shanemjones.com

5040 Bob Billings Parkway, Ste. B
Lawrence, KS • 785-832-8838



VOTE

SPENCER DUNCAN

FOR

TOPEKA CITY MAYOR

Your Priorities FIRST

duncanfortopeka.com

Paid for By Duncan For Topeka, Barbara Duncan Treasurer

Welcome... TO NORTH TOPEKA!



THE PAD RESTAURANT

234-3596
1730 N. Topeka Blvd.

Try our lunch specials Monday - Friday!

Parker-Price & Davidson
Cremations • Funerals • Receptions

245 NW Independence • (785) 233-5850 • ppdfuneral.com

"Stick With The Best!"
HERMAN'S BEEF & SAUSAGE HOUSE

823 N.W. Gordon St. Topeka, KS 66608
(785) 233-7328

We Specialize In Meat & Deli Items

Come and be a part of what God is doing at
Family of God Church
1231 NW Eugene St.
Sunday 10:30am & Wed. 7:00pm
FOGchurch.com

Special Exhibit comes to NOTO Arts Center

NOTO Arts Center has a fantastic new exhibit in August. Get ready to pack your bags for a whimsical adventure at Camp To-Sha-Ka, where art meets education in the quirkiest way possible! This vibrant exhibit is your passport to a world where local native stereotypes are playfully unpacked, and the hidden stories behind names and images come to life. As a partner exhibit to the Smithsonian National Museum of the American Indian's "Americans," Camp To-Sha-Ka invites you to explore the colorful tapestry of our shared history, all while having a blast! Expect interactive displays, eye-opening art, and a sprinkle of humor that will have you questioning what you thought you knew about native culture. Join us for an unforgettable journey that promises to enlighten, entertain, and inspire—because at Camp To-Sha-Ka, the only thing more

fun than learning is doing it with a smile!

In partnership with Humanities Kansas and the Americans statewide initiative.

The Morris Gallery will be hosting an exhibit of authentic Native American art from some of the most renowned artists from the Southern Plains and Eastern Oklahoma regions, including:

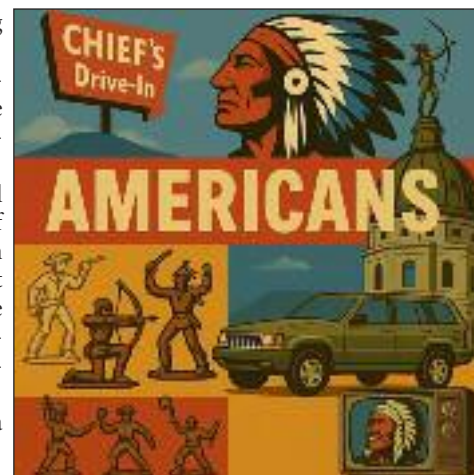
Hattie Lee Mendoza (Cherokee Nation)

Reuben Ironhorse-Kent (Iowa)

Maeve Hilgers (Cherokee Nation)

Bobby Martin (Muscogee Creek Nation)

Mary Madelyn Lupton (Cherokee Nation)



Shelby Kay (Iowa)

Lisa LaRue-Baker (Cherokee Nation)

Konrad Pumpkin Seed (Oglala Lakota)

Sydney Pursel (Iowa)

MaryBeth Timothy (Cherokee Nation)

This exhibit is part of the 2025 DoPiKa Project, along with its partner exhibit "DoPiKa: Reinstatement" taking place at the Mulvane Museum of Art, Washburn University.

This exhibit will run through October during normal Art Center hours.

During our opening reception on Aug. 1 at 4pm, enjoy the flute music of Dennis Rogers (Navajo) who will be starting his performance at 6:00 pm in the lobby of the NOTO Art Center.

Also, take advantage of the opportunity to purchase Native American food from WADULISI's INDIGENOUS FOODS from Kansas City. Melissa Garrett (Cherokee Nation) has prepared a special menu for this opening event.

Art in the vestibule for the month of August will be the beautiful botanical print work of LAURA MEAD. Some of her most lovely and newest pieces will be on display and available for purchase in the vestibule of the NOTO Art Center.

FIRST FRIDAYS AT THE MUSEUM – Every First Friday, 6-10pm, Great Overland Station, 701 N. Kansas Ave. Karaoke, board games, card games, including the digital card game Magic: The Gathering Arena, Dungeons and Dragons, crafts and activities, food and refreshments, and more. Admission is \$5 for adults and \$3 for teens. Children 12 and under free.

FIRST FRIDAY FARM & ART MARKET – Every First Friday through Sep., 4-10pm, Great Overland Station.

Meriden Animal Hospital

Jeffrey F. Van Petten, DVM
Member - AVMA, IVAS, AVCA
Veterinary Acupuncture & Chiropractic Care

7146 K-4 Hwy, Meriden, Ks • 785-484-3358
staff@meriden-animal.com • MeridenAnimalHosp.com

TARWATER
Farm & Home

Hours: Mon - Fri: 8-6; Sat 8-4
4107 NW Topeka Blvd. • 785-286-2390
orders@tarwaters.com • Tarwaters.com

TRM MINISTRIES **TOPEKA RESCUE MISSION MINISTRIES**

FAITH WITH ITS SLEEVES ROLLED UP

Main: 785.354.1744
Donate: Text TRMgive to 77977
Non-Cash Donations: 785.357.4285
Volunteer Services: 785.354.1744 ext. 393
TRMonline.org

Mail Donations to:
600 N Kansas Ave
Topeka, KS 66608
OR
P.O. Box 8350
Topeka, KS 66608

The Area's Most Complete Guide to the Family-Friendly Events You Want to See!

the events calendar

FREE LISTINGS! E-mail your events to: Voice@cox.net; mail to Metro Voice, P.O. 5724, Topeka, KS 66605; fax to 785-235-3340 or enter online at metrovoicenews.com
Get your event [Highlighted in Blue](#) in print, our online calendar and promoted in social media for only \$29!

FAMILY-FRIENDLY EVENTS

MARK TRAMMELL QUARTET – Aug. 1, 7pm, Wana-maker Woods Nazarene Church, 3501 SW Wana-maker Road. Doors open at 6pm. Concert begins at 7pm. No tickets are necessary. There will be a free-will "love offering" received during the concert. 785-273-2248; office@wnnaz.org; wnnaz.org

HHHS FOOD TRUCK NIGHT – Aug. 2, 4-6pm. Live music

KFL DAY OF SERVICE – Aug. 2. Throughout Kansas. kfl@kfl.org; 800-928-5433; or visit <https://www.signupgenius.com/go/10C0549ABA62FA3F5C61-57472550-volunteer#/>

INDIA MELA – Aug. 2, 5-9pm, Everygy Plaza. Food, dancing, music, henna and cultural celebration.

TOUCH A TRUCK – Aug. 2, 9-11am, Christ Lutheran Church, 3509 SW Burlingame. Free snacks for all. Free book for first 100 kids.

ING NETWORKING GROUP – Aug. 6, 11:30am at IHOP North on Hwy 24. All are welcome, free to attend, order from menu if desired.

EATS AND BEATS – Aug. 7, 6-9pm, Everygy Plaza. Lazy Wayne Band, Bill Horn Band

NATIONAL NIGHT OUT ICE CREAM SOCIAL – Aug. 7, Soldier Township Fire Dept, 600 NW 46th St. Meet your local first responders, enjoy free ice cream, tour the fire station, and check out the fire trucks up close.

TALL CORN FESTIVAL – Aug. 8-10, Rossville, KS

OVERBROOK FAIR – Aug. 8-9, 510 N. Cedar St., Overbrook. A variety of bounce houses, a massive obstacle course, a toddler zone, a water slide, and even a jousting inflatable! Bake Sale, cotton candy, raffle

STRAIGHT FROM BRANSON – THE GAMBLER – Aug. 9, 7pm, Cosmos Court, 909 S. Kansas Ave. Join Branson's Rick McEwen as The Gambler - Kenny Rogers. An evening of the best of Kenny and lots of fun. Not only does he look like Kenny Rogers, he sounds like him. Nominated for tons of Branson Awards!

CITY OF TOPEKA NATIONAL NIGHT OUT – Aug. 9, 12-5, Ag Hall. Touch-a-Trucks, a talent show, resource fair, face painting, and so much more!

EATS AND BEATS – Aug. 14, 6-9pm, Everygy Plaza. Delta Haze, Paradise Band

C5Alive "POWER" LUNCHEON – Aug. 14, 11:30-1, at Celtic Fox. Featuring Pat Yancey of Let's Help. Free admission. Meals available from menu if desired. Please RSVP to info@C5Alive.org so we know how many to expect. Open to the public - bring a friend!

SAVE THE DATE: C5 POWER Luncheon, Sep. 11, 11:30-1.

SUMMERTIME BLUES – Aug. 20, 7-9pm, Gage Park Amphitheatre. Milltown Band, El Zocalo Food Truck

EATS AND BEATS – Aug. 21, 6-9pm, Everygy Plaza. Sunday Basement Boogie, Velvet Blues Revue

ING NETWORKING GROUP – Aug. 20, 11:30am at Skinny's. All are welcome, free to attend, order from menu if desired.

CHURCH FAMILY GAME NIGHT – Aug. 22, Kansas Ave. UMC, 1029 N. Kansas Ave. All ages are welcome to join us in the Fellowship Hall for our Family Game Night! Members, Friends, Family, Neighbors are all welcome to join.

WALK/RUN 2 RESTORE – Aug. 23, Lake Shawnee. Project 2 Restore helps bring hope. Check in for the race and pickup your t-shirt at 8:00 am and the event will start promptly at 8:30 am. All registration fee proceeds will help bring HOPE for HER by supporting 24/7 care and life-changing programs for residents of Project 2 Restore. Check Facebook page for details.

TOPEKA FOOD TRUCK FESTIVAL – Aug. 24, 11-5, Gage Park. Games, entertainment, food trucks galore!

EATS AND BEATS – Aug. 28, 6-9pm, Everygy Plaza. Josh Vowell Band, Mike G.

KANSAS CITY RENAISSANCE FESTIVAL – Sat. & Sun., Aug. 30 - Oct. 12, 10am - 7pm PLUS Mondays, Sep. 1, 10am - 7pm and Oct. 13, 10am - 5pm. www.kcrenfest.com. FB @KansasCityRenFest 913-721-2110 (email voice@cox.net to see how to get free tickets from Metro Voice!)

ING NETWORKING GROUP – Sep. 3, 11:30am at Cosmos Court, 909 S. Kansas Ave. All are welcome, free to attend, order from menu if desired.

HUFF 'N PUFF HOT AIR BALLOON RALLY – Sep. 5-7, Huntoon & Fairlawn. Balloon launches, vendors, & more. No admission, no parking fee. Please - no drones, no pets. Weather permitting. Contact: gpbcpr@gmail.com; www.huff-n-puff.org

HOLY SMOKIN JAMBOREE – Sep. 6-7, Mother Teresa Catholic Church, 2014 NW 46th St. family-friendly event with great food, drinks, car show, bingo, cake walk, crafts, raffles, silent auction, and live music by THE BASH Saturday night. 5K run/walk and poker run and cornhole tourney on Saturday. Outdoor Mass and live auction on Sunday. Wristbands for all-day kid games & inflatables! Register at www.holysmokin-jamboree.org!

C5Alive "POWER" LUNCHEON – Sep. 11, 11:30-1, featuring Barry Feaker. Free admission. Meals available from menu if desired. Please RSVP to info@C5Alive.org so we know how many to expect. Open to the public - bring a friend!

SAVE THE DATE: C5 POWER Luncheon, Oct. 9, 11:30-1.

VBP VETTES CRUISIN' INTO FALL ANNUAL CAR SHOW – Sep. 13, 5-8pm, Furniture Mall of Kansas at West Ridge Mall. Vendors, food trucks, prizes

SUMMERTIME BLUES – Sep. 17, 7-9pm, Gage Park Amphitheatre. Velvet Blues Revue, Carnival Cravings Food Truck

YOUTH FOR CHRIST GOLF CLASSIC – Sep. 22, 8:00 reg.; 9:00 shotgun start, Lake Shawnee. Several sponsorship levels available. Lots of prizes! 785-232-8296 or topekayfc.org

KAREN PECK & NEW RIVER – Oct. 3, 7pm, Wana-maker Woods Nazarene Church, 3501 SW Wana-maker Road. Doors open at 6pm. Concert begins at 7pm. No tickets are necessary. There will be a free-will "love offering" received during the concert. 785-273-2248; office@wnnaz.org; wnnaz.org

TOPEKA ALL HALLOWS RENAISSANCE FESTIVAL – Oct. 25-26, 10-6, Woodshed Event Ctr. grounds. Step back in time in 12 acres of wooded & grassy wonderland. Jousting, pirates, Vikings, D&D Quest,

mermaids, live entertainment, axe & arrow games, petting zoo, kids zone and much more! See Topeka Renaissance Festival facebook page for details.

ONGOING EVENTS

SENIORS NUTRITIONAL LUNCH – Weekdays, except holidays, at noon at Auburn Civic Center, 1020 N. Washington Street. Minimal cost per person. Reservations/cancellations required 24 hours in advance by calling Meals on Wheels of Jefferson & Shawnee Co. at 295-3980. Each meal includes 1% milk & sugar-free items for diabetics. 215- 0064.

MEDICARE MONDAYS – First Mon. ea. month, 1-3pm. Topeka/Sh. Co. Public Library, 1515 SW 10th. Jayhawk Area Agency on Aging offers Senior health insurance counseling. For info: 580-4545 or nhonl@tscl.org

COUNTRY AND BALLROOM DANCING – Thursdays 6-9pm. Croco Hall. Info: 379-9538, 478-4760.

FIRST FRIDAY ART MARKET – Downtown and NOTO arts district. Arts, antiques, fine crafts, flea market items, snacks, beverages, entertainment and more.

TOPEKA ACAPELLA UNLIMITED AUDITIONS – Topeka Acappella Unlimited is looking for female singers who would like to sing four-part acappella harmonies. Topeka Acappella Unlimited is a Chapter of Sweet Ade-lines, International. Cindy Patton: 785-640-7403

HARVESTERS MOBILE FOOD PANTRY, 1st & 3rd Sat, 2-3pm, Shawnee Heights UMC parking lot.

FREE MOBILE FOOD DISTRIBUTION – 4th Tue. thru Nov., 9am, 1231 NW Eugene St. Randel Ministries, Inc., in partnership with Harvesters and Family of God Church will have its monthly food distribution. No ID or proof of income required, first come first served. Distributing fresh produce and other items to families in need. 785-234-1111. RandelMinistries.com

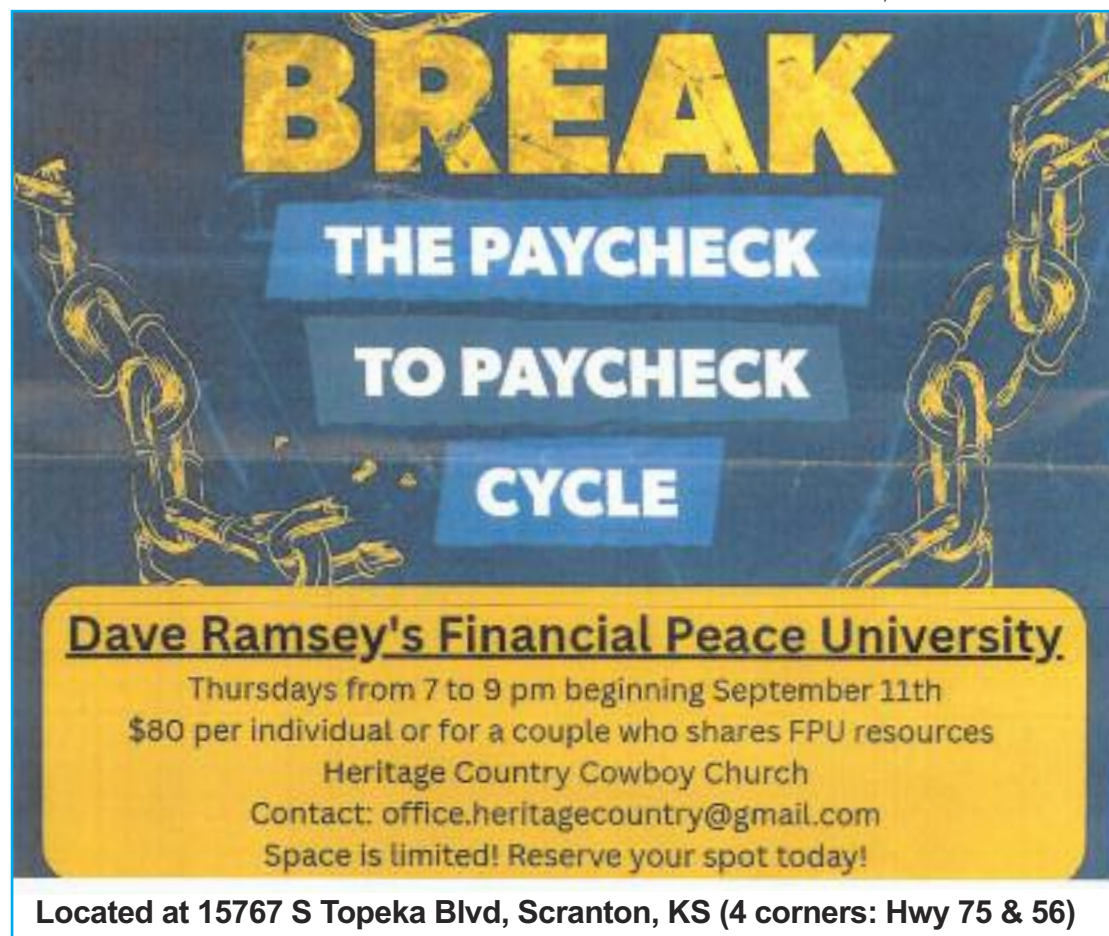
TOPEKA PUBLIC LIBRARY PLAY BUS – 9:30am-noon, Lakeview Nazarene Church, 2835 Croco. Every Tuesday, enjoy story time, play opportunities, books for check-out & take & make art. 785-266-3247.

OPEN INDOOR COURT PICKLEBALL – Sundays at 4pm, Berryton United Methodist Church (7010 SE Berryton Rd. All ages and abilities welcome.

WOODSHED MARKET – Sun. 9-2, 1901 N. Kansas Ave.

FAMILY NIGHT AT COSMOS COURT – Tuesdays, 5pm, Cosmos Court, 909 S. Kansas Ave. Pizza, salads, hot dogs, nachos, soup and more! Get a 16" Pizza, 2 side salads, and 4 cups of ice cream for only \$30! Also table games!

FRIDAY NIGHT FUNNIES – Every Friday at Cosmos Court, 909 S. Kansas. Weekly comedy show is only



BREAK

THE PAYCHECK TO PAYCHECK CYCLE

Dave Ramsey's Financial Peace University

Thursdays from 7 to 9 pm beginning September 11th

\$80 per individual or for a couple who shares FPU resources

Heritage Country Cowboy Church

Contact: office.heritagecountry@gmail.com

Space is limited! Reserve your spot today!

Located at 15767 S Topeka Blvd, Scranton, KS (4 corners: Hwy 75 & 56)



C5Alive Developing and Uniting Christian Leadership

• Business • Non-profits • Churches

Membership open to all Christian businesses, non-profits, churches & individuals! Luncheons & Tradeshows & other events open to the general public!

C5Alive POWER Luncheons are held 2nd Thur. each mo.

August 14, 11:30-1: "POWER" Luncheon at Celtic Fox. Featuring Pat Yancey of Let's Help, speaking on Food Security in Topeka.

Free Admission; Order lunch from menu if desired.

Open to the public. RSVP to info@C5Alive.org

Save the Dates!

- Sep. 11: POWER Luncheon, 11:30-1: Barry Feaker
- Oct. 9: POWER Luncheon, 11:30-1
- Nov. 13: POWER Luncheon, 11:30-1
- Dec. 11: CHRISTMAS Luncheon, 11:30-1 at the Mall

For info: www.C5Alive.org or Facebook.com/C5Alive

\$15, or two for \$25.

SATURDAY CRUISE NIGHTS — 5-9pm: 1st Sat: Span-gers, 29th & Topeka Blvd (Cruise the Blvd!); 2nd Sat: Fairlawn Plaza; 3rd Sat: The Dugout, 17th & Fair-lawn; 4th Sat: The Pad; 5th Sat: The Dugout.

CARS AND COFFEE — 10-Noon, every Saturday start-ing April 5 at Classic Bean; alternate Saturdays at Fellowship Bible Church, 10th & Urish. All models

CORNER MARKET — 2nd Saturdays. 29th & Adams. 50+ Vendors, food trucks, music, kids activities,

FIRST FRIDAY FARM & ART MARKET — Every First Fri-day through Sep., 4-10pm, Great Overland Station. Info: communityevents@sncoc.gov or 785-251-6945

BREAD BASKET FARMERS MARKET — Saturdays 7:30am-1pm, West Ridge Mall south parking lot

DOWNTOWN TOPEKA FARMERS MARKET - Satur-day's April 12 thru Oct., 7:30am-noon, 6th & Harrison. The open-air market is full of fresh fruits and vegetables, herbs, arts & crafts, flower,baked goods

LAWRENCE FARMERS MARKET - Sat. 7:30-11:30, 824 New Hampshire Street. Starting Apr. 12.

MONDAY FARMERS MARKET — Mondays 7:30-11:30am, thru Sep. 29, Topeka & Sh. Co. Library, 10th & Washburn.Closed Memorial Day & Labor Day

OVERBROOK FARMER'S MARKET - every Monday now to Labor Day, 4-6 pm at Overbrook Fair Grounds.

SPLASH PAD FOUNTAINS — Every Plaza, Sun. 12-6, and 11-1 & 4-8 on most weekdays.

WOODSHED MARKET: NOTO EDITION 2ND SATUR-DAYS — 10-4, in NOTO.

SPLASH PAD Yoadhouse Theater in Branson. This show is currently ranked the #2 rated show in Bran-son by Trip Advisor.

KANSAS PRAIRIE PICKERS — Fourth Sun. ea. Month, 1pm, Auburn Community Center. Foot-stomping, hand-clapping tunes. Concessions available

GRAND OTTAWA OPRY - 2nd & 4th Saturday, 5:30PM-pre-show, 6PM showtime, Ottawa Memorial Auditorium, 301 S Hickory, Ottawa. Tickets are \$15 and only at the door. Ph. 785-241-6762, email grandoopr@gmail.com. GrandOttawaOpry.com

WOOD VALLEY PICKERS — Last Sat of each month, 7pm, Classic Bean, Fairlawn Plaza. Folk & Country, Free admission. 785-271-5005

"PICKIN' ON THE PRAIRIE", a FREE Acoustic Jam at Great Overland Station every Sunday from 1-3pm. For info: 785-251-6944

LIVE AT LUNCH — Wednesdays, 11-1, Every Plaza. www.evergyplaza.com

HARVESTER'S PROGRAM FOR SENIOR CITIZENS - every second Sat., takes place at Christian Lord Min-istries, 2421 SE California. Call 266-4979.

HOPE HOUSE FREE COMMUNITY CLOTHING BANK — Wed. 6-8pm and Sat. 12-3pm, Oakland Church of the Nazarene: 939 NE Oakland

HARVESTER FREE MOBILE FOOD DISTRIBUTION - 2nd Saturday each month, 1:30-3pm, Oakland Church of the Nazarene: 939 NE Oakland

FIRST SATURDAY BREAKFAST BUFFET — 7:30 AM - 10:00 AM, Shawnee Heights UMC, 6020 SE 44th

INSIDE OUT FELLOWSHIP CHURCH — Every Sunday 12pm service; Every Tuesday 7:30pm service. Loca-tion: 2409 NE Division St.. For info: 785-380-7031 or io@insideoutinc.net or www.insideoutinc.net

KIDS for JESUS! - Wednesday's 7 - 8pm, Lakeview Church of the Nazarene, 2835 SE Croco Rd. Bring your friends, family, neighbors, enemies! For info: 785-266-3247, FB: Topeka Lakeview Nazarene, Email: Lakenaz@aol.com

MID-WEEK PRAYER & BIBLE STUDY - Wednesday's, 7-8pm, Lakeview Nazarene, 2835 SE Croco Rd. You are invited! Contact info: (785)266-3247, FB: Topeka Lakeview Nazarene

LOL "LADIES OF LAKEVIEW" - Lakeview Church of the Nazarene, 2835 SE Croco Rd. Monthly Women's Ministry Events! (Cooking, Crafts, Outreach, Bible Study, Fellowship!) Call the church office for info: (785) 266-3247, Facebook: Topeka Lakeview Nazarene Email: LakeNaz@aol.com

ROOTED CHRISTIAN HOMESCHOOL CO-OP; Colos-

sians 2:6-7. Monday's 12-4pm. Cooking class for 4th graders & older at noon. Call the Church Office for more information. Lakeview Church of the Nazarene, 2835 SE Croco Rd. Church: (785) 266-3247. Face-book: Topeka Lakeview Nazarene. LakeNaz@aol.com

MEETINGS & CLASSES

CHRISTIAN WRITERS GROUP OF TOPEKA -1st & third Mondays, 7pm at the Hughes Room 205 of the Topeka Library. Workshop for aspiring writers. Each participant is asked to bring five copies of a two page type written sample of a work in progress. After reading the pages aloud each participant is allowed an equal number of positive and negative comments offered in a spirit of helpfulness. If you would like to read something email Charles at jcccccw@gmail.com

SENIORS PITCH CLUB - Every Tuesday 1 pm at Garfield Community Center. First visit free then a dol-lar per visit for coffee and replacement cards

CRAFTY, SKILLED OR CREATIVE VOLUNTEERS NEEDED to develop outdoor lighted displays at Ward Meade Park events. Contact Elsie, 785-256-2920.

CONCERNED WOMEN FOR AMERICA MEETING - Join other concerned people to pray and unite in action for Shawnee Co. and our Nation. For info about monthly meetings: 785-260-5659 or ks.cwfa.org.

THE HEAT — FREE fitness classes for the community. Located at Florence Crittenton Services Center for In-tegrative Health, 5423 SW 7th. www.flccritkans.org

DEAF WORSHIP SERVICE — 3rd Sun., 3pm, Faith Lutheran Church, 17th & Gage. Also, every Sun. 9:30am service is interpreted.

TAI CHI FOR HEALTH — Mon. 10-11 at Lowman United Methodist Church and Thu. 9:30-10:30 at Topeka Zoo. No training needed, just watch & follow. Contact Madon Daily at 505-424-8989 or madondaily@gmail.com. To Join from Home via Zoom, contact Madon for the Zoom link.

PICKLEBALL — Mon. & Wed, 1-3pm, First Baptist Church, 3033 SW MacVicar Ave. Park on West Side, where the gym is located. Contact Dave Mathias, davemathias@sbc-global.net, or Betsy Thompson, bet-sythompson@gmail.com.

SHEPHERD'S CENTER BOOK CLUB - 1st & 3rd Mon. 2-4pm at Westminster Presbyterian Church, 1275 SW Boswell Ave. Call: 785-249-3258 or email shep-herdstopeka@yahoo.com for the book of study.

SMS - STRENGTH, MOBILITY, STABIL-ITY EXERCISE GROUP (SMS) Mon. 9-9:30am, Arbor Court, 4200 SW Drury Lane. Tue. & Thu. 9-9:30am, Rosehill Place, 3600 SW Gage Blvd # 97. Tue & Thu, 10-10:45, Grace UMC, 2627 SW Western Ave. Call Anne Crawford at 785-273- 4527 or email anne.craw-ford@cox.net.

SENIOR FIT & FUN PROGRAM - Every Mon., Wed., and Fri at 1:30 at Pleasant Hills United Methodist Church, 4525 NW Button Rd., 785-246-1737.

TOPEKA LIONS CLUB — 1st Mondays at Noon - 1 pm at The Capper Founda-tion, 3500 SW 10th Ave. Park on the North side. RSVP by Fri. for lunch/pay at the meeting. Visitors welcome. TopekaLions.org/contact-us to make reservations. WE SERVE!

BOY'S TRAIL LIFE & AMERICAN HER-ITAGE GIRLS TROUPS - Every Mon. 6pm, Cornerstone Comm. Ch., 7620 SW 21st. Faith-based scouting pro-grams, age 5-18. Register: corner-stonetopeka.com. 478-2929.

TOPEKA NEEDLEWORK GUILD - Every Mon. (except holidays) 9a-11a in the Menninger Room of the Topeka Public Library. Bring a project to work on as we share our needleworking skills and ideas.

CHRISTIAN HOMESCHOOL CO-OP - Monday's, 1-4pm, Lakeview Nazarene, 2835 SE Croco Rd. Contact info: (785)266-3247, FB: Topeka Lakeview Nazarene

SENIOR ADULT EXERCISE CLASS - Tuesday's 10am, Lakeview Nazarene, 2835 SE Croco Rd. All exercises will be done from a chair, will help you get up out of a chair, & climb stairs safely! Contact info: (785)266-3247, FB: Topeka Lakeview Nazarene

TOPEKA LINCOLN CLUB — 1st Tue. of month, 7pm, Topeka Public Library. Discussing our greatest Presi-dent, Abraham Lincoln, and his times. The public is welcome. For info, Kirk Nystrom 785-235-6977.

SUNRISE OPTIMIST CLUB — Every Tue., 6:30am, Sun-rise Optimist Complex, 720 NW 50th St. 246-1291.

NARVE (Nat'l Assn of Railroad Veteran Employee) - 2nd Tuesday each month at at 9:30AM @ Museum of the Kansas National Guard, 125 SE Airport Dr, Topeka

MENNINGER BIBLE CLASSES - Tuesdays 11am-12:30. Amerus Room, YWCA, 225 West 12th. A new study group for Year One of Flo Menninger's course on Four Years through the Bible. Read and discuss Genesis through First Kings. Nominal charge for materials. For info call the YWCA at 233-1750 or Clara Gamage at 785-408-5433. (The Bible study is also taught on Sat. mornings on 101.5 FM radio.)

FRATERNAL ORDER OF EAGLES Aerie 4319: 1st & 3rd Tue. 7pm; Auxiliary: 1st & 4th Tue. 6pm, 2941 SE Fre-mont Street. An international non-profit organization uniting fraternally in the spirit of liberty, truth, justice, and equality, to make human life more desirable by lessening its ills and promoting peace, prosperity, gladness and hope. www.foe.com 785-266-7307

DUPLICATE BRIDGE - Tuesdays and Thursdays at 12:30PM at The Woman's Club of Topeka, 5221 SW West Dr. Bill Gates and Warren Buffett play duplicate bridge! It is great for your brain health. For additional information email janescola@hotmail.com.

O.W.L.S. (Older Wise Loving Saints) - meets the sec-ond Tuesday of the month. Location varies and can be

found at www.faithfamilylife.com

MAP GROUP (MEMOIRS, ANCESTRY, PHOTOS) - VIA ZOOM - 4th Wed. 10-11:30am. Contact Rich McReynolds at rlm4017@gmail.com. Via Zoom link

FAMILY HISTORY WRITING GROUP - 2nd Wed. 10-11:30am, Lowman United Methodist Church, room 12. Do you have great family stories to tell and want to pass them down to the next generation but don't know where to start? shepherdstopeka@yahoo.com

S.W.A.G. (Spiritual Warriors Anointed by God) youth group - Wed at 7:00 p.m. 3710 NW Topeka Blvd.

AWANA — Every Wed., 6-8pm, First Southern Baptist Church, 1912 SW Gage Blvd. Bible based program for children & youth ages 3-HS. For info: 272-0443.

AWANA — Every Wed., 6:30pm, Bethel Baptist Church, 4011 N. Kansas Ave. Bible based program for children & youth ages 3-HS. For info: 286-0467.

AWANA — Every Wed., 6:30-8pm, Auburn Christian Church. Bible based program for children & youth ages 3-HS. For info: 256-2515.

VIP LUNCHEON FOR SENIORS — Every Wed., 10-45 Bible Study and meal at Noon, Topeka Church of the Brethren, 3201 NW Rochester Rd. (1 mile north of Dil-lon's North). FREE lunch with Christian fellowship, de-votions & entertainment provided by Topeka North Outreach. Free will donations accepted. For info: 785-224-8803 or vip@topekanorthoutreach.org.

STUDENT IMPACT — Every Wed., 6-8pm, First South-ern Baptist, 1912 SW Gage Blvd. Youth games, teach-ing, worship, small groups. For info: 272-0443.

CHRISTIAN CHALLENGE — Every Thurs. 7-9pm, First Southern Baptist, 1912 SW Gage Blvd. Worship for college students.

TOPEKA COSMOPOLITAN CLUB: The Club that fights Diabetes — Meetings: first three Thursdays of every month, 12 noon, at the Topeka Country Club.

INTENTIONAL MOM - 1st & 3rd Thurs., 9-11:30am, Topeka Bible Church Auditorium, 1135 SW College. For

all moms, helping to be intentional! 234-5545.

OPERATION BACKPACK — 1st Thurs., 6pm, Indian Creek Elementary School, 4303 NE Indian Creek Rd. Volunteers assemble Weekend Snack Sacks for low-income students. No assembly in August. Sponsored by Topeka North Outreach: 286-1370.

LINE DANCING - 2nd & 4th Thu. 1:30-3:30 at First Baptist Church, 3033 SW MacVicar Ave. Contact Karen Botkin at 785-945-6785 or Jim Baer at 785-256-2432 or jimbaer73@gmail.com to register.

BRIDGE GROUP - 1st & 3rd Thu. 1- 3:30pm, at Our Savior Lutheran Church, 2021 SW 29th St. To play, arrangements must be made by Mon. 5pm with Joan Arterburn at 408-5174.

TOPEKA GENEALOGICAL SOCIETY — 4th Thurs., 7pm, Topeka Shawnee County Public Library, 1515 SW 10th St. No program in Nov. or Dec. Promotes & stimulates the education, knowledge & interest of the member-ship & the public in family history, genealogical records & research. 233-5762 or tgstopeka.org.

KINGDOM ADVISORS TOPEKA AREA STUDY GROUP - 3rd Thu., 11:30am-1pm via Zoom. Christian finan-cial professionals: financial planners, accountants, attorney's & insurance agents invited. For info: kingdomadvisors.org or Jim Hanna, james.c.hanna@ampt.com or 785.357.6278 x19.

A GOOD YARN CLUB — 2nd & 4th Sat., 9-11am, Wanamaker Rd Baptist Church, 2700 SW Wana-maker. Doing Good for Others: Knitting & Crocheting for Local Charities, free yarn, needles, hooks & pat-terns. All are welcome. Info: Anne, 785-272-9249 or kittens812@sbcglobal.net

TOPEKA GEM AND MINERAL SOCIETY - 4th Fridays, 7:15pm, 1st Congressional Church, 1701 SW Collins.

BIBLE QUIZZING — 1st Sat. Learn God's Word & have fun with area Christian youth age 9-19. YFC/YEA style quizzing & rules. 913-593-6427 or biblequizzier.org.

MONTHLY SCORE MEETING — 1st Sat., 8-9:30am, Washburn Tech, 5724 SW Huntoon (enter east doors

facing Huntton). No RSVP or fee is required. Small business owners are invited to a Breakfast Round-table discussion with members of SCORE (Service Corps of Retired Executives). Info: 234-3049.

TOPEKA GREAT LIGHT AGLOW — For info contact Vickie Lynch at greatlighttopeka@gmail.com.

SUPPORT GROUPS

HOPE AND HEALING ACADEMY harnesses the power of horses to transform the human spirit. For info: 785-224-4232 or www.hopeandhealingacademy.com.

OVERCOMER'S OUTREACH ANONYMOUS RECOVERY SUPPORT GROUP — Mondays 6:30-7:30pm, at Be Filled Of South Topeka, 200 Airport Rd, Bldg. 818 Suite 1. Led by Pastor Bill Ritchey. 785-817-2802

BINDING UP THE BROKEN HEARTED — Sessions offered for women who suffer from the after-effects of abortion. All the women who lead these sessions have had an abortion and have received healing from God's Word. For info, contact local Healing Hearts representative Shelly Brush, First Southern Baptist Church at shelly.b@healinghearts.org. All communication is confidential and secure.

MIDLAND CARE GRIEF SUPPORT Groups: Building A, 200 SW Frazier Circle, Every Mon., 4-5pm: 12 Week Adult Group for Recent Loss 1st and 3rd Thu., 10:30am & 5:30pm—Ongoing Adult Group 1st and 3rd Thu., 5:30pm: Ongoing Young Adult Group (4-18 years of age) For All Groups: Call for start dates and info packet. Group and individual grief support available upon request. Info: 785-232-2044 ext.341

CAREGIVER SUPPORT GROUPS - Jayhawk Area Agency on Aging provides an opportunity for caregivers to get together and share their ideas and feelings. 2nd Monday, 3:30pm, Topeka public library, Anton Rm. 3rd Friday, 12 noon, Jayhawk Area Agency on Aging, 2910 SW Topeka

ABORTION RECOVERY SUPPORT — Providing services for women & men who suffer from Post-Abortion Syndrome. Kay Lyn at KLCarlson20@cox.net.

AL-ANON is a support group for families and friends of alcoholics. For information on meetings in the Topeka area email ais-topeka@kansas-al-anon.org or 785-215-1045. All correspondence confidential

PURSUIT FOR SEXUAL PURITY — Men struggling with pornography & sexual addiction. This bible study/ accountability group uses the Pure Desire book by Ted Roberts. For info: 249-9509. All inquiries confidential.

ALZHEIMER'S SUPPORT GROUPS — Monthly support group meetings for caregivers of individuals with Alzheimer's disease or a related dementia. All of our programs have moved from in-person to virtual.

Caregiver support group via Skype 9:30am every other Wednesday. Email Hayley Young at hdyoung@alz.org or call 785.379.3067 for the meeting link and other info.

Caregiver Support Group via Google Hangouts, 4:30pm every other Wednesday. Email Hayley Young at hdyoung@alz.org or call 785.379.3067 for the meeting link and other info.

COMPASSIONATE FRIENDS/BE-REAVED PARENTS GROUP — 4th Mon. in Formation classroom at Most Pure Heart of Mary, 17th & Stone. Discussion starts 7pm; fellowship & refreshments 8:30. 785-272-4895

CAREGIVERS GROUP - Caring Hearts of Hope meet 2nd & 4th Tuesdays 5:30-6:30pm at Highland Heights Christian Church. Encouragement in God's word and prayer as well as conversation and sharing, open to all those who care for others with illnesses such as Alzheimers, dementia, cancer or other debilitating illnesses or injuries. For info: "Weekly Class List" at www.hilandheightsccc.com or

call 785-379-5642.

FIBROMYALGIA & CHRONIC FATIGUE SYNDROME SUPPORT GROUP — 2nd Tue., 7-9pm. First Congregational Church, 17th and Collins. For info: Randy at 785-969-4038 or TopekaCFS@outlook.com.

GRANDPARENT/RELATIVE CAREGIVER SUPPORT GROUP — 3rd Tue., 6:30-8pm, 2nd floor meeting room, St. Francis Hosp, 1700 SW 7th. For info: Sharla, 286-2329; Jennie (English/Spanish) 231-0763.

GRIEF SUPPORT — Sponsored by Heartland Hospice for those dealing with death or major loss: 1st Mon., 5:30-7:30pm, Individual appointments; other times are available. Call Terry at (785)230-6730. 3rd Thurs., 11am, Lunch After Loss, Paisano's Ristorante, Fleming Place, SW 10th & Gage Blvd., For reservations or info: 785-271-6500.

HEALING AFTER LOSS TO SUICIDE (HeALS) - Topeka support group meets the 1st and 3rd Tuesday of each month from 6:30-8, at 1st Congregational Church, 17th and Collins. For info: Topeka.heals@gmail.com or 785-380-9309.

DIVORCECARE PROGRAMS — (For updates check www.divorcecare.org) locations and times:

WED. — 6:30pm, Topeka Bible Church, 1101 SW Mulvane. Cost: \$15. Child care provided. For info: 379-0505 or www.divorcecare.org.

WED. — 6:45 — 8:45pm, Walnut View Christian Church, 3634 SE 37th St. (just East of 37th & Croco). Cost: \$10 registration (scholarships available). The video seminar series featuring some of the nation's foremost experts on divorce and recovery topics, combined with support group discussion of the materials. Complimentary child care children up to the fifth grade. Info: 266-7550 or walnutviewccc@att.net.

WED. — 6:30pm, Northland Christian Church, 3102 NW Topeka Blvd. No Cost. 785-286-1204, www.northland.cc

PROSTATE CANCER SUPPORT GROUP — First Thursday, 3pm, St Francis Hospital, Room 300 on 2nd floor. For info: Jim 785 806 3266

CELEBRATE RECOVERY — Every Fri., 6pm, 1912 Gage Blvd. A Christ-centered program, based on 8 principles found in Jesus' Sermon on the Mount. Applying these Biblical principles, become free from addictive & dysfunctional behaviors. crtokaks.org.

NICOTINE ANONYMOUS — Every Fri., 6:30pm, Town & Country Church Renaissance Room, 4925 SW 29th St., use west door cross red foot bridge. A fellowship of men & women helping each other to live free of nicotine. No fees. 402-321-486; Laboomaha@att.net

TOPEKA NAR-ANON FAMILY GROUP — For families &

friends who are affected by someone else's narcotic addiction. Every Mon. 7pm; Every Sat. 10am. First Baptist Church, 3033 SW MacVicar, Enter Door A, Room 211. www.naranonmidwest.org

COVENANT KEEPERS — 3rd Sat. Group for people who want to see their marriage saved when their spouse wants out. 816-453-0884 or 816-966-0927

MOMS-IN-TOUCH PRAYER GROUP — Every Wed., 2:30-3:30pm, Library at Cair Paravel-Latin School. Experience God's power through prayer as we lift our students, teachers, staff, administrators & board up to the Lord. For info: 357-0369.

GAMBLERS ANONYMOUS — Every Wed, 7pm, St. Francis Hospital, meeting room #8.

PRISON OUTREACH MINISTRY — Every Tue., 7-9pm, Topeka Women's Prison, 815 Rice Rd. Reaching out to those who can't come in, finding freedom behind bars, inspiring inmates to seek salvation during a difficult time. Providing support & guidance through the Holy Spirit to offer strength. Director: Don Garner, 286-0489 or

Send your
calendar
events to
voice@cox.net

See complete
calendar at
[metrovoice-
news.com](http://metrovoice-news.com)



**TOPEKA
Small
Businesses:**

**Is your business struggling
because of the pandemic,
inflation or regulations?**

**You need Advertising...
We need Ad Buyers!**

Let's help each other!

**Print / Digital Combo -
Special Discount: \$99/mo.
(3 month minimum)**

- We'll run your ad (4" by 3") in thousands of printed copies of *Topeka Metro Voice* or *Health & Wellness* magazine
- We'll place your ad on our *Metro Voice* or *Health & Wellness* website
- We'll promote your ad on our social media pages/groups & emails!

Call 785-235-3340 or email
Lee Hartman at: voice@cox.net

• Ballroom & Lounge
• Weddings
• Private Parties
• Celebrations of Life
• Quinceañeras
• Fundraisers
• Corporate Events

1901 N Kansas Ave
785-213-3561
thewoodshedtopeka.com

Check our
website and
facebook
page for
details on
theme
weekends
and
specials!

Kansas City
**Renaissance
Festival** **KCRenFest.com**

Weekends starting Aug. 30th to October 12th

entertainment

7 Family-Friendly Streaming Movies for Summer

July and August certainly weren't made for outdoor comfort -- unless, that is, you're swimming laps, floating lazily, or sitting atop a massive block of ice.

Much of the United States is in the grip of a relentless heat wave, with temperatures soaring above 90, forecasters warning there's little chance of rain, and the air practically dripping with thick humidity.

Thankfully, the major streaming services are offering plenty this month -- especially for families looking for a distraction or simply a fun way to beat the heat from the comfort of the couch.

Here are seven great family titles streaming this month.

1. Paws of Fury: The Legend of Hank (Netflix)

A hapless canine is unexpectedly made samurai of a feline village as part of a cunning plan by a corrupt leader who's counting on him to fail. The dog, Hank, suddenly must learn the art of the samurai while winning the affection of the cats who naturally question his every move. This animated spoof film includes solid lessons on selflessness and loving those who look different. Rated PG for action, violence, rude and suggestive humor, and some language. Clearplay offers a filter.

2. Miracles From Heaven (Netflix)

An ill girl's dangerous fall from a tree turns miraculous when she not only survives but is inexplicably cured of a rare digestive condition she had battled for years. Her story takes an even more extraordinary turn when she tells her family she visited heaven while clinging to life in the hospital. This 2016 faith-based film is based on a real-life story and stars Jennifer Garner as the mother.



Rated PG for thematic material, including accident and medical images.

3. How to Train Your Dragon, 2025 (Home Video)

A teenage Viking named Hiccup shocks his village when he befriends a dangerous Night Fury -- a dragon -- instead of killing it. As their bond deepens, Hiccup uncovers a truth that could upend his entire world: Dragons aren't enemies -- they're misunderstood. This 2025 live-action remake includes everything that made the 2010 film a family classic, including the lessons on friendship, family, and the eye-opening truth about prejudice.

4. Green and Gold (Angel)

A Wisconsin farmer facing foreclosure strikes a last-ditch deal with his banker, vowing to surrender his beloved farm only if the Green Bay Packers fall short of winning the Super Bowl. Inspired by true events, it's a film that celebrates farming and small-town communities with a solid focus on family and faith. Craig T. Nelson stars in the lead role. This unrated film falls in the PG/PG-13 realm, with minor language and one brief scene involving a potential

suicide. (The farmer's neighbor threatens to shoot himself, but changes his mind.)

5. Hidden Figures (Prime Video)

Three African American women in the early 1960s overcame racial and gender barriers at NASA to become the brains behind one of the greatest space missions in history. The film was based on a book of the same name and tells the inspiring true story of the perseverance and quiet heroism that helped launch John Glenn into orbit. Rated PG for thematic elements and some language. Clearplay offers a filter.

6. Lilo and Stitch, 2025 (Home Video)

A young Hawaiian girl named Lilo, struggling with grief and loneliness, adopts a mysterious blue "dog" from the shelter, sparking an unexpected adventure filled with heart, chaos, and a few government agents in hot pursuit. It's a 2025 remake of the 2002 animated film that was nominated for an Oscar and was the year's 14th-highest-grossing film. It includes powerful messages about friendship and familial love. Rated PG for action, peril, and thematic elements.

7. Christmas in July (Great American Family/Pure Flix)

The annual summer event returns as Great American Family and Great American Pure Flix feature heartwarming holiday films to lift your spirits -- right in the middle of sweltering days and summertime heat. The company's Christmas library includes nearly 100 original holiday films -- all produced since Great American Family launched in 2021.

—Michael Foust / Crosswalk.com

Titanic Exhibit Brings Immersive History to Union Station in KC



Many parents and organizations are making The Science of Guinness World Records exhibit at Union Station part of their summer activities. Now the station has announced plans for its next major exhibition, which is coming this fall.

Titanic: An Immersive Voyage will open on November 8 after being on display in Milan, Italy, and Atlanta. The exhibit will transport visitors not only to the ill-fated Titanic but also her sister ships, Olympic and Britannic; the rescue ship Carpathia; the Californian, which sat nearby in silence; and the largest actor of all in the story, the iceberg, whose journey is traced from its birth to its complete dissolution in the Atlantic just a few short days after the disaster.

"What Union Station does especially well is take our guests on important, emotional journeys to places and events that have defined world history," said George Guastello, Union Station president and CEO. "The fascinating story of RMS Titanic is one such example of how time, technology, circumstance and celebration all connected in the form of the most opulent and majestic ship of her time. A voyage for the ages that still resonates today as Titanic's unsolved mysteries continue to be revealed."

Exhibition guests will board the luxurious ship via a recreation of the Southampton, England maiden voyage dock. They then set sail through an immersive and impressive series of Titanic rooms that transport them back in time to meet fellow passengers, pause for iconic photos and experience moment-by-moment the series of events that led to the tragedy known around the world.

More than 200 artifacts from Ti-

tanic and its sister vessels are encountered along the voyage to add human connections to the iconic story. Included are the Heart of the Ocean, Artemis Statue, one of seven fully intact deck chairs, fine china, employee uniforms and much more. Plus, a self-paced, downloadable audio guide (available in English, Spanish and French) is included to narrate each step of the way.

Among the many first-time exhibition elements will be an invitation to board a lifeboat to witness Titanic's final, dramatic moments. Seeing the distress calls and the responses from other ships in the area add a layer of reality that is particularly poignant. In the final room, guests will have the option (with an additional ticket) to be fitted with state-of-the-art virtual reality technology and journey to the Titanic wreck site to explore and interact with their physical surroundings. This high-tech, high-touch aspect adds even more drama to the discovery of what really happened to sink the "unsinkable."

"Titanic is the most enchanting ship of all time and is revered by many as an iconic gem," said John Zaller, executive producer at Exhibition Hub. "Our voyage engages the Titanic story like never before. Our expertise in exhibition design and immersive storytelling creates an unforgettable emotional connection to Titanic. We're delighted to tell this immortal story in our signature humanistic and immersive style, and to share it with guests around the world, including in Kansas City at your historic Union Station."

Tickets and additional information are available at www.unionstation.org.xx

T.H. Peterson
Photography

20 Years Experience

Weddings
Seniors
Newborns
Families

785.793.2492 | 785.213.0812
tommy@thpetersonphoto.com

Hulk Hogan's Life, Wrestling Legacy, and Faith Remembered

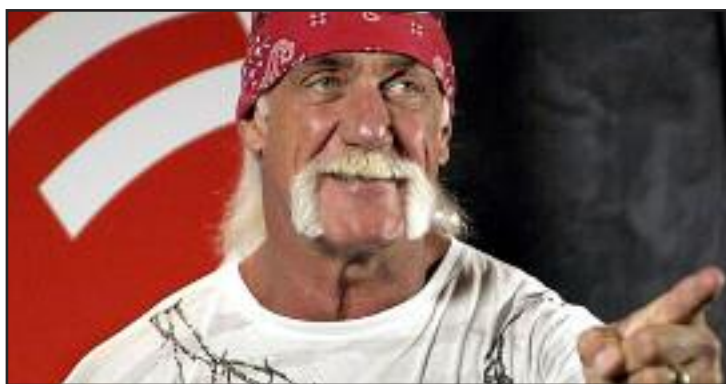
"Total surrender and dedication to Jesus is the greatest day of my life. No worries, no hate, no judgment... only love."

That's what Hulk Hogan wrote in December 2023 after getting baptized. The same guy who once tore off his shirt in the wrestling arena as well on a presidential campaign trail, took on literal giants, and shouted "Whatcha gonna do, brother?" to roaring crowds, was now talking about faith and letting others know how Jesus changed his life.

On Thursday morning, Hogan—born Terry Bollea—met his savior when he died at his Clearwater, Florida home. He was 71.

Paramedics were called around 10 a.m. for what officials said was a cardiac arrest. He was surrounded by family. His longtime manager, Chris Volo, said he was pronounced dead at the scene. Police say there's no sign of foul play.

To say Hogan changed wrestling doesn't really cover it. He was wrestling. In the '80s, he turned what was still a niche sport into something huge, loud, and impossible to ignore. The bandana, the mustache, the "Hulkamania" shirts—he was a walking cartoon in the best way, and people couldn't get enough. He overcame giants, both in his personal life and in the



ring, including slamming Andre the Giant to the mat. He headlined the first WrestleMania, starred in movies, and somehow became a household name across generations.

On news of his death, WWE shared that Hogan helped the company go global. He made wrestling mainstream, and for a while, he was the mainstream. "One of pop culture's most recognizable figures, Hogan helped WWE achieve global recognition in the 1980s. WWE extends its condolences to Hogan's family, friends, and fans."

In recent years, Hogan was in a different place. He talked more about pain than performance. "I've had like 25 surgeries in the last ten years—10 of them back surgeries," he told Jake Paul on a

podcast. He spoke about regrets, redemption, and his Christian faith, which he leaned into hard. That baptism video he posted in 2023? It showed a man who looked relieved. Like he'd finally put something heavy down.

Hogan recently posted to social media the joy re-discovering his faith in Jesus after a rocky few years during his wrestling career. "I accepted Christ as my savior at 14 yrs old and the training, prayers, and vitamins kept me in the game, but now that I am one with God, the main event theme of surrender, service, and love makes me the Real Main Event that can slam any giant of any size through the power of my Lord and Savior and so it is, even now brother, AMEN!"

Ozzy Osbourne's Faith and Final Days: The Real Story



"I don't worship the devil, I never have," he wanted everyone to know

"I do believe in God," Ozzy Osbourne once told GQ, his voice as gravelly and unmistakable as ever. "But I've got my own idea of what he looks like."

John Michael "Ozzy" Osbourne, Black Sabbath's wild-eyed frontman and the self-styled Prince of Darkness, died July 22, 2025, at his home in Buckinghamshire, England. He was 76, surrounded by family—a far quieter scene than most of his life's headline moments.

Ozzy was never easy to pin down. He sang about hell and got called a Satanist by many who didn't realize it was an act, but he prayed before every show. His 1986 tour was even titled "The Ultimate Sin," and the April 1 Kansas City show at Kemper Arena was filmed and released on VHS video as "The Ultimate Ozzy."

So, for most of his career, especially in the '70s and '80s, Christian groups painted him as the face of devil worship in rock music. The label stuck, whether he liked it or not. "I've always believed there's a God. I don't worship the devil, I never have," he told Rolling Stone in 2004. The accusation clearly got under his skin at times. "The biggest misconception is that I'm a Satanist or something. I don't worship the devil. I never have," he repeated in later interviews, sometimes with a laugh that belied the pain it caused him, sometimes with a bit of anger.

He bit the head off a bat, then talked about wanting to be a priest as a kid. Somewhere in the middle, he became a legend—the sort people assumed would never really die, just keep staggering on, year after year, in eyeliner and leather.

His popularity surged again later in life in what may be television's first reality TV show The Osbournes. It aired only on MTV beginning in 2002 and focused on his domestic life. Viewers saw in him an everyday man, facing the same problems many parents face: teen angst, curfews, home repairs and more. He would

later say that was the real him, just a dad who can't find his eye glasses, not the stage theatrics.

Born in Birmingham in 1948, raised by a devout Catholic mother and an Anglican father who kept his distance from church, Osbourne got christened at the local parish and shuffled through Sunday school. For a while, he thought maybe God would want him in the pulpit, not just screaming onstage. "I'm a Christian. I was christened as a Christian," he told The Guardian in 2014. He wasn't exactly a model parishioner, but the faith, somehow, stuck around. He even visited the Ark Encounter

Despite the wild reputation, Osbourne often told interviewers that he considered himself a Christian, even if he didn't always fit people's expectations of him: "I consider myself a Christian, but I don't go to church every week," he told Spin magazine in 1986, "And I often don't understand the Bible because it's written in a language I can't understand." He openly said you didn't have to go to church to be a Christian—a sentiment that resonated with fans who saw something of themselves in Ozzy's messy, searching faith.

In fact, Christianity—and Jesus himself—were never far from his thoughts. In more private moments, his prayers were plainspoken and sincere according to those who knew him intimately.

But that private faith also crept into his music. Black Sabbath's "After Forever" warns about hell and talks openly about Christ, a weird twist in a catalog that also includes "Iron Man" and "Paranoid." Ozzy never cared for the Satanist label, even as it dogged him. In his later years, faith became less of a secret—evangelist Dylan Novak says he gave Ozzy a personalized Bible in 2023. "Ozzy was touched by the Bible with his name on it. He kept it by his bedside, showing it to visitors," Novak posted on X after the news broke.

Christian Storytellers and Game Developers Gather at Realm Makers

Christians have made great strides in creating books, film and music in recent years. Now they also are moving into the popular entertainment media of gaming, comics and animation.

As The Economist reported in March 2025, "Christian entertainment is having a moment."

Realm Makers supports Christian writers and artists who create science fiction and fantasy in their journeys from idea to marketplace. The organization is held its first Realm Makers Expo in July.

"Christian storytellers, artists, game developers and filmmakers will meet fellow lovers of fantasy, science fiction, games, comics, animation and beyond," CEO Scott Minor said. Attendees experienced a fan convention, a book festival and an intellectual symposium on Christian storytelling all in one.

The list of presenters included:

Mike Nawrocki, co-creator of "VeggieTales," voice actor (Larry the Cucumber), and creator of the "Dead Sea Squirrels," now streaming on Minno.

Brent Weeks, "New York Times" best-selling fantasy author.



D. Smith, author of the "Green Ember" series, performing "Green Ember LIVE!"

D. Wilson, author of "100 Cupboards," co-executive producer for "House of David."

Tony Bancroft, director of Disney's "Mulan," as well as animator of Cogsworth ("Beauty and the Beast"), Iago ("Aladdin") and Pumbaa ("The Lion King").

Katie Leigh, voice actress for roles such as Baby Rowlf in "Muppet Babies" and Connie Kendall in Focus on the Family's

audio drama "Adventures in Odyssey."

Alex "Magnus" Lehmann, director of creative management for MMO R&D at Riot Games (developer of "League of Legends")/

Main Street Music Show, a live sketch comedy Christian radio troupe featuring special guests: Mike Nawrocki and Katie Leigh.

Sarah Arthur, fantasy author and authority on Madeleine L'Engle and C.S. Lewis.

For more information visit www.RealmMakers.com.



8 Key Steps to Buying a Home

Buying a home might be the most significant financial decision you ever make. By understanding these eight key steps in the process, you can move forward with confidence, clarity and long-term success:

1. Understand what you can afford. Understanding your finances may not be as fun as house hunting, but it's necessary for determining how much you can afford. Most lenders suggest spending no more than 30% of your monthly income (before taxes are taken out) on mortgage payments, including principal, interest, taxes and insurance. Your credit, current interest rates and closing costs also impact what you can afford, so take these factors into consideration. Freddie Mac's Homebuying Budget Calculator is a useful resource during this step in the process.

2. Explore down payment options. Today's down payment options are ex-

panding homeownership accessibility. For example, certain mortgage products allow you to put down as little as 3%. However, if you make a down payment of less than 20%, you may have to pay for private mortgage insurance until you reach 20% equity in your home. Knowing the possibilities for funding your down payment, beyond personal savings, is also helpful. These may include governmental assistance or gifts and loans from relatives. Use Freddie Mac's Down Payment and PMI Calculators to see what's possible.

3. Find your team. Having the right people by your side makes homebuying more enjoyable and less stressful. This team may include a housing counselor, real estate agent and lender. Who you select matters, so look for experienced, trusted professionals.



4. Find the right home. To find the right home, assess the property based on factors like its proximity to certain school districts, public transportation and your job. Then consider what type of home you want to live in. From single-family homes to condominiums, each has its advantages and disadvantages, and the right one for you will depend on your finances, lifestyle and stage of life. It's easy to get overwhelmed by the possibilities, so consider creating a wish list to narrow down your choices. Include your must-haves and deal breakers, and reflect on how your needs may evolve.

5. Apply for a loan. Finding the right loan may make a big difference in your monthly payments and overall loan cost. Shop around and check out Freddie Mac's Loan Comparison Calculator to determine which loan is best for your housing goals. Then, work with your lender to apply for and complete the application process. The process takes roughly 45 days and will include providing proof of employment, banking statements and other documentation.

6. Make your offer. Through this phase, you'll work closely with your real estate agent who will help determine a fair offer price while making sure you stay within range of what you can afford. They'll also handle all contract ne-

gotiations with the seller's agent.

7. Get an inspection and appraisal. Once your offer is final, your lender will order an appraisal. This is a necessary step in securing financing, and protects you and the bank by ensuring the home's value matches the agreed upon sale price. Companies like Freddie Mac may offer appraisal waivers in certain instances, so be sure to ask your lender if one is possible. For peace of mind, you may also wish to pay for a home inspection. If the inspector finds issues, you can work with the seller to determine if they need to pay for repairs. Or, if you have a home inspection contingency, you could renegotiate the sales price, require the seller make repairs or back out.

8. Close on your home. Closing, also called settlement, is a meeting where you

sign final documents, pay closing costs, and ownership is officially transferred to you. To prepare, secure your closing funds. Freddie Mac's Closing Costs Calculator can help you estimate how much you'll pay at settlement. You should also do a formal walkthrough of the property to check that it's in the agreed upon condition and read all the closing documents — don't be afraid to ask your attorney or closing agent questions.

With educational resources like My Home by Freddie Mac, you can make informed, empowered decisions every step of the way. In fact, 7 out of 10 My Home users feel better prepared to buy a home. Visit <https://myhome.freddiemac.com/buying> to access these tools and resources.

-StatePoint

10% OFF **A/C Service**
5% Off Parts Expires Sep 30, 2025

DEBACKERS, Inc.
 Since 1949
 Heating - Cooling New Construction & Replacement Systems
 785-232-2916 • 1520 SE 10th Ave.

Hello Garage
Clean, Organized Spaces.

#1 Kansas City Garage Renovation Experts

Concrete Floor Coatings

Cabinets & Shelving

Garage Accessories

Get your free estimate today!

877.782.1835

**Downing
Septic & Grease
Cleaning**

785-357-0046

A DIVISION OF THORNTON BLISS BY THORNTON BLISS GROUP

Olshan
Since 1933
Foundation Solutions

**Your Trusted
Foundation
Repair Expert
Since 1933**

90
Years of Service

Our Services:

- Foundation Repair
- Crawl Space Recovery
- Water Management
- Basement Waterproofing
- Concrete Lifting
- Basement Wall Recovery

Payment Plans as Low as \$125/mo

Industry-Leading Warranty Options

FREE Home Evaluations

Patented Technology

Limited Time Offer
Up to **\$250 off**
Foundation Repair

We help families live better.

4.8 Rating - 1,975 Verified Reviews

4.9 Rating - 3,000 Verified Reviews

Schedule Your Free Evaluation!

(855) 548-7823

Offer valid from 9/1/2024 to 1/1/2026. Only valid to new customers. \$250 savings valid on projects \$2,000 or more. Cannot be combined with any other offers or promotions. Offer is non-transferable, has no cash value and cannot be applied to previous purchases. Void where prohibited by law. Terms of offer are subject to change.

WINDOW NATION

Windows that **save** you money up-front – and year-round.

Window Nation and look of an investment, the best prices will actually save you money on your monthly utility bills. Imagine getting all that at an affordable price. That's Window Nation.

Insulated

Your heat stays in – the cool stays out

Money-saving

Pay less every month for utility bills

Affordable

Flexible financing and easy payment plans

BUY 2 WINDOWS GET 2 FREE!

0 0 0
for 24 months

877-319-1134

sports

Aaron Judge Balances Faith, Family, and Baseball Success



New York Yankees' star Aaron Judge's bio reads, "Christian. Faith. Family, then Baseball."

All-Star outfielder Aaron Judge of the New York Yankees was the MVP of the American League in 2024, and he is on pace to win the award again. He leads the league in batting average (.355), on-base percentage (.462), and hits (125) while playing under the bright spotlight of New York media. For more about Judge's performance and his influence on the Yankees, see how he continues to lead the team in critical moments in the American League.

Fame and fortune, however, have not changed his eternal perspective. He shared his faith during media interviews during last week's All-Star game in Atlanta.

"Our Lord and Savior, Jesus Christ, he's given me this platform, given me this ability," Judge told reporters. "The fame, getting the chance to do this is great and all, but it's not fulfilling as much as the relationship I have with him. So that's what I would tell anybody: Build a relationship with him, and that'll solve all your problems." This devotion has been covered by major media outlets following his record-breaking home runs.

Judge already has accomplished enough on the field to likely ensure himself a spot in the Hall of Fame. The seven-time All-Star and two-time MVP holds the American League single-season home run record with 62. This year, he became the fastest player in MLB history to reach 350 home runs, surpassing Mark McGwire's previous mark. For

YFC Golf Classic is a Tournament of Champions for teens

Topeka Youth for Christ's 2025 Annual Golf Classic will be held on Monday, September 22 at the Lake Shawnee Golf Course. The four-person, 18-hole scramble begins with a shotgun start at 9:00 AM. The format is a 4-person scramble. Registration will begin at 8:00 AM.

The YFC Golf Classic helps Youth for Christ staff and volunteers in the Topeka area to continue building authentic Christ-sharing relationships with teens through a variety of ministry programs; i.e. Juvenile Justice Ministry, YFC Core and YFC Camp designed for today's teens.

YFC reaches young people everywhere, working together with the local church and other like-minded partners to raise up lifelong followers of Jesus who lead by their godliness in lifestyle, devotion to prayer and the Word of God, passion for sharing the love of Christ and commitment to social involvement.

Across the country at community centers, high schools, middle schools and juvenile institutions the YFC staff and volunteers meet with young people to share the name of Jesus.

To sign up for the YFC Annual Golf Classic Tournament go online to www.topekayfc.org. Awards and prizes will be given for first and second low teams. Individuals will receive awards and prizes for closest to the pin, longest



drive, and longest putt. The entry fee for the fundraiser is \$600 per team or

info@topekayfc.org, or visit the website at www.topekayfc.org.

\$150 per individual. The fee includes green fees, cart for two, a box lunch, two mulligans, Gary Woodland Drive and many great door prizes! Individual and corporate sponsorships are still available.

For more information about Topeka Youth for Christ or the golf tournament, call (785) 232-8296, or email

YOUTH FOR CHRIST ANNUAL GOLF CLASSIC Tournament of Champions for Teens

Monday September 22nd

SUPPORT MINISTRY
TO AREA TEENS

LAKE SHAWNEE GOLF COURSE
4 PERSON 18 HOLE SCRAMBLE
ENTRY FEE: \$600 PER TEAM OR
\$150 PER INDIVIDUAL

REGISTRATION BEGINS AT 8:00 A.M.
SHOTGUN START: 9:00 A.M.



SIGN UP AND SPONSORSHIP
INFORMATION ONLINE AT:
www.topekayfc.org/event/yfc-annual-golf-classic

For more information call
the YFC Office at
785-232-8296

context on his achievements and their historical significance, check out recent MLB milestones.

He also is one of the league's most outspoken Christians. His bat at this year's All-Star Game included not only the name of his newborn daughter, Nora, but also a Bible verse: "For we live by faith, not by sight." His bio on X says, "Christian. Faith. Family, then Baseball." The impact of Judge's faith and family life is often highlighted in player profiles and athlete interviews.

After he passed Roger Maris' American League record of 61 home runs in 2022, Judge referenced his faith during an interview on national television.

"I gotta thank God for putting me in this position and getting me to where I'm at, the constant support from my family and friends who have been with me through it all — coaches from Little League, high school, college that have been here and instructed me and helped me out through this whole thing," he said.



Proudly Serving
NE to Central Kansas

Lyndon: 785-217-5701
NEW LOCATION!
Manhattan: 785-320-7270

jmlengraving.com



50+ Lifestyles

A Guide to Enjoying Life in the Best Years

Summer Health and Safety Tips Doctors Want You to Know

School is out, the days are long and the temperature is rising. For a safer, healthier summer, follow these American Medical Association recommendations:

1. Wear sunscreen. Look for a broad-spectrum sunscreen of at least SPF 30. Also, no sunscreen is water-proof. If you're splashing in a pool or

sweating in the summer sun, you'll need to reapply every couple of hours or immediately after swimming.

2. Get up to date. With measles cases increasing, make sure your family members are up-to-date on their vaccines before travel and camp season. Double check everyone's vaccine status. If you have questions, speak with

your physician.

3. Be water safe. Make sure everyone in your family achieves water competency skills. Teach children to ask permission before going near water, have inexperienced swimmers or boaters of all ages wear U.S. Coast Guard-approved life jackets, and always swim in lifeguarded areas at the beach.

4. Watch your diet. Reduce intake of processed foods, paying particular attention to added sodium and sugar. Add fresh fruits and vegetables, whole grains, nuts and seeds to your diet. This doesn't mean you have to give up summer barbecuing. Simply replace red meat and processed meats with lean meats, like poultry, and plant-based proteins. Also, reduce your consumption of sugar-sweetened beverages and drink more water.

5. Be physically active. Take advantage of warmer weather to get outdoors and get active. For optimal physical and mental health, adults should get at least 150 minutes of moderate-intensity activity or 75 minutes of vigorous-intensity activity each week. While exercise is important, avoid working out outside in the early afternoon (noon to 3 p.m.) when it's hottest. Drink water before, during and after physical activity, and wear light-colored, lightweight, moisture-wicking clothing.

Watch for signs of heat exhaustion, including cool, moist, pale skin, and heavy sweating, headache, nausea and dizziness. Be advised that extreme heat can be especially dangerous for certain people, including those taking certain medications, those with chronic diseases, older adults and children. Additional precautions may be necessary to keep these groups safe in hot weather. CDC's Heat Risk Dashboard informs on how best to protect yourself when temperatures can impact your health.

6. Use caution. If you'll be consuming alcohol, do so in moderation as defined by the U.S. Dietary Guidelines for Americans—up to one drink per



day for women and two drinks per day for men, and only by adults of legal drinking age.

7. Know your blood pressure numbers. Extreme temperatures can impact blood pressure, so it's especially important right now to visit ManageYourBP.org to better understand your numbers and take necessary steps to get high blood pressure, also known as hypertension, under control. Doing so will reduce your risk of heart attack and stroke.

8. Check first. Before heading outdoors, check your community's outdoor air quality using the Air Quality Index. Smoke from wildfires and degraded air quality that gets worse with warmer temperatures can irritate your eyes, nose, throat and lungs. Children, pregnant people and those with certain chronic conditions must be especially careful.

Behind every summertime joy is a not-so-secret health or safety hazard.

—Statepoint



CPAP

Supplies & Services LLC

Specializing in all your CPAP needs

785-289-3188

2905 SW Gage Blvd., Topeka, KS



Karen Sivertson
is now at
HAIRSLINGERS
bringing
32 years of
experience as a
Cosmetologist.

"I work with men, women and kids, specializing in haircuts, hair coloring, permanents, beard trimming & facial waxing. I enjoy working with the entire family and love seeing their smiling faces when they leave."

20 years experience
at SuperCuts
(17 as a manager)

APPOINTMENTS
AND WALK-IN'S

For Appointment, please call 785-233-4247

Hairslingers • 1835 NW Topeka Blvd., Topeka



Why you need dental insurance in retirement.

Medicare doesn't pay for dental care.¹

As good as Medicare is, it was never meant to cover everything. If you want protection, you need to purchase individual insurance.

Early detection can prevent small problems from becoming expensive ones.

The best way to avoid large dental bills is preventive care. Experts recommend checkups twice a year.

Previous dental work can wear out.

Your odds of having a dental problem only go up as you age.²

Treatment is expensive — especially the services people over 50 often need.

Unexpected bills, like \$190 for a filling, or \$1,213 for a crown³ can be a real burden, especially if you're on a fixed income.

1 "Medicare & You," Centers for Medicare & Medicaid Services, 2025. 2 "Aging changes in teeth and gums", medlineplus.gov, 4/17/2022. 3 American Dental Association, Health Policy Institute, 2020 Survey of Dental Fees, Copyright 2020, American Dental Association.

DENTAL Insurance

from Physicians Mutual Insurance Company

Call for a **FREE** Information Kit!

Ask about the Premier Plan - our most popular option!

1-866-350-1133

Dental50Plus.health/Topeka

When you're comparing plans ...

► Look for coverage that helps pay for major services.

► Look for coverage with no deductibles.

► Shop for coverage with no annual maximum on cash benefits.

Simply put — without dental insurance, there may be an important gap in your healthcare coverage.

Get your Info Kit
SCAN NOW!



How Support and Connection Can Improve Mental Health as You Age



Mental health issues, such as stress, anxiety and depression, are common among older adults, and can be exacerbated by declining health, loss of loved ones, financial challenges and late-in-life regrets.

Unfortunately, these issues can impact overall health, quality of life, and in some cases, even be

life-threatening. The suicide rate among Americans aged 75 and older is the highest of any age group, according to the Centers for Disease Control and Prevention.

If you're an older adult, Dr. Zia Wahid, medical director with Cigna's Medicare business, encourages you to take the follow-

ing actions:

Nurture relationships: Research has found that loneliness can have negative health consequences as impactful as smoking 15 cigarettes a day. That's why finding connection is essential. Check with your local community center to find out what activities, classes and

social events they offer. Faith-based organizations, neighborhood gatherings, and clubs based on common interests are also great ways to meet people and stay engaged. A simple phone call with a loved one is often enough to strengthen bonds, and emotional resilience.

Get moving: Physical activity can improve strength and agility as you age. It can also be a powerful way to boost your mood and ease anxiety and depression. From chair yoga to water aerobics, there are forms of exercise

appropriate for every ability and age, and free or inexpensive classes offered in many communities. Your Medicare Advantage (MA) plan may also offer fitness benefits that can help you move more and stay connected. Group fitness not your thing? Consider just getting outdoors for a short walk and a dose of sunshine.

Avoid substance misuse: Substance use disorder is common among older adults, and can intensify mental health challenges. One in 11 adults over age 60 had a substance use disorder in 2022, and that number is on the rise, according to the American Psychological Association. Check your Medicare plan. It may cover treatment for alcoholism and substance use in both inpatient and outpatient settings.

Schedule a doctor's visit: Mental health, just like physical health, requires your attention and care. If you're experiencing mental health concerns, schedule a doctor's appointment. They can refer you to a psychologist, psychiatrist or clinical social worker, or provide additional advice and resources.

Get it off your chest: Talking about your feelings with friends, family, or even a trained professional can be helpful. Medicare covers individual and group

therapy with doctors or licensed clinicians, and some of these services are offered virtually.

Consider medication: Antidepressants, anti-anxiety medications, antipsychotics and mood stabilizers, can be effective treatments for certain mental health conditions. A Part D plan – either standalone or within an MA plan – covers many of these prescriptions. Before starting a new medication, be sure to talk to your doctor about possible side effects and interactions with drugs you're currently taking.

Don't wait: If you or someone you know is experiencing a mental health crisis, immediately call or text the Suicide and Crisis Lifeline at 988 to reach a trained crisis counselor. This free, confidential service is available 24/7 nationwide in both English and Spanish.

For more information about Medicare benefits and mental health, visit cignamedicareinformation.com.

"Depression and other mental health concerns don't have to be part of aging. Treating these conditions can put you on the path toward a more fulfilling life, so that you can enjoy this chapter of life with confidence and joy," says Dr. Wahid.

-StatePoint



50 years of trust. 50% off labor for you.

50% OFF LABOR

MENTION CODE **FIXIT50**

Cannot be combined with other offers. Must be presented at time of appointment. Financing options available. Offer expires 12/31/25.

GET A FREE ESTIMATE 866-571-8749



Aldersgate Village
RETIREMENT COMMUNITIES

2024 CHOICE AWARDS WINNER

- Independent Living
- Assisted Living
- Home Plus
- Memory Care
- Short-Term Care
- Rehabilitation Services

AldersgateVillage.org
7220 SW Asbury Drive | Topeka, KS 66614 | (785) 286-7490



metro voice

metrovoicenews.com

Check Out Our Newly Redesigned, Mobile-ready Breaking-news Website.

classified

Place your classified ad with us! 785-235-3340 or Voice@cox.net, or metrovoicenews.com

Payment in advance required: \$12 for the first 25 words; 25 cents for each additional word.

(classified ads also go immediately online)

FOR SALE:

BEMSPICE Co. Smoked Pig Ears – Topeka's #1 Dog Treat! All-natural, flavorful, and tail-waggin' good. Order now at www.BEMSPICE.com

GOLF CLUBS – a 2013 model Cleveland Driver SL 290, 10.5 Degree, regular flex shaft. Retail \$339, asking \$49, only played a few rounds. New Warrior 10 degree Driver, only hit a few at the range with it, \$39. 640-6399

FOR LEASE:

OFFICE SPACE available, great for therapists, health & wellness compa-

nies, small businesses & more! Complementary desks/chairs furnished. All utilities plus Wi-fi/Ethernet included. \$100 VISA cards to new leases if you mention this ad! College Park Office Suites, 2611 SW 17th. Call or text 785-430-1657. info@cpofficesuites.com

SERVICES:

TOTALLY THERAPEUTIC MASSAGE - Swedish, Deep Tissue, Trigger Point, Reflexology including Feet, AromaTherapy. Also Nutritional Advice. Prices Starting at \$25.00 for ½ hour. For more information or a price quote contact (785) 430-0377

EVA'S ERRANDS, ETC. - Have Truck, Will Travel. Haul (smaller items), deliver, pick-up, rides to appointments, other errands, etc. Call 785-430-0377

WANTED:

YARD WORK - Are you available to help with yard work two hours a week? Mostly pulling weeds around flower bed, planting flowers, watering, raking leaves. Call my home after 7pm (785)357-1117 (live in Oakland area) Pay: \$20 an hour.

DIRECT SUPPORT PROFESSIONALS: Paid training, great benefits, including next day pay. \$1250 hiring bonus within first 9 months. SLI, www.slitopeka.org

ASSISTANT EDITOR – Research articles & event info online & on phone; writing & editing; updating files, social media posting. Mostly work from home. Part-time. Call 785-640-6399 or email voice@cox.net

\$1250 HIRING BONUS

within first 9 months!

NOW HIRING:

Direct Support Professionals

Finance Director

Maintenance Specialist

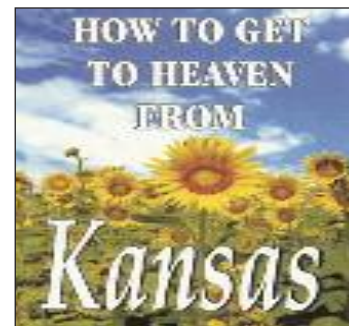
Paid training, great benefits including next day pay



Serving People with disabilities since 1971

3401 SW Harrison St, Topeka, KS 66611

EOE www.slitopeka.org



More important than living in KANSAS is where you will live forever. Just as you would look at a map of KANSAS to find your way, so you must look at the Bible to find your way to heaven. The Bible says, "Narrow is the way, which leadeth unto life, and few there be that find it." (Matt. 7:14). Jesus said, "I am the way, the truth, and the life: no man cometh unto the Father, but by me." (Jn. 14:6). Jesus is the only way to Heaven and He gave these directions on getting there.

1. Realize you are a sinner. Everyone starts the same place spiritually. "For all have sinned and come short of the glory of God." (Rom. 3:23). Sin's penalty keeps you out of Heaven and condemns you to Hell, separating you from God. Romans 6:23 says, "The wages of sin is death." Sin brings both physical & spiritual death. "And death and hell were cast into the lake of fire. This is the second death." (Rev. 20:14).

2. Realize Jesus paid the penalty. Jesus Christ's death, burial, and resurrection provided a way for you to go to heaven and restore your relationship with God. "But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us." (Rom. 5:8). Since Jesus, God's Son, was the only One who could pay for our sin, He is the only Way to Heaven.

3. Repent of your sin and receive Jesus as your Savior. In order to go to Heaven from KANSAS, or anywhere else, you must accept Christ by calling on Him in prayer. He tells us in Romans 10:13, "For whosoever shall call upon the name of the Lord shall be saved." Use the following prayer, or one similar to it, to receive Him now:

Dear Lord Jesus, I know I am a sinner. I believe that you died and rose again for me. Please forgive me of my sin, become Lord of my life, and take me to heaven when I die. I am trusting you completely, and in nothing I can do. Thank you Jesus! Amen.



• Remodeling • Kitchens • Baths • Garages
• General Excavation • Lot Drainage • Building Pads

FoxCraft Construction and Excavation
www.fox-craft.com • 785-289-8494

Barter For What You Want
816-470-9055



#sleevesrolledup

TRM
MINISTRIES

**TOPEKA
RESCUE MISSION
MINISTRIES**

Visit TRMonline.org or
check us out on Facebook

To donate: text **TRMgive** to **77977**

For Breakfast and Lunch it's...



1034 S. Kansas Avenue - (785) 232-1111
www.hanoverpancakehouse.com



Hanover Pancake House...need I say more?

**metro
VOICE**

metrovoicenews.com

**Check Out Our Newly
Redesigned, Mobile-
ready Breaking-news
Website.**

New Resident Church Guide

1. HIGHLAND HEIGHTS CHRISTIAN CHURCH

785-379-5642

Sunday Services: 8:30 and 10:00 AM
2930 SE Tecumseh Road
Tecumseh, Kansas 66542
www.highlandheightsccc.com
Jars of Clay Children's Ctr 785-379-9098

2. CHRISTIAN CAVALRY MINISTRIES INT.

Pastor Beau Bryant

Call about new meeting location for current services.

785-224-5419 • www.church4bikers.org
Sun. School 9:30 am
Sun. Service 10:45 am
Wed. Prayer & Bible Study 7pm

3. TOPEKA BIBLE CHURCH

1101 SW Mulvane St., Topeka

785-234-5545

Worship: 9:00 & 10:30 am
Livestream at 9:00 am
Sunday School & Bible Studies:
9:00 & 10:30 am
www.discovertbc.com

4. BETHEL BAPTIST CHURCH

4011 N. Kansas Ave, Topeka

785-286-0467

Sunday School at 9:30am
Worship at 10:30am
Livestream on Youtube at 10:30am
www.betheltopeka.org

5. INDIANA AVENUE CHURCH OF CHRIST

"Grace has dispensed, because Grace has redeemed"

3510 SE Indiana Ave., Topeka, Ks. 66605
785-266-7788, www.indianaavecofc.org
Bible University – Sunday - 9:30 a.m.
Classes for all ages.
Morning Worship – Sunday – 10:45 a.m.
Midweek Bible University – Wed. – 7pm

6. FIRST SOUTHERN BAPTIST

1912 SW Gage, Topeka, KS
272-0443 www.fsbctopeka.org

Sunday Services:
8:30 AM Traditional Worship
9:45 AM Bible study—all ages
11 AM Contemporary Worship

7. TOPEKA BAPTIST CHURCH

"Finding NEW LIFE in CHRIST"

Sunday Worship 8:30, 10 & 11:30am, 6pm
~ Sunday School for all ages ~
4500 SW Gage Blvd., Topeka
785-862-0988
www.topekabaptist.org

8. WANAMAKER ROAD BAPTIST CHURCH

"Being and making disciples of Jesus Christ by the power of the Gospel, to the glory of God"
2700 SW Wanamaker Rd., Topeka
(785) 272-9323 www.wrbcctopeka.com
Traditional Sunday Worship 11am & 6pm
Sunday School 9:30am • Wed. Prayer 7pm

12. LAKEVIEW CHURCH of the NAZARENE

2835 SE Croco Road (785)266-3247

Rob Self, Senior Pastor

Facebook: Topeka Lakeview Nazarene

Sun. 9:45am: Sunday School all ages

Sunday 10:45am:

Nursery, Children's Church, & Worship

Wed.: Prayer, Bible Study, & Discussion 7-8pm

Kids J.A.M. 'Jesus & Me!' 7-8pm

13. WANAMAKER WOODS NAZARENE

3501 SW Wanamaker Rd • 273-2248

www.wwnaz.org

Sun. Worship: 9am (Hymns) & 11 am

Children's Worship 9 & 11 am

Sunday School 10 am, all ages

Sun. Evening Various Children's Programs

6 pm Life Groups; 6:30 pm Teen Service

Wed. 6:30 pm Adult & Teen Life Groups

Wed. 6:30 pm Kids University

14. OPEN ARMS OUTREACH MINISTRIES COGIC

1 (785) 232-3463/+1 (785) 217-5560

Sunday School 9:30, Worship 11:00

In person or conference call:

(712) 770-4749 / 583229

Bible Study Tue & Wed conference call

2401 SE 11th St., Topeka KS 66607

Supt. S. C. Mitchell, Pastor

16. HOUSE OF THE LORD CHURCH

A Spirit-filled, Word-centered church

2531 SE Wittenberg Rd., Topeka

Sunday Worship 11am & 6pm

Wed. Prayer & Praise 7pm

785-266-LOVE (5683)

J. Michael Borjon, Pastor

17. EAST SIDE BAPTIST CHURCH

4425 S.E. 29th St., 785-379-9933.

Sunday Worship 10:00am & 5:30pm

Sunday Evenings at 5:30pm:

• AWANA

• Student Ministries

• re|engage

www.esbcs.org

20. HERITAGE BAPTIST CHURCH

1937 NE Madison St,

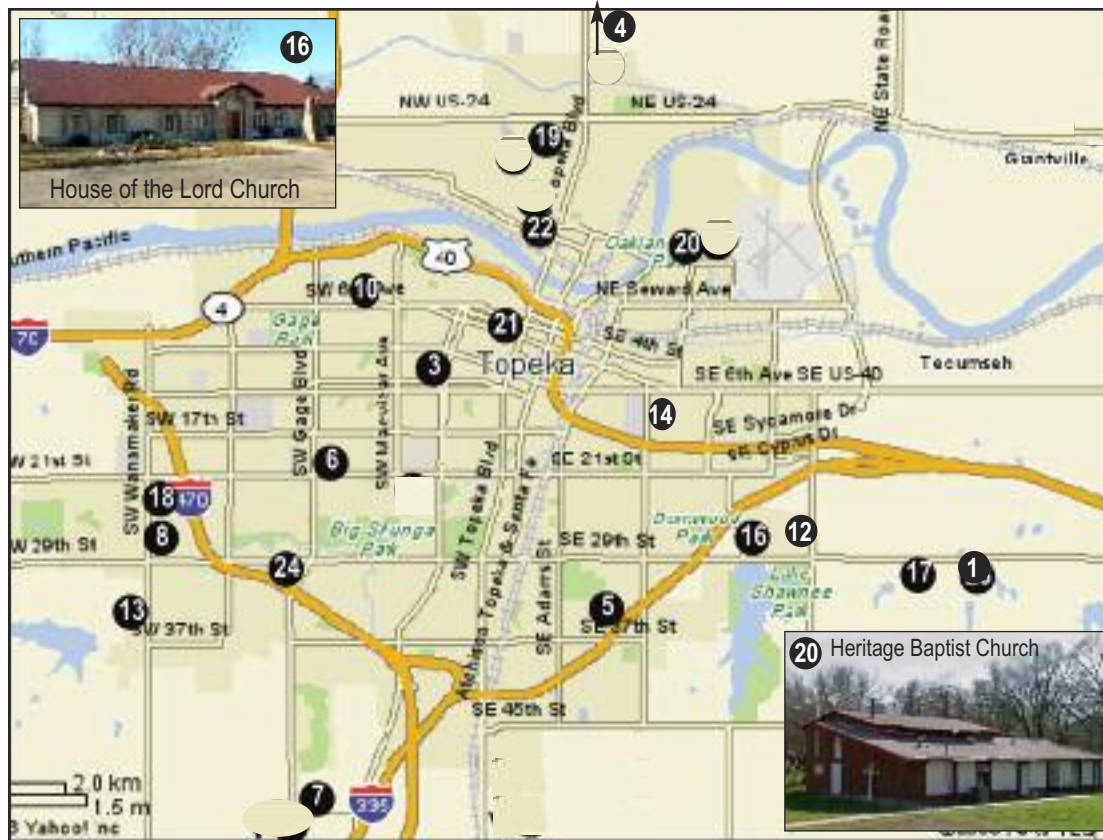
Topeka, KS 66608 • 785-506-4594

Pastor Dale Stockburger

Sunday Worship: 11 am and 6pm

Sunday School: Sun 10am

Wed. Evening Worship: 7pm



21. HARVEST FAMILY FELLOWSHIP

Meets at 522 SW Polk

785-220-5418

Pastor Rey Rodriguez

Sun. Worship 10:30 am

Sunday School 9:15 am

Bible Study Wed. 7 pm

www.harvestfamilyfellowshiptoepka.org

22. FAMILY OF GOD CHURCH

1231 NW Eugene St.

Topeka, KS 66608

Pastor Roger Randel

Sunday School 9am; Worship 10:30am

Wednesday Bible Study 7pm

785-234-1111

FOGchurch.com

24. TRINITY REFORMED BAPTIST

Holding to the authorized King James Version and

the 1689 London Baptist Confession of Faith

Sunday 9:30 a.m. Wednesday 6 p.m.

Pastor Bob Spagnuolo 785-273-3506

meeting in our home:

4307 SW 30th Ter., Topeka

www.TrinityReformedBaptist.org

You can put YOUR church in our Church Guide for only
\$10 per month!

This helps people find you, and also helps us continue to bring
Christian News to the area!

Email Voice@cox.net or call 785-640-6399

ROOTERMAN

"TO THE RESCUE"

**Septic System Cleaning and Installation **Drain Cleaning

**Plumbing **Water Damage

833-470-4376



Sermons and Teachings of Rev Max L. Manning

Sundays — 9 am WIBW RADIO 580 AM
Daily (Mon—Fri) — 10 am KFGB 97.7 FM

www.global-missions.com

PO Box 161 Topeka KS 66601

785-232-2992 or 785-231-8183



Local Christian Radio

Listen at work!
UpperRoomRadioOnline.com

KFGB 97.7 FM
Upper Room Radio

News Briefs From Around the World: City & County budgets, Hotel sale, Medicaid, Royals

News Briefs you may have missed over the last couple of weeks:

City Budget Proposal Reveals \$7.5 Million Deficit, Potential for 41 Frozen Positions

TOPEKA - The Topeka City Council got its first look at the proposed 2026 operating budget, which projects a \$7.5 million deficit that will be covered by reserves if no other changes are made. Budget and Finance Division Director Josh McKinney presented the overview. The budget presentation on July 15 revealed that even after identifying reductions, including the freezing or eliminating 41 full-time equivalent positions, expenses outpace revenues. The proposed budget assumes a flat mill levy of 36.956. To bridge the gap, the city plans to use its unassigned reserve fund and implement other strategies, such as shifting two mills from the debt-service fund to the general fund and increasing administrative fees charged to utility funds. While staff assured the council that the city has enough reserves to remain above its minimum policy requirements for 2026, they warned that 2027 will require structural changes to either raise revenues or lower expenses.

County Considers \$7.4 Million in Cuts to Keep Tax Rate Flat

SHAWNEE COUNTY - Shawnee County Commissioners are grappling with a significant budget challenge for 2026, facing about \$7.45 million in departmental request reductions to avoid raising the property-tax rate. During a lengthy budget discussion on July 14, the county's financial administrator, Jennifer Sauer, revealed that fully funding all departmental and community-partner requests would result in a mill levy of 53.05, a substantial increase from the current 48.326. After a recess to calculate options, the commission directed staff to notify the public of its intent to exceed the revenue-neutral rate, setting a maximum potential mill levy of 49.326—an increase of one mill. Commissioners expressed a desire to work toward a flat mill levy but wanted flexibility during upcoming budget workshops, acknowledging that achieving a flat rate will require “drastic cuts.”

Hotel Topeka Sale Announced; Council Defends Deal

TOPEKA - It was announced during the July 15 meeting that the city has entered into a letter of intent to sell the city-owned Hotel Topeka at City Center. Councilmember Spencer Duncan said the sale fulfills the governing body's pledge to sell the property, avoid using taxpayer

money for renovations, and make taxpayers whole. Duncan described the offer as the “best we got,” noting that other proposals would not have fully recouped the city's investment and would have requested additional incentives, such as retaining the Community Improvement District (CID). The buyer is a “reputable hotelier” who intends to bring a name-brand flag to the hotel—something officials believe is essential for the adjacent Stormont Vail Events Center and the capital city's economy.

NTSB Holds Hearings into Deadly Crash of Commercial Airline Flight from Wichita

WASHINGTON, D.C. (KMUW) — Federal safety officials will hold hearings this week in Washington concerning the deadly crash involving a commercial airline flight from Wichita. The National Transportation Safety Board will hear from its investigative staff and witnesses beginning Wednesday. They'll discuss details of the midair collision between an Army helicopter and an American Eagle flight on January 29th that killed 67 people. The three-day hearing will include discussions about the crowded airspace around Reagan National Airport and procedures in the airport's air traffic control tower. People can watch a live-stream of the hearings on the NTSB's website, NTSB.gov.

State of Kansas Reaches Settlement in Prison Death Lawsuit

WICHITA, Kan. (KNS) — The State of Kansas will pay out \$275,000 in a settlement after a prisoner was allegedly killed by his cellmate. The Kansas News Service reports that Gary Raburn died in 2023 at Lansing Correctional Facility after his cellmate allegedly attacked him. In a lawsuit, Raburn's family says the state knew the cellmate had an extensive history of violence. They say the state failed to protect Raburn while he was in custody. The suit also says Raburn was physically infirm and about 37 years older than his cellmate. The cellmate was later charged with capital murder. State lawmakers opted to settle the case outside of court, at the request of the Kansas Attorney General's Office.

Salina Votes to Remove Log Jam from Smoky Hill River

SALINA, Kan. (KSN) — The Salina City Commission has voted to move ahead with a plan to remove that massive log jam on the Smoky Hill River. The jam has become something of a tourist attrac-



tion, raising fears that people could be injured if it collapses. The commission voted Monday to pay more than \$450,000 to remove the debris from the river. KSN reports it's expected to take about two weeks to remove the jam. The commission rejected a cheaper plan to simply set the log jam on fire, as that would only burn to the waterline, leaving hazards below the surface.

Medicaid to Cover More Dental Care for Low-Income Kansans

TOPEKA, Kan. (KNS) — Some low-



income Kansans may have better access to dental care thanks to an increase in Medicaid reimbursement rates for dentists. State lawmakers recently provided funding to increase rates for certain dental services. Kevin Robertson is executive director for the Kansas Dental Association, a group that advocated for the rate increase. He says the increased funding helps, “but at the end of the day, our hope is that those increases will create more providers in the dental network for Medicaid in Kansas.” Robertson says the rate increases also covers sedation dentistry, which helps people relax during dental work and is often used for patients with special needs.

The recently approved funding will increase Medicaid reimbursement rates for exams, x-rays and fillings. Tayna Dorf-Brunner works for Oral Health Kansas, a group that advocated for the rate increase. She says only about 30% of Kansas dentists currently take Medicaid patients. She says it's especially hard for rural residents.

“There are 41 counties that have no Medicaid dental provider at all,” she said. “And they are all in rural counties - mostly western Kansas - but definitely some in the east and southeast Kansas.” Dorf-Brunner says the increased rates for dental work may enable more providers to accept Medicaid and help improve dental health among low-income Kansans.

Royals Sign Top Pitcher to Contract Extension

KANSAS CITY, Mo. (KPR) — With the Major League Baseball trading deadline fast approaching, there had been talk about the Royals trading away one of the team's star pitchers, Seth Lugo. But that talk ended, now that the team has signed him to a contract extension, which guarantees the pitcher \$20 million for 2026 and 2027. Lugo is 35 years old, but has been a starting pitcher only for the last three years.

One Dead, Multiple Injured After Family Dollar Roof Collapse in Kansas City

KANSAS CITY, Mo. (KCTV) — One person is dead and several others were injured after a roof collapsed at a Family Dollar store in Kansas City. KCTV reports that the Kansas City Fire Department responded to the scene (in the 3700 block of Broadway) Sunday afternoon. On arrival, crews discovered that part of the building's front had collapsed. A 68-year-old man died at the scene, and a 50-year-old woman was hospitalized in critical condition. Two others were treated at the scene and released. An investigation is underway into the collapse.

Increase in Medicaid Reimbursement Rate for Dental Care May Help Low-Income Kansans

TOPEKA, Kan. (KNS) — Some low-income Kansans may have better access to dental care thanks to an increase in Medicaid reimbursement rates for dentists. State lawmakers recently provided

funding to increase rates for certain dental services. Kevin Robertson is executive director for the Kansas Dental Association, a group that advocated for the rate increase. He says the increased funding helps, “but at the end of the day, our hope is that those increases will create more providers in the dental network for Medicaid in Kansas.” Robertson says the rate increases also covers sedation dentistry, which helps people relax during dental work and is often used for patients with special needs.

The recently approved funding will increase Medicaid reimbursement rates for exams, x-rays and fillings. Tayna Dorf-Brunner works for Oral Health Kansas, a group that advocated for the rate increase. She says only about 30% of Kansas dentists currently take Medicaid patients. She says it's especially hard for rural residents. “There are 41 counties that have no Medicaid dental provider at all,” she said. “And they are all in rural counties - mostly western Kansas - but definitely some in the east and southeast Kansas.” Dorf-Brunner says the increased rates for dental work may enable more providers to accept Medicaid and help improve dental health among low-income Kansans.

Rescue Team Returns to Kansas After Texas Deployment

UNDATED (KWCH) — The swift-water rescue team that Kansas sent to Texas to aid recovery efforts there has returned home after a two-week deployment. KWCH reports that Kansas Task Force One supported search efforts in areas hit by catastrophic flooding. The team arrived in the Kerrville, Texas, area on July 13 and assisted Texas rescue workers in searching for human remains. At least 135 people were killed in the Texas floods this month.

After Two Years, Cheney Reservoir Water Level Back to Capacity

(KSN) — The water level in Cheney Reservoir is back up to normal for the first time in more than two years. That's according to the U.S. Army Corps of Engineers. The reservoir covers parts of three counties: Reno, Kingman, and Sedgwick. On Sunday afternoon, the Corps reported the lake's conservation pool had reached 1,421.6 feet—the benchmark for 100% capacity. KSN reports the reservoir was more than eight feet below normal earlier this year. But steady rain this month has filled the lake, with the water level rising more than seven feet in less than three weeks. The last time Cheney reached this level was in July 2022.